

Company educated people about aluminum's uses

Most readers probably don't remember a time when aluminum was not part of our daily lives. Other than plastic, one of the most used container products today is aluminum. Cookware no longer has to be super heavy cast iron.

Seventy-five years ago, aluminum was relatively new on the scene, and consumers were being educated about its uses. In 1931 *The Goodland News-Republic* reported one such informative session.

TOLD ABOUT ALUMINUM Followed Its Progress From Mine to Percolator

John Nicholson, representative of the Aluminum Goods Mfg. Company of Denver, talked to the sales forces of the Goodland and Colby Duckwall stores here Thursday night on aluminum.

He gave the sales people a complete history of aluminum, its discovery, process of manufacture and uses and showed them samples of the metal in the various courses of its refinement.

When first discovered, the metal sold for \$8,000 a pound, and now it



marcia smith

• from the vault

costs only 20 cents. It has been turned to use for the making of thousands of different articles.

A dinner was served at the Hotel Neu for the members of the Duckwall forces.

In 1931, telephone service continued to expand in the city of Goodland and was becoming an indispensable means of communication.

SURVEY PUTS ON SPEED Investigators Find Fewer Homes

Without Telephone Service

Very few homes or business houses in Goodland are without telephone service, according to W.L. Ginn, local manager, who is supervising the annual general service survey here. A number of non-

subscribers have been found, however, and 28 have been added to the telephone list so far.

Similar surveys are conducted in all United Telephone company exchanges, and prizes are awarded to employees who make the most interviews and do the best work in explaining telephone service.

Several local employees, including Miss Audrey Clark, Miss Frances Clingan, Miss Nellie Cooper, Miss Corrine Douglas and Miss Bertha Morris, Harry White and Donald King have already qualified for prizes.

Mr. Ginn says that people have been much interested in learning more about the telephone service and that a considerable number have asked to have extensions, desk sets and other modern telephone equipment installed.

The company expects a healthy expansion in telephone service

here this year.

Following is a (partial) list of new subscribers and the number of the phones to be pasted in the phone directory so that they may be kept up to date:

No. 803 Blazer and Vollmer Construction Co., 813 Broadway.

No. 804 Martha Schloer, 1019 Caldwell Ave.

No. 810 Dr. Ivan Hooper, 1317 Walnut.

No. 24F40 International Wheat Corp. (A. Reints), rural.

No. 866 William Mangus, 408 W. 12th.

No. 649 R.W. O'Brien, rooming house, 1534 Clark.

No. 655 Ray West, 1534 Caldwell.

No. 17F31 Albert Dautel, Goodland, rural.

No. 799 Clarence Sparks, 1204 Sherman.

D.M. Howard, Sherman County Ag. Agent, had several items in the "Farm and Market News" column. Seventy-five years ago methods of pest control were effective, but they have certainly changed!

Grasshoppers

Make your plans now to get ahead of the grasshoppers this year. Get your neighbors to cooperate with you.

Poison bran mash, put out when the first grasshoppers hatch out this spring, will destroy them. Get the hoppers while they are young, about one-fourth inch in length, and it won't cost so much later on.

Cut Worm Control

The gardener should be on the watch for cutworms. Later, the flea beetle will be after the radishes and egg plants. Dust these plants with arsenate of lead or spray with Bordeaux mixture just as soon as about four or six leaves on the plants.

4-H club news was also part of the column:

The Edson Busy Bees met Friday at the Edson schoolhouse. After the business meeting was adjourned, the program committee took charge. Lyle Johnson talked on care of gardens. Gail Butler and Wayne Elliott played saxophone solos accompanied by Lucille Carper.

Interesting notes appeared in the "Rural" column with the township news. From Ruleton were these items:

Little Adeline Zeigler is the last one reported in the neighborhood with the mumps.

Miss Edna Mae Millard, who teaches in the high school, was painfully injured last Friday evening while roller skating at Smoky Gardens. The ligaments in one of her ankles were torn loose and badly bruised. She is using crutches and doing her work in school this week.

In Smoky township:

Russell Martin had the misfortune of losing a horse Monday night. Thos. Nolan helped Russell Martin fix fence Wednesday.

Mr. and Mrs. Charles Goad of Hill City are moving to Mrs. Kuhr's ranch and will be employed there.

And in the Cheyenne Co. Line news: Clifford Jones was taken to the home of his grandparents, Mr. and Mrs. J.L. Bracelin last Monday. He has been in the hospital the past 2 months.

Attorney general keeps eye on cost of gas, will fight price gouging

Dear Attorney General Kline: What can you do to help with the high cost of filling my gas tank?

Dear Kansas Consumer:

Thank you for your question. It's one our office, and attorneys general across the country, are hearing more and more as gasoline prices rise to nearly \$3.00 per gallon once again. Even worse, the peak summer driving may bring prices to nearly \$4.00 per gallon.

