

Be ready for natural disasters

DEAR READERS: In the wake of hurricanes Katrina and Rita, and projections from the National Weather Service indicating that there are more to come, it is apparent that too many of our citizens are at a loss about how to prepare for a natural disaster.

Wanting to help not only the hur-



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ricane survivors, but also to offer information so that ALL of us will be better prepared for potential disasters in the future, I turned to my friends at the Federal Citizen Information Center in Pueblo, Colorado.

True to form, they have come through with an excellent publication from the U.S. Department of Homeland Security: “Preparing Makes Sense. Get Ready Now.” It explains how to assemble an emer-

gency supply kit and develop a family plan that can be invaluable in all kinds of emergencies. The booklet is free. It’s available in both English and Spanish, and can be ordered by writing to: Preparing Makes Sense, Pueblo, Colo. 81009, or by calling toll-free: 1-888-878-3256 Monday through Friday, 8 a.m. to 8 p.m. ET.

For survivors of the hurricanes, and for those individuals who want to help with the recovery effort, one of the best online sources is www.FirstGov.gov. This Web site has links to help locate loved ones, register online for government assistance, replace your vital personal documents, locate state and local services, as well as volunteer oppor-

tunities.

Because scam artists are always quick to take advantage of those in need as well as those who want to help, www.FirstGov.gov offers sound advice for avoiding frauds and schemes, and making sure the charity that you donate to is reputable. (Free copies of “Preparing Makes Sense” can also be ordered online at FirstGov.gov.)

While my prayer is that our country will be spared future disasters, my goal today is to encourage you to send for this free publication and to further protect yourselves and your loved ones by using the resources at www.FirstGov.gov. — LOVE, ABBY

DEAR ABBY: At a friend’s wedding last weekend, my best friend’s husband propositioned me. He said if I ever wanted “something on the side” to give him a call. I was floored. I had always considered him to be a creep, but never thought he would pull something like that.

I told him it would never happen, but if I ever considered it, it certainly wouldn’t be with my best friend’s husband. He said that that’s why I was the perfect candidate — because I would never say anything to her.

What should I do? I don’t want to tell her and have that be the reason she splits up with her husband, but I think she should know her husband is on the prowl. She has two small

children with this loser, and although he seems to be a good father, apparently he’s a bad husband. — APPALLED IN HUNTINGTON BEACH, CALIF.

DEAR APPALLED: Considering the number of sexually transmitted diseases there are that can have serious, lasting health implications, you’d be doing your best friend a favor by speaking up. One way to lead into it would be to ask if her husband had had “a lot to drink” at the wedding, because “this is what he said to me.” She should consult her doctor about being checked for STDs — as well as asking for a referral to a marriage counselor, because her marriage is in trouble.

