

Diabetes, silent threat

DEAR ABBY: In America today, there are 20.8 million people living with diabetes. Because there are often no symptoms, nearly one-third of them — 6.2 million of those people — don't even know they have diabetes and won't find out until one of its devastating complications develops. An additional 41 million people are at risk for developing type 2 diabetes.

The good news is that diabetes and its complications can be prevented or delayed, but awareness is vital.

Left untreated, the complications of diabetes include heart disease, stroke, kidney disease, blindness and amputation. But they are not inevitable. Early diagnosis and treatment are crucial to preventing or delaying these complications.

Please help us to spread the word to the millions of Americans who are living with this disease and don't know it, or who are at risk. Thanks for sharing this information with your readers, Abby. It can help to improve the lives of millions of Americans who might already have diabetes and not know it, and prevent the disease in millions more. — ROBERT A. RIZZA, M.D., AMERICAN DIABETES ASSOCIATION

DEAR DR. RIZZA: I'm pleased to pass the word along. I had a conver-



abigail van buren

• dear abby

sation recently with David Boyer, M.D., a respected retinal specialist here in Los Angeles, in which he confided that one of the most difficult things he has to do in his practice is to inform a patient that his or her eyesight cannot be restored, and that the cause was previously undiagnosed diabetes.

Today, March 28, is the American Diabetes Association's 18th Annual Diabetes Alert Day. Readers, go to www.diabetes.org/risk-test to take the ADA's online assessment, or call toll-free (800) 342-2383 for more information. Do it for yourselves, for your family and for me.

DEAR ABBY: I'm a junior in high school, starting to seriously consider and contrast colleges. I live in a Chicago suburb and I love city life.

The University of Illinois at Chicago seems like a reasonable option for me. However, I have fallen in love with the University of Tampa in Florida.

There are so many factors to consider that I feel like crying when

thinking about choosing between these schools. I enjoy trying new things, and I think I'd like Tampa. My family doesn't have a lot of money, so visits home would be limited to Christmas and possibly spring break. At UIC I would only have a 20-minute train ride to get home. I could do that every day if I wanted to.

My mom worries that I'll get homesick, and so do I. Is it better to stay with the comfortable, or try to expand my horizons — even if there's a possibility I might hate it? Please give me your opinion. — NICKY IN ITASCA, ILL.

DEAR NICKY: If your only reason for staying home is the fear that you "might" be homesick, then I think you should gather up your courage and leap from the nest. That's how fledglings learn to fly. It takes courage to leave the familiar and strike out on your own, but it's a great part of growing up.

However, there may be more things to take into consideration than you mentioned in your letter. Do you have the grades to get into both of these schools? And can the finances be managed? These should also be factors in your decision.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

TUESDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30
E S		E = Eagle Cable				S = S&T Telephone					
36	47	A&E	Rampage Killers: Looking for Signs (TVPG)	Dog Bounty (TVPG)	Dog Bounty (TVPG)	Dog Bounty (TVPG)	Dog Bounty (TVPG)	Crossing Jordan: Believers (TV14) (HD)	Rampage Killers: Looking for Signs (TVPG)		
4	6	ABC	According Jim (R)	Hope & Faith (HD)	Daughters (N) (HD)	Daughters (N) (HD)	Boston Legal: Word Salad Days (N) (HD)	KAKE News at 10 (N)	(35) Nightline (TV14)	(05) Jimmy Kimmel (TV14)	
26	54	ANPL	Ultimate Animals: Fighters and Endurance	The Most Extreme: Workaholics (TV G)			Profiles of Nature: Warriors of the Yukon	Ultimate Animals: Fighters and Endurance	The Most Extreme: Workaholics (TV G)		
63	67	BRAVO	Blow Out	Blow Out			The Real Housewives of Orange County	Blow Out	Outrageous (TV14)	Outrageous (TV14)	
7	11	CBS	NCIS: Deception (R) (HD)	The Unit: True Believers (TVPG) (N) (HD)			Am. Race: Kick A—, We Are Going to Italy	Eyewitness News	The Late Show with David Letterman (HD)	Ferguson (TV14)	
55	42	DISC	Deadliest Catch: Best of Season 1 (TVPG)	Deadliest Catch: Heading Out to Sea			Oil, Sweat (TVPG)	Deadliest Catch: Best of Season 1 (TVPG)	Deadliest Catch: Best of Season 1 (TVPG)		
33	56	DISN	Possible: Motor Ed	So Raven (TVY7)	Sister (TV G)	The Suite (TVY7)	Phil: Maybe-Still	So Raven (TVY7)	"An Extremely Goofy Movie" (00) ★★½ Goofy gets schooled. (G)	American D (TVY)	
49	66	EITV	It's So Over: 50 Biggest Celebrity Break-Ups				E! Story: Meg Ryan	SNL (TV14)	Simple 2	The Girls	
22	28	ESPN	Ⓢ Wom. Bskbl (Live)	Ⓢ NCAA Women's Basketball: Regional Final			Ⓢ SportsCenter (HD)	Fast Break	Outside		
23	29	ESPN2	Ⓢ College Bball (Live)	Ⓢ College Basketball: NIT Tournament: Semifinal #2			Ⓢ NCAA Spec.	Ten Mastrs (Taped)			
32	58	FAM	"The Beverly Hillbillies" (4:30) "Blood Feud" ('83, DocuDrama) ★★				Line	Line	The 700 Club	Beautiful: Das Boots	
35	-	FMC					"Taps" ('81, Drama) ★★	Cadets take up arms. (PG)		"Pick-Up"	
53	45	FOOD	Emeril Live: Private Lessons (TV G)	Rachael Ray's Balpark Cafe Balpark foods.			\$40 a Day Tasty: New York	Good Eats: Tuna	\$40 a Day	Rachael Ray's Balpark Cafe Balpark foods.	
13	7	FOX	American Idol (TV G) (HD)	House: Clueless (TV14) (N) (HD)			Fox Report	Blind Date (TVPG)	Blind Date (TVPG)	Maury (TVPG)	
27	25	FX	Married	King	King	70s	70s	"S.W.A.T." ('03) Team attempts to keep kingpin in lock-up			
30	27	FXSP	Myers	Spotlight	Crush	Myers	Baseball (Taped)	Spotlight	AFL Weekly	BDSSP	
-	60	HALL	Walker (TVPG)	"City Slickers" ('91) ★★½ Men on cattle drive.			MASH	MASH	MASH	MASH	
