

Mom says who attends baby's birth



abigail van buren
• dear abby

DEAR ABBY: I'm writing regarding the letter from "Pregnant and Annoyed," the woman having her first child. She wants her mother there because of the woman's experience birthing four children and having coached other women through childbirth. The husband insists if his mom can't also be there, no one will be there except him.

As a labor and delivery nurse with 25 years' experience, I would like to point out that while delivering a baby is a joyful event, it is also difficult and stressful. I have seen the progress of labor shut down by a woman's anxiety. This isn't a show for family entertainment. No one should be in the labor room unless the person is supportive to the laboring woman and she wants them there. Most labor and delivery

nurses understand this, so all the expectant mother needs to do is tell her nurse. The nurse will then inform the mother-in-law that visitors are restricted to two. Case closed. — NURSE ANDREA, SANTA CLARA

DEAR NURSE ANDREA: Thank you! The mail I received in response to that letter and my answer was varied. Read on:

DEAR ABBY: It's time that young woman grew up. Tell her she's a grown, married adult about to become a parent. She does not need her mother to hold her hand. This is a very personal, special time for a couple. They don't need her mom in the delivery room bossing

people around.
The doctors and nurses are better trained than her mom. Because Mom is so "experienced," will she be raising the baby, too? Hubby had better put his foot down or he'll be sorry. Maybe that's what he was trying to do when he insisted his mom be there. You should have said her mother belongs in the waiting room with the other grandparents. — BEEN-THERE GRANDMA
DEAR ABBY: Tempted as I was to have the "this is my body, I call the shots" attitude, I'm glad I didn't. Both families were in the room as I labored; only the two of us during delivery. It was perfect for us.
Now as I lay on strict bed rest ex-

pecting our fourth child, watching my husband juggle our three girls, cooking, cleaning, laundry, yard work, taking care of me, not to mention his own high-stress job, all without complaining even once, I'm grateful we have always worked as a team. — PARENTING TOGETHER IN OHIO
DEAR ABBY: It didn't say in your column why he wants his mother in the room. Perhaps he wants his mother there to reassure HIM. A lot of first-time fathers are scared. Maybe if she compromised, they would both get to have a memorable delivery. If everything doesn't go as planned, she could end up with a C-section and the argu-

ment would be moot, as they allow only one person in the room. — JASMINE IN TORONTO
DEAR ABBY: I'm a family doc. You were right to tell her to talk to her OB. During the delivery we can take control of the situation for the good of the mom and baby. I sometimes had to clear the labor room of extraneous people — even once tossing out the dad.
Early in labor it's usually OK for friends and family to visit. But when "push comes to shove" (pardon the pun), it's time for everyone to leave except Mom's coach and Dad — and we docs can make that happen. — M.D. IN ELK GROVE

