

# Silence leaves regret

DEAR ABBY: Your recent references to the National Domestic Violence Hotline moved me very much. I have read Dear Abby for many years, and have seen many letters from women who say they can't leave their husbands or go to the police.

I was married last October. The only family I had left in the world attended — my awesome older sister, “Karen,” and her two kids, along with her husband, “Jack.” After we returned from the honeymoon, Karen informed me that things had been heated and abusive with Jack for quite some time, so she was moving out. I was shocked. I loved her husband. Never in a million years would I have thought that of him. He seemed so laid-back — but Karen was scared. She said he had threatened to kill her numerous times, but she didn't want to involve the police.

My wedding was the last time I ever saw or held my big sister.

On Nov. 11, Jack tied her up and shot her, then himself, killing both of them. There are no words to describe the hole I feel in my heart. My only family is gone, and at the hands of someone I never thought would be capable of violence.

Abby, PLEASE urge your readers who are caught up in abusive relationships not to end up like my sister. I know they are scared, but the police



## abigail van buren

• dear abby

are there to protect them. I wish now that I had made Karen go to the police or called them myself. Instead, I'm left trying to explain to their kids how this could happen. Please, people, get help before it is too late. If she had, my sister would be here today and her children would not be motherless. — GRIEVING IN TEXAS

DEAR GRIEVING: Please accept my most profound sympathy for the tragic and untimely loss of your sister. It's understandable that you are left wracking your brain for answers as to how this could have been averted.

However, I urge you not to torture yourself with “if onlys.” Your sister's husband, the “laid-back” Jack, appears to have been a clever psychopath, and my experts tell me that the most dangerous time for victims of spousal abuse is when they announce they are leaving. That is why I urge these people, once they have made the decision to go, to contact the National Domestic Violence Hotline. (The number is (800) 799-7233. TTY:

(800) 787-3224.) The people who work the hotline can help victims to formulate a safe plan of escape — which, I'm sad to say, is sometimes absolutely necessary.

If you haven't already done so, I hope you will look into some professional counseling for your sister's children. The trauma of losing their parents will take time — and work — to process. You are all in my prayers.

DEAR ABBY: I am in the process of going through a divorce. He is with someone else now, and they are having a baby. My soon-to-be ex-husband and I still talk. Every time we do, he asks me if I still want to have sex with him.

I still love him, but I am no longer in love with him. What should I tell him when he asks if I still want to have sex with him? — WONDERING IN HAYSVILLE, KAN.

DEAR WONDERING: Tell him NO!

DEAR ABBY: My in-laws are creating a family newsletter and including the birth dates and anniversaries for all family members. Is it proper etiquette to include the ages of the adults? — HAPPY AT 39

DEAR HAPPY AT 39: Not if the person requests that the information be omitted.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