SATURDAY EVENING										OCT. 15, 2005									
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	E= Eagle Cable S=S&T Telephone						
36	47	A&E	City Confidential (N)		Cold Case Files		Cold Case Files		American Justice "Cruel and Unusual"		City Confidential								
4	6	ABC	Lost "Everybody Hates Hugo"		Invasion A deadly flu virus in Homestead.		Commander in Chief "First Strike"		News ([:35] Sein-feld)		Star Trek: Enterprise								
26	54	ANPL	How Animals Tell Time		O'Shea's Big Adventure Search for king cobra.		Animal X Earth's supreme animal.		How Animals Tell Time		O'Shea's Big Adventure Search for king cobra.								
63	67	BRAVO	(4:00) ★★½ "Braveheart" (1995, Drama) Mel Gibson, Sophie Marceau. 'R' [E]		★★★½ "Braveheart" (1995, Drama) Mel Gibson, Sophie Marceau. A Scottish rebel rallies his countrymen against England. 'R' [E]		★★★½ "Braveheart" (1995, Drama) Mel Gibson, Sophie Marceau. A Scottish rebel rallies his countrymen against England. 'R' [E]		News		Drew Carey								
7	11	CBS	Cold Case "Yo, Adrian" (iTV)		CSI: Miami "Identity" (iTV)		48 Hours Mystery "Defending Your Life" (N)		News		Alias "A Broken Heart"								
55	42	DISC	Officer Down Bank robbers and police in gun battle.		Dirty Jobs "Cheese Maker" Vermont cheese.		Mega Machines "Task Masters"		How the Levees Failed										
33	56	DISN	Buzz on Maggie		Naturally Sadie		Life With Derek		Zack & Cody		That's So Raven								
49	66	EITV	True H'wood		Fashion Dos and Don'ts		Saturday Night Live		Dr. 90210		Howard S. Howard S.								
22	28	ESPN	(5:45) College Football		Florida State at Virginia.		Gameday		Boxing Peter Manfredo Jr. vs. Sergio Mora.										
23	29	ESPN2	(5:15) College Football		Georgia at Vanderbilt.		College Gmday		SportsCenter		Baseball Tonight								
32	58	FAM	★★ "Grease 2" (1982) Maxwell Caulfield.		★★ "Alchemy" (2005) Tom Cavanagh.		★★ "Alchemy" (2005) Tom Cavanagh.		★★ "Alchemy" (2005) Tom Cavanagh.		★★ "Alchemy" (2005) Tom Cavanagh.								
35	-	FMC	★★★ "Made for Each Other" (1971, Comedy)		★★★ "White Men Can't Jump" (1992)		★★★ "White Men Can't Jump" (1992)		★★★ "White Men Can't Jump" (1992)		★★★ "White Men Can't Jump" (1992)								
53	45	FOOD	Emeril's Tailgate Recipe Contest		Tricked Out Tailgating College students compete.		Iron Chef America "Flay vs. Tsai"		Emeril's Tailgate Recipe Contest										
13	7	FOX	MLB Baseball American League Championship Series Game 4 -- Chicago White Sox at Los Angeles Angels of Anaheim.		Blind Date		Blind Date		Blind Date		Blind Date								
40	41	FX	★★ "Broken Arrow" (1996) John Travolta.		★★★ "Die Hard 2" (1990, Drama) Bruce Willis, Bonnie Bedelia.		★★★ "Die Hard 2" (1990, Drama) Bruce Willis, Bonnie Bedelia.		★★★ "Die Hard 2" (1990, Drama) Bruce Willis, Bonnie Bedelia.		★★★ "Die Hard 2" (1990, Drama) Bruce Willis, Bonnie Bedelia.								
30	27	FXSP	College Football UCLA at Washington State.		College Football Colorado State at BYU.		College Football Colorado State at BYU.		College Football Colorado State at BYU.		College Football Colorado State at BYU.								
-	60	HALL	"King Solomon"		"Coronado" (2003) Kristin Dattilo, Clayton Rohner.		"Coronado" (2003) Kristin Dattilo, Clayton Rohner.		"Coronado" (2003) Kristin Dattilo, Clayton Rohner.		"Coronado" (2003) Kristin Dattilo, Clayton Rohner.								
