

# Honesty is best

DEAR ABBY: I am a widow with four children. My mother passed away in March 2004, and 11 months later I found my husband dead in our bathroom after he had shot himself in the head. Needless to say, my world has turned upside down. I think I am managing pretty well, and I thank God every day for my children. I don't know what I'd do without them. However, I miss my husband more and more every day.

I do not know how I am going to handle all this. I don't know what I will tell my 3- and 4-year-olds one day when they ask me how their daddy died. I also can't picture myself leaving another man, or being loved by one.

Am I destined to be a lonely widow? How can I tell my children the truth without destroying their lives? — MOURNING IN ARIZONA

DEAR MOURNING: I hope you realize that all of the emotions you are experiencing right now are NORMAL. You have suffered two tremendous losses in a short period of time, so it's not surprising that you are feeling the loss deeply.

When your children are old enough to begin asking questions about their father, explain to them that although their daddy loved them very much, he was sick and he suf-



## abigail van buren

• dear abby

fered from an illness — depression — and that one day he took his own life. As they grow older, they may need this information, because depression can run in families. They also need to understand that there is treatment for it. You do not have to give your children all the details at once, and it may be better that you don't.

As for being "destined to be a lonely widow," nothing could be further from the truth. But you will first have to deal with your own feelings about what happened. A source of support that might be helpful would be the American Association of Suicidology, which has hundreds of associated groups. It can provide you with referrals to local self-help groups for survivors. Newsletters, pamphlets, etc., are also available for a fee. The organization's address is 5221 Wisconsin Ave. N.W., Washington, D.C. 20015, and the Web site is www.suicidology.org.

Being a survivor of suicide can be isolating, but it doesn't have to be inevitable. By writing to me, you

have already taken the first step in reaching out. I wish you happiness in the future.

DEAR ABBY: I am having a problem with a fellow classmate. He sits in front of me, and every day during class he turns around and asks me to marry him. Of course I say no, but he won't stop it, and it's starting to creep me out. One day he asked me why, and I told him because I have a boyfriend (which is true). Now he says he wants to hurt him!

I have tried asking him nicely not to talk to me anymore, but he still does, and he's in more than one class with me, so a seat change won't do much good. I'm not sure exactly what to say to him. Could you help me out? — CREEPED OUT IN WINTER SPRINGS, FLA.

DEAR CREEPED OUT: The next time Romeo proposes, tell him that if he doesn't knock it off, you will tell your teacher and the principal that he's harassing you and making threats against your boyfriend. If that doesn't cool his ardor, follow through. He may deserve an A for effort, but he deserves an F in English if he can't comprehend what "no" means.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

## MONDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30
E S		E = Eagle Cable		S = S&T Telephone							
36	47	A&E	The First 48: Point Blank; Shoot Out (TVPG)		MovieReal: The Da Vinci Code (TVPG)		Illuminating Angels & Demons Illuminati cult's existence is searched. (TVPG)		The First 48: Point Blank; Shoot Out (TVPG)		
4	6	ABC	Oprah Winfrey's Legends Ball (N)		Alias: Reprisal/All the Time in the World (N) (HD)		KAKE News at 10 (N)		(:05) Jimmy Kimmel Live (TV14)		
26	54	ANPL	Animal Precinct: Big Heart (TV G)		Miami Animal Police: Hoarder Raid (TVPG)		Animal Cops - San Francisco: Fire Escape (TV G)		Miami Animal Police: Hoarder Raid (TVPG)		
63	67	BRAVO	Elton John: The Red Piano in concert. (TV G)		Eagles Farewell I Tour Music group Eagles perform in concert. (TV G)		Elton John: The Red Piano		Eagles Farewell I Tour (TV G)		
7	11	CBS	King Qu. (N) (HD)	New Adv. (N) (HD)	Two & 1/2 (N) (HD)	New Adv. (N) (HD)	CSI: Miami: One of Our Own (TV14) (N) (HD)		Eyewitness News	(:35) Late Show with David Letterman (HD)	Ferguson (TV14)
55	42	DISC	Monster Garage: Crop Circler (TVPG)		American Hot Rod: '61 Bubbletop; Part 4 (TV G)		Amer. Chopper: FANtasy Bike; Bryan King (TVY7)		Monster Garage: Crop Bomb (TVPG)		
33	56	DISN	Kim: The New Ron Lizzie	Lizzie: Dear Lizzie	So Raven (TVY7)	Zack (TVY7)	Phil: Versa Day	So Raven (TVY7)	"Life Is Ruff" Calvin Wheeler is a normal kid who trains a stray dog to win a competition.		
49	66	EITV	El Story The Playboy founder. (TVPG)		Dr. 90210 (TV14)		SNL (TV14)		The Girls The Soup		
22	28	ESPN	Ⓞ (5:00) MLB Baseball (Live) (HD)		Baseball Tonight (HD)		Ⓡ SportsCenter (HD)		Baseball Outside		
23	29	ESPN2	Team Cmpn Paintball from Miami		Paintball from Miami		Paintball from Miami		Paintball from Miami		
32	58	FAM	"Home Alone 2: Lost in New York" Crooks go after kid.		Line		The 700 Club		Home Video Home Video		
35	-	FMC	"The Jewel of the Nile" ('85) ★★ (PG)		"French Kiss" ('95, Comedy) ★★ Meg Ryan.		"Jewel of the Nile"		"Jewel of the Nile"		
53	45	FOOD	Emeril Live: Real & Rustic (TV G)		Unwrapped (TV G)		Good Eats (TV G)		\$40 a Day: Aspen (TV G)		
13	7	FOX	24: Day 5: 5:00 AM-6:00 AM (TV14) (N) (HD)		6:00 AM-7:00 AM		Fox Report		Blind Date (TVPG)		
27	25	FX	Married... With Children		King of the Hill		'70s		"Ice Age" ('02) Mammals rescue an infant.		
30	27	FXSP	Poker Around Tk		AFL Weekly Rockies		Ⓞ MLB Baseball Rockies at Dodgers (Live)				
-	60	HALL	Walker: War Cry		"Perry Mason: Lady in Lake" ('88, Mystery)		MASH		MASH		
5	-	HBO	(:15) "Monster-in-Law" ('05) ★★ (PG-13)		"Sisterhood of the Traveling Pants" ('05, Comedy) Four girls use jeans to stay in touch.		Real Sports with Bryant Gumbel		"Alexander" ('04) ★★ Powerful ruler. (R) (HD)		
62	44	HGTV	Cash Attic		Ext. Homes House Hunt		Designed		Design Double		
58	48	HIST	UFO Files: Alien Engineering, Part 2 (TVPG)		Digging for the Truth: America's Pyramids		Deep Sea Detect: Underwater Train Wreck		Modern Marvels: B-2 Bomber (TVPG)		
25	38	IND	Friends (TVPG)		Friends		Family (TV14)		Seinfeld (TVPG)		
18	63	LIFE	"A Long Way" ('01)		"The Perfect Marriage" Murder for money.		Will (HD)		Will (HD)		
54	74	MTV	MADE Date My		Yo Momma Parental		Direct Effect (TVPG)		Punk'D		
9	9	NBC	9 News (N) (HD)		ET (TV G) (N)		The Apprentice: Who Wears the Pants? (N)		Medium: Twice Upon a Time (TV14) (N) (HD)		
8	8	NBC	Deal or No Deal (TVPG) (N)		The Apprentice: Who Wears the Pants? (N)		Medium: Twice Upon a Time (TV14) (N) (HD)		KSN News at 10		
34	55	NICK	Sponge All Grown		Full House Bel-Air		Bel-Air		Bel-Air		
2	2	PBS	Antiques Roadshow: Providence, RI (TV G)		American Experience: The Man Behind Hitler (TV14)		BBC World News		My Family Charlie Rose (N)		
38	71	SCIFI	Stargate (TVPG)		Stargate (TVPG)		Stargate (TVPG)		"John Carpenter's Body Bags" ('93) ★★ (R)		
61	72	SPK	Trek: Next (TVPG)		Police: Van Dropoff		CSI: Hollywood Brass		CSI: After the Show		
39	43	TLC	Home Chef (TV G)		While You Were Away: A Gift of Zen		Jamie's School Lunch Project (TV G)		People: First Date		
28	40	TNT	Ⓢ NBA Basketball: Playoffs - Teams TBA (Live) (HD)		Inside the NBA (Live)		The X-Files: E.B.E.		Files		
51	49	TRAV	Tribal Life (TVPG)		Bourdain (TVPG)		Tribal Life (TVPG)		Tribal Life (TVPG)		
21	59	TVLN	Little House (TV G)		Griffith Sanford		Times		Happening Cheers		
60	79	UNIV	La fea más bella		Barrera de amor		Cristina (TV14)		Primer imp Noticiero		
20	37	USA	Law & Order (HD)		Ⓢ WWE Raw (Live)		Ⓢ WWE Raw (Live)		Law & Order (HD)		
12	3	WB	Friends (TV14)		Raymond (TVPG)		7th Heaven: Turkey (TV G) (R)		WB2 News at Nine (N)		
99	39	WGN	Home Videos		Home Videos		WGN News at Nine		Sex & City Becker		