## FEBRUARY 21, 2006

## TUESDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30
E S		E = Eagle Cable				S = S&T Telephone					
36 47	A&E	Murder on the Tracks (TVPG)		Dog Bounty (TVPG)	Dog Bounty (TVPG)	Airline (TVPG)	Airline (TVPG)	Crossing Jordan: Fire from the Sky (HD)		Murder on the Tracks (TVPG)	
4 6	ABC	According to Jim (HD)	Rodney (N) (HD)	According to Jim (HD)	George Lopez (HD)	Boston Legal: Live Big (TV14) (N) (HD)		KAKE News (35) Nightline at 10	(05) Jimmy Kimmel (TV14)		
26 54	ANPL	The Natural World: Hammerhead (TV G)		The Most Extreme: Appendages (TV G)		Profiles of Nature: Wild Superpowers (TV G)		The Natural World: Hammerhead (TV G)		The Most Extreme: Appendages (TV G)	
63 67	BRAVO	Inside the Actor's Studio: Robin Williams		Kathy Griffin: Allegedly Kathy Griffin slams celebrities.				Queer Eye: Send in the Clowns: Michael L.		Outrageous Kathy Griffin	
7 11	CBS	Cold Case: Committed (TVPG) (R) (HD)		“Terminator 3: Rise of the Machines” (‘03, Sci-fi) ★★ Arnold Schwarzenegger. (R) (HD)				Eyewitness News	The Late Show with David Letterman (HD)		Ferguson (TV14) (N)
55 42	DISC	MythBusters: Stinky Car (TVPG)		Dirty Jobs: Micro Algae Man (TV14)		Stunt	Survivor (TVPG)	Deadliest Catch: Man Over- board (TVPG)		MythBusters: Stinky Car (TVPG)	
33 56	DISN	Kim: Ron the Man (TVY7)	So Raven (TVY7)	Sister (TV G)	The Suite (TVY7)	Phil (TVY7)	So Raven (TVY7)	“Recess: School's Out” (‘01, Animated) The eternal winter laser beam plot.		(01, Animated) The eternal winter laser beam plot.	
49 66	E!TV	Sexiest Bodies		Sexiest Bodies		Gastineau	GB	Saturday Night (TV14)		Sexiest Bodies	
22 28	ESPN	⊗ Basketball (Live)		⊗ Basketball (Live)				⚡ SportsCenter (HD)		Fast Break	Outside
23 29	ESPN2	⊗ (5:30) Basketball (Live)		⊗ NBA Coast from Bristol, Conn.				Quite from New York		Knight Sch	
32 58	FAM	“The Parent Trap” (‘98) ★★ Twins conspire to reunite their parents.						The 700 Club		Home Video	Home Video
35 -	FMC	“That Thing You Do!” (‘96, Comedy) ★★		“The Rose” (‘79, Drama) ★★		Bette Midler. (R)		“That Thing You Do!”			
53 45	FOOD	Emeril Live: Pacific Rim Cuisine (TV G)		Hot & Spicy Fiesta with Bon Appetit (TV G)		\$40 a Day	\$40 a Day	Iron Chef: Battle Ray Sea ray battle. (TV G)		Emeril Live: A Taste of Hong Kong (TV G)	
13 7	FOX	American Idol The 12 female semifinalists perform. (TV G) (N) (HD)				Fox Report		Blind Date (TVPG)	Blind Date (TVPG)	Maury (TVPG)	
27 25	FX	King	King	70s	70s	“X2” (‘03, Action) ★★		Heroes battle evil government agent. (PG-13)			
30 27	FXSP	Boxing	D. Costa	Dance	Monte Carlo		Best Sports		Spotlight	List	BDSSP
- 60	HALL	Walker: Reel Rangers		“The Seventh Stream” (‘01) Seal-woman.		MASH	MASH	MASH		MASH	MASH
