Family pays lip service to weight loss

DEAR ABBY: Please tell me how to respond to people who sit at a table with me (in my home, theirs or out) and make comments about being full, eating just "because it's there," or "for the flavor" — and continue to eat? All of my family members are overweight. I am the smallest by far at a size 8. They engage in this of-



abigail van buren

dear abby

ten, and it distresses me.

I don't want to jump up from the table, clear away the dishes and tell them to stop eating, but I also don't enjoy hearing them talk about how much they shouldn't be eating while they continue to do so.

Most of them have been advised more than once by physicians to lose weight for the sake of their health. Other than bringing food to share that's low in sugar and fat, is

there a way to politely deal with this bizarre behavior? — FED UP IN **HOUSTON**

DEAR FED UP: No, there isn't. But you can save your sanity by recognizing idle chatter for what it is and tuning it out. In your own home, you can simply serve less food or clear away the tempting leftovers and relocate your guests away from the table. However, in a restaurant or in their homes that wouldn't work. So accept that your relatives won't address their weight problems until they are ready to do so, and try to be less judgmental.

DEAR ABBY: I have been dating "Zack" for a year and a half. We had discussed taking a trip to visit his

friends in a couple of months. I'm a very independent person, but recently have had some financial difficulties that I anticipate will be temporary. I explained to Zack that I wouldn't be able to afford the trip. It would have meant paying for my plane ticket, half the cost of the car we'd have to rent and half the hotel bill.

Zack has a steady job that pays very well. I thought he would speak up and offer to pay for at least some part of my expense for the trip, but he didn't. Was I expecting too much, or is he just plain cheap? — DISAP-POINTED IN NEW JERSEY

DEAR DISAPPOINTED: It would have been a generous offer,

SUNDAY EVENING

the generous type. In a sense, however, he may have given you a priceless gift: a glimpse of what life would be like with him in the future if the chips were down. Please act accordingly

DEAR ABBY: I'm a 13-year-old girl. I love my mom, but she doesn't trust me. Sometimes I would like to talk to her but she never listens. It's like she wants me to mess up so she can punish me.

sex. She thought I was pregnant! Am I wrong for just wanting to know? Sometimes I don't do anything wrong and I still get in trouble.

I thought about running away, but but it appears your boyfriend isn't this is where my heart is. Is it me? overboard trying to protect you.

E=Eagle Cable

Why won't she trust me? I make good grades. — BAFFLED IN **BIRMINGHAM**

DEAR BAFFLED: Your letter made me sad. By now, your mother should have made it clear that you could bring any question to her and she would answer it — or help you find the answer you need.

Your mother may be uncomfortable talking about sex, or she could be under stress about something I once tried to talk to her about else. Please ask an adult friend or close relative to speak to her on your behalf. Your mother may be hard on you because she doesn't want you to mess up. Children don't come with instructions, and she may be going

