

# Tortured by candy

DEAR ABBY: I weigh 327 pounds. I'm 5 feet 11 inches tall, and I carry it better than most. I'm trying to diet to improve my health, but I crave sweets. I am employed as a receptionist. My desk is behind an L-shaped counter, which is eye level above my computer screen. My boss insists on putting a candy dish right above my computer monitor, directly in front of me. I have tried moving it to the ends of the counter, out of my range of vision, and I have tried placing it on the end tables in the reception area, but he moves it back again.

Abby, my boss is a small person. If he was a girl, he'd be called "petite." He doesn't battle weight like I do, nor does he seem to crave sweets the way I do. I sometimes work 10 or 12 hours a day, and it's torture. I have talked to him about it, and he just laughed. I need my job and can't afford to lose it. Do you have a clever way I can get the point across? — CONSTANTLY TEMPTED IN CANTON, OHIO

DEAR TEMPTED: The real problem, however, isn't your boss; it is your compulsive eating. An organization that has been mentioned in my column before — Overeaters Anonymous — could give you support and help for the problem. Over the years it has helped thousands of men and women overcome the compulsion to binge. There are more than 8,000 OA chapters in 58



## abigail van buren

•dear abby

countries, and the only requirement for membership is a desire to stop eating compulsively. There are chapters in almost every city, but if you have difficulty locating one, log on to [www.overeatersanonymous.org](http://www.overeatersanonymous.org), or send a long SASE to OA World Service Office, P.O. Box 44020, Rio Rancho, NM 87174-4020. They will help you regain control.

It appears your "little" boss has a sadistic sense of humor. On lunch breaks and your other break time, get out of the office and walk. Also, use NOT touching the candy as a way of showing the man who's boss.

DEAR ABBY: I'm writing concerning my daughter, who is 10. She signed up to play basketball, but now she cries when she has to go to practice or to games, and says she wants to stop playing.

Her mother and I are divorced. Her mom says it's OK for her to quit, but I was raised believing that when you start something you should finish it. Now it looks like I am the bad guy. Should I let her go ahead and quit, or make her fin-

ish? — THE BAD GUY, CIRCLEVILLE, OHIO

DEAR BAD GUY: Before making your final decision, talk with your daughter and find out what's going on at those basketball games and practices that's driving her to tears. She may have a good reason for wanting to quit. However, if she does quit, she should replace basketball with another sport or pastime that will keep her active — such as dance, self-defense, gymnastics, etc.

DEAR ABBY: I am a 14-year-old Jewish girl. At least, I THINK I am. My parents told me I was Jewish. My father is Catholic and my mother was Jewish before she converted when I was 10. Some people say I am Jewish, and others say I'm not. I hope I am. What do you say? — 14-AND WONDERING

DEAR WONDERING: I don't know what religion you are practicing, but Jewish ancestry is matrilineal — traced through the mother. Therefore, you could be considered Jewish if you WANT to be. According to the "Jewish Book of Why" by Alfred J. Kolatch (Jonathan David Publishers Inc.): "A child born of a Jewish mother is considered Jewish regardless of the future actions of the mother or father. The child's Jewishness is considered his or her natural right, one that cannot be denied by the action of either parent."