# Weekend Movie Schedule

**Saturday**  
5 p.m. HALL "Talking to Heaven" ('02) A man helps solve crimes by using his unique ability to speak to murder victims. Ted Danson, Mary Steenburgen. (4:00)

IND "Spider-Man" ('02) A nebbish teen uses his superhuman abilities to combat the Green Goblin. Toby Maguire, Willem Dafoe. (2:30)  
LIFE "The Stranger I Married" ('05) After falling into a coma from a car crash, a man wakes up with no memory. Tatum Knight, Joshua Close. (2:00)

SCIFI "Sasquatch" ('02) A search party looking for a missing plane becomes hunted prey. Lance Henriksen, Andrea Roth. (2:00)

6 p.m. ABC "Remember the Titans" ('00) A football coach promotes racial harmony among his players. Denzel Washington, Will Patton. (3:00)

FAM "Big Daddy" ('99) A ne'er-do-well adopts a 5-year-old boy to convince his girlfriend he's matured. Adam Sandler, Joey Lauren Adams. (2:00)  
FMC "The Man with One Red Shoe" ('85) Remake of a French farce about a musician mistaken for a spy. Tom Hanks, Dabney Coleman. (2:00)

NBC "10.5" ('04) An earthquake thriller in which the West Coast shakes, rattles and rolls. Kim Delaney, Beau Bridges. (3:00)

SPK "Alien 3" ('92) Ripley crashes on a planet that's a penal colony, but the alien survives, too. Sigourney Weaver, Charles S. Dutton. (2:00)

TNT "Out of Time" ('03) A police chief must solve a vicious double homicide before he himself falls under Denzel Washington, Eva Mendes. (2:00)

WGN "Ferris Bueller's Day Off" ('86) A high school student cuts classes for a day of adventure with his friends. Matthew Broderick, Jeffrey Jones. (2:00)

6:15 p.m. HBO "Spider-Man 2" ('04) Peter Parker must overcome his own self-doubts as he battles Doctor Octopus. Tobey Maguire, Kirsten Dunst. (2:15)

7 p.m. LIFE "The 4th Floor" ('99) Decorator inherits an apartment in New York and is terrorized by a neighbor. Austin Pendleton, Juliette Lewis. (2:00)

NBC "10.5" ('04) An earthquake thriller in which the West Coast shakes, rattles and rolls. Kim Delaney, Beau Bridges. (3:00)

SCIFI "Abominable" ('06) A man tries to convince others that Bigfoot is going on a killing spree. Matt McCoy, Haley Joel. (2:00)

8 p.m. FAM "Big Daddy" ('99) A ne'er-do-well adopts a 5-year-old boy to convince his girlfriend he's matured. Adam Sandler, Joey Lauren Adams. (2:00)

FMC "The Osterman Weekend" ('83) Sam Peckinpah's ad-

aptation of Robert Ludlum's page-turner. John Hurt, Burt Lancaster. (2:00)

TNT "Out of Time" ('03) A police chief must solve a vicious double homicide before he himself falls under Denzel Washington, Eva Mendes. (2:00)

9 p.m. BRAVO "Fargo" ('96) A pregnant policewoman trails two bungling kidnappers wanted for murder. Frances McDormand, William H. Macy. (2:00)

