

student news

Tiffany Elisse Schwasinger, daughter of Richard and Diane Schwasinger of Goodland, was on the dean's list at the University of Nebraska at Lincoln. She is a senior majoring in biological sciences in the university's College of Arts and Sciences. She had to earn at least a 3.7 grade point average to be on the list.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1-5 p.m. Wednesday-Sunday**. **"Nifty '50s Photograph Collection"** is on **display from 9 a.m.-5 p.m. Monday-Friday and from 9 a.m.-4 p.m. Saturday** at the High Plains Museum, 1717 Cherry Ave. The **Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Monday**. Elementary art will be on display today. **Bobbi Kerth**, a **WaKeeney** artist famous for her Santa paintings, will display her work in March. Her show will open with a gallery reception from 1-3 p.m. Sunday, March 5, and continue through Thursday, March 30.

The **Goodland Public Library** will have **story time** for 3-5-year-olds at **10 a.m. Wednesdays and Thursdays**. **Born to Read** for children birth to age 3, accompanied by an adult, will be at **10 a.m. Fridays**. **Prairie Piecemakers Quilt Guild** will meet at **6 p.m. the second Thursday** of each month at "The Rock House," 326 E. 6th in Goodland. Call Cora House at 899-2619, Joan Reid at 890-7301 or Carol Tupper at 890-5955.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Diabetes Support Group meets at **7 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

area events

Area ladies are invited to **Guest Night of the Hi-Plains Harmony Chapter of Sweet Adelines International**. It will be at **7:30 p.m. Central Time tonight at the Colby United Methodist Church**. There will be a door prize and refreshments.

The Kansas Department of Wildlife and Parks in cooperation with the Kansas Hunter Education Instructor's Association will present a **workshop for certified hunter education instructors**, guest hunter education instructors and potential instructors on **Saturday in Colby**. The topic is "Improving Presentation Skills for Hunter Education Classes," and the presenter will be Dave Oakes from Skillpath Seminars. It will be from **8:30 a.m.-5 p.m. Central Time** at the Colby Law Enforcement Center, 360 N. Franklin. Pizza will be provided for lunch. Drawings will be held for door prizes. There is no charge. To register, call Stacy at (800) 272-3488.

The Tumbleweed Chorus will perform **"Showboat"** at **2:30 p.m. and 7:30 p.m. Central Time Saturday** at the Cultural Arts Center/Frahm Theater in Colby. Guest quartets 12th Street Rag and U.S. Male will accompany the chorus along with its own Lasting Impressions quartet. Call (800) 279-8208 to buy tickets.

The University of Kansas Office of Admissions and Scholarships is inviting high school students from across the state to **"Hawk Talk" receptions** that will include information and prizes. A reception will be held from **6:30-8 p.m. Central Time Tuesday, March 14**, at City Limits in Colby. The event will provide students an opportunity to learn more about the university with representatives from its professional schools and other offices on hand to answer questions and give information about various departments. Refreshments will be provided. Those in attendance will be

the calendar

calendar

Bobbi Kerth, a **WaKeeney** artist famous for her **Santa paintings**, will display her work at the Carnegie Arts Center in March. Her show will open with a **gallery reception from 1-3 p.m. Sunday** at the center.

The **Pride of the Prairie Orchestra** will perform at **2 p.m. Sunday** in the Goodland High School auditorium. Admission is by Western Plains Arts Association season tickets or can be paid at the door.

Meals on Wheels needs someone to **deliver meals from 11 a.m.-noon on Sundays, March 5, 12 and 19, and Saturdays, March 18 and 25**. Call Ruth Soward at 899-2095 and leave your name and number.

An **Army recruiter** will be at the Harvesters Restaurant at the Howard Johnson Hotel from **11:30 a.m. to 12:30 p.m. on**

Wednesday, March 8, to let people know the opportunities and the new benefits of the Army.

SHARE sign up for the March distribution of food will be until **Monday, March 13**, at the Sherman County Health Department, the Regional Prevention Center or the Kanorado Senior Center. Pick up will be **Saturday, March 25**, for the March distribution.

school calendar

Today: Black day. Seminar — AFS. Sub-state basketball. Bullying workshop for students.

Wednesday: Gold day. Bank Day-all elementary schools. Sub-state basketball. State assessment testing window. Professional Development Conference meeting at Central Elementary. City/county recreation.

Thursday: Black day. Spring picture day-North Elementary. Seminar — FCCLA. Sub-state

basketball. State assessment testing window.

Friday: Gold day. Sub-state basketball. State assessment testing window.

Saturday: State DECA career development conference. Sub-state basketball. State assessment testing window.

school menu

Monday: Roast beef gravy, mashed potatoes, California blend vegetables, dinner roll, fruit crisp and milk. **Tuesday:** Pizza, lettuce salad, green beans, brownie and milk.

senior center menu

Wednesday: Salmon noodle casserole, stewed tomatoes, parsleyed buttered carrots, bread and fruit mix. **Thursday:** Hamburger steak, au gratin potatoes, pea salad, bread and peaches. **Friday:** Lemon baked fish, golden potatoes, corn O'Brien, bread and mandarin oranges.