SEP. 11, 2005

SATURDAY EVENING						E=Eagle Cable S=S&T Telephone				EP. 10.	2005	
Ε	s		6 pm 6:30 7 pm 7:30			8 pm 8:30 9 pn			9:30	10 pm	10:30	
36	47	A&E	City Confidential A messy love-triangle. Cold Case Files Forensic murder of a beauty queen			testing helps solve the American Ju				City Confidences	ential A	
4	6	ABC	College Football Texas at Ohio State.						News	(:05) Sein- feld	Ent. To- night	
26	54	ANPL	Animal Precinct Dogs beaten to death.				cinct Crack tray dog.	Animal Pred beaten to de		Animal Precinct "Too Late"		
63	67	BRAVO	★★★½ "Good Will Hunting" (1997) Matt Damon. A Boston man must deal with his genius and emotions.									
7	11	CBS	U.S. Open Tennis Women's Final. From the USTA National Tennis Center in Flushing Meadows, N.Y.			Big Brother 6 (N) News Dr			Drew Carey	(:05) Paid Program	(:35) Paid Program	
55	42	DISC	MythBusters "Breakstep MythBusters "Exploding Jawbreaker"			Dirty Jobs " Scavenger"	Bat Cave	Suicide Bon of Death (N)		Anatomy of a Collapse: Lessons of 9/11		
33	56	DISN	Zack & Zack & Cody	Zack & Cody	Zack & Cody	Zack & Zack & Cody		★★★ "Hole Weaver, Jon	s" (2003, Ad Voight. Prem	lventure) Sigourney niere. 'PG'		
49	66	E!TV	(4:30) "The Birdcage"	, ,		Saturday Night Live		Taradise Taradise		Howard S.	Howard S.	
22	28	ESPN	Football (:45) College	e Football Ari	zona State at	LSU.			College Gan	neday Final	SportsCtr.	
23	29	ESPN2	(5:45) College Football S	Southern Missi	hern Mississippi at Alaba		(:45) Sports	Center		Baseball To		
32	58	FAM	"Rent Control" (2002) M			Whose?	Whose?	Lost	Videos	Videos	Videos	
35	-	FMC	★★★ "Lucas" (1986) Co					85) Steve Gu		"Revenge-N		
53	45	FOOD	Emeril Live "Puffed Pas- try" Puff pastry. Kitchen Gadgets of the Future (N)					Iron Chef America Mario Batali vs. Todd English.		try" Puff pastry.		
13	7	FOX	Cops (N)			ing" ·		Mad TV			Blind Date	
40	41	FX			★★½ "Bedazzled" (2000)					ng About Mary" (1998)		
30	27	FXSP	College Football Boise State at Oregon State.					exico State at				
Ŀ	60	HALL	(4:00) "Supernova" "Landslide" (2004, Action						M*A*S*H	M*A*S*H	M*A*S*H	
5		HBO	(2003) Steve Martin. ∩ 'PG' ©			Erik Morales vs. Zahir Raheem.			(:15) ★½ "Taxi" (2004) Queen Latifah.			
62	44	HGTV	Design Decorating		reDesign	Design	Design	City Grdn	Trading Up		Decorating	
58	48	HIST	The 9/11 Hijackers: Inside the Hamburg Cell The FBI attempts to hunt (5:00) College Football Wake Forest at Nebraska.) Denzel Washington, Annette Bening. down terrorists in New York. ★★ "Road Trip" (2000)			Infamous Murders	The 9/11 Hij	mburg Cell	
25	38	IND	(5:00) College Football V	vake rulest a	i Nebraska.			to retrieve an			College Football	
18	63	LIFE	(5:00) "To Live Again" ★½ "No Higher Love" (1			l'			icine	"First Do	No Harm"	
54	74	MTV	Pimp Ride Wild & Out Wild & Out Wild & Out			Top Videos	of the Week			Real World	Real World	
3	9	NBC	Entertainment Tonight The Most Outrageous (N) Moments on Live TV					e First 5 Years of Satur- nings of the show.		News	Saturday Night Live	