5	-	HBO	(5:00) "The Hunt for Red October" ('90)	(15) "Spanglish" ('04, Comedy) An immigrant housekeeper gets caught up in her employers' eccentricities. (HD)			"The Wedding Date" ★★ Woman hires escort to be her boyfriend.				
62	44	HGTV	Designed	Remix	Decorating	Curb Appl.	House Hunt	Buy Me	My Parents	Designer	Designed
58	48	HIST	Cannibalism Secrets Revealed (TV14)	Secrets Revealed (TV14)	Shootout: North Hollywood Bank Shootout		Modern Marvels: Death Devices (TVPG)	Man, Moment: Hunting Bonnie & Clyde		Cannibalism Secrets Revealed (TV14)	
25	38	IND	Friends	Friends	Sex & City (TVMA)	Sex and City: Splatt!	Seinfeld (TVPG)	Seinfeld (TVPG)	(10) "Space Cowboys" ('00, Science Fiction) ★★½ Geriatric pilots embark on space mission		
18	63	LIFE	"Till End of Night" ★		"Love and Treason" ('01)		Military extortion.	Will (HD)	Will (HD)	Frasier	
54	74	MTV	MADE	Date My	Parental	Room Raid	Direct Effect (TVPG)	Ocean	Ocean	Key West	Key West
3	9	NBC	9 News (N) (HD)	ET (TV G)	Scrubs (TV14)		Scrubs (TV14) (N) (HD)	Teachers (N) (HD)	Law & Order: Special Victims Unit (N) (HD)	9 News (N) (HD)	(35) Jay Leno (HD)
8	8	NBC	Outrageous (TV14)	Scrubs (TV14) (N) (HD)	Scrubs (TV14) (N) (HD)	Teachers (N) (HD)	Law & Order: Special Victims Unit (N) (HD)	KSN News at 10 (TVY7)	(35) The Tonight Show with Jay Leno (HD)	Conan O'Brien (HD)	
34	55	NICK	Sponge	All Grown	Full House	Hi-Jinks	Roseanne	Roseanne	Roseanne	Cosby	Bel-Air
2	2	PBS	Nova: The Great Robot Race (N) (HD)		Railroad Empire (TV G)		Frontline: Israel: The Unexpected Candidate	BBC World News (TV G)	B. Black	Charlie Rose (N)	
38	71	SCIFI	"Kingdom" ('06)		"Dark Kingdom: The Dragon King" ('06)			"Dark Kingdom: The Dragon King" ('06)			
61	72	SPK	Amazing (TV14)	Police (TV14)			CSI: Feeling the Heat	CSI: Crime: Caged	"Young Guns" ('88)		
39	43	TLC	While You Were Out: View to the Past	Martha (TV G)			Overhaulini': Hot Head (TV G)	Wrecks to Riches: Dad Stole My Car (TV G)	Overhaulini': Got GTO? (TV G)		
28	40	TNT	Law & Order (HD)		Law & Order (HD)		Closer (TV14)	Cold Case: Glenn	X-Files: Sein Und Zeit		
51	49	TRAV	Festivals	Taste	Made	Made	The Mall (TV G)	Festivals	Taste	Made	Made
21	59	TVLN	Prairie (TV G)	Griffith	Sanford		Times	Happening	Cheers	Court	Sanford
60	79	UNIV	Barrera de amor	Alborada			Ver para (TVPG)	Primer imp	Noticiero	La hora de (TVPG)	
20	37	USA	"2 Fast 2 Furious" ('03)	Fast & the Furious 2			Nashville Star	Law & Order (HD)	Law & Order (HD)		
12	3	WB	Friends (TVPG)	Raymond (TVPG)	Gilmore Girls (R) (HD)		Gilmore Girls (TVPG) (R) (HD)	WB2 News at Nine (N)	Sex & City (TV14)	Will (TV14)	
99	39	WGN	DaVinci's: His Wife	Inquest: Sister's Light			WGN News at Nine	Sex & City	Becker	Home Videos	

THURSDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30
E S		E = Eagle Cable				S = S&T Telephone					
36	47	A&E	Cold Case Killer's failure. (TVPG)	First 48 Missing witness. (TVPG)			Dallas SWAT Capturing suspect. (TV14)	Crossing Jordan: Digger Part 1 (TV14) (HD)	Cold Case Killer's failure. (TVPG)		
4	6	ABC	Home Edition: After Storm: Florida (TVPG)	American Inventor (N)			Primetime (N)	KAKE News at 10 (N)	(35) Nightline (TV14)	(05) Jimmy Kimmel (TV14)	
26	54	ANPL	Get Out There!: Rocky Mountain (TV G)	All New Planet's Funniest Animals (TV G)			Little Zoo That Could: Hurricane Ivan (TV G)	Get Out There!: Rocky Mountain (TV G)	All New Planet's Funniest Animals (TV G)		
63	67	BRAVO	"Fargo" ('96) A pregnant policewoman trails two bungling kidnappers wanted for murder. (R)				Blow Out	Outrageous (TV14)	The Real Housewives of Orange County	Top Chef	
7	11	CBS	Survivor Exile: An Emerging Plan (N)	CSI: Crime Scene Investigation (TV14) (HD)			Without a Trace: The Road Home (N) (HD)	Eyewitness News	The Late Show with David Letterman (HD)	Ferguson (TV14)	
55	42	DISC	Survival Stories The year's best. (TVPG)	Survivor (TVPG)	Survivor: Arctic		Ultimate Survival (TVPG)	Deadliest Catch: Heading Out to Sea	Survival Stories The year's best. (TVPG)		
33	56	DISN	Kim: Two to So Raven (TVY7)	Sister: First Dates	The Suite (TVY7)		Phil (TVY7)	So Raven (TVY7)	"The Luck of the Irish" ('01, Family) Ryan Merriman. Kyle struggles to save wee folk. (NR)		
49	66	EITV	The El True Hollywood Story: Jennifer Lopez				The Girls	The Girls	SNL: Jackie Chan	Simple 2	The Palms
22	28	ESPN	Ⓢ College Bball (HD)	Ⓢ College Basketball from Indianapolis, IN (HD)			Ⓢ SportsCenter (HD)	BB Tonight	Outside		
23	29	ESPN2	Ⓢ Ten Mastrs (Live)	Ⓢ Poker from Las Vegas (Replay)			Quitte from New York	College Bball (HD)			
32	58	FAM	"Mrs. Doubtfire" ('93) ★★ Disguised dad applies for housekeeper.				The 700 Club	Home Video	Home Video		
35	-	FMC	"The Gods Must Be Crazy" ('81, Comedy)				"Revenge of the Nerds II" ('87, Comedy) ★	"Gods Be Crazy"			
53	45	FOOD	Emeril Live: Fowl Play (TV G)	Food Challenge: Rock & Roll Pastry			The Next Food Network Star: Elimination	Good Eats (TV G)	\$40 a Day	Food Challenge: Rock & Roll Pastry	
13	7	FOX	That '70s Show (R)	The Loop (N) (HD)	The O.C.: The Secrets and Lies (TV14) (HD)		Fox Report	Blind Date (TVPG)	Blind Date (TVPG)	Maury (TVPG)	
27	25	FX	Married	Married	King	King	70s	70s	"Out for Justice" ('91) A cop seeks revenge.		
30	27	FXSP	Myers	Crush Wkly	Buffalo	Poker	Best Sports	Rockies	Myers	BDSSP	
-	60	HALL	Walker: Deep Cover		"Our House" ('06, Drama)		Doris Roberts.	MASH	MASH	MASH	MASH
5	-	HBO	(5:30) "Vanity Fair" ('04, Romance) ★★½ Poor Beauty Sharp ascends social ladder. (HD)				(15) "Because of Winn-Dixie" ('05, Family) ★★ Lonely little girl bonds with stray dog. (PG)	"Shrek 2" ('04) Shrek meets his laws. (HD)			
62	44	HGTV	1st Place	reDesign	Divine	Challenge	House Hunt	House Hunt	Design	Big Style	1st Place
58	48	HIST	Targeted: Osama Bin Laden Hunt for America's arch-nemesis. (TVPG)				Declassified: Chairman Mao (TVPG)	The Plot to Kill Ronald Reagan (TVPG)	Targeted: Osama Bin Laden		
25	38	IND	Friends	Friends	"The Matrix" ('99, Science Fiction) ★★ Keanu Reeves. A hacker joins a shadowy collective's struggle to free mankind from slavery. (R)			"The Running Man" Innocent man hunted.			
18	63	LIFE	(5:00) "Miracle" ('00)		"Fighting Odds" ('05) ★½ Student program.		Will (HD)	Will (HD)	Frasier	Frasier	
54	74	MTV	MADE	Date My	Parental	Room Raid	Direct Effect (TVPG)	The Shop	N. Cannon	N. Cannon	
3	9	NBC	9 News (N) (HD)	ET (TV G)	Will & Grace (HD)	Four Kings (N) (HD)	Name Is Earl (HD)	(59) ER: Strange Bedfellows (TV14) (N) (HD)	9 News (N) (HD)	(35) Jay Leno (HD)	
8	8	NBC	Will & Grace (HD)	Four Kings (N) (HD)	Name Is Earl (HD)	The Office (N) (HD)	(59) ER: Strange Bedfellows (TV14) (N) (HD)	KSN News at 10 (TVY7)	(35) The Tonight Show with Jay Leno (HD)	Conan O'Brien (HD)	
34	55	NICK	Sponge	All Grown	Full House	Bel-Air	Roseanne	Roseanne	Cosby	Bel-Air	Bel-Air
2	2	PBS	Sunflow.	Conver Rob-erts	This Old House Hour (TV G) (N)		Antiques Roadshow: Los Angeles, California	BBC World News	Appearance	Charlie Rose (N)	
38	71	SCIFI	"Jeepers Creepers"		"Mortuary" (Horror) Dan Byrd. (R)			"The 13th Warrior" ('99)	Exile turns warrior.		
61	72	SPK	Amazing (TV14)	Police: Denver SUV			CSI: Crime: Jackpot	CSI (TVPG)	MXC	MXC	
39	43	TLC	While You Were: Minneapolis: Nordic Cabin		Martha (TV G)		The Man Whose Arms Exploded (TVPG)	Sports Disasters: Extreme Danger (TVPG)	Sports Disasters: Wrecks and Riots (TVPG)		
28	40	TNT	Ⓢ NBA (Live)				Ⓢ NBA (Live)				
51	49	TRAV	Texas (TV G)	Barbecue (TV G)			Texas: Home (TVPG)	Texas (TV G)	Barbecue (TV G)		
21	59	TVLN	Prairie (TV G)	Griffith	Sanford		Times	Times	Court	Sanford	
60	79	UNIV	Barrera de amor	Alborada			Aqui y ahora (TVMA)	Primer imp	Noticiero	La hora de (TVPG)	
20	37	USA	Law & Order (HD)		Law & Order (HD)		Law & Order (HD)	Law & Order (HD)	Law & Order (HD)		
12	3	WB	Friends (TVPG)	Raymond (TVPG)	Smallville: Hypnotic (N) (HD)		Supernatural: Hell House (N) (HD)	WB2 News at Nine (N)	Sex & City (TV14)	Will (TV14)	
99	39	WGN	"Top Gun" ('86, Action) Pilots in training. (PG)				WGN News at Nine	Sex & City	Becker	Home Videos	

