Think about making difference to a child in 2006

January is National Mentoring Month, so please think about making 2006 a year that you could be a volunteer that would make a difference in a child's life.

We couldn't be more pleased with this past year's results for an increase in matches both under the community-based and site-based options. If you would like to check out our program and provide your child with a friend, or to volunteer, please give us a call.

As the NFL Playoffs continue during this time, climaxing with the Super Bowl in February, a recent article in The Denver Post shared a side of Broncos quarterback Jake Plummer that is intriguing and tells a lot about how people perceive oth-



ers when they don't follow a certain significance to someone else, that pattern.

Plummer has grown a beard and has reasonably long hair that at now, that's just funny, man. Cracks times does look pretty wild. Plumme up." mer's dad related that in his business, "I have customers in various mates have encouraged him to be parts of the United States, and they always bring up the beard and hair." more vocal, but Plummer feels it It seems to drive people bonkers just doesn't come natural to him. that Plummer goes against the

no effort," Plummer said, "if I see He says the whole situahim going half-speed, then I'll go tion reminds after him because not once in my him that "life sports life have I ever not gone full is funny. That speed."

my beard and That is quite a statement. Plummer credits his mom for that "full hair could be of speed" attitude: "She used to say that people should never be judged by what they looked like or what people in a downtown office buildthey wore, but by their deeds." ing could be talking about it right

Plummer finishes the article by telling a story in which he made the day for a little girl. When he received a smile for just being who he is was in contrast of when a writer said he was "not good enough to take his team all the way.'

Plummer said, "[D]oes what that

mainstream. some person is if I see him giving guy wrote matter when I just made this little girl's day?"

To finish, as we start this New Year and celebrate National Mentoring Month, let me share a message from a song by Chris Rice, "Life Means So Much":

- "Everyday is a journal page.
- "Every man holds a quill and ink,
- "And there's plenty of room for writing in
- "All we do and believe and think, "So will you compose a curse,
- "Or will today bring the blessings? "Fill the page with rhyming
- verse. "Or some random sketching?
- "Teach us to count the days.
- "Teach us to make the days count. "Lead us in better ways;

"Somehow our souls forgot "Life means so much. "Everyday is a bank account, "And time is our currency, "So no one's rich, nobody's poor. "We get twenty-four hours each, "So how are you gonna spend?

- "Will you invest or squander?
- "Try to get ahead?
- 'Or help someone who's under? "Has anybody lived who knew the value of a life?
- "And don't you think giving his own

'Would prove the worth of yours and mine?

"Teach us to count the days. Life means so much."

Indeed! Have a good 2006, and make each day count!

Goodland graduate and former Brewster teacher in 'Who's Who'

long

Brewster teacher has had her biographical record published in the "Silver Anniversary Edition of Who's Who of American Women" and in the seventh edition of "Who's Who in American Education for the year 2006-07.'

The accomplishments of Janice Parish Scanlon, formerly of Goodland, who now lives in Sarasota, Fla., have been published in the books and are scheduled for publication in the 2007-08 edition of "Who's Who in America." Inclusion in that publication is limited to those who have demonstrated outstanding achievement in their own fields of endeavor, thereby contributing to the betterment of society.

She recently helped write, edit and publish a book on the history of Ruleton and its school. Arbutus Topliff and Lois Sieck, both of Goodland, researched, copied information and sent class lists, pic-

A Sherman Community High tures from the Sherman County worked there from 1962-63 then Head Start teachers could pattern School graduate and former Historical Society and information transferred to the Jefferson County from other publications to Scanlon. She did the typing and writing and put the pictures in appropriate places, added clip art to enhance the book, printed the books and sent out Kindergarten Teacher's Associacopies.

> She is the daughter of Milton Parish Jr. and the late Bertha Adams Parish.

graduated from Scanlon Sherman Community High in 1958 and received the Kiwanis Scholarship at her graduation. During the summer after graduation, she was a reporter for The Sherman County Herald.

She received a Bachelor of Science Degree in elementary education from Fort Hays State University in 1962 and appeared on the Dean's List while there.

Her first teaching assignment

Schools of Lakewood, Colo., where she taught kindergarten, first and fourth grades from 1963-81.

Plummer's leadership has also

"The only time I would mess with

been questioned in the past. Team-

She served as president of the tion and co-authored the kindergarten curriculum. After the curriculum was written, she was a resource teacher in the early childhood department.

It was her responsibility to train teachers and principals on how to implement the new curriculum in their schools and evaluate the pilot program. She presented the results to the school board and to parents of the pilot schools. The program became district-wide the following vear.

