

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1-5 p.m. Wednesday-Monday.**

"Nifty '50s Photograph Collection" is on display from **9 a.m.-5 p.m. Monday-Friday** and from **9 a.m.-4 p.m. Saturday** at the High Plains Museum, 1717 Cherry Ave.

The **Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday.** Sky Keith, formerly of Goodland, will have a series of paintings of colorful parrots from around the world on display through Saturday.

"The Living Room" by Sunni Mercer will be on display from Sunday, Aug. 7, through Saturday, Sept. 10.

The **Goodland Public Library** will have **story time** for 4-year-olds at **10 a.m. Wednesdays** and at **11 a.m. Thursdays.** Story time for 3-year-olds will be at **10 a.m. Thursdays.** **Born to Read** for children birth to age 3, accompanied by an adult, will be at **10 a.m. Fridays.**

Prairie Piecemakers Quilt Guild will meet at **7 p.m. the second Thursday** of each month. Call Cora House at 899-6551, Joan Reid at 899-7301 or Carol Tupper at 890-5955.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from **6-7:30 p.m. the first Monday of the month** at the Goodland Bible Church, 109 Willow.

Diabetes Support Group meets at **7 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

Aerobics Classes - 5:30 and 7:30 a.m. aerobics classes are offered **Monday, Wednesday and Friday** at the Goodland Activities Center. Yoga is offered at **8:30 a.m. Wednesday.** Call 890-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at **5:30 p.m. Tuesdays** at North Elementary School. Weigh-in is at 5 p.m.

Alcoholics Anonymous S.O.S. Group holds open meetings at **7 p.m. Monday** at the Trinity

the calendar

calendar

A **gallery opening reception** for "The Living Room," by Sunni Mercer, will be held from **1-3 p.m. Sunday** at the Carnegie Arts Center. It will be exhibited through Saturday, Sept. 10.

Summer matinees at the Sherman Theatre will be at **1:30 p.m. on Wednesdays**; admission is by season pass or \$3 at the door. There is no matinee this week due to the fair. Robots will be August 10.

The **Northwest Kansas Astronomical Society Deep Sky Eye Observatory** is having "star-b-que" parties at the Thompson farm on County Road 67. Bring your own picnic or grill, sleeping bag and tent. Call Ron at 899-2053. Dates planned (weather permitting) are **Friday and Saturday, Aug. 12 and 13, Aug. 26 and 27;** and September dates to be announced. Donations to the obser-

vatory to build a permanent structure would be appreciated. For all ages; no alcohol.

SHARE sign up for the August distribution of food will be until **Monday, Aug. 15,** at the Sherman County Health Department, the Regional Prevention Center or the Kanorado Senior Center. Pick up will be **Saturday, Aug. 27,** for the August distribution.

Colby Community College Outreach enrollment will be from **5:30-6:30 p.m. Central Time Tuesday, Aug. 16,** in the Brewster School Conference Room, from **1-4:30 p.m. Mountain Time Thursday, Aug. 18,** in the Northwest Kansas Technical College Murray Center and from **6-7:30 p.m. Thursday, Aug. 18,** in the Goodland High School cafeteria. Call 785-460-4692.

Goodland Community Blood Drive will be from **noon-6 p.m. Wednesday, Aug. 17,** at the First

United Methodist Church, 12th and Sherman. For an appointment, call 800-GIVE-LIFE.

The **annual book sale** at the **Goodland Public Library** will continue until **Saturday, Aug. 20.** Items for sale include hardback books, paperbacks, magazines, audio cassettes, video cassettes, records, puzzles, games, computer monitors and keyboards. The library is still accepting donations for the sale. Library hours are from 10 a.m.-7 p.m. Monday-Thursday and 10 a.m.-5 p.m. Friday and Saturday.

senior center menu

Wednesday: Liver and onions, green bean casserole, peach cup, bread and cake. **Thursday:** Chili dog, coleslaw with pineapple and carrots, cinnamon apple slices, bun and cook's choice compliment. **Friday:** Mild cheesy chicken enchilada, corn, four-fruit compote and peanut butter bars.