8	8	NBC	The Most Outrageous Live From New York: The Moments on Live TV day Night Live The begin				show.		Saturday Ni lee Simpson.		e Law; Ash-	
34	55	NICK	,		Amanda			Fresh Pr.		Fresh Pr.	Fresh Pr.	
2	2	PBS	Lawrence Welk: Precious Memories Hymns, inspirational songs and gospel.			and archival	footage.				Tavis Smi- ley	
38	71	SCIFI	"Alien Apocalypse" ★★ "Man With the Screa				★★½ "Mystery Men" (1999) Hank Azaria.					
61	72	SPK	"Secret-Success" MXC MXC		Most Amazing Videos			sport" (1988)				
	43		Clean Sweep "Clutter Under the Bridge" (N)	"Rocket to the Rescue"		What Not to Wear "Charlie"		ning" Family home. (N)		. , ,		
28		TNT	(5:30) NASCAR Racing Nextel Cup Series Chevy					NASCAR Ne		★½ "Bait" (2000)	
51		TRAV	World Poker Tour	Owittial-			5 Takes Europe (N) GoodTime All-Family		World Poker Tour		Conferred	
21			Little House Griffith Sanford			G000 I IME	All-Family	3's Co.	Night Court		Sanford	
60		UNIV	Sábado Gigante Law & Order: SVU Law & Order: SVU			Law & Order: SVU		Impacto Law Order:	Noticiero Otro Rollo		rte	
20			Friends Everybody- ** "Jimmy Hollywood"					News	CI Action Sports (:45) Sports * "Species II" (1998)			
12 99		WB	Raymond	Raymond piring actor catches villain: * "Missing in Action 2: The Beginning"			s on videotape. WGN News at Nine Becker			Replay Michael Madsen. *** ** "Saturday Night Fever"		
99	39	WGN	* * Wilssing in Action	z. The Begini	iiiig	WGN News	at Mille	Decker	xxx Sall	iiuay Nigrit I	evei	
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		1107	LVEITING			& I lelephone	9				2000	
Е	S		6 pm 6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	
36	47	A&E	The First 48	Family Plots	Family Plots	Intervention		CSI: Miami ' Parachute"	"Golden	The First 48		
4	6	ABC	Extreme Makeover: Home Edition	My Kind of	. ,	Desperate H "One Wonde	rful Day"	News	(:35) Sein- feld	Lawyer on the Line	Diamond Adventures	
26	54	ANPL	and equine units to keep t	YPD Animal Squad The NYPD deploys canine nd equine units to keep the streets safe.			einct Dogs ath.	NYPD Animal Squad The NYPD deploys canine and equine units to keep the streets safe.				
63	67			side the Actors Studio ** * "To Wong Foo, Th Julie Newmar" (1995) W					★★½ "To Wong Foo, Tha Julie Newmar" (1995) We		anks for Everything, esley Snipes. 'PG-13'	
7	11	CB2	Cold Case "The Woods"	A suave ex-c	on assembles	(2001) George Clooney, Market a team to rob a casino va		ult.	News	(:05) News	(:35) Paid Program	
55	42	DISC	Deadliest Catch "High Hopes"	Deadliest Ca Fishing"		Deadliest Ca Clock's Tickin	ng"	nal Run" Off-		Back (N)	J	
\vdash	56	DISN	Phil of the That's So Raven	Naturally Sadie	Zack & Cody	Zack & Cody	That's So Raven	Pratt, Tommy	Family" (200 y Davidson. 'N	VR' @		
_	66		Brooke Shields	Girls	Girls	Filthy Rich:		Brooke Shie		Girls	Girls	
22	28			II Indianapolis					SportsCente	er		
23	29	ESPN2	MLB Baseball Minnesota	Twins at Clev	eland Indians	s. (Subject to	Blackout)	Series of Po	ker	Poker	Baseball	
