

Hot days of summer mean time for pool, picnic

The hot days of summer are gradually coming to an end, which means our annual Big Brothers Big Sisters pool/picnic event is just around the corner.

First, come visit our booth at the Northwest Kansas District free fair and check out our program.

Following the fair week in Sherman County will be our Pool/Picnic on Sunday, Aug. 7th. If you would like to attend the event on that day, give us a call and come join the fun swimming and some great food to follow.

Right before the celebration for the 4th, on July 2nd, several Littles and Volunteers from Wallace and Sherman counties made a trip to Lake Scott to participate in the OK Kids Day event.

The weather was great, and those who attended were able to compete in casting contests, scoop minnows,



dennis daise

- big brothers big sisters

hunt for hidden treasure, observe the K-9 dog search for items, eat some hot dogs and finish up the afternoon catching some fish.

It was a warm day with just enough a breeze to keep the bugs away. I appreciate those volunteers who drove and helped make the activity possible.

A recent Fox Sports/AP report said Lou Piniella was having a bad day; I can relate to his frustration. Piniella had changed from coaching the Seattle Mariners, where he had been moderately successful, to his

“My wife says that God put me here for a purpose,” Piniella said. “I’m trying to figure out what the purpose is. I haven’t quite figured it out yet, and I don’t know if she knows either.”

Piniella explains a recent outburst of the team’s struggles by saying, “I came here for three reasons,” listing the first two as family and the opportunity to work in his hometown area. The third was the “lure of winning, turning this thing around, the challenge of doing that.”

hometown of Tampa Bay, Fla., to coach the Devil Rays. Needless to say, the change has not been good.

The earlier outburst that Piniella was referring to centered on the statement: “I’m not going to take the responsibility for this. If I had been given a \$40-million or \$45-million payroll, I’d stand up like a man and say it’s my fault. Well, I’m not going to do it. So if you want answers about what’s going on here, you call the ownership group and let them give them to you.”

Piniella later regretted his outburst and said, “I do take my share of responsibility for it. I said that a little bit out of frustration. But outside of that, I can’t do anything more than I’m doing. I care. I want to see this thing do well. I hurt. But I can only do what I can do. I can’t do any more than I can do. It gets rough; it really gets rough. You have to sit behind this desk and get your butt beat and have to answer for it to really get the true meaning of what

you go through.”

At times, I feel the same frustration that Piniella is voicing. Sherman County Big Brothers Big Sisters is continuing to grow and sharing some growth with Wallace County in making matches, to a tune of seven through June (Good job, Myrt.), and we’re hoping to start the match process in Cheyenne County soon.

But growth can be slow. I know we can help more families and match some kids on the waiting list. But knowing the facts and realizing the limits are two different things.

The future is bright, and hiring a case manager will be the spark that will increase our vision greatly. Piniella understood that his job was important, but he could only do so much. He says his family was what was important. I believe he understood what was really significant.

On Wednesday, July 13, Ryan Franz’s family put him to rest at the Kanorado Cemetery. Following their laying flowers on the casket, the family assisted the kids present to release balloons in honor of Ryan.

I don’t know why, but for some reason the release of those balloons had to help those kids. One of the kids even said “good-bye” as they floated heavenward. A couple of balloons almost caught a tree branch, but an angel was present to release them.

Ryan was remembered as always making room for his kids and grandkids when leaving to do chores, hunting or whatever. That legacy of kindness is incredible and something his family will never forget and neither should we.

Hospice is a team-oriented approach to pain management, support

Considered to be the model for quality, compassionate care for people facing a life-limiting illness or injury, hospice and palliative care involve a team-oriented approach to expert medical care, pain management and emotional and spiritual support tailored to the patient’s needs and wishes.

Support is provided to the patient’s loved ones as well.

The focus of hospice relies on the belief that each of us has the right to die pain-free and with dignity and that our loved ones should receive the necessary support to allow us to do so.

The focus is on caring, not curing,



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plans, HMOs and other managed care organizations.

Hospice care is for any person who has a life-

threatening or terminal illness. Most reimbursement sources require a prognosis of six months or less if the illness runs its normal course.

Patients with both cancer and non-cancerous illnesses are eligible to receive hospice care. All hospices consider the patient and family to-

gether as the unit of care.

The majority of hospice patients are cared for in their own homes or the homes of a loved one. “Home” may also be broadly construed to include services provided in nursing homes and assisted living facilities.

Typically, a family member serves as the primary caregiver and, when appropriate, helps make decisions for the terminally ill individual.

Members of the hospice staff make regular visits to assess the patient and provide additional care or other services. Hospice staff is on-call 24 hours a day,

seven days a week.

Hospice care is a family-centered approach that includes, at a minimum, a team of doctors, nurses, social workers, counselors and trained volunteers.

They work together, focusing on the dying patient’s needs: physical, psychological or spiritual. The goal is to help keep the person as pain-free as possible, with loved ones nearby until death. The hospice team develops a care plan that meets each patient’s individual needs for pain management and symptom control.

Hospice Services has journeyed with many individuals and families as they have faced difficult, highly emotional situations, journeys for which answers don’t always come easily as they face the end-of-life.

Hospice Services’ mission and commitment to our communities is simple — to provide the best care possible to enable people to live with hope and dignity while coping with loss and terminal illness.

Comfort and compassion are our guiding principles. Our hope is that families, caregivers and all who are so profoundly affected by the most sad and solemn situations along life’s journeys might find peace and healing.

Written by Sandy Kuhlman, executive director of Hospice Services Inc., Box 116, Phillipsburg, Kan. 67661. Contact her or Julia Schemper at 800-315-5122. Hospices serves northwest and northcentral Kansas and has been providing end-of-life care for more than 23 years.