DISN "An Extremely Goofy Movie" ('00) Goofy decides to further his education and attends college with a mortified Max. (1:35)

FX "Broken Arrow" ('96) A rogue Air Force pilot steals two nuclear weapons and holds out for ransom. John Travolta, Christian Slater. (2:00)

LIFE "Eight Days to Live" ('06) A mother conducts a desperate search for her teenage son after a car accident. Kelly Rowan, Shawn Doyle. (2:00)

MTV "All You've Got" ('06) Four female volleyball players transfer to a rival barrio high school. Ciara, Efrén Ramirez. (2:00)

SCIFI "Code Red: The Rubicon Conspiracy" ('01) An ex-soldier reluctantly comes out of retirement to find his missing brother. Brian McNamara, Marjean Holden. (2:00)

SPK "Commando" ('85) Terrorists try to blackmail a former commando into doing their dirty work. Arnold Schwarzenegger, Rae Dawn Chong. (2:00)

10 p.m. FAM "My Boss's Daughter" ('03) A man with a crush on his boss's daughter thinks housesitting is a good idea. Ashton Kutcher, Tara Reid. (2:00)

FMC "The Man with One Red Shoe" ('85) Remake of a French farce about a musician mistaken for a spy. Tom Hanks, Dabney Coleman. (2:00)

TNT "Bad Boys" ('95) Odd-couple cops track down heroin stolen from their evidence room. Martin Lawrence, Will Smith. (2:00)

**Sunday**  
5 p.m. FX "Basic" ('03) Agent investigates the disappearance of a several Army rangers during training. John Travolta, Connie Nielsen. (2:00)

LIFE "Ties That Bind" ('06) A seductive woman threatens to ruin the marriage and lives of her landlords. Dean Aylesworth, Nicole de Boer. (2:00)

SCIFI "Dragonfly" ('02) Emergency room doctor receives messages from his dead wife through his patients. Kevin Costner, Susanna Thompson. (2:00)

SPK "Commando" ('85) Terrorists try to blackmail a former commando into doing their dirty work. Arnold Schwarzenegger, Rae Dawn Chong. (2:00)

6 p.m. FAM "The Count of

Monte Cristo" ('02) A sailor escapes prison to exact revenge on those who caused his misery. James Caviezel, Guy Pearce. (3:00)

FMC "The Gods Must Be Crazy" ('81) Bushmen find a Coca-Cola bottle they believe was sent from the heavens. Marius Weyers, N'xau. (2:00)

IND "Men in Black" ('97) Top-secret agents keep tabs on the aliens on Earth. Will Smith, Tommy Lee Jones. (2:00)

7 p.m. FX "Broken Arrow" ('96) A rogue Air Force pilot steals two nuclear weapons and holds out for ransom. John Travolta, Christian Slater. (2:00)

HBO "In Good Company" ('05) A middle-aged ad executive is assigned to a new, much younger boss. Dennis Quaid, Tophere Grace. (2:00)

LIFE "Murder on Pleasant Drive" ('06) A woman's husband becomes the likely suspect in her mysterious disappearance. Adam Arkin, Adam Batrick. (2:00)

NBC "10.5: Apocalypse" ('06) In Part 1 of a two-part sequel, North America is threatened. Kim Delaney, Beau Bridges. (2:00)

SCIFI "Vanilla Sky" ('01) A heedless playboy's life is turned upside down by a suicidal ex-lover. Tom Cruise, Penélope Cruz. (3:02)

SPK "Today You Die" ('05) A former thief who is trying to get his act together seeks vengeance. Steven Seagal. (2:00)

8 p.m. FMC "Weekend at Bernie's" ('89) Two corporate wannabes accept their boss's invitation. Andrew McCarthy, Jonathan Silverman. (2:00)

IND "Men in Black" ('97) Top-secret agents keep tabs on the aliens on Earth. Will Smith, Tommy Lee Jones. (2:00)

NBC "10.5: Apocalypse" ('06) In Part 1 of a two-part sequel, North America is threatened. Kim Delaney, Beau Bridges. (2:00)