5 -	HBO	“Liberty” (‘04) (HD)	“Independence Day” (‘96) Will Smith. An alien invasion fleet de- pends upon the Earth on a mission of genocide.			“Assault on Precinct 13” (‘05, Action) ★★½ Cor- rupt cops attack police station. (R)					
62 44	HGTV	Designed	Remix	Decorating	Mission	House Hunt	Buy Me	My Parents	Designer	Designed	Remix
58 48	HIST	Dangerous Missions: Ice Road Truckers		Man Moment Freeing Ku- wait. (TVPG)		Modern Marvels: Bombs (TVPG)		Modern Marvels: Bullet- proof (TVPG)		Dangerous Missions: Ice Road Truckers	
25 38	IND	Friends	Friends	Sex & City (TVMA)	Sex & City (TVMA)	Seinfeld (TVPG)	Seinfeld (TVPG)	“Bait” (‘00) Petty crook is unknowingly used by the feds as bait to catch a high-tech thief.			
18 63	LIFE	“Homecoming” (‘96)		“It Runs in the Family” ★★ Family reconciles.		Will (HD)	Will (HD)	Gold Girls		Gold Girls	
54 74	MTV	MADE	Date My	Parental	Room Raid	Direct Effect (TVPG)	Pimp My	Pimp My	N. Cannon		N. Cannon
3 9	NBC	9 News (N) Olympic Zone		Winter Olympics	Figure skating, bobsledding, speedskating (HD)					9 News (N) (HD)	
8 8	NBC	Winter Olympics	Figure skating, bobsledding, speedskating (HD)					KSN News at 10 (HD)		Winter Olympics	
34 55	NICK	Sponge	Guide	Full House	Hi-Jinks	Roseanne	Roseanne	Roseanne	Cosby	Bel-Air	Bel-Air
2 2	PBS	Nova: The Ghost Particle (N) (HD)		Slavery & America: Seeds of Destruction		Frontline: The Insurgency (N)		BBC World News	Hardware: Nude	Charlie Rose (N)	
38 71	SCIFI	“Blood Surf” (‘00) ★		“Octopus” ★★ Mutated octopus attacks sub.		“Deep Shock” (‘03) ½ Giant eels attack. (R)					
61 72	SPK	Exposure (TV14)		Police (TV14)		CSI: (TVPG)		CSI: Big Middle		CSI: Compulsion	
39 43	TLC	While You: Chicago: A Pas- sion for Reading		Martha (TV G)		Rides: Tonight's Ride (TV G)		Overhaul'n: Willey & the Road Runner		Overhaul'n: Neighborhood Watching (TV G)	
28 40	TNT	Law & Order (HD)		Law & Order (HD)		Closer (TV14)		Cold Case (TVPG)		The X-Files: Demons	
51 49	TRAV	Taste	Taste	Made	Made	RV Crazy! (TV G)		Taste	Taste	Made	Made
21 59	TVLND	Prairie: Dark Sage		Griffith	Sanford	Times	Times	Happening	Cheers	Court	Sanford
67 79	UNIV	Contra viento y		Alborada		Vecinos		Primer imp	Noticiero	La hora Derbez	
20 37	USA	Law & Order (HD)		“Johnny English” (‘03) ★★ Inept British agent.		Law & Order (HD)		Law & Order (HD)		Law & Order (HD)	
12 3	WB	Friends (TV14)	Raymond: Raybert	“Final Destination 2” (‘03, Horror) ★ All Lar- ter. Two women battle the Grim Reaper. (R)				WB2 News at Nine (N)	Sex & City (TV14)	Will: Sour Balls	
99 39	WGN	DaVinci's (TV14)		DaVinci's (TV14)		WGN News at Nine		Sex & City	Becker	Home Videos	