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

## SATURDAY EVENING

|       |       | 6PM  | 6:30 | 7PM | 7:30 | 8PM   | 8:30 | 9PM  | 9:30 | 10PM | 10:30 |
|-------|-------|--|------|-----|------|---|------|--|------|------|-------|
| E S   |       | E = Eagle Cable  |      |     |      | S = S&T Telephone   |      |  |      |      |       |
| 36 47 | A&E   | "Windtalkers" ('02, Drama) ★★ Nicolas Cage, Adam Beach. Navajo Indians use their native tongue as code to help US Marines in WWII.     |      |     |      | American Justice: The Happy Face Killer   |      | "Windtalkers" ('02) ★★ WWII Navajo code.                     |      |      |       |
| 4 6   | ABC   | "A Beautiful Mind" ('01, Drama) ★★★★★ Russell Crowe. Drama about troubled mathematician John Nash, winner of the Nobel Prize. (R) (HD) |      |     |      | KAKE News at 10 (TVPG)  |      | Seinfeld: The Slice (TVPG)                                   |      |      |       |
| 26 54 | ANPL  | Land of the Mammoth Expert study. (TV G)   |      |     |      | Land of the Mammoth Expert study. (TV G)  |      | Raising the Mammoth Mammoth find. (TV G)                     |      |      |       |
| 63 67 | BRAVO | Project Runway: Make-over  |      |     |      | Project Runway: What's Your Line  |      | Project Runway: Reunion Designers reunite.                   |      |      |       |
| 7 11  | CBS   | "Panic Room" ('02) ★★ A mother and her daughter try to hide during a break-in. (R) (HD)  |      |     |      | Brainman "Superbrain" (TV G)  |      | Cosmos: One Voice in the Cosmic Fugue                        |      |      |       |
| 55 42 | DISC  | The Mystery of The Human Hobbit  |      |     |      | Emperor's (TV G)  |      | The Suite (TVY7)   |      |      |       |
| 33 56 | DISN  | El Special (TVPG)  |      |     |      | Life Derek (TV G)   |      | So Raven (TVY7)  |      |      |       |
| 49 66 | EITV  | Gameday (Live)   |      |     |      | College Basketball (Live) (HD)  |      | College Basketball (Live) (HD)                               |      |      |       |
| 22 28 | ESPN  | The U (Live)   |      |     |      | College Basketball (Live) (HD)  |      | HS Bball (Taped)   |      |      |       |
| 23 29 | ESPN2 | "View from the Top" A young stewardess.  |      |     |      | "A Guy Thing" ('03) ★★ Bachelor party mess.   |      | "Crimes of Fash."  |      |      |       |
| 32 58 | FAM   | "Oscar and Lucinda" ('97, Drama) ★★ (R)  |      |     |      | Iron Chef America: Batali vs. Besh (TV G)   |      | Emeril Live: Cowboy Cooking (TV G)                           |      |      |       |
| 53 45 | FOOD  | Cops (TVPG) (N)  |      |     |      | America's Most Wanted (TVPG)  |      | St. Elsewhere: Tweety and Ralph                              |      |      |       |
| 13 7  | FOX   | "Equilibrium" ('02)  |      |     |      | "Above the Law" ('88) Nico cleans up town.  |      | "The Italian Job" ('03) Gang stages heists.                  |      |      |       |
| 27 25 | FX    | Rodeo (Taped)  |      |     |      | College Basketball Iowa State at Colorado   |      | Postgame List  |      |      |       |
| 30 27 | FXSP  | "Talking to Heaven"  |      |     |      | "Jane Doe: The Harder They Fall" ('05)  |      | "Jane Doe: The Harder They Fall" ('05)                       |      |      |       |