9 p.m. DISN "Toothless" ('97) Before a sadistic dentist can go to heaven she must serve time as a Tooth Fairy. Kirstie Alley, Lynn Redgrave. (2:20)

FX "Bulletproof Monk" ('03) A Tibetan monk trains a street kid to protect a powerful scroll. Yun-Fat Chow, Seann William Scott. (2:30)

SPK "Sniper 2" ('02) An ex-Marine sniper is lured back on a mission to destroy a Serbian general. Tom Berenger, Bokeem Woodbine. (2:00)

10 p.m. IND "Ace Ventura: When Nature Calls" ('95) An odd-ball detective searches for a rare white bat in the jungles of Africa. Jim Carrey, Ian McNeice. (2:00)

TNT "Disturbing Behavior" ('98) A newcomer uncovers a sinister plot to turn teens into perfect students. James Marsden, Katie Holmes. (2:00)

## SUNDAY EVENING

		6PM	6:30	7PM	7:30	8PM	8:30	9PM	9:30	10PM	10:30	
E S		E = Eagle Cable      S = S&T Telephone										
36	47	A&E	Flip This House: The College Special		The BTK Killer Speaks (TVPG)		Intervention: Antwahn and Billy (TV14)		CSI: Miami: Crime Wave (TV14)		Flip This House: The College Special	
4	6	ABC	Extreme Makeover: Turner Family (TVPG)		Desperate Housewives: Remember (N) (HD)				KAKE News at 10	Sports Over-time	(05) Lawyer Line      Sports Machine	
6	54	ANPL	Dragons: A Fantasy Made brought to life. (TV G)		Real Mythical dragons		Giant Monsters Colossal creatures. (TV G)		Dragons: A Fantasy Made brought to life. (TV G)		Real Mythical dragons	
3	67	BRAVO	Law & Order: Criminal Intent: Gemini (HD)		Inside the Actor's Studio: Don Cheadle		Law & Order: Criminal Intent (TV14) (HD)		Law & Order: Criminal Intent: Zoontic (HD)		Law & Order: Criminal Intent (TV14) (HD)	
7	11	CBS	Cold Case: Joseph (TV14) (N) (HD)		CSI: Miami: Felony Flight (TV14) (R) (HD)		CSI: NY: Manhattan Manhunt (TV14) (R) (HD)		Eyewitness News (3:35) News News		(05) Alias: Double Agent (TV14)	
5	42	DISC	Conspiracy Files: Secret History of Jesus		Noah's Ark: The True Story (TV G)		Spear of Jesus Authenticity test.		Da Vinci's Lost Code (TV G)		Conspiracy Files: Secret History of Jesus	
3	56	DISN	Phil (TVY7) [Naturally (TV G)]		Life Derek (TV G)		Zack (TVY7)	Hannah	So Raven (TVY7)	"Toothless" ('97, Comedy) Kirstie Alley. Sadistic dentist becomes Tooth Fairy. (NR)		
9	66	E!TV	El Story (TVPG)		The Girls		The Girls	Child Star	Child Star	El Story (TVPG)      Sexiest Hook-up		
2	28	ESPN	⚾ MLB Baseball (Live) (HD)					⚾ SportsCenter (Live) (HD)		Baseball		
3	29	ESPN2	NHRA Drag Racing from Columbus, OH (Taped)					Poker from Las Vegas		Poker from Las Vegas		
2	58	FAM	"The Count of Monte Cristo" ('02, Drama) ★★ Sailor's revenge.					Line      Line		Lakewood      Children		
5	-	FMC	"The Gods Must Be Crazy" ('81, Comedy)					"Weekend at Bernie's" ('89, Black comedy)		After Film      "Gods Crazy"		
3	45	FOOD	Emeril Live: Goin' to the Dogs (TV G)		Iron Chef America: Batali vs. Lefebvre		Food Network Challenge: Sugar Showdown		Ham on St.      Good Eats (TV G)		Iron Chef America: Batali vs. Lefebvre	
3	7	FOX	Simpsons (TVPG)		Family (TV14) (N)		Remington		Fall Guy: No Way Out		Quincy: Nowhere to Run	
