about our_ riends

student news

Tiffany Elisse Schwasinger, daughter of Richard and Diane Schwasinger of Goodland, was on the dean's list at the University of Nebraska at Lincoln. She is a senior majoring in biological sciences in the university's College of Arts and Sciences. She had to earn at least a 3.7 grade point average to be on the list.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1-5 p.m. Wednesday-Sunday.

"Nifty '50s Photograph Collection" is on display from 9 a.m.-5 p.m. Monday-Friday and from 9 a.m.-4 p.m. Saturday at the High Plains Museum, 1717 Cherry Ave.

The Carnegie Arts Center is open from **10 a.m.-5 p.m. Tuesday** through Friday and from 1-4 p.m. Saturday, Sunday and Monday. Elementary art will be on display today. Bobbi Kerth, a WaKeeney artist famous for her Santa paintings, will display her work in March. Her show will open with a gallery reception from 1-3 p.m. Sunday, March 5, and continue through Thursday, March 30.

The Goodland Public Library will have story time for 3-5-yearolds at 10 a.m. Wednesdays and Thursdays. Born to Read for children birth to age 3, accompanied by an adult, will be at **10 a.m. Fridays.** Prairie Piecemakers Quilt Guild will meet at 6 p.m. the second Thursday of each month at "The Rock House," 326 E. 6th in

Goodland. Call Cora House at 899-2619, Joan Reid at 890-7301 or Carol Tupper at 890-5955. Big Brothers/Big Sisters of Sherman County is seeking men-

tors and children to mentor. Call 890-3665. Diabetes Support Group meets

at 7 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Emotions Anonymous meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

area events

Area ladies are invited to Guest Night of the Hi-Plains Harmony Chapter of Sweet Adelines International. It will be at 7:30 p.m. Central Time tonight at the Colby United Methodist Church. There will be a door prize and refreshments.

The Kansas Department of Wildlife and Parks in cooperation with Local Environmental Protection the Kansas Hunter Education In-

the calendar

calendar

Bobbi Kerth, a WaKeeney artist famous for her Santa paintings, will display her work at the Carnegie Arts Center in March. Her show will open with a **gallery** reception from 1-3 p.m. Sunday at the center.

The Pride of the Prairie Orchestra will perform at 2 p.m. Sunday in the Goodland High School auditorium. Admission is by Western Plains Arts Association season tickets or can be paid at the door.

Meals on Wheels needs someone to **deliver meals from 11** a.m.-noon on Sundays, March 5, 12 and 19, and Saturdays, March 18 and 25. Call Ruth Soward at 899-2095 and leave your name and number.

An **Army recruiter** will be at the Harvesters Restaurant at the Howard Johnson Hotel from 11:30 a.m. to 12:30 p.m. on

eligible for door prizes. RSVP to through the American Association www.admissions.ku.edu/receptions.

seum of Art and History will be free from 1-5 p.m. Central Time Sundays at 1905 S. Franklin in Colby. The museum is also open Monday-Friday and 1-5 p.m. Saturday.

health department cell phone drive

The Sherman County Health Defrom 8 a.m.- noon and 1-5 p.m. Monday-Friday.

Wednesday: Scheduled appointments. Thursday: WIC in Colby. Scheduled appointments. **Friday:** Scheduled appointments.

The health department still has flu vaccine.

Assistance is available with comparing prescription drug plans and enrolling in Medicare Part D. Call for an appointment.

Blood pressures; infants', children's and adult's immunizations: health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; family planning; and toenail clipping available by appointment. Sharps containers are available free. Call 890-4888.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest

Wednesday, March 8, to let basketball. State assessment testpeople know the opportunities ing window.

and the new benefits of the Army. SHARE sign up for the March distribution of food will be until Monday, March 13, at the Sherman County Health Department, the Regional Prevention Center or the Kanorado Senior Center. Pick up will be **Saturday**, March 25, for the March distribution.

school calendar

Today: Black day. Seminar -AFS. Sub-state basketball. Bullying workshop for students.

Wednesday: Gold day. Bank Day-all elementary schools. Substate basketball. State assessment testing window. Professional Development Conference meeting at Central Elementary. City/ county recreation.

Thursday: Black day. Spring picture day-North Elementary. Seminar – FCCLA. Sub-state

of Retired Persons with cooperation from the Internal Revenue Service, Admission to the **Prairie Mu-** is providing free tax help from 1-4 p.m. every Friday through April 14 at the Goodland Public Library and the Goodland Senior Center.

They can answer most tax quesfrom 9 a.m.-5 p.m. Central Time tions for mid- and low-income taxpayers, with special attention to those age 60 and over.