| - 60  | HALL  | (15) "50 First Dates" ('04, Comedy) ★★ Adam Sandler. Man falls for girl with memory loss.  |      |     |      | World Championship Boxing: Cotto vs. Branco (Live)                                  |      | "The Ring Two"   |      |      |       |
| 62 44 | HGTV  | Design Divne   |      |     |      | Design Divne  |      | Design Divne   |      |      |       |
| 58 48 | HIST  | Time Machine: Banned from the Bible Ancient writings omitted from the Bible (TV G)   |      |     |      | History's Mysteries: Sodom and Gomorrah   |      | Time Machine: Banned from the Bible (TV G)                   |      |      |       |
| 25 38 | IND   | "Scary Movie 3" ('03) ★★ Reporter investigates video that kills.   |      |     |      | (45) "Scream 3" ('00) ★★ Neve Campbell. Woman is terrorized by a masked killer. (R) |      | (45) "Ace Ventura: Pet Detective" ('94) ★★ Mascot kidnapped. |      |      |       |
| 18 63 | LIFE  | "A Cooler Climate"   |      |     |      | "Where the Heart Is" ('00) ★★ Teen in store.  |      | "Igby Goes Down" ('02) Dysfunctional family                  |      |      |       |
| 54 74 | MTV   | Date My Date My Entertainment Tonight  |      |     |      | World: Key (TV14)   |      | True Life  |      |      |       |
| 3 9   | NBC   | Dateline NBC (N)   |      |     |      | Law & Order: Special Victims Unit (R) (HD)  |      | Conviction: Pilot Episode (TV14) (N) (HD)                    |      |      |       |
| 8 8   | NBC   | Dateline NBC (N)   |      |     |      | Law & Order: Special Victims Unit (R) (HD)  |      | KSN News at 10 (TV14) (N) (HD)                               |      |      |       |
| 34 55 | NICK  | Guide Drake  |      |     |      | All That Amanda   |      | Bel-Air  |      |      |       |
| 2 2   | PBS   | (5:00) Lawrence Welk: Memories and Milestones For seven alumni reunite (TV G)  |      |     |      | All-Star Tribute to Johnny G  |      | Cash (TV)  |      |      |       |
| 38 71 | SCIFI | "Raptor Island" ('04)  |      |     |      | "Raptor" ('01, Science Fiction) Eric Roberts.                                       |      | "The Curse of the Komodo" ★ Komodo kills.                    |      |      |       |
| 61 72 | SPK   | Amazing (TV14)   |      |     |      | Amazing (TV14)  |      | Amazing (TV14)   |      |      |       |
| 39 43 | TLC   | Clean Sweep: Aloha Clutter (TV G)  |      |     |      | While You: Fort Hood: Because We Care   |      | People: Living Little  |      |      |       |
| 28 40 | TNT   | "Lethal Weapon 4" Detectives hunt Chinese gangsters.   |      |     |      | "Lethal Weapon 4" Detectives hunt Chinese gangsters.                                |      | People: Living Little  |      |      |       |
| 51 49 | TRAV  | World Poker Tour: 2004 Championship  |      |     |      | Casino (TVPG)   |      | World Poker Tour: 2004 Championship                          |      |      |       |
| 21 59 | TVLND | Griffith   |      |     |      | Griffith  |      | 3's Co.  |      |      |       |
| 60 79 | UNIV  | Sábado gigante (TVPG)  |      |     |      | Primer imp  |      | Noticiero  |      |      |       |
| 20 37 | USA   | Law & Order (HD)   |      |     |      | Law & Order (HD)  |      | Law & Order (HD)   |      |      |       |
| 12 3  | WB    | Star Trek: Enterprise: The Forge (TVPG)  |      |     |      | Friends (TVPG)  |      | WB2 News at Nine (N)   |      |      |       |
| 99 39 | WGN   | 24 (TV14) (HD)   |      |     |      | 24 (TV14) (HD)  |      | WGN News at Nine   |      |      |       |