MARCH 30, 2006

SPORTS TELEVISION SCHEDULE

Tuesday
10 a.m. ESPN2 Tennis Masters Series NASDAQ 100 Open:
12:30 p.m. ESPN2 UEFA Champions League Quarterfinals
4 p.m. ESPN SportsCenter from Bristol, Conn.
5 p.m. ESPN NCAA Women's Basketball Tournament Regional Final
ESPN2 College Basketball NIT Tournament: Semifinal #1
7 p.m. ESPN NCAA Women's Basketball Tournament Regional Final
ESPN2 College Basketball NIT Tournament: Semifinal #2
9 p.m. ESPN SportsCenter from Bristol, Conn.
8 a.m. ESPN2 Cold Pizza from New York

Wednesday
10 a.m. ESPN2 Tennis Masters Series NASDAQ 100 Open:
11 a.m. ESPN MLB Baseball Spring Training Pittsburgh Pirates vs Boston Red Sox from Ft. Myers, Fla.
12:30 p.m. ESPN2 UEFA Champions League Quarterfinals
4 p.m. ESPN SportsCenter from Bristol, Conn.
5 p.m. ESPN NBA Shootaround from New York
ESPN2 Tennis Masters Series NASDAQ 100 Open
5:30 p.m. ESPN NBA Basketball Detroit Pistons at Philadelphia 76ers from Wachovia Center

8 p.m. ESPN High School Basketball McDonald's High School All-American Game from San Diego
ESPN2 NBA Basketball Sacramento Kings at Portland Trail Blazers from The Rose Garden Arena
11 p.m. ESPN SportsCenter from Bristol, Conn.
8 a.m. ESPN2 Cold Pizza from New York

Thursday
9 a.m. ESPN SportsCenter Sports Center at the Players Championship First Round Preview from Ponte Vedra, FL
11 a.m. ESPN MLB Baseball Spring Training Cincinnati Reds vs Boston Red Sox from Ft. Myers, Fla.
ESPN2 Tennis Masters Series NASDAQ 100 Open
2 p.m. USA PGA Tournament Bell South Classic
3 p.m. ESPN2 LPGA Tournament Kraft Nabisco Championship
4 p.m. ESPN SportsCenter from Bristol, Conn.
5 p.m. ESPN College Basketball NIT Championship
ESPN2 Tennis Masters Series NASDAQ 100 Open
6 p.m. TNT NBA Basketball Phoenix Suns at Indiana Pacers from Consecro Fieldhouse
7 p.m. ESPN College Basketball Slam Dunk and 3-Point Contest from Indianapolis, IN
8:30 p.m. TNT NBA Basketball San Antonio Spurs at Los Angeles Lakers from Staples Center

9 p.m. ESPN SportsCenter from Bristol, Conn.
8 a.m. ESPN2 Cold Pizza from New York