Save a Life Give a Phone collects partment at 1622 Broadway is open used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 813 Main. Call Jeannie Topliff at 899-2426 or Candice 866-448-2366.

recycling

The Goodland High School library is recycling used cell phones, ink jet printer and Laser-Jet cartridges. The school receives from nothing to \$2 for cartridges and nothing to \$5 for cell phones. Drop them by the high school library or office. If you have several and would like them picked up, call the library at 899-5656 to make arrangements. The money goes to support National Honor Society, Scholar's Bowl, Science Olympiad, Electric Car and extra library

cal/occupational therapy and developmental training to children who qualify. Call 785-672-3125, ext. 115.

Friday: Gold day. Sub-state

Saturday: State DECA career

basketball. State assessment test-

development conference. Sub-

state basketball. State assessment

Monday: Roast beef gravy,

mashed potatoes, California blend

vegetables, dinner roll, fruit crisp

and milk. Tuesday: Pizza, lettuce

salad, green beans, brownie and

seniorcentermenu

casserole, stewed tomatoes,

parsleyed buttered carrots, bread

and fruit mix. Thursday: Ham-

burger steak, au gratin potatoes,

pea salad, bread and peaches. Fri-

day: Lemon baked fish, golden

potatoes, corn O'Brien, bread and

Wednesday: Salmon noodle

ing window.

testing window.

milk.

school menu

preschool

mandarin oranges.

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education

Families interested in having their child in the program should call Julie Dautel or Carrie Starns at 899-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Family Shelter in Hays has changed its name to Northwest Kansas Domestic and Sexual Violence Services and provides help day or night to

Couple to marry in June

Abby Scheopner of Goodland and Derek Thrash of Rose Hill plan to marry Saturday, June 10, 2006, at St. Vincent De Paul Catholic Church in Andover.

She is the daughter of Joe Scheopner of Goodland, and he is the son of Glen and Carol Thrash of Rose Hill.

The bride-elect is a 2002 Goodland High School graduate and a 2005 graduate of Kansas State University with a degree in elementary education. She works for the Augusta School District.

obituaries

Earle O. Scott

Earle O. Scott, 82, Goodland, died Monday, Feb. 27, 2006. Bateman Funeral Home is handling the arrangements. A full obituary will follow.

Paul W. Shepherd

Paul W. Shepherd, 94, Kanorado, a jack of all trades, died Friday, Feb. 24, 2006, at his home.

He was born July 7, 1911, the son of George and May (James) Shepherd. He attended school in Kanorado, graduating in 1929. On Nov. 7, 1933, he married Eleanor Frost. She died in 1978.

On June 5, 1980, he married Viola Bandel. She died in 2002.

Shepherd was a farmer and windmill repairman and worked in the oil fields and for S and H Drilling. He was a 60-year member of the Shriners, Masons and Elks, where he also was a past exalted ruler.

Also preceding him in death were his parents and a son, Dennis.

Survivors include a son, Jerry Shepherd and his ex-wife, Robinn Shepherd, both of Sandwich, Ill.; a brother, James Shepherd of Oklahoma; two grandchildren; and three great-grandchildren.

Graveside services will be at 11 cred Heart Catholic Church in a.m. Thursday, March 2, 2006, at Colby in care of any Colby bank or the Kanorado Cemetery. A lun- the funeral home, 745 S. Country cheon will follow at the Kanorado Club Dr., Colby, Kan. 67701.

Orchestra to perform in high school auditorium



Scheopner and Thrash

The prospective groom is a 2000 Rose Hill High School graduate and a 2005 graduate of Kansas State University with a degree in human resource management and operations management. He is a manager at Midwest Wholesale in Wichita.

Senior Center. Mr. Shepherd had requested casual or work attire.

In place of flowers, memorials may be made to the Kanorado Senior Center in care of Bateman Funeral Home, Box 278, Goodland, Kan. 67735. There will be no visitation, as the body was cremated.

Bob Nelson

Robert E. Nelson, 77, Colby, father of Marilyn S. Sowers of Goodland, died Thursday, Feb. 23, 2006, at Citizens Medical Center in Colby.

He was born May 7, 1928, in Jennings. He was a retired manager for Foster Lumber Co. in Colby.

Other survivors include his wife, Patricia E. Nelson; two other daughters, Judith K. Watkins of Hoxie and Joyce A. Washburn of Colby; a brother, William Nelson of Jennings; and seven grandchildren.

A funeral mass was held Monday, Feb. 27, 2006, at the Sacred Heart Catholic Church in Colby with Father Dana Clark officiating. Burial followed at the St. Francis Catholic Cemetery in St. Francis.

A vigil and rosary service were held Sunday at Kersenbrock Funeral Chapel.

Memorials are suggested to Sa-

The orchestra rehearses on Mon-

day evenings. Anyone interested in

playing is encouraged to contact

board president Bruce Frahm at

(785) 462-7388 or bfrahm@st.-

Western Plains Arts Association

with money from the Kansas Arts

Commission and the National En-

dowment of the Arts. Admission is

The show is presented by the

structor's Association will present a workshop for certified hunter education instructors, guest hunter education instructors and potential instructors on **Saturday** in **Colby.** The topic is "Improving Presentation Skills for Hunter Education Classes," and the presenter will be Dave Oakes from Skillpath Seminars. It will be from 8:30 a.m.-5 p.m. Central Time at the Colby Law Enforcement Center, 360 N. Franklin. Pizza will be provided for lunch. Drawings will be held for door prizes. There is no charge. To register, call Stacy at (800) 272-3488.