E S		E= Eagle Cable S=S&T Telephone SEP. 13, 2005									
		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	47	A&E	Cold Case Files		Bounty Hunter	Bounty Hunter	Inked	Inked	Crossing Jordan "Intruded"	Cold Case Files	
4	6	ABC	According to Jim	Rodney	World Music Awards 2005	Festivities celebrate excellence in music. (N)		News	(:35) Nightline	(:06) Jimmy Kimmel Live (N)	
26	54	ANPL	Natural World (N)	The Most Extreme "Tough Babies"	Animal Cops Houston (N)	Natural World		News	(:35) Late Show With David Letterman (N)	The West Wing "20 Hours in L.A."	
63	67	BRAVO	The Law Firm (N)	Kathy Griffin: My Life on the D-List	Queer Eye for the Straight Guy "Red Sox"	Battle of the Network Reality Stars		News	(:35) Late Show With David Letterman (N)	The West Wing "The White House Pro-Am"	
7	11	CBS	NCIS "Twilight"	Big Brother 6 (N)	Rock Star: INXS (N)	News		News	(:35) Late Show With David Letterman (N)	Late Late Show	
55	42	DISC	It Takes a Thief "Diamond Dealer" (N)	Monster Garage "Hot Air Balloon"	American Chopper "Old-school bike."	Deadliest Catch "The Final Run" "Oil-load."		Dirty Jobs	Garbage man.		
33	56	DISN	Kim Possible	The Proud Family	Sister, Sister	Phil of the Future	That's So Raven	That's So Raven	★★★ "Angels in the Outfield" (1994, Fantasy) Danny Glover, Tony Danza. 'PG'		
49	66	EITV	Fashion Dos and Don'ts	Filthy Rich: Cattle Drive	Girls	Girls	Howard S.	Howard S.	Brooke Shields		
22	28	ESPN	Series of Poker	Series of Poker	Series of Poker	SportsCenter		Baseball	NFL Live		
23	29	ESPN2	City Slam (N)	City Slam	Baseball Tonight	Series of Poker		Hollywood	Poker		
32	58	FAM	★★★ "The Little Rascals" (1994) Bug Hall	Who's? Who's?	The 700 Club	Beautiful People					
35	-	FMC	★★★ "Sister, Sister" (1982) Diannah Carroll.	★★★ "The Vanishing" (1993) Jeff Bridges.	★★★ "Joshua Then"						
53	45	FOOD	Emeril Live Portuguese recipes.	Good Eats Recipe for Success	Iron Chef "Battle Rice"	Rice battle.		Emeril Live	Chicken liver pate.		
13	7	FOX	Bones "Pilot" (Series Premiere) (N)	House "Acceptance" (Season Premiere) (N)	The Fox Report With Shepard Smith	Blind Date	Blind Date	Maury			
40	41	FX	(4:30) "Just Married"	King of Hill King of Hill	"70s Show" "70s Show"	★★★ "Duce Bigalow: Male Gigolo" (1999)					
30	27	FXSP	Football All-Access	Rockies Pregame	MLB Baseball Colorado Rockies at Los Angeles Dodgers.						
-	60	HALL	Walker, Texas Ranger	★★★ "Walter and Henry" (2001) Nicholas Braun	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H					
5	-	HBO	Children of Beslan (Subtitled-English)	★★★ "Jackie Chan's Who Am I?" (1998, Action) Jackie Chan. 'PG-13'	The Sopranos "Where's Johnny?"	Rome "An Owl in a Thornbush"					
62	44	HGTV	Designed Get Color	Decorating Mission	Designers Designers	Design	House	Designed	Get Color		
58	48	HIST	Wild West Tech Score-settling. (N)	Shootout! High-stakes bank robbery. (N)	Man Moment Machine Cave-in traps workers.	Weird U.S. "Strange But True"		Wild West Tech	Score-settling.		
25	38	IND	Friends	Friends	Sex and the City	Sex and the City	(:05) Seinfeld	(:35) Seinfeld	(:05) Friends	(:35) Friends	(:05) ★★ "A Perfect Murder" (1998)
18	63	LIFE	(5:00) ★★ "Speak"	★★★ "Black and Blue" (1999, Drama)	G. Palace	Golden	The Nanny	The Nanny			
54	74	MTV	TRL (ITV)	Laguna Laguna	Direct Effect	Real World	Real World	Real World	Real World		
3	9	NBC	News	Ent. Tonight	The Biggest Loser (Season Premiere) Teams compete in zero gravity. (N)	Tommy Lee	Law & Order: Special Victims Unit "Goliath"	News	(:35) The Tonight Show With Jay Leno (N)	Late Night	Tonight Show
8	8	NBC	The Biggest Loser (Season Premiere) Teams compete in zero gravity. (N)	Tommy Lee	Law & Order: Special Victims Unit "Goliath"	News	(:35) The Tonight Show With Jay Leno (N)	Late Night	Tonight Show		
34	55	NICK	SpongeBob	School	Hi-Jinks	Hi-Jinks	Hi-Jinks	Hi-Jinks	Fresh Pr.	Fresh Pr.	
2	2	PBS	Nova Big-bang theory.	Wide Angle "1-800-IN-DIA" (N)	Benjamin Franklin "The Chess Master"	That's My Boy			Charlie Rose (N)		
38	71	SCIFI	(5:00) "The Shadow"	★★★ "The Phantom" (1996) Billy Zane.	★★★ "Darkman III: Die Darkman Die" (1996)						
61	72	SPK	Most Amazing Videos	Wildest Police Videos	CSI: Crime Scn	CSI: Crime Scn	★★★ "Raw Deal"				
39	43	TLC	While You Were Out	Martha David Spade.	In a Fix	Rides "Foose's '69" Working on a Camaro.	Overhaul! A 1995 Honda Civic project.				
28	40	TNT	Law & Order	Law & Order	Law & Order "Stiff"	Charmed		The X-Files	"Quagmire"		
51	49	TRAV	Taste	Taste	Made	Made	Rossi-Bikers	Taste	Taste	Made	Made
21	59	TVLND	Little House	Griffith	Sanford	GoodTime	All-Family	3's Co.	Night Court	Cheers	Sanford
60	79	UNIV	Contra Viento y Marea	La Esposa Virgen	Casos de la Vida Real	Impacto	Noticiero	La Hora Derbez			
20	37	USA	Law & Order: SVU	★★★ "Ladies' Night" (2005) Paul Michael Glaser.	Law & Order: SVU	The Dead Zone					
12	3	WB	Friends	Everybody-Raymond	Gilmore Girls "New and Improved Lorelai"	Supernatural "Pilot" (Series Premiere) (N)	(:07) News	Friends	Will & Grace		
99	39	WGN	Da Vinci's Inquest	Da Vinci's Inquest	(:07) WGN News at Nine	Becker	Becker	Da Vinci's Inquest			