Friday
9 a.m. ESPN SportsCenter Sports Center at the Players Championship First Round Preview Show from Ponte Vedra, FL
11 a.m. ESPN MLB Baseball Spring Training St. Louis Cardinals vs New York Mets from Port St. Lucie, Fla.
1 p.m. ESPN2 Tennis Masters Series NASDAQ 100 Open
2 p.m. USA PGA Tournament Bell South Classic
3 p.m. ESPN2 LPGA Tournament Kraft Nabisco Championship
4 p.m. ESPN SportsCenter from Bristol, Conn.
5 p.m. ESPN2 Tennis Masters Series NASDAQ 100 Open
5:30 p.m. ESPN NBA Shootaround from New York
6 p.m. ESPN NBA Basketball Memphis Grizzlies at New Orleans/Oklahoma City Hornets from Oklahoma City Ford Center
7 p.m. ESPN2 Friday Night Fights Card TBA
8 p.m. WGN MLB Baseball Spring Training San Diego Padres vs Chicago Cubs from Las Vegas
8:30 p.m. ESPN NBA Basketball Los Angeles Lakers at Seattle Super Sonics from The KeyArena
9 p.m. ESPN2 SportsCenter from Bristol, Conn.

WEDNESDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	
E	S	E = Eagle Cable S = S&T Telephone										
36	47	A&E	Dog Bounty Hawaiian luau. (TVPG)	Inked (TVPG)	Inked (TVPG)	Spying: Wendy	Spying: Si-mon	Crossing Jordan: Sight Unseen (TV14) (HD)	Dog Bounty Hawaiian luau. (TVPG)			
4	6	ABC	George Lopez (HD)	Freddie (N) (HD)	Lost: Lockdown (N) (HD)	Evidence: Down for the Count (TV14) (HD)	KAKE News at 10	(35) Nightline (N)	(05) Jimmy Kimmel (TV14)			
26	54	ANPL	Animal (TV G)	Animals (TV G)	Little Zoo That Could: When Hunger Strikes	Animal Planet Heroes: Promise to Mother	Animal (TV G)	Animals (TV G)	Little Zoo That Could: When Hunger Strikes			
63	67	BRAVO	Top Chef: Food of Love	Top Chef: Nasty Delights	Top Chef: Food On The Fly		Top Chef: Food On The Fly	Outrageous (TV14)	Outrageous (TV14)			
7	11	CBS	Practice (N) (HD)	Courting Alex (HD)	Criminal Minds: Somebody's Watching (HD)	CSI: NY: Live or Let Die (TV14) (N) (HD)	Eyewitness News	The Late Show with David Letterman (HD)	Ferguson (TV14)			
55	42	DISC	Everything You Need to Know: Volcanoes	MythBusters: Killer Brace Position (TVPG)	Everything You Need to Know: Serial Killers		MythBusters: Ping-Pong Rescue (TVPG)	Everything You Need to Know: Volcanoes				
33	56	DISN	Kim: Queen Bebe	So Raven (TVY7)	Sister: The Meeting	The Suite: Election	Phil	So Raven (TVY7)	"Cow Belles" ('06, Comedy) Michael Trevino. Dad puts his pampered daughters to work.			
49	66	EITV	E! Special (TVPG)	Dr. 90210 (TV14)			Simple 2	Simple 2	SNL: Conan O'Brien	Simple 2	The Girls	
22	28	ESPN	Ⓢ (5:30) NBA (Live)				High School Basketball from San Diego (Live)	HS Bball (Taped)				
23	29	ESPN2	Ⓢ Ten Mastrs (Live)	Knight Sch			Ⓢ NBA (Live)				Quite	
32	58	FAM	"The Rookie" ('02, Drama) ★★ ★★ A coach promises to fulfill his dream.				The 700 Club		Home Video	Home Video		
35	-	FMC	"Nick Fury: Agent of S.H.I.E.L.D." ('98) (NR)				"Less than Zero" ('87) ★★ Robert Downey Jr.		"Predator 2" ('90) ★★			
53	45	FOOD	Emeril Live: A Taste of Greece (TV G)	Behind: Dream Ball	Sugar Rush	Good Eats (TV G)	Ham on St. (TV G)	Good Eats (TV G)	Tasty: Boston	Behind: Dream Ball	Sugar Rush	
