# Correct use of car seats improves child safety

Child safety restraints, better known as car seats, is an often misunderstood topic. Many of us who grew up without safety restraints don't recognize the significant impact their correct use makes on a child's safety.

Statistics released by the National Highway Traffic Safety Administration give a vivid picture of the effectiveness of child safety seats. Among newborns to children 1 year of age, motor vehicle crashes is the eighth leading cause of death.

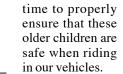
Generally speaking, most infants are safely restrained in a child safety seat that is rear facing and properly installed. As the child begins to



grow and challenge the restraint, older children to be properly reparents and other caregivers often strained in a booster seat. become more lax in enforcing and monitoring proper installation and the ages of 4 and 8 weighing less use of the child seat.

among toddlers ages 1 to 3 and first a booster seat. This law has caused in children ages 4 through 15. Far too many of us do not take the sion.

Concrete added to intersection



Kansas recently joined the states across the nation which require

As of July 1st, children between than eighty pounds and less than The cause of death jumps to third 4'9" are required to be restrained in some controversy and much discus-

The statistics, however, show child safety restraints should be degree angle. For instructions on clear evidence that for the safety of the child, proper restraint is vital. This may be a good time to alleviate some of the confusion regarding the types of child safety restraints, their proper installation and little known facts about replacement.

Rear facing infant seats are used for children birth to age 1 and weighing under 20 pounds. Forward-facing toddler seats are the proper restraint for children ages 1 to 4 between 20 and 40 pounds in weight.

Booster seats are used for children ages 4 through 8 weighing less than 80 pounds and under 4'9". All

placed correctly in the rear seat of the vehicle. Air bags make placement of these restraints in the front seat extremely dangerous. Correct installation of the child safety restraint is imperative in or-

der to fully protect the child. Many parents move the car seat from vehicle to vehicle without ensuring that they are properly installed each and every time they are moved. Improper installation may be as hazardous as no restraint at all. The

> location of the child restraint, as well as a snug fit, is vital to provide the safety these seats are designed for

> > To check proper installation, take the child safety restraint in both hands and try to forcefully move the seat from side to side and front to citizens to become trained and cerback. There should be no more than tified child safety restraint installone inch give in the movement.

installation, or to have your child safety seat inspected go to www.nhtsa.dot.gov or contact the Kansas Highway Patrol.

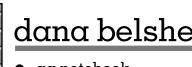
Many parents and grandparents try to cut costs by purchasing child seats at garage sales or second hand stores. Due to sun and heat damage, the life expectancy of a child safety restraint is only five years.

Safety seats that have been involved in a vehicle accident are also potentially at risk. They must be inspected carefully after only a minor accident and should never be reused after a major accident. This makes purchasing them second hand inadvisable.

Smart Start will be providing money for a limited number of area ers. If you would be interested in the The child seat should be at a 45 training, call us at (785) 465-9103.

# Tomato is favorite, also a problem spot

The tomato is by far the most popular garden plant out there. I saw a recent study, and it greatly



ag notebook

surpasses anything else in the gar- of the leaf (leaflet) in an upward den in popularity.

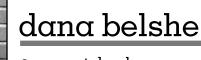
We all enjoy that fresh-garden taste of vine-ripe tomatoes, but the tomato also ranks right at the top in the "what is wrong with my garden?" category.

Several things can be siege tomatoes, and we are usually on the lookout for whatever the problem may be.

Tomato leaves curling starts to show up early in the season. This happens when tomato plants grow vigorously in mild spring weather - the top growth often exceeds root development.

When the first few days of warm, dry summer weather hit, the plant "realizes" that it has a problem and needs to increase its root development. The plant tries to reduce its leaf area by rolling leaves.

The leaves curl along the length the soil has a chance to dry out.



fashion. It is often accompanied by a thickening of the leaf, giving it a leathery texture. Leaf roll is worse on some varieties than others.

Though rolling usually occurs during the spring-to-summer shift, it may also occur after a heavy cultivating or hoeing, a hard rain or any sudden change in weather.

Excess moisture from rain or over watering can have the same effect by saturating the soil and suffocate the roots. A root system lacking in oxygen cannot move water to the upper parts of the plant, resulting in the same symptoms that occur with too little soil moisture or a limited root system.