7	25	FX	(5:00) "Basic" ('03)		"Broken Arrow" ('96) ★★ Pilot steals nukes.					"Bulletproof Monk" ('03) ★★ Monk trains thief.		
0	27	FXSP	Fight League		Poker Superstrs		Poker Superstrs		Beyond Gfry		Rockies      D. Costa	
60	-	HALL	Diagnosis (TVPG)		Diagnosis (TVPG)		Diagnosis (TVPG)		Matlock      Matlock: The		Heist, Part 2 (TVPG)	
5	-	HBO	"The Terminal" ('04) Living in airport. (HD)		"In Good Company" ('05, Comedy) ★★ ★★ Dennis Quaid. Man's new boss is half his age. (HD)					Baghdad ER Hospital staff. (TVMA)		The Sopranos: Cold Stones (TVMA) (HD)
2	44	HGTV	Designed	Designed	Open House reZONED		Cars 2006 (TV G)		Wall Coudl      Kitchens		Designed      Designed	
3	48	HIST	Beyond the Da Vinci Code (TVPG)					Da Vinci & the Code He Lived By Examination of the career of Da Vinci. (TVPG)			Beyond the Da Vinci Code (TVPG)	
5	38	IND	"Men in Black" ('97, Science Fiction) Top-secret agents keep tabs on the aliens on Earth.					"Men in Black" ('97, Science Fiction) Top-secret agents keep tabs on the aliens on Earth.			"Ace Ventura: When Nature Calls" ('95)	
8	63	LIFE	"Ties That Bind"		"Murder on Pleasant Drive" ('06, Drama)			Medium: Coded		Strong Med (TVPG)		
4	74	MTV	N. Cannon	N. Cannon	N. Cannon	N. Cannon	N. Cannon	NEXT	NEXT	NEXT	NEXT	
9	9	NBC	Dateline NBC (N)					"10.5: Apocalypse" ('06) In Part 1 of a two-part sequel, North America is threatened. (HD)			9 News (N) ('35) Over-time (HD)	
3	8	NBC	(5:00) Dateline NBC (N)		"10.5: Apocalypse" ('06) In Part 1 of a two-part sequel, North America is threatened. (HD)					KSN News at 10 (3:35) 24: Day 10 PM-6:00 PM      2: 5:00 ('35) Inside Ed.		
4	55	NICK	Zoey 101	Just Kicks	Full House		Bel-Air	Hi-Jinks	Roseanne	Mad About	Cosby	Bel-Air      Bel-Air
2	2	PBS	Nature: The Dolphin Defender (TV G) (R)		Mystery! (TVPG) (N)		American Masters (R)		Globe Trekker: Ultimate UK (TV G)		Mystery! (TVPG)	
8	71	SCIFI	"Dragonfly" ('02) ★★		"Vanilla Sky" ('01, Drama) ★★½ A heedless playboy's life goes wrong.					Dr. Who: Boom Town		
1	72	SPK	"Commando" ('85)		"Today You Die" ('05, Action) Former thief.					"Sniper 2" ('02, Action) ★ Serbian general. (R)		
9	43	TLC	Overhaulin': Wiley & the Road Runner		Overhaulin': That '70s Van (TV G)		Overhaulin': The Biggest Beater in America		Overhaulin': Overlord (TV G)		The Man Whose Arms Exploded (TVPG)	
8	40	TNT	Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		"Disturbing" ('98) ★	
1	49	TRAV	Amelia (TVPG)		Smithsonian (TVPG)		Weird: Bigfoot (TV G)		Amelia (TVPG)		Smithsonian (TVPG)	
1	59	TVLND	Little House (TV G)		Griffith		Sanford	Times	Times	Happening      Cheers		Court      Sanford
0	79	UNIV	Reyes de la pista					Primer impu		Noticiers		Tras la verdad
2	3	USA	Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		Law & Order (HD)	
2	3	WB	Reba (TVPG) (R)		Reba (TVPG) (R)		Charmed: Forever Charmed (N)		Charmed: Trial by Magic (TVPG) (R)		WB2 News at Nine (N)      Raymond (TVPG)      Will	
9	39	WGN	24 (TV14)		24 (TV14)		WGN News		Replay	Sex & City      Becker		Exposure (TV14)