5	-	HBO	(5:30) "Dodgeball: A True Underdog Story"		(:15) ★★½ "Win a Date With Tad Hamilton!" (2004) Kate Bosworth. 'R' [E]		★★★ "Sideways" (2004) Paul Giamatti. Two friends ponder their lives during a road trip. 'R'		★★★ "Sideways" (2004) Paul Giamatti. Two friends ponder their lives during a road trip. 'R'		★★★ "Sideways" (2004) Paul Giamatti. Two friends ponder their lives during a road trip. 'R'								
62	44	HGTV	Design Small		Designer reDesign		Design Design		City Grdn Trading Up		Design Small								
58	48	HIST	Hitler's Managers Munitions Minister. (N)		Hitler's Managers German capitulation. (N)		Hitler's Managers (N)		Hitler's Managers (N)		Hitler's Managers Munitions Minister.								
25	38	IND	(5:00) College Football Stadium in Kansas City, Mo.		Kansas vs. Oklahoma. From Arrowhead		★½ "Blue Streak" (1999) Martin Lawrence. A thief poses as a cop to retrieve a hidden diamond.		College Football										
18	63	LIFE	"More Sex-Mom"		★★★ "As Good as It Gets" (1997) Jack Nicholson, Helen Hunt.		★★★ "As Good as It Gets" (1997) Jack Nicholson, Helen Hunt.		★★★ "As Good as It Gets" (1997) Jack Nicholson, Helen Hunt.		★★★ "As Good as It Gets" (1997) Jack Nicholson, Helen Hunt.								
54	74	MTV	Run Pimp Ride		Pimp Ride Pimp Ride		Pimp Ride Pimp Ride		Next Next		Next Next								
3	9	NBC	(5:00) NASCAR Racing Lowe's Motor Speedway in Concord, N.C.		Nexel Cup Series -- UAW-GM Quality 500. From		9News on Assignment: Wild Side		News		Saturday Night Live								
8	8	NBC	(5:00) NASCAR Racing Nexel Cup Series -- UAW-GM Quality 500. From Lowe's Motor Speedway in Concord, N.C.		Nexel Cup Series -- UAW-GM Quality 500. From Lowe's Motor Speedway in Concord, N.C.		News		Saturday Night Live "The Best of David Spade" (N)										
34	55	NICK	School Drake		All That (N) Amanda		Foxworthy Foxworthy		Foxworthy Foxworthy		Roseanne Roseanne								
2	2	PBS	Keeping Up As Time Goes By		The Lawrence Welk Show		Red Green		Austin City Limits (N)		Soundstage "Heart"								
38	71	SCIFI	"Return-Necro."		"Return of the Living Dead: Rave to the Grave"		"Return of the Living Dead: Necropolis" (2005)		"Return of the Living Dead: Necropolis" (2005)		"Return of the Living Dead: Necropolis" (2005)								
61	72	SPK	(5:00) "The Warriors"		MXC MXC		★★★ "Raw Deal" (1986) Arnold Schwarzenegger.		UFC Unleashed										
39	43	TLC	Clean Sweep "Sports of All Sorts"		While You Were Out (N)		Adam Carolla Project		Moving Up (N)		Trading Spaces "Baltimore: East Fort Avenue"								
28	40	TNT	★★ "Runaway Bride" (1999) Julia Roberts, Richard Gere.		★★★ "Steel Magnolias" (1989) Sally Field, Dolly Parton.		★★★ "Steel Magnolias" (1989) Sally Field, Dolly Parton.		★★★ "Steel Magnolias" (1989) Sally Field, Dolly Parton.		★★★ "Steel Magnolias" (1989) Sally Field, Dolly Parton.								
51	49	TRAV	World Poker Tour		Globe Trekker		World Poker Tour												
21	59	TVLND	Little House		TV Land Sanford		GoodTime All-Family		3's Co. Night Court		Cheers Sanford								
60	79	UNIV	Sábado Gigante		Unwrapped		The Secret Life Of...		The Secret Life Of...		The Secret Life Of...								
20	37	USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law Order: CI		Action Sports								
12	3	WB	Star Trek: Enterprise "The Augments"		Smallville "Craving"		24 "2:00 AM - 3:00 AM"		News		Sex and the City Will & Grace								
99	39	WGN	★★ "Trading Places" (1983) Eddie Murphy.		WGN News at Nine		WGN News at Nine		Sex & City Becker		Home Imp. Last War								