E S		E= Eagle Cable S=S&T Telephone SEP. 14, 2005									
		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	47	A&E	Bounty Hunter	Bounty Hunter	Inked	Inked	Criss Angel Mindfreak	Criss Angel Mindfreak	Crossing Jordan "Deja Past"	Bounty Hunter	Bounty Hunter
4	6	ABC	George Lopez	George Lopez	Lost "Exodus" Something at sea surprises the rafters.	News	(:35) Nightline	(:06) Jimmy Kimmel Live (N)			
26	54	ANPL	Corwin's Quest "The Things I Do for You Guys!" Jeff's dangerous activities. (N)	Animal Cops Houston "Charlie the Hule" (N)	Corwin's Quest "The Things I Do for You Guys!" Jeff's dangerous activities.						
63	67	BRAVO	Battle of the Network Reality Stars	Battle of the Network Reality Stars (N)	Bobby Brown	Bobby Brown	Battle of the Network Reality Stars	The West Wing "The White House Pro-Am"			
7	11	CBS	CBS Sneak Peek (N)	Yes, Dear	Rock Star: INXS (N)	The King of Queens	CSI: NY "What You See Is What You See"	News	(:35) Late Show With David Letterman (N)	Late Late Show	
55	42	DISC	It Takes a Thief Improving home security. (N)	Monster Garage "Delivery Truck"	American Chopper "Comanche 2"	MythBusters "Penny Drop"	MythBusters "Toast falling butter-side down."				
33	56	DISN	Kim Possible	The Proud Family	Sister, Sister	Phil of the Future	That's So Raven	That's So Raven	★★★ "Inspector Gadget 2" (2003, Comedy) French Stewart, Elaine Hendrix. 'G' (N)		
49	66	EITV	(5:30) ★★ "The Birdcage" (1996, Comedy)	Taradise	Taradise	Howard S.	Howard S.	Big Events	Gone Bad		
22	28	ESPN	(5:00) MLB Baseball Teams to Be Announced.	MLB Baseball Teams to Be Announced. (Subject to Blackout)							
23	29	ESPN2	WNBA Basketball Finals Game 1 -- Teams TBA.	MLB Baseball Teams to Be Announced. (Subject to Blackout)							
32	58	FAM	★★★ "Doctor Dolittle" (1998) Eddie Murphy.	Kicked Out Who's?	The 700 Club	Kicked Out	Videos				
35	-	FMC	★★★ "Quintet" (1979) Paul Newman.	★★★ "A Night in the Life of Jimmy Reardon"	★★★ "Used People"						
53	45	FOOD	Emeril Live "Fondue Favorite" Fondue. (N)	The Secret Life Of... BBQ With Bobby Play	Good Eats	Good Eats	Iron Chef "Octopus"	Emeril Live "Stews: Latin Style"			
13	7	FOX	So You Think You Can Dance "The top eight. (N)	Head Cases A patient with explosive disorder.	The Fox Report With Shepard Smith	Blind Date	Blind Date	Maury			
40	41	FX	"Duce Bigalow"	King of Hill King of Hill	"70s Show" "70s Show"	★★★ "Basic" (2003, Suspense) John Travolta.					
30	27	FXSP	Football Playbook	Rockies Pregame	MLB Baseball Colorado Rockies at Los Angeles Dodgers.						