32	58	FAM	(5:00) "Rent Control"			/e" (1987, Co		Videos	Videos	J. Osteen	Feed	
35		FMC	** * When the Whales	Came" (198	9. Drama)	★½ "Satisfa	ction" (1988) Justine Bate	eman.	★★½ "Dyin	a Youna"	
53	45	FOOD	Emeril Live Contest winners. (N)	, ,	nerica "Flay	Here Comes		<u> </u>	Unwrapped	<u> </u>	<u> </u>	
13	7		The Simp- sons The War at Home	Family Guy	American Dad	Stargate SG	i-1 "Lost City"	The Outer L man Trial"	imits "Hu-	Movie		
40	41	FX	(5:00) "Nine Months"	★★ "Ameri	ca's Sweethe	earts" (2001,	Comedy)	★★ "Maid i	in Manhattan	ı" (2002) Jeni	nifer Lopez.	
30	27	FXSP	Beyond the Glory	Poker Super	rstars	Poker Super	rstars	Boxing: Sur	nday	Rockies	Track	
	60	HALL	"McBride: Tune"	"Jane Doe:	Now You See	e It, Now You Don't"		★★ "Matlo	ck: The Accu	sed" (1994, Mystery)		
5		HBO	(4:30) ★★★ "Contact" (1997) Jodie Foster. 'PG'	★★½ "Stars detectives in	sky & Hutch" vestigate a co	(2004) Ben Stiller. Two caine dealer. @		Rome Mark Antony returns to Rome.		Rome "An Owl in a Thornbush" (N)		
62	44	HGTV	Designed Want That	Motor Mans	ions	Design	reDesign	Buy Me	Kitchen	Designed	Want That	
58	48		9/11 (N)	ho Predicted Grounded on 9/11 (N)			Band of Brothers		(:15) Shootout! "WWII Assault on Germany"		The Man Who Predicted 9/11	
25	38	IND	** "Analyze That" (200 Niro, Billy Crystal.		Niro, Billy Crystal.			02, Comedy) Robert De		★★★ "Space Cow- boys" (2000, Adventure)		
18	63	LIFE	(4:30) "Out of Sight" Strong Medicine (N)			Missing "Pat		Missing "Off the Grid"		Wild Card		
54	74	MTV	(5:00) 2005 MTV Video M				Punk'd	.	Real World	Real World		
3	9	NBC	Dateline NBC	The West W Fall Apart"		Law & Order Intent "Beas	t"	Me Not"	ordan "Forget		(:35) Den- ver Huddle	
8	8	NBC	The West Wing "Things Fall Apart"	Law & Orde Intent "Beas	t"	Me Not"	rdan "Forget		(:35) The W		(:35) Inside	
34	55	NICK	Zoey 101 Romeo!	Full House		Hi-Jinks	Cosby	Roseanne	Roseanne	Fresh Pr.	Fresh Pr.	
2	2	PBS	(5:00) Magic Moments: The Best of 50's Pop		Wing The sto	ry of Scottish migration.		Globe Trekker Exploring Trinidad, Jamaica.		Mystery! "Hetty Wainthropp Investigates"		
38	71		(5:00) Rose Red	Rose Red	la e			Tripping	Scare	The Outer L	imits	
61	72		Xtreme 4x4 Xtreme 4x4	-					gate" (1994) I			
39	43	ILC	a twin.	Boys' Réhab	Hazing"	Trading Spa Improv"	ces "Home	"Family Bond		"Troop Retu	ns" (N)	
28	40	TNT	Law & Order "Bitch"	Law & Orde	r	Wanted (N)		Law & Orde	r	★★ "Highv	aymen"	
51	49	TRAV	Fun Food Factory	Fun Food Fa	actories 2	Bizarre Food	ds: Asia	Fun Food F	actory	Fun Food F	actories 2	
21	59	TVLND	Little House	Griffith	Sanford	GoodTime	All-Family	3's Co.	Night Court	Top 10		
60	79	UNIV	"Que No Corre"	La Madrastr	aAños Des	pués		Impacto Noticiero		Tras la Verdad		
20	37	USA	"The Players Club"	★★ "Next Friday" (2000) Ice Cube, Mike			like Epps.	Law & Orde	: SVU The 4400			
12	3	WD	Charmed "Something Wicca This Way Goes"	★★★ "Save the Last Dance" (2001, Drama) Julia Stiles, Sean Patrick Thomas.			News	News Sports	Everybody-	Will & Grace		

