

student news

Brian James Coon, a 2002 Goodland High School graduate, was on the fall semester honor roll at Emporia State University. Students in the top 10 percent of their class were eligible. Coons is a senior at the university.

business news

Richard and Alicja Tkacz, owners of the Goodland KOA Kampground, received the franchise's President's Award for their outstanding facility and operation. The award recognizes campgrounds that receive exceptional scores on their quality assurance facilities review, for being a positive part of the franchise's system and for overall satisfaction on their annual camper satisfaction surveys.

birthday

Elmer Duell will celebrate his 88th birthday Monday, Jan. 30, 2006. Send cards to him at 1518 Caldwell, Goodland, Kan. 67735.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1-5 p.m. Wednesday-Sunday**. "Nifty '50s Photograph Collection" is on display from **9 a.m.-5 p.m. Monday-Friday** and from **9 a.m.-4 p.m. Saturday** at the High Plains Museum, 1717 Cherry Ave.

The **Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday**. There is no gallery display this month. Elementary art will be on display starting Sunday, Feb. 5.

The **Goodland Public Library** will have **story time** for 3-5-year-olds at **10 a.m. Wednesdays and Thursdays**. **Born to Read** for children birth to age 3, accompanied by an adult, will be at **10 a.m. Fridays**. **Prairie Piecemakers Quilt Guild** will meet at **6 p.m. the second Thursday** of each month at "The Rock House," 326 E. 6th in Goodland. Call Cora House at 899-2619, Joan Reid at 890-7301 or Carol Tupper at 890-5955.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Diabetes Support Group meets at **7 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

Aerobics Classes - 5:30 and 7:30 a.m. aerobics classes are offered **Monday, Wednesday and Friday** at the Goodland Activities Center. Yoga is offered at **8:30 a.m. Wednesday**. Call 890-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** at North Elementary School. Weigh-in is at 5 p.m.

Alcoholics Anonymous S.O.S. Group holds open meetings at **7 p.m. Mondays** at the Trinity Lutheran Church, Seventh and Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday**, a closed meeting with Al-Anon, **Wednesday**, the book meeting, and

the calendar

calendar

The **Sherman County Health Fair** will be from **8-11 a.m. Saturday, Feb. 4**, at the Goodland Activities Center.

Mothers of Preschoolers (MOPS) will meet at **6 p.m. Monday, Feb. 6**, at the First Christian Church, Eighth and Arcade. The Five-Star Family Topic is "Love," just in time for Valentine's Day. There will be a panel of experienced couples who will answer questions and give tips from when they were raising preschoolers. Child care is provided.

SHARE sign up for the February distribution of food will be until **Monday, Feb. 13**, at the Sherman County Health Department, the Regional Prevention Center or the Kanorado Senior Center. Pick up will be **Saturday, Feb. 25**, for the January distribution.

school calendar

Today: Black day. Show choir competition 8 a.m. in the high school auditorium. Boys/girls varsity, junior varsity and freshman basketball 3:45 p.m. at Decatur Community High School. Varsity and junior varsity wres-

ting vs. Decatur Community High here.

Saturday: Varsity wrestling, Northwest Kansas League tournament, here. Show choir competition 8 a.m. in the high school auditorium.

Sunday: All-Star Volleyball in the Max Jones Fieldhouse.

Monday: Boys/girls junior varsity basketball 5 p.m. in Colby. Goodland Activities Center youth basketball in the high school gym.

Tuesday: Black day. Seminar — AFS. National Honor Society interviews 4 p.m.

Wednesday: Gold day. Bank Day-all elementary schools. FCCLA District A Star Events at Oakley. Professional Development Council meeting at Central Elementary. City/county recreation.

Thursday: Black day. Seminar — DECA and FCS. Varsity scholars bowl, Regional Scholars Bowl, 3:45 p.m. Boys/girls junior varsity basketball tournament in Colby.

Friday, Feb. 3: Gold day. Boys/girls varsity, junior varsity and freshman basketball at St.

Francis.

Saturday, Feb. 4: Regional Pi-ano Festival. Boys freshman basketball at Greeley County High School. Junior varsity wrestling tournament 8 a.m. here.

school menu

Monday: Chicken and noodles, mashed potatoes, broccoli, dinner roll, peach crisp and milk.

