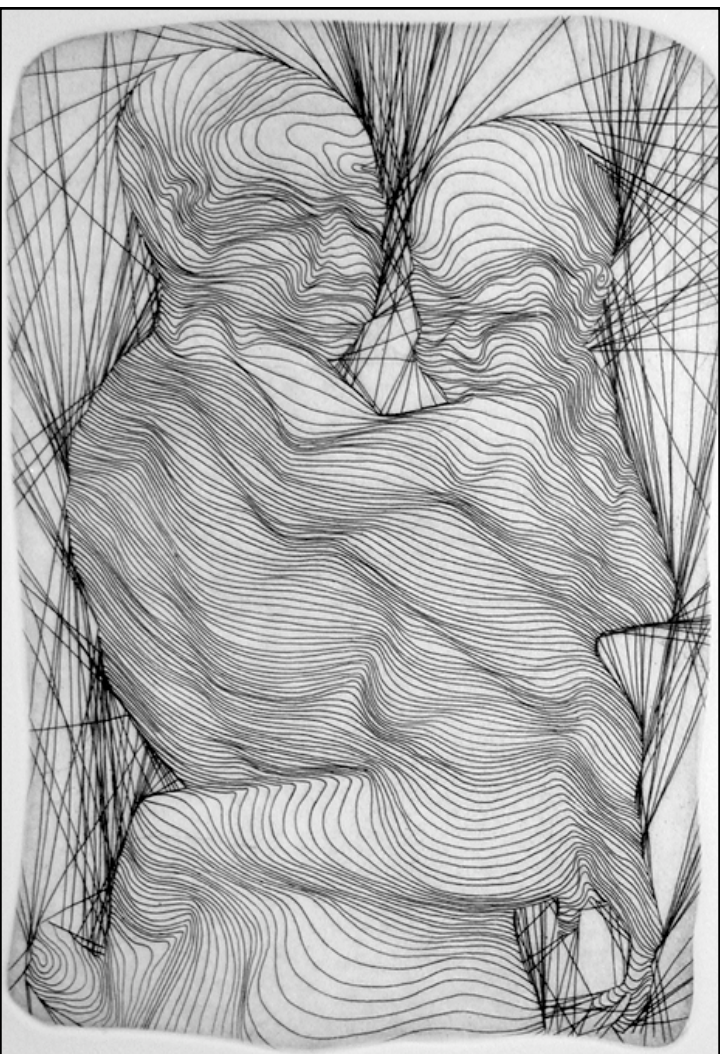


Blown glass, etchings displayed at arts center



Toni Hoss, owner of the Total Look salon, checked out the work of glass blower Wint Harris of Elkhart at the Carnegie Arts Center on Tuesday. Harris' work will be displayed until Saturday, June 3. Etchings by Guillaume Azoulay (left) adorn the center's walls and compliment Harris' display. The Goodland Arts Council has several of Azoulay's works, which were donated by collectors in the Denver area in 1986. Azoulay was chosen in 1983 to create the official Kentucky Derby Festival poster, and his works have been in the private collections of President Ronald Reagan and King Hassan II of Morocco as well as in the permanent collection at the Louvre de Paris. He was born in Casablanca, Morocco, in 1949 and has become one of the best-known and most popular American etchers.

Photos by Sharon Corcoran/The Goodland Star-News

Blood drive to be Wednesday afternoon

The American Red Cross is challenging everyone to join its "Together We Prepare" campaign during severe weather season. Goodland residents can give blood from noon to 6 p.m. Wednesday, May 24, at the United Methodist Church, 12th and Sherman. Call (800) GIVE LIFE to schedule an appointment. "We encourage Goodland residents to join in this grassroots effort to ensure America is better prepared should a disaster strike," said Pam Head, chief executive officer of Red Cross Blood Services Central Plains Region. "There are five simple steps to preparedness: make a plan, build a kit, get trained, volunteer and give blood." To donate blood, you must be at least 17 years old, weigh 110 pounds or more and be in general good health. Bring a photo ID or Red Cross donor card. More information is available at [www.bloodgiveslife.org](http://www.bloodgiveslife.org).

music club news

Sharon Palmquist was honored Sunday evening at the Junior/Senior Recital sponsored by the Goodland Federated Music Club. Music club president Birkley Barnes presented the award for "Who's Who of Church Musicians" to Palmquist. The Kansas Federation of Music Clubs gives two of these awards each year, one to a member from a city of more than 10,000 people and one to a city with fewer than 10,000. Sharon has given freely of herself and her talents to her church for over 49 years, all without any compensation. She has served as soloist for 30 years in the church and has sung in the choir for 25 years. In addition, she has sung in duets and small ensembles and participated in inter-faith choir festivals. She has served as a liturgist as assistant minister, chanting the liturgy and psalmody, and she has led the singing for morning worship. Sharon has served as choir librarian and has provided music for weddings, funerals and other special services. She has worked with the youth of the church, being in charge of music for Sunday School opening, playing her guitar and leading the singing. She has also been in charge of Vacation Bible School and the Christmas program. She is well deserving of the award. Submitted by Birkley Barnes, publicity chair.