## FEBRUARY 23, 2006

## THURSDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30
E S		E = Eagle Cable				S = S&T Telephone					
36 47	A&E	First 48 Burned corpse. (TVPG)		First 48 Kansas City killer. (TVPG)		Dallas SWAT (TV14)		Crossing Jordan: A Stranger Among Us (HD)		First 48 Burned corpse. (TVPG)	
4 6	ABC	Dancing with the Stars Eighth-round competition. (TVPG)		Crumbs (N) (HD)		Primetime (N)		KAKE News (35) Nightline at 10	(05) Jimmy Kimmel (TV14)		
26 54	ANPL	All New Planet's Funniest Animals (TV G)		All New Planet's Funniest Animals (TV G)		Miami Animal Police: Battle to Live (TVPG)		All New Planet's Funniest Animals (TV G)		All New Planet's Funniest Animals (TV G)	
63 67	BRAVO	“The Doors” (‘91, Drama) of the lead singer of the 60's Rock group the Doors.		★★½ Val Kilmer, Meg Ryan. Portrait		Outrageous		Project Runway: Reunion Designers reunite.		Project Jay Emmy nomi- nated.	
7 11	CBS	Survivor Exile: Starvation and Lunacy (N)		CSI: Crime Scene Investi- gation (R) (HD)		Without a Trace: Viuda Negra (R) (HD)		Eyewitness News	The Late Show with David Letterman (HD)		Ferguson (TV14) (N)
55 42	DISC	Tank School Mastering the M1-A1. (TVPG)		Anatomy Of... Anatomy of a Stryker (TVPG)		Stealth Secrets Next gen stealth. (TV G)		Extreme Engineering: Container Ships		Tank School Mastering the M1-A1. (TVPG)	
33 56	DISN	Kim: Hidden Talent (TVY7)	So Raven (TVY7)	Sister (TV G)	The Suite (TVY7)	Phil: Dinner Time	So Raven (TVY7)	“The Color of Friendship” (‘00, Drama) Family faces racism. (NR)		Emperor's (TV G)	
49 66	E!TV	Sexiest Bodies		Sexiest Bodies		GB	Gastineau	Saturday Night (TV14)		Sexiest Bodies	
22 28	ESPN	⊗ Basketball (Live)		⊗ Basketball (Live)				⚡ SportsCenter (HD)		BB Tonight	Outside
23 29	ESPN2	Team Cmpn	Team Cmpn	⊗ Basketball (Live)				Quite from New York		Knight Sch	
32 58	FAM	“The Adventures of Pluto Nash” (‘02)				Line	Line	The 700 Club		Home Video	Home Video
35 -	FMC	“Worth Winning” (‘89) ★ Mark Harmon.		“The Pick-Up Artist” (‘87) ★★ Molly Ringwald.		“Making Love” (‘82)					
53 45	FOOD	Emeril Live: College Cooking (TV G)		Challenge: Chocolate Festi- val Fantasies		Iron Chef America: Batali vs. Murphy (TV G)		Iron Chef: Michiba Spot- light (TV G)		Emeril Live: International Beef (TV G)	
13 7	FOX	American Idol (TV G) (HD)		Skating with Celebrities (TVPG) (R)		Fox Report		Blind Date (TVPG)	Blind Date (TVPG)	Maury (TVPG)	
27 25	FX	70s	70s	King	King	70s	70s	Cops	Cops	Cops	Cops
30 27	FXSP	Barber.		College Bball	California at Washington State		⊗ College Basketball	Stanford at Washington		BDSSP	
- 60	HALL	Walker (TVPG)		“Skylark” The new family faces a drought.		MASH	MASH	MASH		MASH	MASH
5 -	HBO	“Elektra” (‘05, Action) ★★ Resur- recting assassin protects girl. (HD)		(45) “Selena” (‘97, Drama) ★★½ A talented young singer's rise to super-stardom is cut short by her murder. (HD)				“Haze and Seek” (‘05) Bi- zarre occurrences.			
62 44	HGTV	1st Place	reDesign	Divine	Challenge	House Hunt	House Hunt	Design	Big Style	1st Place	reDesign
58 48	HIST	Meteors: Fire in the Sky: Part 2 (TVPG)		Giganto: The Real King Kong (TVPG)		Declassified: Radical Ameri- ca, Left & Right		Zero Hour: Massacre at Columbine High		Meteors: Fire in the Sky: Part 2 (TVPG)	
25 38	IND	Friends	Friends	“Exit Wounds” (‘01, Action) ★★ Steven Seagal, DMX. Detective cleans up corrupt precinct.				(10) “Lethal Weapon” (‘87, Action) ★★ Mel Gibson. A retiring cop gets a new partner. (R)			
18 63	LIFE	“Heart of Strg.” (‘02)		“Ambulance Girl” Woman becomes EMT.		Will (HD)	Will (HD)	Gold Girls		Gold Girls	
54 74	MTV	MADE	Date My	Parental	Room Raid	Direct Effect (TVPG)		The Shop	The Shop	True Life	
3 9	NBC	9 News (N) Olympic Zone		Winter Olympics	Figure skating, skiing, snowboarding (HD)						
8 8	NBC	Winter Olympics	Figure skating, skiing, snowboarding (HD)					KSN News at 10 (35) Olym- pics (HD)			
34 55	NICK	Sponge	Romeo!	Full House	Bel-Air	Roseanne	Roseanne	Roseanne	Cosby	Bel-Air	Bel-Air
2 2	PBS	Sunflower Journeys: Birds and Butterflies		This Old House Hour (TV G) (N)		Antiques Roadshow: Los Angeles, CA (N)		BBC World News	Appearance	Charlie Rose (N)	
38 71	SCIFI	“Among Us” (‘04)		“H.G. Wells' War of the Worlds” (‘06) ★½		“Alien Siege” (‘05) ★ Aliens demand lives. (NR)					
61 72	SPK	Exposure (TV14)		Police (TV14)		CSI: A Little Murder		CSI: Crime: 4 x 4	MXC	Serpentine	
39 43	TLC	While You: Madison: Nadia Sees Red!		Martha (TV G)		Now See This! (TVPG)		It's Not Easy Being a Wolf Boy (TV G)		The Man Whose Arms Ex- ploded (TVPG)	
28 40	TNT	⊗ NBA Basketball (Live)		⊗ NBA Basketball (Live)				⊗ NBA Basketball (Live) (HD)			
51 49	TRAV	Vac. Homes	Vac. Homes	Flight	Flight	Weddings: Episode 4		Vac. Homes	Vac. Homes	Flight	Flight
21 59	TVLND	Prairie (TV G)		Griffith	Sanford	Times	Times	Happening	Cheers	Court	Sanford
67 79	UNIV	Premio Lo Nuestro 2006						Primer imp	Noticiero	La hora Derbez	
20 37	USA	Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		PGA Tournament from Tucson, Ariz. (Taped)			
12 3	WB	Friends (TV14)	Raymond: Tissues	“Just Married” (‘03, Comedy) Young newlyweds have a disastrous honeymoon in Europe.				WB2 News at Nine (N)	Sex & City (TV14)	Will (TV14)	
99 39	WGN	“Dangerous Beauty” Ambition versus love				WGN News at Nine		Sex & City	Becker	Home Videos	