Tuesday: Pizza, lettuce salad, corn, cake and milk. **Wednesday:** Hamburger gravy, mashed potatoes, green beans, dinner roll, Jell-o and milk. **Thursday:** Cooks' choice. **Friday:** Corn dogs, french fries, pickle spear, peaches and milk.

senior center menu

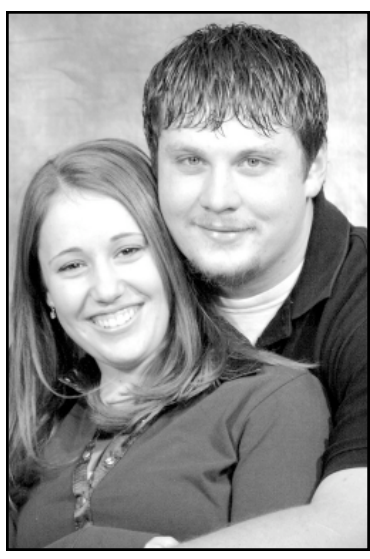
Monday: Tuna noodle casserole, Mexicali corn, peaches, bread and brownies. **Tuesday:** Chili, glazed carrots, citrus slices, crackers and cinnamon roll. **Wednesday:** Oven baked chicken, mashed potatoes and gravy, cook's choice fruit, dinner roll and mixed vegetables. **Thursday:** Sloppy joes, broccoli, pasta salad, bun and rosy applesauce. **Friday:** Liver and onions, creamed potatoes, peas, bread and mixed fruit.

March wedding planned

Brittney Nicole Joy Redlin and Matthew Lee Heiter, both of Goodland, plan to marry Saturday, March 18, 2006, at the Goodland First Christian Church. The Rev. Ted Amos will be officiating.

The bride-elect's parents are Chuck and Janet Redlin of Goodland, and the prospective groom's are Michelle Heiter of Goodland and Tom Heiter of Salina. Leonard and Wilma Young and Esther Redlin, all of Goodland, are her grandparents. Shirley Jolly of Hugo, Colo., Gene Jolly of Stratton, Neb., and Kay Meinke of Goldfield, Iowa, are his.

The bride-elect has an Associate



Redlin and Heiter

Degree in photography. She works at the Blossom Shoppe and runs Brittney's Photography. The prospective groom is attending North Central Kansas Technical College in Beloit. He is working toward an Associate Degree in diesel technology.

Baby girl adds to family tree

Madison Nicole Laubach was born at 9:30 a.m. Saturday, Jan. 14, 2006, at Wesley Medical Center in Wichita. She weighed 6 pounds, 6 ounces, and was 19 inches long.

She is the first child of Casey and Melinda Laubach. Her grandparents are Richard and Diane Schwasinger of Goodland, Matt and Marcia Worley of Rogers, Ark., and John Laubach of Portland, Ore.



Madison Nicole Laubach

obituaries

Marnie Unger

Marnie Unger, 86, Oberlin, mother of Sue Olson of Goodland, died Wednesday, Jan. 25, 2006, at the Decatur County Good Samaritan Center.

She was born Dec. 27, 1919, in Oberlin, the daughter of James Franklin and Jessie (Wilson) Garver, and was raised in the Oberlin area.

She graduated from Decatur Community High School in 1937 and from Fort Hays State University with a degree in education.

On Feb. 21, 1941, she married Ernest John Paul Unger at St. John's Lutheran Church. They lived on a farm nine miles west of Oberlin. He preceded her in death on Feb. 10, 1997, and she moved to town in 2001.

Unger was a member of the Faith Lutheran Church.

Also preceding her in death were her parents; two brothers, Ray and Virgil Garver; and a sister, Mary McDougal.

Other survivors include three sons, Roy Unger and Evan (Cheryl) Unger, both of Oberlin, and Lemoin (Connie) Unger of Little Rock, Ark.; a brother, Rex Garver of Belle Vista, Ark.; a brother-in-law, Albert Unger of Oberlin; a sister, Peggy May of Georgia; a sister-in-law, Rita Garver of Oberlin; 12 grandchildren; and 22 great-grandchildren.

Services will be at 9:30 a.m. Mountain Time Saturday, Jan. 28, 2006, at the Faith Lutheran Church with the Rev. Charlotte Strecker-Baseler officiating. Burial will follow in the Oberlin Cemetery.