Scanlon participated in a program at John F. Kennedy Research Center in Denver, where she filmed was as the kindergarten and el- videos of herself teaching her kinementary music teacher at the dergarten class to be sent to remote Brewster Public Schools. She areas of the country, so untrained

their teaching after her.

A movie was made to disseminate the information about this program, and Scanlon was one of the teachers used in filming. She also wrote lessons that were published to be used by these teachers.

She received her Master's Degree in gifted education from the University of Denver in 1980. Her tuition was paid by a grant she had been awarded. Following her graduation, she and her husband Joe moved to New Jersey, where she taught gifted education in the Washington Township Schools of Sewell, N.J.

Scanlon taught a pull-out program for grades three through six and then did full class enrichment for first and second graders. After her election to secretary of the New Jersey Association for the Gifted and Talented Teachers, she gave many presentations at the New Jersey State Teacher's Convention and the Geography Bee.

at the State Conference for Exceptional Children.

She was chosen to travel to China with a group of teachers of the gifted for the People to People Ambassador Program in 1990. The teachers exchanged ideas for 3 1/2 weeks with Chinese educators at nursery schools, high schools, elementary schools and universities. She presented information about the Primary Enrichment Program, for which she helped develop the curriculum, at Nanjing University.

The Quiz Bowl team that she coached was first place in New Jersey and seventh in the nation. Two of her science teams received corporate awards at the New Jersey State Energy Exposition. She was then nominated for the New Jersey Science Teacher of the Year. One of her students won first in a national invention contest, and another was the Gloucester County winner of

After her retirement. Scanlon and her husband moved to Sarasota. She has served on the Ways and Means Committee of the Palm Aire Women's Club and chaired their fashions show last year.

She serves on a committee that chooses scholarship recipients and is a member of the Nine Hole Women's Golf Association at Palm Aire Country Club. She has served as president and vice president of the association.

Scanlon is a member of the Incarnation Church and is one of Clare's Sewing Angels at St. Margaret's Church in Maggie Valley, N.C., where they spend the summer months. The Angels make tote bags that can be transformed into duffel bags, so abuse victims have something to put their belongings in when the sheriff takes them to their home to retrieve them.

Scanlon enjoys watercolor painting, golf, traveling, genealogy and reading.

If e-mail says 'you've won,' don't give account numbers; most lotteries are scams

Dear Attorney General Kline: In the past I have received both *letters and e-mails informing me* that I had won some foreign lottery or sweepstakes. But in the past week Ireceived a similar e-mail message from a group claiming to be a U.S. government agency. Is this a scam as well?

Dear Kansas Consumer:

For several years now, solicitations by e-mail and mail from Nigeria and other countries have been received here in Kansas and across the country as well. My Consumer Protection Division has been working hard to educate Kansas consumers about these scams.



vary as to the exact wording, but cies. they generally ask you for your personal bank account information to allow them to transfer the money names or legitimate agencies – you've "won" or are otherwise en- like the FBI — in an attempt to entitled to into your account.

The reality is, they just want a count numbers. fee up front and will proceed to withdraw money from your ac- used, the scam remains the same:

count number. More and more consumers are becoming aware of these scams. so the con artists are changing their tactics to include the guise of pretending to repre-

several different forms and may sent official U.S. government agen-

This latest twist to the scam uses a variety of official-sounding tice consumers to divulge their ac-

Whatever agency names are

won a significant amount of money and all they need to do to get this cash is to send some money up-front to pay "taxes and fees."

Here are some important tips to remember:

You do not have to pay for something you have won (taxes, handling charges or custom clearance fees, for example). If they really had millions of dollars to transfer to you, why would they need your money for fees in advance?

Do not give your bank account number or credit card number to a caller you do not know. They generally ask for the routing number sion, 1800 G Street N.W., Room from your checks — if given these 942, Washington, D.C. 20223.

cess to your checking account.

Beware of callers requesting money to be sent via wire service or overnight courier. This is a quick, easy and anonymous way for scam artists to "take the money and run," as well as to avoid mail fraud.

The only legal lottery a consumer may participate in, within the State details have been changed, the of Kansas, is the state-run Kansas Lottery

If you have lost money or have been contacted by telephone or mail regarding this scheme, you may file a complaint with the U.S. Secret Kline, Consumer Protection Divi-Service, Financial Crimes Divi-

solicitation like the one's already described here, you should destroy or delete it and then warn your friends and family members, too.