## SUNDAY EVENING

|    |    | 6PM             | 6:30  | 7PM              | 7:30  | 8PM               | 8:30   | 9PM                                    | 9:30  | 10PM  | 10:30                                     |          |
|----|----|-----------------|---|------------------|---|-------------------|--|--|---|---|---|----------|
| E  | S  | E = Eagle Cable |   |                  |   | S = S&T Telephone |  |  |   |   |   |          |
| 36 | 47 | A&E             | 24: Day 2: 2:00am - 3:00am (TV14) (HD)  |                  | Dog Bounty (TVPG)   | Dog Bounty (TVPG) | Dog Bounty (TVPG)                                  | CSI: Miami: Sex & Taxes (TV14)         | 24: Day 2: 2:00am - 3:00am (TV14) (HD)  |   |   |          |
| 4  | 6  | ABC             | Academy Awards Jon Stewart hosts the 78th annual gala.                                      |                  |   |                   | KAKE News at 10                                    | Seinfeld: The Slicer                   | (05) Lawyer Line  | Sports Machine                                |   |          |
| 6  | 54 | ANPL            | 2006 Elephant Diaries   |                  |   |                   | Killer Jobs  |  | 2006 Elephant Diaries   |   |   |          |
| 36 | 67 | BRAVO           | Law & Order: Criminal Intent (TV14) (HD)  |                  | Inside the Actor's Studio: Martin Lawrence  |                   | Law & Order: Criminal Intent (TV14) (HD)           | Law & Order: Criminal Intent: One (HD) |   | Law & Order: Criminal Intent: Art (TV14) (HD) |   |          |
| 7  | 11 | CBS             | Criminal Minds: Compulsion (R) (HD)   |                  | Cold Case: Frank's Best (TVPG) (R) (HD)   |                   | CSI: Crime Scene Investigation (R) (HD)            | Eyewitness News (0:35) News (N)        |   | (0:5) Alias: Cipher (TV14)                    |   |          |
| 5  | 42 | DISC            | Dirty Jobs: Creepy Critters (TV14)  |                  | Dirty Jobs: Dirtiest Water Jobs (TV14)  |                   | Dirty Jobs: Super Dirty (TV14)                     | Dirty Jobs: Dirtiest Tools (TV14)      |   | Dirty Jobs: Creepy Critters (TV14)            |   |          |
| 3  | 56 | DISN            | Phil: Tanner (TVY7)   | Naturally (TV G) | Life Derek (TV G)   | The Suite (TVY7)  | So Raven (TVY7)                                    | So Raven (TVY7)                        | "Mulan" A young woman goes to war in her elderly father's place. dresses like a boy and father's place. |   |   |          |
| 6  | 66 | EITV            | El Story (TVPG)   |                  | # 1 Single  |                   | The Girls  | El Story (TVPG)                        |   | Post Show (TV G)                              |   |          |
| 22 | 28 | ESPN            | (5:30) NBA Basketball (Live) (HD)   |                  |   |                   | Knight Sch (Taped)                                 |  | SportsCenter (Live) (HD)  |   | Gamenight                                 |          |
| 3  | 29 | ESPN2           | College Basketball from Spokane, Wash. (HD)   |                  |   |                   | College Basketball from Spokane, Wash. (Live) (HD) |  |   |   | Knight Sch                                |          |
| 2  | 58 | FAM             | "Cruel Intentions" ('99) ★★ Duo wager in sex.   |                  |   |                   | "Whatever It Takes" ('99) ★★ Prom plans.           |  | Lakewood  |   | Children                                  |          |
| 5  | -  | FMC             | "Young Frankenstein" ('74, Comedy) ★★   |                  |   |                   | "High Anxiety" ('78, Comedy) Mel Brooks.           |  | Young Frank.  |   | (74)                                      |          |
| 3  | 45 | FOOD            | Emeril Live: BBQ Across America (TV G)  |                  | Iron Chef America: Play vs. MacMillan   |                   | Build a Better Burger Burger building.             |  | Harm on St.   | Good Eats (TV G)                              | Emeril Live: BBQ Across America (TV G)    |          |
| 3  | 7  | FOX             | (5:30) "Bad Boys II" ('03) ★★ Two wisecracking Miami cops take on a Cuban drug bigwig. (HD) |                  |   |                   | Remington Steele: Vintage Steele                   |  | Fall Guy: The Human Torch   |   | Quincy: Strangers in Paradise             |          |
| 7  | 25 | FX              | "The Italian Job" ('03) Gang stages heists.   |                  |   |                   | "The Core" ('03, Drama)                            |  | ★ ★ Aaron Eckhart, Hilary Swank. (PG-13)  |   |   |          |
| 0  | 27 | FXSP            | W. Bask.  |                  | Pac-10 W. Bask. A semifinal (Live)  |                   | Myers  |  | Baseball (Taped)  |   | Around Trk                                |          |
| 6  | 60 | HALL            | "Lonesome Dove"   |                  | "A Fistful of Dollars" ('64, Western) ★★  |                   | Land struggle.                                     |  | "Once Upon a Time" ('68) ★★½  |   |   |          |