SUNDAY EVENING							E=Eagle Cable S=S&T Telephone		OCT. 16, 2005					
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30		
36	47	A&E	The First 48 "A Deadly Betrayal"		Family Plots		Family Plots		Intervention "Alyson"		CSI: Miami "Broken"		The First 48 "A Deadly Betrayal"	
4	6	ABC	Extreme Makeover: Home Edition (N)		Desperate Housewives (N)		(:01) Grey's Anatomy "Deny, Deny, Deny" (N)		News		(:35) Sein-feld		Lawyer on the Line Diamond Adventures	
26	54	ANPL	When Animals Talk How humans communicate with animals.		How Animals Tell Time		How Animals Tell Time		When Animals Talk How humans communicate with animals.		When Animals Talk How humans communicate with animals.		When Animals Talk How humans communicate with animals.	
63	67	BRAVO	Inside the Actors Studio "Elton John" Elton John.		Law & Order: Criminal Intent "Jones"		Law & Order: Criminal Intent "The Extra Man"		Law & Order: Criminal Intent "The Extra Man"		Law & Order: Criminal Intent "Poison"		Law & Order: Criminal Intent "Poison"	
7	11	CBS	Cold Case 1945 murder of a ballplayer. (N)		"Walker, Texas Ranger: Trial by Fire" (2005, Action) Chuck Norris, Sherree J. Wilson.		Trial by Fire" (2005, Action) Chuck Norris, Sherree J. Wilson.		News		(:35) News		(:05) Alias "Doppel-ganger"	
55	42	DISC	The Unperfect Crime		The Unperfect Crime		SOS: Coast Guard Rescue "Operation Katrina"		Columbus: Secrets From the Grave		JFK: Beyond the Magic Bullet		JFK: Beyond the Magic Bullet	
33	56	DISN	Phil of the Future		That's So Raven		Naturally Sadie		Life With Derek (N)		Zack & Cody		That's So Raven	
49	66	E!TV	Girls		Girls		Girls		Girls		TV Moments		TV Moments	
22	28	ESPN	NFL		NFL Football		Houston Texans at Seattle Seahawks.		True H'wood		Palms		Taradise	
23	29	ESPN2	Series of Poker		Series of Poker		Series of Poker		Series of Poker		Series of Poker		Series of Poker	
32	58	FAM	★★★ "Home Alone 2: Lost in New York" (1992) Joe Pesci		Whoose?		Whoose?		Videos		Videos		J. Osteen Feed	
35	-	FMC	★★★ "Scream of the Wolf" (1974)		Kingdom		★★★ "Black Widow" (1987) Debra Winger.		★★★ "Black Widow" (1987) Debra Winger.		★★★ "Black Widow" (1987) Debra Winger.		★★★ "Black Widow" (1987) Debra Winger.	
53	45	FOOD	Emeril Live "Absolutely Onions" Onions. (N)		Iron Chef America Mario Batali. (N)		Cupcake Challenge Cupcake competition. (N)		Unwrapped "Baking"		Unwrapped "EZ Bake"		Emeril Live "Absolutely Onions" Onions.	
13	7	FOX	(5:30) MLB Baseball National League Championship Series Game 4 -- St. Louis Cardinals at Houston Astros.		(5:30) MLB Baseball National League Championship Series Game 4 -- St. Louis Cardinals at Houston Astros.		Blind Date		Fall Guy "Always Say Al-ways"		Remington Steele		Remington Steele	
40	41	FY	(5:30) ★★★ "Die Hard 2" (1990) Bruce Willis, Bonnie Bedelia.		(5:30) ★★★ "Die Hard 2" (1990) Bruce Willis, Bonnie Bedelia.		★★ "Hollywood Homicide" (2003, Action) Harrison Ford.		★★ "Hollywood Homicide" (2003, Action) Harrison Ford.		★★ "Hollywood Homicide" (2003, Action) Harrison Ford.		★★ "Hollywood Homicide" (2003, Action) Harrison Ford.	
30	27	FXPSP	Beyond the Glory (N)		Poker Superstars		Poker Superstars		PRIDE Fighting		Spotlight		Track	
-	60	HALL	"Mystery Woman" (2003) PG-13		"McBride: The Doctor Is Out... Really Out" (2005)		"McBride: The Doctor Is Out... Really Out" (2005)		★★★ "Matlock: The Mayor" (1988, Mystery)		★★★ "Matlock: The Mayor" (1988, Mystery)		★★★ "Matlock: The Mayor" (1988, Mystery)	
5	-	HBO	(4:30) ★★★ "Seabiscuit" (2003) PG-13		★★★ "Stuck on You" (2003) Matt Damon, Conjoined twins star on a TV show with Cher. PG-13		★★★ "Stuck on You" (2003) Matt Damon, Conjoined twins star on a TV show with Cher. PG-13		Rome "Pharsalus"		Rome "Caesarion" (N)		Rome "Caesarion" (N)	