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Maximum Exposure

E=Eagle Cable S=S&T Telephon **MONDAY EVENING** SEP. 12, 2005 6 pm 6:30 E S 8 pm 10 pm | 10:30 Intervention "Cristine and Kelly P." Intervention "Cristine and Kelly P." 36 47 A&E Up Gotti Up Gotti Sight" NFL Football Philadelphia Eagles at Atlanta Falcons. From the Georgia Dome 4 6 ABC Allison/Hagerty Animal Cops Houston "Wild-Eyed Stallion" (N) The Planet's Funniest Animal Precinct "Poodle Animal Precinct "Poodle 26 54 ANPL Animals The West Wing "Noel The West Wing "The The West Wing "Celes-63 67 BRAVO Leadership Breakfast Drop-In' tial Navigation' The King of Everybody-Queens Raymond :35) Late Show With 7 | 11 | CBS Half Men Half Men David Letterman (N) Show Takes a Thief Fraterni-Monster Garage Ulti-Monster House Ghost Monster Garage Toyota 55 42 DISC v robbery mate tailgating vehicle. School Chopper town house. (N) Tundra conversion. The Proud **★★★** "Lilo & Stitch" (2002) Voices Kim Possi-33 56 DISN Family Future Raven Raven of Daveigh Chase. 'PG' 49 66 E!TV Jessica, Ashlee and the Simpson Family Kill Reality (N) Saturday Night Live The Soup Gone Bad 22 28 ESPN Countdown 23 29 ESPN2 Shark Tourn. 32 58 FAM Wildfire "Loya Figure Skating Grand Prix Final. From Beijing. **SportsCenter** Billiards: Challenge Billiards: Challenge Billiards: Challenge Hollywood Poker Wildfire "Loyalty Beautiful People (N) Whose? Whose? The 700 Club Wildfire "Loyalty 35 -★ "The Pirate Movie" (1982) Kristy McNichol. ★★ "Rhinestone" (1984) Sylvester Stallone "Osterman Wk. FMC Emeril Live "Homemade Deli" Deli favorites. (N) Unwrapped (N) Unwrapped Life Of... The Secret Life Of... Life Of... Unwrapped battle. **Emeril Live** "All on a 53 45 FOOD Nanny 911 "Maucione Family" (N) The Fox Report With Shepard Smith Prison Break "Cute Poi-Blind Date Blind Date Maury 13 7 40 41 30 27 '70s Show | '70s Show | '70s Show | '70s Show FX '70s Show | '70s Show '70s Show '70s Show Football | All-Access | Rockies | Pregame | MLB Baseball Colorado Rockies at Los Angeles Dodgers FXSP Walker, Texas Ranger "Perry Mason: Ruthless Reporter" M*A*S*H M*A*S*H M*A*S*H HALL - | 60 | * * "Breakin' All the Rules" (2004) ★★ "The Medallion" 5 62 44 | Landscape | Renovation | Designed | Debbie Travis' Facelift HGTV In Attic Landscape Design House In Attic Decoding the Past Predicting future events. (N) Breaking Vegas "The UI- UFO Files "UFO Hot UFO Files "UFO Hot Weird U.S. Tales from 58 48 HIST the grave. (N) timate Cheat (:45) "Little Nicky" Friends Family Guy Family Guy ★★ "Encino Man" (1992, Comedy) 25 38 riends IND Sean Astin, Pauly Shore 18 63 LIFE (5:00) "Malpractice" "Ambulance Girl" (2005) Kathy Bates G. Palace Golden How Clean How Clean 54 74 TRL (iTV) Real World Real World Direct Effect Sweet 16 Sweet 16 Laguna MTV Laguna Medium "When Push News Fear Factor Las Vegas "Centennial" News Tonight 3 9 NBC night Comes to Shove' (:35) The Tonight Show Late Night With Jay Leno (N) Medium "When Push Fear Factor Las Vegas "Centennial News 8 8 NBC 34 55 Roseanne Fresh Pr. NICK Full House Fresh Pr. Fresh Pr. Cosby Fresh Pr. SpongeBob Zoey 101 Roseanne Helmut Lotti: From Russia with Love Broadway's Lost Treasures III: The Best of the Charlie Rose (N) 2 2 PBS Tony Awards cember 38 71 SCIFI 61 72 SPK

Stargate SG-1

Wanted

Cristina

CSI: Crime Scn

In a Fix Changing a

Anthony Bourdain

GoodTime | All-Family

7th Heaven "Mi Familia"

WGN News at Nine

Battlestar Galactica

Trauma: Life in the ER "Phoenix Rising"

CSI: Crime Scn

Without a Trace

Law & Order: SVU

Tribal Rites

3's Co.

News

Impacto

"Escape From L.A.

Untold Stories of the

Stranded Stranded

Sanford

WWE Raw

NYPD Blue

La Hora Derbez

Friends "Pi- Will &

Da Vinci's Inquest

Monk

Night Court Cheers

Noticiero

Becker

Stargate SG-1

Law & Order

Everybody- 7th Heaven "Mi Familia"

Wildest Police Videos

Stranded Stranded

La Esposa Virgen

Sanford

★★½ "In & Out" (1997, Comedy) Kevin Kline.

Martha Marcia Cross.

Stargate SG-1

Law & Order

TRAV Tribal Rites

20 37 USA Law & Order: SVU

Friends

39 43

28 40 51 49

12 3

TNT

WB

21 59 TVLND Little House 60 79 UNIV Contra Vient

Most Amazing Videos

While You Were Out

Contra Viento y Marea

99 39 WGN * "Full Disclosure" (2001) Virginia Madsen.