-	60	HALL	Walker, Texas Ranger	"Landslide" (2004, Action)	Vincent Spano.	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H			
5	-	HBO	(:15) ★★ "Fathers' Day" (1997, Comedy) Robin Williams, Billy Crystal. 'PG-13'	★★★ "The Grudge" (2004) Sarah Michelle Gellar. 'PG-13'	Costas NOW	One Night Stand					
62	44	HGTV	Kitchen	Want That	Buy Me (N) Landscap	Curb	What Get	Design	House	Kitchen	Want That
58	48	HIST	Modern Marvels The beverage coffee. (N)	Modern Marvels The history of sugar. (N)	Modern Marvels "Cereal: History in a Bowl"	Modern Marvels "Snack: food Tech"	Modern Marvels The beverage coffee.				
25	38	IND	Everybody-Raymond	Everybody-Raymond	Sex and the City	Sex and the City	(:05) Friends	(:35) Friends	(:05) ★★ "Grumpier Old Men" (1995)		
18	63	LIFE	"Stranger in My Bed"	"Lies My Mother Told Me" (2005, Docudrama)	G. Palace	Golden	The Nanny	The Nanny			
54	74	MTV	TRL (ITV)	MTV Cribs	MTV Cribs	Angelina	Reality	Hard Rock	Sweet 16	Laguna	Laguna
3	9	NBC	News	Ent. Tonight	The Most Outrageous Live TV Moments 3	Law & Order: Criminal Intent "Eosphoros"	News	Law & Order "Locomotion"	News	Tonight Show	Tonight Show
8	8	NBC	The Most Outrageous Live TV Moments 3	Law & Order: Criminal Intent "Eosphoros"	Law & Order "Locomotion"	News	(:35) The Tonight Show With Jay Leno (N)	Late Night	Tonight Show		
34	55	NICK	SpongeBob	Unfabulous	Full House	Fresh Pr.	Fresh Pr.	Cosby	Roseanne	Roseanne	Fresh Pr. Fresh Pr.
2	2	PBS	Roadshow	Roadshow	That's My Boy	Charlie Rose (N)					
38	71	SCIFI	Ghost Hunters	Ghost Hunters (N)	Tripping	Tripping	Ripley-Believe	Ghost Hunters			
61	72	SPK	Most Amazing Videos	Wildest Police Videos	CSI: Crime Scn	CSI: Crime Scn	"The Terminator" (1984)				
39	43	TLC	While You Were Out	Creating a baby nursery.	Martha Sean "P. Diddy" Combs.	In a Fix "Touchdown Den"	While You Were Out (N)	Miami Ink	Darren sidelined by broken elbow.		
28	40	TNT	Law & Order	"Disciple"	★★★ "Payback" (1999, Suspense) Mel Gibson.	★★★ "Payback" (1999, Suspense) Mel Gibson.					
51	49	TRAV	American Casino	World Poker Tour	Griffith	Sanford	TV Land	All-Family	American Casino	World Poker Tour	
21	59	TVLND	Little House	Griffith	Sanford	GoodTime	All-Family	3's Co.	Night Court	Cheers	Sanford
60	79	UNIV	Contra Viento y Marea	La Esposa Virgen	Casos de la Vida Real	Impacto	Noticiero	La Hora Derbez			
20	37	USA	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	The Dead Zone					
12	3	WB	Friends	Everybody-Raymond	One Tree Hill "I'm Wide Awake, It's Morning"	Smallville "Blank"	News	Friends	Will & Grace		
99	39	WGN	Race Car	Race Car	Funniest Home Videos	WGN News at Nine	Becker	Becker	Da Vinci's Inquest		