# Sports television schedule

Tuesday	
12 p.m. USA	2006 Olympic Winter Games Men's Ice Hockey: USA vs Rus- sia from Torino, Italy
12:30 p.m. ESPN2	UEFA Champions League 1/8th Finals, Leg 1 Real Madrid CF vs Arsenal from Madrid, Spain
2 p.m. ESPN SportsCenter	At the Accenture Match Play Championship from Carlsbad, CA
4 p.m. ESPN SportsCenter	from Bristol, Conn.
5 p.m. ESPN College Basketball	Illinois Fighting Illini at Michigan Wolver- ines from Crisler Arena
7:30 p.m. ESPN2	NBA Coast to Coast from Bristol, Conn.
9 p.m. ESPN SportsCenter	from Bristol, Conn.
6 a.m. USA	2006 Olympic Winter Games Curling: Women's Gold - Medal Final from Torino, Italy
8 a.m. ESPN2	Cold Pizza from New York
Wednesday	
11:30 a.m. ESPN SportsCenter	At the Accenture Match Play Cha-mpionship from Carlsbad, CA
12 p.m. ESPN PGA Tournament	Accenture Match Play Championship: First Round from Carlsbad, Calif.
12:30 p.m. ESPN2	UEFA Champions League 1/8th Finals, Leg 1 Chelsea Blues vs Barcelona FC (SPA) from London
1 p.m. USA	2006 Olympic Winter Games Hockey: Men's Quar-terfinal from Torino, Italy
4 p.m. ESPN SportsCenter	from

## WEDNESDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30
E S		E = Eagle Cable				S = S&T Telephone					
36 47	A&E	Dog Bounty (TVPG)	Dog Bounty (TVPG)	Inked (TVPG)	Inked (TVPG)	Biography: Simon Cowell "Idol" judge. (TV G)		Crossing Jordan: Neces- sary Risks (HD)		Dog Bounty (TVPG)	Dog Bounty (TVPG)
4 6	ABC	George Lopez (HD)	Freddie (N) (HD)	Lost: Pilot Episode (TV14) (R) (HD)				KAKE News (35) Nightline at 10	(05) Jimmy Kimmel (TV14)		
26 54	ANPL	Horse Power: Road to the Maclay (TV G)		Little Zoo: Hurricane Dennis and Katrina		Miami Animal Police: Mid- night Walker		Horse Power: Road to the Maclay (TV G)		Little Zoo: Hurricane Dennis and Katrina	
63 67	BRAVO	Project Runway: Make- over		Project Runway: What's Your Line		Project Runway: Reunion Designers reunite.		Project Jay Emmy nomi- nated.		Project Runway: Reunion Designers reunite.	
7 11	CBS	Still Standing (HD)	Still Standing (HD)	Criminal Minds: Blood Hun- gry (TV14) (R) (HD)		CSI: NY: City of the Dolls (TVPG) (R) (HD)		Eyewitness News	The Late Show with David Letterman (HD)		Ferguson (TV14) (N)
55 42	DISC	Superships (TV G)		MythBusters: Is Yawning Contagious?		MythBusters: Jet Pack (TVPG)		Dirty Jobs: Micro Algae Man (TV14)		Superships (TV G)	
33 56	DISN	Kim (TVY7)	So Raven (TVY7)	Sister: Prom Night	The Suite: Crushed	Phil (TVY7)	So Raven (TVY7)	“Peter Pan II: Return to Neverland” (‘02) Hook kidnaps Jane. (G)		Life Derek (TV G)	
49 66	E!TV	Sexiest Bodies		Sexiest Bodies		The Girls	The Girls	Saturday Night (TV14)		Sexiest Bodies	
22 28	ESPN	⊗ Basketball (Live)		⊗ NBA Basketball (Live) (HD)				⚡ SportsCenter (HD)		SportsCntr	
23 29	ESPN2	(5:30) College Basketball		Basketball		⊗ Basketball (Live)				Quite from New York	
32 58	FAM	“Dr. Dolittle” (‘98) ★★ Animals talk to Doc.		Line		Line		The 700 Club		Home Video	Home Video
35 -	FMC	“Sweet Revenge” (‘84, Made for TV) ★★ (NR)		“A Night in the Life of Jimmy Reardon” (R)				“Night and the City”			
53 45	FOOD	Emeril Live: Saluting the Dairy Farmers		Bash	Sugar Rush	Good Eats (TV G)		Ham on St.		Emeril Live: Emeril's Herb Garden (TV G)	
13 7	FOX	American Idol The 12 male semifinalists perform. (TV G) (N) (HD)				Fox Report		Blind Date (TVPG)	Blind Date (TVPG)	Maury (TVPG)	
27 25	FX	(4:00) “X2” (‘03) ★★		King	King	70s	70s	“The Order” (‘01, Action)		Man looks for father.	
30 27	FXSP	Boxing	Crush	Buffalo	Poker Superstrs		Best Sports		Crush Wkly	List	