Weekend TV movie schedule

WGN News Replay

SATURDAY MORNING

10:45 28/40 TNT Movie "Ghostbusters" (1984, Comedy) Bill Murray, Dan Aykroyd, Harold Ramis. Ghost fighters battle ghouls in a Manhattan high-rise. Directed by Ivan Reitman.

AFTERNOON

1:00 18/63 LIFE Movie "Return to Me" (2000, Romance) David Duchovny, Minnie Driver, Carroll O'Connor. A man falls in love with the recipient of his wife's heart. Directed by Bonnie

2:00 35 FMC Movie "My Bodyguard" (1980, Drama) Chris Makepeace, Adam Baldwin. A new student at a Chicago high school hires a much-feared classmate to protect him from a gang of bullies. Directed by Tony Bill. 'PG' 2:305 HBO Movie "Napoleon

Dynamite" (2004, Comedy) Jon Heder, Aaron Ruell. A gawky teenager from an odd family helps his new friend run for class president against a popular student. Directed by Jared Hess.

25/38 IND Movie "Drumline" (2002, Comedy-Drama) Nick Cannon, Zoe Saldana, Orlando Jones. Rivalry between two drummers threatens a college band. Directed by Charles Stone

3:00 40/41 FX Movie "Edward Scissorhands" (1990, Fantasy) Johnny Depp, Winona Ryder,

Dianne Wiest. Tim Burton's fairy

tale of a man-made misfit in sub-

urbia. Directed by Tim Burton.

61/72 SPK Movie "The Legend" (1993, Action) Jet Li, Josephine Siao, Chu Kong. A martial artist fights in a contest to win his bride. Directed by

Dugan Returns" (1983, Comedy) Jason Robards, Donald Sutherland. A widow's father, who abandoned her as a child, shows up with a bad heart condition and a money-filled suitcase. Directed by Herbert Ross. 'PG'

Corey Yuen.

4:30 49/66 E!TV Movie "The Birdcage" (1996, Comedy) Robin Williams, Gene Hackman, Nathan Lane. A son's engagement throws a kink into a gay couple's life. Directed by Mike Nichols.

5:00 40/41 FX Movie "Election" (1999, Comedy) Matthew Broderick, Reese Witherspoon, Chris Klein. A teacher tries to take a student overachiever down a peg. Directed by Alexander Payne. SUNDAY

MORNING

10:00 35 FMC Movie "Wee Willie Winkie" (1937, Drama) Shirley Temple, June Lang. Agirl goes to live at a British army base in India and plays a key role in subduing a rebel uprising. Directed by John Ford. 'PG

AFTERNOON 12:00 49/66 E!TV Movie "The Birdcage" (1996, Comedy) Robin Williams, Gene Hackman, Nathan Lane. A son's engagement throws a kink into a gay couple's life. Directed by

Mike Nichols

1:00 40/41 FX Movie "Edward Scissorhands" (1990, Fantasy) Johnny Depp, Winona Ryder, Dianne Wiest. Tim Burton's fairy tale of a man-made misfit in sub-4:00 35 FMC Movie "Max urbia. Directed by Tim Burton.

2:00 28/40 TNT Movie * "Heat" (1995, Drama) Al Pacino, Robert De Niro, Val Kilmer. A homicide detective matches wits with a cunning adversary. Directed by Michael Mann.

3:30 25/38 IND Movie "Space Cowboys" (2000, Adventure) Clint Eastwood, Tommy Lee Jones, Donald Sutherland. NASA reunites four aging flyboys for an urgent mission. Directed by Clint Eastwood.

4:00 35 FMC Movie * "A Guide for the Married Man" (1967, Comedy) Walter Matthau, Inger Stevens. An experienced philanderer takes on the task of educating a reluctant husband on infidelity. Directed by Gene Kelly. 'NR'

4:30 5 HBO Movie "Contact" (1997, Science Fiction) Jodie Foster, James Woods. Based on the novel by Carl Sagan. A brilliant scientist receives a message across space from an alien intelligence. Directed by Robert Zemeckis. 'PG' 18/63 LIFE Movie "Out of

Sight" (1998, Drama) George Clooney, Jennifer Lopez, Ving Rhames. AU.S. marshal falls for an escaped con she must capture. Directed by Steven Soderbergh.