The Kansas Consumer Protection Act provides broad protections against unconscionable pricing in general, not just for gasoline. An "unconscionable" price is, in simplest terms, a price that is far beyond what the current market conditions would justify.



phill kline

• attorney general

occurred in the wake of the terrorist attacks on September 11, 2001.

While the amount of price increase under those circumstances was less than what had historically been viewed by Kansas courts as "unconscionable," the special circumstances of that event justified our position.

Since that time, the Kansas legislature has passed laws intended to curtail any such future activity. I want to reassure Kansas consumers that the Office of Attorney General is prepared to litigate when gasoline prices rise without sufficient market forces having driven them up.

Just last fall, I met with representatives of gas wholesalers and retailers from across the state to advise them that my office would aggressively investigate any allegations of price gouging in the aftermath of the devastation caused by hurricane Katrina.

You may also recall that this office took action against many gasoline retailers following the immediate and radical price increases that

Farming among top 10 stressful jobs

Farming is considered to be one of the top 10 most stressful occupations in the United States.

Many stress factors in farming are obvious: financial pressures, heavy debt load, dependence on good weather and markets, working in extreme weather conditions and fatigue.

In addition, many farm family members often do not have enough personal time for each other, time to talk together or time to relax.

Stress is a necessary part of life, a helpful motivator. However, too much stress can damage physical health, compromise personal safety on the farm and ruin relationships with others.

Unrelieved stress is a known risk factor in many of the leading causes of premature death among adults, including heart disease and stroke. Stress is also a risk factor for depression and suicide.

It is not possible to eliminate all stress in our lives, but effective management can help reduce stress and build hope. Here are a few suggestions:

• Eat right. Most farmers would



high plains mental health

• plain sense

examine current resources and determine future goals. Good planning helps reduce confusion and makes the future less unclear, all of which help reduce

not head out to the field in a high-cost tractor with a tank of low-grade fuel. Yet, when busy, they will often skip meals or load up on fast food.

• Exercise, especially during the off-season. Physical activity helps eliminate stress-inducing chemicals that build up in the body. A brisk walk or simple exercises can help relieve stress and leave a person feeling less worn out at the end of the day.

• Talk, talk, talk. Rural folks tend to keep problems to themselves. However, openly discussing and venting problems, concerns, fears and frustrations can be helpful and healthy. Families and farm couples who handle stress well seem to have the ability to communicate freely.

• Plan ahead. Keep good records,

stress.

• Plan for personal time. Planting, harvesting and general work around the farm often result in missing out on special times with family and friends. Personal time is necessary to build and maintain relationships and as a time for relaxation, friendship and laughter.

Contributed by Karen Beery, manager, Consultation and Education Department. The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 E. Seventh, Hays, Kan. 67601. Internet site: www.highplainsmentalhealth.com.

4-H club news

The Ruleton Eager Beavers began their meeting by saying the Pledge of Allegiance on Saturday, April 8, at the 4-H building.

Eight members, three leaders and seven guests answered roll call with "what is your favorite food?"

Minutes were read and approved. Correspondences were read, and treasurer, reporter and leader reports were given.

The fair theme will be Barnyard Boogie. The ceremony committee presented leader Kevin Winston a bag of bubble gum for finding and directing the 4-H skit, Bubblegum.

There was no old business. Under new business, it was decided to give the Goodland Public Library \$25 to assist them in the summer reading program.

The program started by the group singing "O Zuedio," lead by Dani Mangus and Riley Wilson. Holly Wilkening gave a demonstration on String Art. Dani Mangus presented a project talk on country poultry.

Cody Hooker did a health and safety talk on Cover Your Cough, and Holly Wilkening led recreation with balloon volleyball. Announcements included the next club meet-

ing, which will be at 4 p.m. Thursday, May 25, at the Duells' home for a short meeting and then clean the Ruleton Cemetery.

The club garage sale was scheduled for Saturday, April 29. Sheep, swine and goat weigh-in was be Friday, April 28.

The club provided pizza, and the Mangus family provided the drinks and ice cream to celebrate how well the members performed at 4-H Days and Regionals. Meeting was adjourned by saying the Club Motto.

Submitted by Cody Hooker.



The Goodland Star-News

and The Goodland Area Chamber of Commerce and Ambassadors welcome

Laura Norris Photography

112 W. 11th - 785-821-4699

Laura Norris is the owner and photographer for Norris Photography. Her husband Tyler Norris is a lineman for Midwest Energy. She has a son Orinn who is 18 months. They have lived in Goodland since 2002.

Laura Norris Photography has been slowly built up out of my home over the last couple of years. We are excited to be in a new downtown location where we will have lots of space.

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