Lutheran Church, Seventh and Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday,** a closed meeting with Al-Anon, **Wednesday,** the book meeting, and **Saturday,** an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353. For Al-Anon, call Cheryl at 890-3023.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays and 7 p.m. Saturdays** at the Elks Lodge. These are open meetings. Call 890-8369.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30-8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The **Burlington High School Class of 1985** is holding its 20th reunion on Friday and Saturday. Anyone who graduated from the school around 1985 or had a son or daughter in the class is invited to a gathering at **6:30 p.m. Friday** at Kami and Donn Witzel's house, 595 Ninth.

Friends University will have an open house from **5:30-7:30 p.m. Central Time Thursday, Aug. 18,** in Student Union Room 106 at Colby Community College. The university is offering an organizational management and leadership bachelor's degree completion program that allows students who have attended two years of college to complete the program by attending class in Colby once a week for 13 months. Call Jon Cressler at 800-794-6945, ext. 5697, or e-mail at cressler@friends.edu.

Colby singles dances will be from 8 p.m. until midnight Fridays, Sept. 2 and 30, Dec. 2 and Jan. 6, at the City Limits Convention Center. Couples are also welcome. There is a charge, which includes line dance lessons, which start at 7 p.m. Call Darline Freytag at 785-890-3243.

Admission to the **Prairie Museum of Art and History** will be free from **1-5 p.m. Central Time Sundays** at 1905 S. Franklin in Colby. The museum is also open from 9 a.m.-5 p.m. Central Time Monday-Friday and 1-5 p.m. Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m.- noon and 1-5 p.m. Monday-Friday.

Monday-Friday.

Wednesday: WIC in Goodland. Scheduled appointments. Blood pressures 9 a.m. at Wheat Ridge Acres. **Thursday:** Office closed 8-9 a.m. for a staff meeting. WIC in Goodland 9 a.m. Scheduled appointments. **Friday:** Scheduled appointments.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar, cholesterol and hemoglobin; family planning; and toenail clipping available by appointment. Sharps containers are available free. Call 899-4888.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 899-4888.

The group charges a \$50 letter of intent fee (similar to a permit) which is good for one year. It is required on the installation or modification of all septic systems in the protection group's area. The group will continue to offer

free testing to private individuals. However, if you are selling, purchasing or refinancing any property that requires an inspection, the group will charge a \$90 inspection fee. The inspection includes site evaluations on well and septic systems and testing the water. The group will also charge a \$25 fee for child care and foster care inspections.

cell phone drive

Save a Life Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 813 Main. Call Jeannie Topliff at 899-2426 or Candice 866-448-2366.

recycling

The **Goodland High School library is recycling used cell phones, ink jet printer and LaserJet cartridges.** The school receives from nothing to \$2 for cartridges and nothing to \$5 for cell phones. Drop them by the high school library or office. If you have several and would like them picked up, call the library at 899-5656 to make arrangements. The money goes to support National Honor Society, Scholar's Bowl, Science Olympiad, Electric Car and extra library projects.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 899-2007 to arrange to meet by the door in the alley and take donations directly from the car to the warehouse.

alateen

A former Alateen member and an Al-Anon member have formed an Alateen support group that will meet from 6-7 p.m. on Mondays at 1275 W. Sixth in Colby. The group is for relatives and friends of alcoholics and is open to anyone 19 years old or under. Call 785-462-8152 or 462-6101.

tiny-k

The Early Intervention Networks has a new name, Tiny-k Early Intervention Services. The program promotes development among infants and toddlers with special needs. The Northwest Kansas Educational Service Center in Oakley provides

these services free of charge to children in this area.