Attorney General Phill Kline offers this public service to help you avoid becoming a victim of consumer fraud. Although some of the cases appearing in this column are based on actual complaints or questions.

For information or to file a complaint, write Attorney General Phill sion, 120 SW 10th Ave., Second Floor, Topeka, Kan. 66612, or call the toll-free Consumer Hotline, 1-

If you do receive a letter or e-mail 800-432-2310.

Caring for dying is part of life of a community

"Just as dying is part of the life of an individual, and part of the life and history of a family, caring for those among us who are dying is part of the ongoing life of the community," said Dr. Ira Byock.

Despite the rapid growth of the field of hospice and palliative medicine during the last decade, many access to quality palliative care services.

Bevond demonstrated deficiencies in end-of-life care, numerous studies have highlighted the prominent "fragmentation" of medical care as seriously ill patients are chaotically shuffled amongst varied providers and institutions. Such care can be confusing and frustrating for patients and families, and the lack of "big picture" clarity results in undue chaos, fear and anxiety.

Many are trying to better coordi-



end-of-life care. Critical studies had vices. demonstrated that the provision of palliative care results in improved for the development of new systems pain and symptom relief and increased patient and family satisfaction.

There are initiatives to improve hospice utilization in nursing sential components of good medihomes. These efforts could reduce cal care. some of the "fragmentation" endured by many with advanced ill- vided comfort, compassion and

illness is evolving. The aim is to 1982. The hospice interdisciplinary nate the growing clinical services provide all seriously and terminally team includes the physician, nurse,

services inc. the home, clinic, nurshospital or

Such efforts will serve as a model of care for patients with advanced illness and ultimately promote compassionate communication and the relief of human suffering as es-

Hospice Services Inc. has proquality end-of-life care in north-The care of patients with advance west and north-central Kansas since

Comedian to perform this month in Oberlin

28, at the Morgan Theater of The all points in between. Gateway in Oberlin.

colleges and clubs across the country with great response for over 20 years.

He describes his style as laidback style and down-home. A country boy dealing with the hazards of modern life, he offers a common-

Sam Griesbaum, a stand-up co- life for most of his humor, discuss- and Black Hawk Charlie. median, will appear at 6:30 p.m. ing family, farming, hunting, fish-Mountain Time on Saturday, Jan. ing, politics, kids, married life and Showtime's National Lampoon

The comedian has shared the Evening at the Improv,: Comedy Mr. Griesbaum has performed at stage with country acts, including Central, TNN's Statler Brothers the Oakridge Boys, Brooks and Show, TNN's "Comedy Round-Dunn, Louise Mandrel, Patty up", TNN's "Music City Tonight Lovelace, Reba McIntire, the Sons with Crook and Chase," and of the Desert, Toby Keith, Marty TNN's "Prime Time Country." Stewart, Tracy Lawrence, Aaron Tippin, Tim McGraw, John Humanities season ticket event or Michael Montgomery, REO Speed- at the door. For details, call Ella sense approach to problems and wagon, Pride, Collin Raye, the Betts (785) 475-3557 or Mary strange situations. He draws on real Nitty Gritty Dirt Band, Lone Star Henzel, (785) 475-3329.

He has appeared on: comedy special, A&E's "An

Admission is an Oberlin Arts and

ill patients - social worker, pastor and volunwhether teers working with the person and cared for at family.

Written by Sandy Kuhlman, executive director of Hospice Services ing home, Inc., Box 116, Phillipsburg, Kan. 67661. Contact her or Julia other venues Schemper at 800-315-5122. Hos-– access to pices serves northwest and patients with advanced illness lack and education initiatives around interdisciplinary palliative care ser- northcentral Kansas and has been providing end-of-life care for more than 23 years.



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matters of record

Real Estate

The following real estate transactions were reported by the Sherman Goodland. County Register of Deeds:

and 7 and N/2 Lot 8, Block 16, Block 26, Beahm's Addition to the Second Addition to the City of City of Goodland.

J. Kendall Cooper and Jacque Cooper to Leo Walz, S/2 of Lot 5 Block 30, Second Addition to the S. Cooper to Leo Walz, Lots 6 less N8.5' of the E51' and all Lot 6, City of Goodland.

J. Kendall Cooper and Jacque S. J. Kendall Cooper and Jacque S. Cooper to Leo Walz, Lots 7 and 8,

Natural Foods, Vitamins, Massage Therapy, Acupuncture & More

Natural Living Cottage & Wellness Center 314 14th Street, Burlington, Co. 719-346-4681