| 5  | -  | HBO             | (5:15) "The Hunt for Red October" ('90, Action) Sub turns rogue.                            |                  | (45) "Spanglish" ('04, Comedy) An immigrant housekeeper gets caught up in her employers' eccentricities. (HD) |                   |  |  | Deadwood: The Whores Can Come (TVMA)  |   |   |          |
| 2  | 44 | HGTV            | Designed  | Designed         | What That!  |                   | reZONED  | Wall Cook                              | Ext. Homes  | Buy Me  | Kitchen                                   | Designed |
| 8  | 48 | HIST            | Time Machine: Hell: The Devil's Domain An in-depth history of Hades. (TV G)                 |                  | The Antichrist, Part 1 (TVPG)   |                   | The Antichrist                                     |  | Zero Hour (TVPG)  |   | Time Machine: Hell: The Devil's Domain    |          |
| 5  | 38 | IND             | "Scary Movie 3" ('03) ★★ Reporter investigates video that kills.                            |                  | (45) "Scary Movie 3" ('03) ★★ Anna Faris. Reporter investigates video that kills. (PG-13)                     |                   |  |  | "Son in Law" ('93, Comedy) Coed brings goofy friend home to farm.                                       |   |   |          |
| 4  | 63 | LIFE            | "Alex"  |                  | "Steel Magnolias" A circle of women experiences life.   |                   |  |  | Missing: Try Again  |   | Strong Man (TVPG)                         |          |
| 18 | 74 | MTV             | Parental  |                  | Parental  |                   | Parental   |  | N. Cannon   |   | N. Cannon                                 |          |
| 3  | 9  | NBC             | Dateline NBC (N)  |                  | Law & Order: Criminal Intent (TV14) (R) (HD)  |                   | Crossing Jordan (TV14) (R) (HD)                    |  | 9 News (N) (HD)   |   | (0:35) Over-time                          |          |
| 3  | 8  | NBC             | (5:00) Dateline NBC (N)   |                  | Law & Order: Criminal Intent (TV14) (R) (HD)  |                   | Crossing Jordan (TV14) (R) (HD)                    |  | KSN News at 10 (TV14) (N) (HD)  |   | (0:35) Inside Ed.                         |          |
| 4  | 55 | NICK            | Zoey 101  | Romeo!           | Full House  | Bel-Air           | Hi-Jinks   | Roseanne                               | Roseanne  | Cosby   | Bel-Air                                   | Bel-Air  |
| 2  | 2  | PBS             | (5:00) Wine (TV G)  |                  | Moments to Remember Included: Rosemary Clooney  |                   |  |  | Globe Trekker: Rio de Janeiro City Guide  |   | Mystery: The Rising of the Moon (TVPG)    |          |
| 8  | 71 | SCIFI           | "Hellraiser 7" ('05) (R)  |                  | "Hellraiser 8: Hellword" ('05, Horror) (R)  |                   |  |  | Surface (TVPG)  |   | The Rift                                  |          |
| 1  | 72 | SPK             | "Young Guns II" ('90, Western) Outlaws flee.  |                  |   |                   | "Caddyshack" ('80) ★★½                             |  | Oddballs play golf.   |   | UFC: Best of 2005                         |          |
| 9  | 43 | TLC             | Overhaulin': Firey Brit (TV G)  |                  | Overhaulin': Leno's Heist (TV G)  |                   | Overhaulin': That 70s Van (TV G)                   |  | Overhaulin': Desperate Invent (TV G)  |   | Sports: Spectacular Sports Mishaps (TVPG) |          |
| 8  | 49 | TNT             | Law & Order (HD)  |                  | Law & Order (HD)  |                   | Law & Order (HD)                                   |  | Law & Order (HD)  |   | Las Vegas (HD)                            |          |
| 1  | 40 | TRAV            | America's Best (TV G)   |                  | America's Best (TV G)   |                   | America's Best (TV G)                              |  | America's Best (TV G)   |   | America's Best (TV G)                     |          |
| 1  | 59 | TVLND           | Griffith  |                  | Griffith  |                   | Griffith   |  | 3's Co.   |   | 3's Co.                                   |          |
| 0  | 79 | UNIV            | Premios Furia Musical 2006  |                  |   |                   |  |  | Primer imp  |   | Tras la verdad                            |          |
| 0  | 37 | USA             | Law & Order (HD)  |                  | Law & Order (HD)  |                   | Law & Order (HD)                                   |  | Law & Order (HD)  |   | Law & Order (HD)                          |          |
| 3  | 3  | WB              | Reba  |                  | "8 Mile" ('02, Drama) ★★ Eminem, youth dreams of becoming a rap artist. (TVPG) (R)                            |                   | Kim Basinger. A Detroit (R)                        |  | WB2 News at Nine (N)  |   | Sex & City (TV14)                         |          |
| 2  | 39 | WGN             | (TV14) (HD)   |                  | 24 (TV14) (HD)  |                   | WGN News   |  | Rerun   |   | Max Exposure (TV14)                       |          |