Services include speech, developmental, vision and hearing screenings to all children and physical/occupational therapy and developmental training to children who qualify. Call 785-672-3125, ext. 115.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Julie Dautel or Carrie Starns at 899-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Family Shelter provides services day or night to victims of domestic violence and sexual assault. Weekly support groups are available for women and children. **Support groups** that will be available beginning March 2 are two **women's** domestic violence victims/survivors support groups, one from **9-10 a.m. Central Time on Tuesdays** and one from **5:30-6:30 p.m. Central Time on Wednesdays**; a **men's** domestic violence victims/survivors support group from **noon-1 p.m. Central Time Tuesdays**; and a **youth support group.** All groups will meet in Hays. For information or help, call (800) 794-4624. For time and location of youth support group, ask for Donna Munsch.

animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

Taxes of \$5,000 were expected to pay teachers, incidentals for school

By Evelyn Ward

Sherman County Historical Society
August 1, 1905: Business of School Board — The board of education of Goodland met with the first consideration that of a tax levy for next year.

The same levy was made as last year: 10 mills for teachers' fund, 10 mills for bond fund and 5 mills for incidental fund, making a total levy of 25 mills or 2 1/2 percent on all taxable property in district No. 1.

If there are no delinquencies and all taxes are paid in, the amount would be \$5,073.77. It is estimated that the expense for teachers in the grades will run pretty close to the levied amount, but if the incidental

today in history

fund is handled with economy, it will afford sufficient relief for any shortage that may occur, and it may be that the state school apportionment for this district will put the district in an easy way to meet all expenses.

The building committee were authorized to make improvements in the approaches to the school building and they were delegated to provide a suitable partition in the large room to separate the high school from the eighth grade.

It is probable that a canvas partition will answer all the purposes

desired and will require the least expense compared with the cost of other materials.

A provisional approval was given to the course of study for the high school. First year required courses — English, Latin and algebra with one elective course taken from physical geography, civil government, German or a review study.

Second year required studies — English, Latin or German and Geometry with one elective taken from Greek and Roman history or any elective offered in

the first year work.

Third year required studies — English, geometry one half year with one half year algebra and arithmetic and Latin or German with one elective taken from. mediaeval history, English history or bookkeeping.

Fourth year required studies — Physics and botany with two electives taken from American history, English literature, German, Latin or reviews.

The board of education was anxious for a much better school next year than existed last year. The course is stronger and better and will be administered in a more thorough manner.

Several meetings in different

parts of the county are being planned for the month of August and the young men and women will be encouraged to come to the Sherman county high school to do work in earnest and thus to appreciate the splendid opportunity which the taxpayers of this county have provided for 'young ambition'.

(Historic Note: The Sherman County High School building was between Sherman and Center, in the block between West Eighth and West Ninth. The multi-floored brick building featured a three-story tower with a cupola. In later years it was known as Lincoln School. It was used into the 1930s.)

Medical association's study shows communication improves end-of-life care

A study published in the July 13 issue of the *Journal of the American Medical Association* indicates that simple communication efforts can improve the quality of end-of-life care and increase the use of hospice in nursing homes.

A controlled study with people selected randomly found that communication based on the needs of the particular case increased referrals to hospice and also improved the families' satisfaction with the care their loved ones received at the end of life.

The study also showed that sharing hospice information earlier may also decrease the use of acute care resources.

"This study shows that sometimes the best ways to improve end-



hospice services inc.

- end-of-life care

of-life care are the simplest. By starting conversations earlier about hospice, we found that it was possible to give more people access to hospice, earlier in the course of their illness," commented Dr. David Casarett from the Philadelphia Veterans Affairs Medical Center, and lead author of the study. "This

seems to be a very effective and efficient way to let more patients and families benefit from hospice, which is the gold standard of end-of-life care."

With one in four Americans dying in a nursing home, the importance of simple, low-cost interventions to improve care at the end of life is critical.

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Thomas County Health Department
thomaschd@st-tel.net

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Colby, Kansas 67701
785-460-4596

Monday through
Friday 8am till 4pm

Leta Johnson, Elliot Braun and family wish to thank those who sent flowers, food and those who donated to the Harry Johnson Memorial. The memorial will be given to the Goodland Hospital. Thank you.

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AT THE MOVIES

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