This leaf roll is a temporary condition that goes away after a week or so when the plant has a chance to acclimate or recover from injury or

Workers from Miller Construction smoothed cement from of the cement was poured on Friday morning. The bricks will Schlosser's Concrete at the corner of 12th and Main. The last arrive in August. Photos by Pat Schiefen/The Goodland Star-News

# E-mail from 'soldier' a scam, not link to Saddam Hussein's wealth

Dear Attorney General Kline: Irecently received an e-mail, supposedly from a soldier serving in Iraq, who claimed to have access to \$8 million, which was part of a treasure seized from one of the mansions of Saddam Hussein. His proposition was to give me a "cut" getting it into accounts here in the United States. I've never heard of anything like this before. Is this a scam?



of money to those who these servicemen. vary, but in the Nigerian scam, con artists entice their victims into believing they Usually, a company or individual Each message appeared to be receives an unsolicited letter or e-The letter informs the recipient deposit this money, which is actu-In each case, the sender described ally "government" money supposneeding assistance in getting the edly overpaid on a contract. In re-

asked to wait a few weeks. He is then informed there has been a delay and is asked to put up "smooth out the process." The money is sent and a few weeks later, it's the same story: more money is needed. This pattern continues until there are no more calls and the recipient has been dollars, which most likely will not be recovered.

But the dream of cashing in on United States soldier e-mail scam Also, be sure to tell your family would agree to help this scam never materializes. What which you received, other recent and friends what to watch for and usually occurs is that the recipient forms specifically target religious what you've seen. It is important The details may provides his bank account informa- organizations claiming someone that Kansans protect one another, tion and his phone number and is has left them a fortune or from especially the elderly and other vulsomeone claiming they have won a nerable citizens. foreign lottery.

Attorney General Phill Kline offers this public service to help you avoid becoming a victim of conways the same: potential victims are sumer fraud. Although some of the based on actual complaints or ques-For information or to file a comthe toll-free Consumer Hotline, (800) 432-2310.

Dear Kansas Consumer:

The simple answer is yes, this is most definitely a scam. It is yet another form of what has come to be or the "4-1-9" scam, which is the telephone area code for Nigeria.

This particular version of the Ni-

of this money if I would help him in ago, shortly after United States have been singled out to share in a few thousand dollars to help forces were engaged in combat in multi-million dollar windfalls. Iraq.

from a military e-mail address from mail from someone from Nigeria troops deployed in Iraq. There were claiming to be a high-ranking govseveral different elaborate e-mail ernment official. scam messages at that time which were very convincing, some of that he is looking for a reliable inknown as the "Nigerian letter" scam which even included photographs dividual into whose account he can of tables full of cash.

gerian scam is not at all new. It was money out of the country and in turn turn, the recipient is allowed to keep first discovered about three years offered to pay a substantial amount a share of the millions.

This type of scam has been around, in one form or another, since the 1920's. In addition to the bers if possible.

But no matter what form this particular scam takes, the result is alasked to use some of their own details have been changed, the money up front and the scammer cases appearing in this column are takes it, never to be heard from again.

If you receive one of these ofscammed out of several thousand fers, contact my Consumer Pro- plaint, write Attorney General Phill tection Division at (800) 432- Kline, Consumer Protection Divi-2310. Keep copies of all letters sion, 120 SW 10th Ave., Second and documents, especially wire Floor, Topeka, Kan. 66612, or call instructions and telephone num-

## INVITE TO BID

Notice is hereby given that the City of Goodland, Kansas will receive sealed bids for computers and computer parts as one bid selection and bicycles and bicycle parts as the second bid selection at the Office of the City Manager until 11:00 A. M., Mountain Daylight Time, Wednesday July 12,2006, and at said location publicly opened and read aloud.

All Items are available for viewing by contacting the office of Chief R. L. Smee, Chief of Police, 204 West 11th Street, Goodland, Kansas, 67735.

Each bidder must submit with his/her bid a Bid Bond, Certified Check or Bank Draft in the amount of five percent (5%) of his/her proposal.

> The City of Goodland reserves the right to reject any and all bids. CITY OF GOODLAND 204 WEST 11th STREET GOODLAND, KANSAS 67735

#### COMPUTERS AND COMPUTER PARTS FOR SEALED BID

15	CPU's
1	13" monitor
5	printers
1	printer/fax
1	fax
1	power station
2	15" monitors work
2	17" monitors work

Numerous Keyboards, mouse, cables, and miscellaneous parts Miscellaneous telephone parts

Bidder is bidding on the lot and successful bidder will take all parts and pieces

### **BICYCLES AND PARTS FOR SEALED BID**

Approximately 60 bicycles and parts of various sizes colors and makes. Some of the bicycles are in working order and others are not. 10, 12, 18, 21 speed bicycles just to name a few. Both girls and boys bikes.

Bidder is bidding on the lot and successful bidder will take all parts and pieces.

# Shop Burlington for all your needs

## Health Essentials

Natural Foods, Vitamins, Massage Therapy, Acupuncture & More

**Natural Living Cottage** & Wellness Center 314 14th Street, Burlington, Co. 719-346-4681



Advertising pays give Anne a call today.

785-899-2338