13	7	FOX	Bones: The Skull in the Desert (TV14) (HD)	American Idol (HD)	Unanimous (TV14)	Fox Report		Blind Date (TVPG)	Blind Date (TVPG)	Mauri (TVPG)		
27	25	FX	"S.W.A.T." ('03) ★★ ★★	King	King	70s	70s	Cops	Cops	Cops	Cops	
30	27	FXSP	Myers	Crush	MLB 2005	Baseball (Taped)		Crush Wkly	Myers	BDSSP		
-	60	HALL	Walker (TVPG)	"A Place Called Home" Woman is victimized				MASH	MASH	MASH	MASH	
5	-	HBO	"Small Soldiers" ('98) ★★ ★★ Small-scale war.				"The Chronicles of Riddick" ('04) ★★ ★★ Vin Diesel. Criminal battles genocidal invaders. (HD)		Big Love: Home Invasion (TVMA) (HD) The Sopranos: Mayham (TVMA) (HD)			
62	44	HGTV	Baths	Kitchens	Want That!	Landscape	House Hunt	You Get	House?	FreeStyle	Kitchens	
58	48	HIST	Hitler and Stalin: Roots of Evil (TVPG)	Marvels: The World's Biggest Machines		Modern Marvels: Ice-breakers (TVPG)		Modern Marvels: Sub-Zero (TVPG)		Hitler and Stalin: Roots of Evil (TVPG)		
25	38	IND	Raymond: Raybert	Raymond: Raybert	Raymond (TVPG)	Sex & City (TVMA)	Sex and City: Splat!	(10) "The Bodyguard" ('92, Romance) ★★ ★★ Bodyguard signs on to protect superstar. (R)				
18	63	LIFE	"To Face Her Past"		"To Love, Honor and Betray" ('99, Thriller) ★			Will (HD)	Will (HD)	Frasier	Frasier	
54	74	MTV	MADE	Date My	Parental	The Video	Direct Effect (TVPG)	Gauntlet	Gauntlet	Gauntlet	Gauntlet	
3	9	NBC	9 News (N) (HD)	ET (TV G)	Deal or No Deal (TVPG) (N)	Law & Order: Kingmaker (TV14) (N) (HD)		(01) Heist: Sex, Lies and Vinny Monro (HD)	9 News (N) (HD) (35) Jay Leno (HD)			
8	8	NBC	Deal or No Deal (TVPG) (N)		Law & Order: Kingmaker (TV14) (N) (HD)		(01) Heist: Sex, Lies and Vinny Monro (HD)		KSN News at 10 (35) The Tonight Show with Jay Leno (HD) Conan O'Brien (HD)			
34	55	NICK	Sponge	All Grown	Full House	Bel-Air	Roseanne	Roseanne	Cosby	Bel-Air	Bel-Air	
2	2	PBS	Story of 1 (N)		The New Medicine A report on medical treatments (N)			BBC World News		As Time Go Charlie Rose (N)		
38	71	SCIFI	"Kingdom" ('06)		Ghost (TVPG)		Psychic	Psychic	Ghost (TVPG)		Psychic	
61	72	SPK	Amazing (TV14)		Police (TV14)		CSI: Fur and Loathing		CSI (TVPG)		"Young Guns III" ★★	
39	43	TLC	While You Were Out: Ivorytown: Pit Stop		Martha (TV G)		It's Not Easy Being a Wolf Boy (TV G)		The 750-Pound Man (TVPG) My Skin Could Kill Me Har-lequin Ichthyosis			
28	40	TNT	"Pretty Woman" Businessman hires a companion. (HD)									"Pretty Woman" Businessman hires a companion. (HD)
48	39	TRAV	Stranded	Stranded	World Poker Tour: Grand Prix de Paris			Stranded	Stranded	Wild Poker		
21	59	TVLND	Prairie (TV G)		Griffith	Sanford	Living in		Happening	Cheers	Court	
60	79	UNIV	Barrera de amor		Alborada		Francisco (TVPG)		Primer imp	Noticiero	La hora de (TVPG)	
20	37	USA	Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		Law & Order (HD)	
12	3	WB	Friends (TVPG)	Raymond: The Plan	One Tree Hill (TV14) (N) (HD)		Bedford Diaries (TV14) (N) (HD)		WB2 News at Nine (N)		Sex & City (TV14) Will	
99	39	WGN	Becker	Becker	Home Imoro	Home Imoro	WGN News at Nine		Sex & City	Becker	Home Videos	