Couple to marry in June

Abby Scheopner of Goodland and Derek Thrash of Rose Hill plan to marry Saturday, June 10, 2006, at St. Vincent De Paul Catholic Church in Andover.

She is the daughter of Joe Scheopner of Goodland, and he is the son of Glen and Carol Thrash of Rose Hill.

The bride-elect is a 2002 Goodland High School graduate and a 2005 graduate of Kansas State University with a degree in human resource management and operations management. He is a manager at Midwest Wholesale in Wichita.



Scheopner and Thrash

The prospective groom is a 2000 Rose Hill High School graduate and a 2005 graduate of Kansas State University with a degree in human resource management and operations management. He is a manager at Midwest Wholesale in Wichita.

obituaries

Earle O. Scott

Earle O. Scott, 82, Goodland, died Monday, Feb. 27, 2006. Bateman Funeral Home is handling the arrangements. A full obituary will follow.

Paul W. Shepherd

Paul W. Shepherd, 94, Kanorado, a jack of all trades, died Friday, Feb. 24, 2006, at his home.

He was born July 7, 1911, the son of George and May (James) Shepherd. He attended school in Kanorado, graduating in 1929. On Nov. 7, 1933, he married Eleanor Frost. She died in 1978.

On June 5, 1980, he married Viola Bandel. She died in 2002.

Shepherd was a farmer and windmill repairman and worked in the oil fields and for S and H Drilling, Ill.; a brother, James Shepherd of Oklahoma; two grandchildren; and three great-grandchildren.

Graveside services will be at 11 a.m. Thursday, March 2, 2006, at the Kanorado Cemetery. A luncheon will follow at the Kanorado

Senior Center. Mr. Shepherd had requested casual or work attire.

In place of flowers, memorials may be made to the Kanorado Senior Center in care of Bateman Funeral Home, Box 278, Goodland, Kan. 67735. There will be no visitation, as the body was cremated.

Bob Nelson

Robert E. Nelson, 77, Colby, father of Marilyn S. Sowers of Goodland, died Thursday, Feb. 23, 2006, at Citizens Medical Center in Colby.

He was born May 7, 1928, in Jennings. He was a retired manager for Foster Lumber Co. in Colby.

Other survivors include his wife, Patricia E. Nelson; two other daughters, Judith K. Watkins of Colby; a brother, William Nelson of Jennings; and seven grandchildren.

A funeral mass was held Monday, Feb. 27, 2006, at the Sacred Heart Catholic Church in Colby with Father Dana Clark officiating. Burial followed at the St. Francis Catholic Cemetery in St. Francis.

A vigil and rosary service were held Sunday at Kersenbrock Funeral Chapel.

Memorials are suggested to Sacred Heart Catholic Church in Colby in care of any Colby bank or the funeral home, 745 S. Country Club Dr., Colby, Kan. 67701.

Orchestra to perform in high school auditorium

The Pride of the Prairie Orchestra, made up of members and conductors from northwest Kansas and eastern Colorado, will perform in Goodland on Sunday.

The orchestra, founded in 1979, will play at 2 p.m. in the Goodland High School auditorium, co-conducted by two band directors, Andrew Salvador, from the Burlington School District, and Juliann Groom of Atwood.

Groom selected dance pieces from several musical eras and genre, and Salvador chose light and

eclectic fare for the program.

The orchestra rehearses on Monday evenings. Anyone interested in playing is encouraged to contact board president Bruce Frahm at (785) 462-7388 or bfracm@st-tel.net.

The show is presented by the Western Plains Arts Association with money from the Kansas Arts Commission and the National Endowment of the Arts. Admission is by season pass or can be paid at the door.

lincoln larks news

The Lincoln Larks Family, Community and Education Club met Friday, Feb. 17, in the assembly room at the courthouse. There were three members present.

Melinda Daily of the Sunflower Extension District gave an interesting lesson summarizing the "My-Pyramid" food guide. She suggested making smart choices from every food group and making half your grains whole. Vary your veggies and focus on fruits. Get calcium-rich foods and beverages. Go lean on proteins.

What is "My Pyramid?" It is a logo to remind consumers to make healthy food choices and to be

physically active every day.

Variety is symbolized by six colorful bands, representing grains, vegetables, fruits, oils, milk and calcium-rich foods and meats and beans. All of these food groups are needed for good health.

Portions, how much to eat from each group, are given. Physical activity each day is represented by the person climbing the stairs and walking.

The pyramid was started in 1940 and has had five changes. The new one came out in 2005.

The club's next meeting will be at 10 a.m. Wednesday, March 29, in the assembly room.

Submitted by Arbutus Topliff.

A BIG THANK YOU!

To those who came to my aid Saturday, 2/18/06, especially the two young men who were there immediately, the wonderful Wal-Mart people, the police, the E.M.T.s, friends and later, Dr. Shafei and the GRMC staff.

WE WILL ALWAYS BE GRATEFUL TO YOU!

WADE & JUANITA BARNETT



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