4-H news

The monthly meeting of the Sunflower 4-H Club was held Thursday, April 20, at the United Methodist Church. President Kali Rietcheck called the meeting to order. Roll call was "What is your shoe size?" and was answered by 18 members, eight parents and three leaders. The song was led by Sarah Johnson, "Oh I Wish I Were" (tune to "Happy and You Know It"). Secretary Ryan Irvin read the minutes of the previous meeting, which stood approved as corrected. There will be no end of the school year party. The cost of county camp is \$150 per person, and the club will give a \$50 scholarship for those going to camp. The public library needs donations, and the Chamber of Commerce needs help to get the Fourth of July festival going. All project changes needed to be made by May 1. The theme for fair is "Barnyard Boogie." The canoe camp in Nebraska will be Thursday-Saturday, June 15-17, and is \$110 per person. A project talk was given by Kayler Rietcheck, demonstration by Sage Vandiver, and Kendra Promise led the club in recreation. The next meeting was scheduled for Monday, May 15. The Studer and Rietcheck families served refreshments. Submitted by Kendra Promise.

lincoln larks news

"Do You Know About Theft and Investments?" was the lesson given by Diane Gerstner from Thomas County on Monday, May 8. Two members of the Lincoln Larks Family, Community, Education Club met at the assembly room of the courthouse. Things discussed were how identity theft occurs, for example if the information was lost or stolen, and what you should do. Social security numbers should be kept in a safe place and not given out over the telephone or internet or other places. Be careful with credit cards, and do not have more than three. Identities may be stolen through the mail, trash, credit reports or debit cards. If identity theft occurs, alert the credit bureaus and review your reports. Report it to state and federal enforcement agencies and the local police department. Close the accounts you believe have been tampered with. File a complete complaint with the federal trade commission. Put things in writing and keep records. It was a very good lesson, and be sure to protect your identity. A book on "Log Cabin Quilts" is in the library in memory of Lela Wilkinson. The club closed and scheduled the next meeting for Tuesday, May 16, at the public library with a "lunch 'n' learn" osteoporosis lesson by Melinda Daily. Submitted by Arbutus Topliff.

Good mental health allows children to think clearly

A child's physical needs are obvious: healthy meals, adequate shelter and clothing, play and physical activity, rest and relaxation and appropriate medical care. Children have mental and emotional needs as well. Good mental health allows children to think clearly, develop socially, learn new skills, build self-esteem and develop a positive mental outlook. Here are some suggestions to parents and other adults on what children need for good mental health:

- Unconditional love: children need to know their parents love them for who they are, not only for what they can accomplish.



high plains mental health

- plain sense

- Praise and encouragement to nurture their confidence and self-esteem.
- Encouragement to play, which helps children be creative, develop problem-solving skills and self-control and learn how to get along with others.
- Good adult role models who will talk about their own feelings,

apologize when needed, express anger constructively and use active problem-solving skills.

- Appropriate guidance and discipline: be firm but be realistic.
- Good communication: listen and talk together about what is happening in their lives.
- Strong family relationships based on trust and close connections.

When a child's behavior causes concern, parents should consult with teachers, counselors, psychologists and other professionals.

Early identification and treatment can help children with mental health problems to build up their strengths, protect them from risks and succeed in life.

Contributed by Karen Beery, manager, Consultation and Education Department. The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 E. Seventh, Hays, Kan. 67601. Internet site: [www.highplainsmentalhealth.com](http://www.highplainsmentalhealth.com).

matters of record

**Marriage Licenses**  
The following marriage licenses have been issued by the Sherman County District Court:

Nathaniel John Jenkins and Emma Musquiz, both of Lincoln, Neb.

Anastasia Rozella Hamilton and Patrick Dane Selfridge, both of Goodland.

David Leroy Hostetler and Susan Teresa Ambrose, both of Seibert, Colo.

Jacob Matthew Meier and

Patricia Marie Rohr, both of Goodland.

Lincoln Slade Carpenter and Sasha Marie Bauman, both of Brighton, Colo.

Thomas Philip Suiter and Michelle Lynn Rudman, both of Ann Arbor, Mich.

**Divorces Granted**  
The following divorces have been granted by the Sherman County District Court:

James R. Smith of Colby and Reagan S. Smith of Goodland.

ARE YOU CONSIDERING BANKRUPTCY?

News accounts concerning recent changes to bankruptcy laws have often been misleading. Many people think they can no longer take bankruptcy. That is simply wrong. Experts in the bankruptcy field believe that up to 85% of those eligible for Chapter 7 bankruptcy prior to the new laws are still eligible, even with the changes.

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Gene F. Anderson ~ Attorney at Law  
1400 Main ~ Hays, Kansas 67601  
785-625-6519

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May 22, 2006

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