This space could be yours

Let advertising in the Goodland Star-News help your business.

Call us 785-899-2338



E S		E= Eagle Cable S=S&T Telephone SEP. 15, 2005									
		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	47	A&E	Cold Case Files	Police hunt for a man who murders women in Iowa hotels. (N)	The First 48	Crossing Jordan "Justice Delayed"	Cold Case Files (N)				
4	6	ABC	Celebrity A-List Bloops (N)	Primetime (Season Premiere) Cameras follow members of two blended families. (N)	News	(:35) Nightline	(:06) Jimmy Kimmel Live				
26	54	ANPL	The Planet's Funniest Animals	Animal Cops Houston "Bovine Burglary" (N)	The Planet's Funniest Animals						
63	67	BRAVO	Bobby Brown	Bobby Brown	Celebrity Poker Showdown (N)	Bobby Brown	Bobby Brown	Celebrity Poker Showdown			
7	11	CBS	Survivor: Guatemala -- The Maya Empire	CSI: Crime Scene Investigation One CSI team member has been kidnapped and buried alive.	News	(:35) Late Show With David Letterman (N)	Late Late Show				
55	42	DISC	It Takes a Thief Trusting couple. (N)	Monster House A 1950 Nashua trailer.	American Chopper "Comanche 3"	Angel of Death	Angel of Death				
33	56	DISN	Kim Possible	The Proud Family	Sister, Sister	Phil of the Future	That's So Raven	That's So Raven	★★★ "The Emperor's New Groove" (2000, Comedy) 'G'	(:35) Buzz on Maggie	
49	66	EITV	Paula Abdul: The El True Hollywood Story	Filthy Rich: Cattle Drive	Howard S.	Howard S.	Taradise	Taradise			
22	28	ESPN	(5:30) College Football Utah at Texas Christian.	SportsCenter			Baseball	NFL Live			
23	29	ESPN2	WNBA Basketball Atlanta Braves at Philadelphia Phillies.	Baseball Tonight	Hey Rookie, Welcome	Hollywood	NFL Great				
32	58	FAM	★★★ "Home Alone 2: Lost in New York" (1992) Joe Pesci	Who's?	The 700 Club	Videos	Videos				
35	-	FMC	★★★ "Worth Winning" (1989) Mark Harmon.	★★★ "The Chase" (1994, Adventure)	★★★ "A Night in Heaven" (1983)						
53	45	FOOD	Emeril Live French food.	Here Comes the Cake	Iron Chef America "Play vs. Bernstein"	Iron Chef TV star challenges chef.	Emeril's Pie Recipe Contest				
13	7	FOX	The O.C. "The Shape of Things to Come" (N)	Reunion "1987" (N)	The Fox Report With Shepard Smith	Blind Date	Blind Date	Maury			
40	41	FX	★★★ "Basic" King of Hill	King of Hill "70s Show"	"70s Show" "70s Show"	★★★ "Shallow Hal" (2001) Gwyneth Paltrow, Jack Black.					
30	27	FXSP	Football Playbook	Stampede	Insider	Rocky Mt.	Best Damn Sports Show	Rocky Mt.	Big 12	Best-Sports	
-	60	HALL	Walker, Texas Ranger	★★★ "The Long Way Home" (1998, Drama)	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H	M*A*S*H M*A*S*H				
5	-	HBO	(5:30) ★★ "Contact" Jodie Foster. 'PG'	Inside the NFL</							