Wanting what we don’t have fuels cosmetic industry

It seems to be human nature to want what we don’t have. Tall people wish they were short; short people wish they were tall.

People with curly hair want straight hair and vice versa. Blondes want to be redheads, brunettes want to be blonde, and redheads just wish their freckles wouldn’t give them away when they try another hair color.

This desire for what we don’t have fuels a lot of industries. Hair color, bleach and dye, makeup, skin potions of all sorts, pretty much anything that sells near the cosmetics section sells because we want what we don’t have.

The right shampoo can give your hair more volume, more curls, less curls, moisture, less frizz, softer hair — you name it: if it promises on the label to make us look like someone in a magazine, we’ll spend the money.

And it doesn’t stop with just money. People will actually “go under the knife” to look better. Cosmetic surgery is a big money-maker because people want all kinds of body parts either bigger or smaller, firmer, more this, less that.

And surgery is risky. I’ve seen “before” and “after” pictures that looked to me like the person was better off before the surgery. And I can’t forget a line in the movie “Clueless,” where the main character said her mother died “during a routine liposuction.”

As long as people are willing to risk life and limb, I wonder if we could forgo several steps, a lot of money and plenty of pain if there was a surgery that would remove the part of us that makes us unhappy with what we have and replace it with something that makes us satisfied.

A woman was on Dr. Phil’s show a few months ago who had undergone so many surgical procedures that doctors were refusing to do more. She listed them. She had had so many things nipped and tucked and enhanced that I can’t even remember them all.

The bottom line — she was 40-something with children and thought she should look 15. And she was arguing with doctors to try to bully them into giving her a procedure she was convinced she needed even though they were convinced it would be dangerous after all the work she had already had done.

She looked beautiful to everyone except herself. The famously bald



sharon corcoran

- just for fun

a problem keeping looks in perspective. If she was, plastic surgeons wouldn’t still be performing bust enhancements after all the horror stories about leaking silicone and other risks.

When I was a manager at a restaurant, customers would walk right past me and approach a waiter to ask if he was the manager.

Some of the astonished customers who were sent my way said they couldn’t believe I was a manager al-

ready at my age and then asked what I was planning to do after college.

As flattering as it was that people thought I was 18 or 19 when I was 30, it was still frustrating to have people assume I was inept because of my appearance.

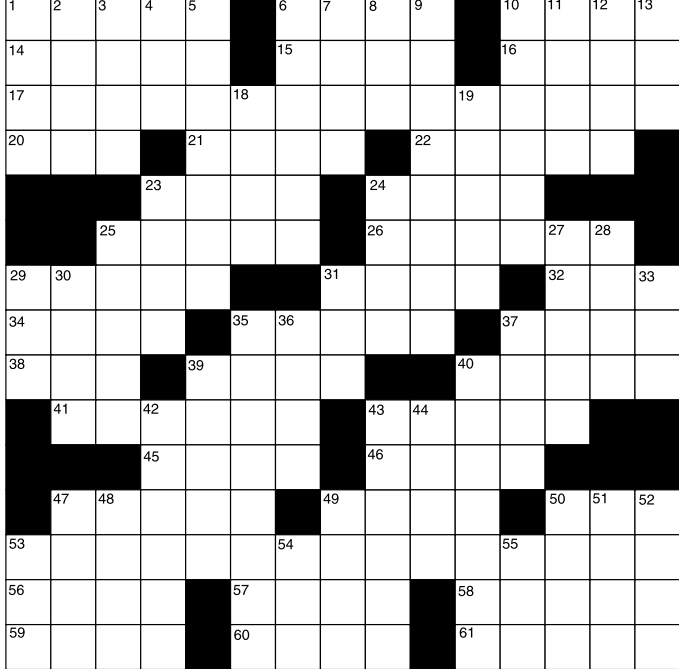
But then, maybe the problem is that people are quick to judge others based solely on appearance, rather than taking the time to get to know them. Maybe we would all be less absorbed with our appearances if we could depend on others to see who we are instead of just seeing what we look like.

If you miss the Safeway circulars

we do too-
Call Jeff Stroh
with Safeway
to ask him to put them
in

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Crossword Puzzle



CLUES ACROSS

1. Called
6. Max Ernst, for one
10. Molt
14. Snake River state
15. Symbol
16. Wharf
17. Exactly what’s expected
20. Baseball stats
21. Grade
22. Wrathful
23. Bullets
24. Little ____, cartoon
25. Tableware
26. Comes onto a stage
29. Plastic wrap
31. Wager
32. Consumed
34. Sikorsky or Stravinsky
35. Airways
37. Buck
38. Dispensable candy
39. Same
40. Picture
41. Seeing
43. Moses’ brother
45. Jason’s ship
46. Horse sound
47. Soar
49. Trolley
50. South American wood sorrel
53. ER.
56. Capital of Latvia
57. “Exodus” author
58. Stomach dish
59. Paradise
60. Fewer
61. Oliver ____, author

CLUES DOWN

1. Water main
2. Jewish calendar month

3. Long ancient fish
4. Type of frequency, abbr.
5. Greeter
6. “Me too”s
7. Throb
8. Fawn’s mom
9. Old ones
10. Cubic
11. Insult
12. Loosen
13. Tinge
18. St. Louis and Los Angeles
19. Speak
23. Winged
24. Crooked
25. Brown’s kicker
27. Squeal (2 words)
28. Fact
29. Drink
30. Ripe
31. Some
33. Self
35. Unforgiving
36. Consequently
37. Look for things to buy
39. Constellation
40. Cues
42. Plaid
43. Not down
44. Expression of sorrow
47. Stated
48. Exhort
49. Not that
50. About ear
51. The 11th letter of the Hebrew alphabet
52. Brews
53. Pakistani rupee
54. They ____
55. Gershwin

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