Visitation will be from 8 a.m.-8 p.m. today at Paul's Funeral Home in Oberlin and from 8 a.m. until the service time Saturday at the church.

Memorials may be made to the Faith Lutheran Church in care of the funeral home, 121 N. Penn, Oberlin, Kan. 67749.

Ramon L. Fisher

Ramon L. Fisher, 75, Goodland, a retired appliance repairman, died Friday, Jan. 20, 2006, at the Goodland Regional Medical Center, where he had been a patient for three days.

He was born April 7, 1930, in Cardston, Alberta, Canada, the son of Neff and Erma (Skipworth). He served in the Army during the Korean War and received three Bronze stars and the Purple Heart.

On Feb. 22, 1952, he married Thelma Summers in Grainfield. They moved to Goodland in 1967, where he was an appliance repairman for Caldwells for many years.

Preceding him in death were his parents, his wife, and a son, David.

Survivors include four sons, Raymond (Marlene) Fisher, James Fisher, Gary (Brenda) Fisher and Kenneth (Sylvia) Fisher; three daughters, Mary (Juan) Yanez, Katherine Kufahl and Sheri (Gabriel) Arroyo; three brothers, Phillip, James and Morgan; three sisters, Joy, Thelma and Gloria; 23 grandchildren; and 24 great-grandchildren.

Services were held Tuesday, Jan. 23, 2006, at Bateman Funeral Home. Burial followed at the Goodland Cemetery with military honors by Fort Riley.

Memorials may be made in care of the funeral home, Box 278, Goodland, Kan. 67735. The family will decide their use later.

Happy 10th Anniversary

Newton!

Play is essential part of child development

Play is an essential part of child development, helping to build communication and social skills, aesthetic appreciation, creativity and problem solving.

Board games help children and youths learn the basic skills of getting along with others, following rules and sportsmanship, including how to be a gracious loser.

Outdoor play adds the elements of fresh air an exercise. There is some concern nowadays that too much television watching, video games and computer time is reducing children's time for the kind of play that is needed for good cognitive development and social skills.

There are studies that indicate that play is a significant factor, particularly from birth to age 8, in brain and muscle fiber development, in the creation and development of consciousness and the ability to think reflectively.

Such studies also contend that



high plains mental health

- plain sense

children who are deprived of play are more likely to exhibit aggressive and antisocial behaviors and tend to be prone to obesity. An inability to engage in play can result in behavioral instability, unhappiness and a lack of mental well-being in children.

The impact and experience of play is long-term: following rules, getting along with others and learning to deal with disappointment are necessary components of healthy adulthood.

So what can parents do to insure needed play time for children? Play needs to begin in infancy with simple toys and interactions. Toddlers can be taught to stack blocks

and pull toy cars, while at the same time learning to share with others and how to try, try again, when things don't go as expected.

As children get older, parents need to encourage participation in play activities in addition to computer and video games, such as card and board games, backyard/neighborhood sports and supervised rec-

reational sports.

Contributed by Karen Beery, manager, Consultation and Education Department. The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 E. Seventh, Hays, Kan. 67601. Internet site: www.highplainsmentalhealth.com.

ANNUAL MEETING
Sherman County
Historical Society

Saturday January 28
1:30 p.m. Public Library Meeting Room

Program:
Possible New Museum Building
Light Refreshments

Our Lady of Perpetual Help
Catholic Church
Goodland, Kan.

"Disciples in Mission"
Small faith sharing groups sign-up
Jan. 28-29 and Feb. 4-5

Sign up at the weekend Masses or call Yvonne Koehler at 899-0059 or Barb Winston at 899-5353.

You're encouraged to sign-up for the valuable Lenten experience. Groups will be meeting during Lent - Approximately February 26th though April 9th.

Jan 27 - Feb 2
Yours, Mine, & Ours
(PG)
PG: Mild, crude, humor.

Bring this AD to the theatre for \$1 OFF on a large popcorn & 2 med drinks
EXP. 12/31/06

Nightly 7:00
Sunday Matinee 1:30
Movie Bucks Make Great Gifts!
www.goodlandnet.com/movies

Sherman
1203 Main - Phone 899-6103

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