The Tumbleweed Chorus will perform **"Showboat"** at **2:30 p.m.** and 7:30 p.m. Central Time Saturday at the Cultural Arts Center/ Frahm Theater in Colby. Guest quartets 12th Street Rag and U.S. Male will accompany the chorus along with its own Lasting Impressions quartet. Call (800) 279-8208 to buy tickets.

The University of Kansas Office of Admissions and Scholarships is inviting high school students from across the state to "Hawk Talk" receptions that will include information and prizes. A reception will be held from 6:30-8 p.m. Central Time Tuesday, March 14, at City Limits in Colby. The event will provide students an opportunity to learn more about the university with representatives from its professional schools and other offices on hand to answer questions and give information about various departments. Refreshments will be provided. Those in attendance will be

Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or thrift store discuss environmental concerns, call the Health Department at 890-4888

The group charges a \$50 letter of intent fee (similar to a permit) which is good for one year. It is required on the installation or modification of all septic systems in the like those bedding and curtains are area

The group will continue to offer free testing to private individuals. However, if you are selling, purchasing or refinancing any property that requires an inspection, the group will charge a \$90 fee. The inspection includes site evaluations on well and septic systems and testing the water. The group will also charge a \$25 fee for child care and foster care inspections.

hospital volunteers

Gift shop hours are 9 a.m.-noon and 1-4 p.m.; a.m. and p.m. volunteers are in the gift shop.

Wednesday: Ruth Jones, a.m., and Mazie Sutton, courtesy. **Thursday:** Faye Paxton, a.m., and Kaitlin Lee, 3:30 p.m. Friday: Bonnie Daily, a.m., and Mazie Sutton, courtesy.

alumni reunion

The High Plains Museum will be displaying school photos during the 2006 alumni reunion. The museum needs photographs from the 1980s and '90s. Graduates from those decades should call the museum at 890-4595 or stop by if they can provide pictures.

tax help

AARP Tax-Aide, administered

projects.

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 899-2007 to arrange to meet by the door in the alley and take donations directly from the car to the warehouse.

sold in, seal-a-meal bags or any bags that can be heat-sealed and

alateen

A former Alateen member and an Al-Anon member have formed an Alateen support group that will meet from 6-7 p.m. on Mondays at 1275 W. Sixth in Colby. The group is for relatives and friends of alcoholics and is open to anyone 19 years old or under. Call 785-462-8152 or 462-6101.

tiny-k

Tiny-k Early Intervention Services, formerly the Early Intervention Networks, promotes development among infants and toddlers with special needs. The Northwest Kansas Educational Service Center in Oakley provides these services free of charge to children in this

victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30-4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon-1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. For time and location of youth support group, ask for Donna Munsch.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

tel.net.

The Pride of the Prairie Orches- eclectic fare for the program. tra, made up of members and conductors from northwest Kansas and eastern Colorado, will perform in Goodland on Sunday.

The orchestra, founded in 1979, will play at 2 p.m. in the Goodland High School auditorium, co-conducted by two band directors, Andrew Salvador, from the Burlington School District, and Juliann Groom of Atwood.

Groom selected dance pieces by season pass or can be paid at the from several musical eras and door. genre, and Salvador chose light and

lincoln larks news

The Lincoln Larks Family, Community and Education Club met Friday, Feb. 17, in the assembly room at the courthouse. There were three members present.

Melinda Daily of the Sunflower Extension District gave an interesting lesson summarizing the "My-Pyramid" food guide. She suggested making smart choices from every food group and making half your grains whole. Vary your veggies and focus on fruits. Get calcium-rich foods and beverages. Go lean on proteins.

logo to remind consumers to make healthy food choices and to be

physically active every day.

Variety is symbolized by six colorful bands, representing grains, vegetables, fruits, oils, milk and calcium-rich foods and meats and beans. All of these food groups are needed for good health.

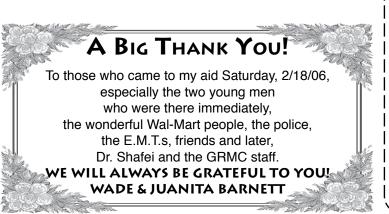
Portions, how much to eat from each group, are given. Physical activity each day is represented by the person climbing the stairs and walking.

The pyramid was started in 1940 and has had five changes. The new one came out in 2005.

The club's next meeting will be What is "My Pyramid?" It is a at 10 a.m. Wednesday, March 29, in the assembly room.

Submitted by Arbutus Topliff.





The store needs zippered bags jewelry gift boxes.

area.

Services include speech, developmental, vision and hearing screenings to all children and physi-