62	44	HGTV	Designed "Want That The Nazi Expedition		Offbeat Rezoned		If Walls		Renovation		Buy Me Kitchen		Designed "Want That The Nazi Expedition	
58	48	HIST	The Nazi Expedition		Auschwitz: The Forgotten Evidence		Band of Brothers		(:10) The Mysteries of Devil's Triangles		The Nazi Expedition		The Nazi Expedition	
25	38	IND	★★ "I Spy" (2002) Eddie Murphy. A spy recruits a boxer to help him retrieve a stolen plane.		★★ "I Spy" (2002) Eddie Murphy. A spy recruits a boxer to help him retrieve a stolen plane.		★★ "I Spy" (2002) Eddie Murphy. A spy recruits a boxer to help him retrieve a stolen plane.		★★ "I Spy" (2002) Eddie Murphy. A spy recruits a boxer to help him retrieve a stolen plane.		★★ "I Spy" (2002) Eddie Murphy. A spy recruits a boxer to help him retrieve a stolen plane.		★★ "I Spy" (2002) Eddie Murphy. A spy recruits a boxer to help him retrieve a stolen plane.	
18	63	LIFE	"As Good as It Gets"		Strong Medicine (N)		Missing		Missing		Wild Card "Dead Again"		Wild Card "Dead Again"	
54	74	MTV	Made "Cheerleader"		Punk'd		Punk'd		Punk'd		Punk'd		Punk'd	
3	9	NBC	Dateline NBC		The West Wing "Mr. Frost" (N)		Law & Order: Criminal Intent "Unchained" (N)		Crossing Jordan "Judgement Day" (N)		News		(:35) Denver Huddle	
8	8	NBC	The West Wing "Mr. Frost" (N)		Law & Order: Criminal Intent "Unchained" (N)		Crossing Jordan "Judgement Day" (N)		News		(:35) 24 "2:00 AM - 3:00 AM"		(:35) Inside Edition	
34	55	NICK	Zoey 101 Romeo!		Full House Fresh Pr.		Hi-Jinks		Cosby		Roseanne Roseanne		Fresh Pr. Fresh Pr.	
2	2	PBS	Nature "Shark Mountain"		Mystery! A series of killings inside the same room of a private museum.		Scientific-Frontiers		Globe Trekker "West India"		Mystery! "Hetty Wainthorpe Investigates"		Mystery! "Hetty Wainthorpe Investigates"	
38	71	SCIFI	(3:00) ★★★ "Merlin"		★★ "Hercules" (2005) Paul Telfer, Sean Astin.		★★ "Hercules" (2005) Paul Telfer, Sean Astin.		"Deep Core" (2000) Craig Sheffer, Bruce McGill.		"Deep Core" (2000) Craig Sheffer, Bruce McGill.		"Deep Core" (2000) Craig Sheffer, Bruce McGill.	
61	72	SPK	(4:30) ★★★ "Hoffa" (1992)		Videos		Most Amazing Videos		★★★ "Crocodile Dundee" (1986) Paul Hogan.		★★★ "Crocodile Dundee" (1986) Paul Hogan.		★★★ "Crocodile Dundee" (1986) Paul Hogan.	
39	43	TLC	World's Strongest Boy		Supersize She		101 Things Removed From the Human Body		Conception Deception (N)		Fetus Snatchers (N)		Fetus Snatchers (N)	
28	40	TNT	★★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts.		★★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts.		★★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts.		★★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts.		★★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts.		★★★ "Pretty Woman" (1990) Richard Gere, Julia Roberts.	
51	49	TRAV	Alaska Wide Open		Alaska's Arctic Wildlife		Alaskan Wild		Alaska Wide Open		Alaska's Arctic Wildlife		Alaska's Arctic Wildlife	
21	59	TVLND	Little House (5:00) La Parodia		Griffith Sanford		GoodTime All-Family		3's Co. Night Court		TV Land Sanford		TV Land Sanford	
60	79	UNIV	(5:00) La Parodia		La Hora Pico		Ver Para Creer		Impacto Noticiero		Tras la Verdad		Tras la Verdad	
20	37	USA	(4:30) "Mercury Rising"		★★ "The Hunted" (2003) Tommy Lee Jones.		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
12	3	WB	Reba		Reba		Charmed "Desperate Housewives" (N)		Blue Collar TV (N)		Blue Collar TV		Sex and the City Will & Grace	
99	98	WGN	24 "4:00 AM - 5:00 AM"		24 "5:00 AM - 6:00 AM"		WGN News		Replay		Sex & City Becker		Maximum Exposure	