Age is not the issue in activities

DEAR ABBY: Two years ago, after 56 years of marriage, I became a widow. I am only 82. I miss the companionship, but what I miss the most is ballroom dancing. All my friends are widows, or their husbands are too feeble to dance.

I keep house for my divorced son and teenage grandson. I drive my grandson to school in a carpool, take him to the doctor, the dentist, etc. I am blessed with good health and can travel across the country to visit my daughters and other relatives. I play bridge three or four times a week. I am active in my religious community and have many friends of all ages. I love to read, and I'm never bored or lonely.

Abby, what I'm trying to say is: Age is all in the mind. - YOUNG AT HEART IN ARIZONA

DEAR YOUNG AT HEART: I agree with you. With your attitude you will never be "old" or lonely.

As to missing ballroom dancing, check your Yellow Pages for dancing schools and sign up for some classes. I knew a lady who went dancing well into her 90s. When she attended events, she would take one (or two!) dancing instructors with her. Where there's a will, there's a way.

DEAR ABBY: Both of my siblings and I are in our mid-20s. After years of fighting, bickering and unhappiness,

TUESDAY EVENING

abigail van buren • dear abby

my parents have finally separated for good. My mother has moved in with her cousin.

My problem is my mother is perpetually depressed. This has been going on for years. In addition, she has become more and more reclusive. Her life has become her job, her cat and occasional outings with her cousin, my siblings or me. We have tried repeatedly to get Mom into counseling or involved in any sort of social organization to no avail. Mother is only in her mid-50s and dislikes anything involving "seniors."

Abby, please help. Can you suggest some place or organization to which my mother can turn for help? WIT'S END IN WILMINGTON

DEAR WIT'S END: Chronic depression is caused by a chemical imbalance in the brain. The good news is that, in most cases, it is treatable. Your mother should see a physician for a thorough checkup, and if possible, you should accompany her and explain how restricted her life has become.

DEARABBY: I met an interesting,

caring, loving man four weeks ago. He is 23 and I am 28. We are very attracted to each other. We have already become intimate, and we have decided to date exclusively.

I realize our relationship has moved awfully fast, and it may not be the smartest thing I have ever done. My problem is, he never wants to go anywhere. He prefers to sit at his home or mine, watch TV, have sex or not - and he's completely satisfied with that.

I, on the other hand, am a go-getter. Ilove to be taken out and shown a good time, go dancing, go to the gym, to the movies, the theater and restaurants. I have discussed my unhappiness with him, but he thinks I'm overreacting. Is this a warning sign? What do you think? – FAST LOVE IN TEXAS

DEAR FAST LOVE: I think you have jumped the gun. Your boyfriend's passivity is a warning sign. Before you forego dating others, you need to know him a lot better. If there are major disparities now in your view of what makes a good time, consider the adjustments you will both have to make if you get really serious.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box



WEDNESDAY EVENING **AUGUST 1, 2006**

AUGUST 2, 2006

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	10PM	10:30				6PM	6:30	7PM	7:30	8PM	8:30	9 P M	9:30	10PM	10:30
			E	s	_				1	gle Cable	S = S&T Tel				
	(TV14)	Dog Bounty (TVPG)	36	647	A&E	(TVPG)	Dog Bounty (TVPG)	Inked (TVPG) (R)	Inked (TVPG) (R)	(R)	(R)	(R)	(R)	Dog Bounty (TVPG)	Dog Bounty (TVPG)
	(:05) Jimmy K (TV14)		4	6	ABC	Star (HD)	aking a Music	(TV14) (R) (HD)	Primetime: N teries (N)	-	at 10	(:35) Nightline (N)	(TV14)	
	Profiles of Nati Predators (TV		26	54	ANPL	The Crossing River. (TV G)	Kenya's Mara	Last Maneate of India (TVF		Animal Cops Amazing Rec		The Crossing River. (TV G)	Kenya's Mara	Last Maneate of India (TVP	er: Killer Tigers 'G)
	Project Runw	vay (R)	63	67	BRAVO	Project Runv (R)	vay (TV14)	Project Run	way (R)	Project Runv	way (N)	Project Runv	vay (R)	Last Comic 9 (TV14)	Standing
no\ HD	w with David	Ferguson (TV14)	7	11	CBS	Rock Star: S (N)	upernova	Criminal Mind lar Kids (R) (I		CSI: NY: All (TV14) (R) (I		News (N)	(:35) Late Sho Letterman (HI		Ferguson (TV14)
	Shark Attack: (TVPG)	: Predators	55	42	DISC	Everything Y Know: Shark	S	Us? (N)	They Hunting	MythBusters cial (TVPG)		MythBusters cial (TVPG)	Jaws Spe-	Everything Y Know: Shark	
	Comedy) ★ nusical group		33	56	DISN	(TV G)	(TV G)	So Raven (R)	Zack & Cody (R)	Phil (TVY7)		"Beethoven A family gets			narles Grodin. PG)
	Saturday Nig	ht (HD)	49	66	E!TV	Simple	Simple	Simple	Simple	Simple	Simple	E! News	The Daily	Saturday Nig	ght (HD)
-		NFL Live	22	28	ESPN		eball (Live) (H	ID)				SportsCente	r (HD)	Baseball	NFL Live
	Quite from N	ew York	23	29	ESPN2	Darts (Taped	l)	🖚 Wed. Fig	hts from Phila	delphia, PA (l	Live)	Quite from N	ew York	EOE Spec.	Poker
	Hazzard (TV	/PG)	32	2 58	FAM	"Ever After:	A Cinderella	Story" ('98)	Cinderella re	told.	Line	The 700 Club)	Hazzard (T)	, /PG)
	"That Thing	You"	35	5 -	FMC	"The Chase	" ('94, Action/	Adventure) 🛪	ł	"Wisdom" (([•] 86) Emilio Es	tevez, Demi M	Noore.	"The Chase	
		Tasty Travels (R)	53	45	FOOD	Emeril Live: G Cheeses (R)	Freat American	Food Network Mystery Cake		Feasting on	Asphalt: Fry	Good Eats: E Eats (TV G)		Food Network	k Challenge:
	Maury (TVP	G) (R)	13	7	FOX	Bones: Two Lab (R) (HD		You Think Yo Top 6 Perforr	ou Can Dance: n	Fox Report		Blind Date (TVPG)	Blind Date (TVPG)	Maury (TVF	PG) (R)
00) Chinese dru	ug lord.	27	25	FX	'70s	'70s	King	King	'70s	'70s	Cops	Cops	Cops	Cops
	Rockies	BDSSP	30	27	FXSP	Dbl. Play	Rockies		eball Brewers					Rockies	BDSSP
	-	MASH	-	60	HALL	Walker: Payb			I-Star Assass			MASH	MASH	MASH	MASH
	f Heaven" ('0 for Jerusalen		5	-	нво		"Racing Str dreams of ho	ipes " ('05, Fa orse racing. (I	amily) Zebra HD)	Misfits enter	eball: A True dodgeball tou	irnament. (HD		Deadwood: Smiles (R) (
_	<u> </u>	Bad Bath	62	2 44	HGTV	Landscape	Want That!	Tech Toys	Outsiders		Worth What		House?	Landscape	Want That!
	The Mysteries masons: Ame	rica	58	48	HIST	Modern Man eries (TVPG	vels: Distill-	Modern Mar (TVPG)	vels: Brewing	staple. (TVPC	/	Cream Elite	ireat.	Modern Mar eries (TVPC	à)
('9: obs	3, Comedy) 7 sled team. (P	★★½ Leon. G)	25	38	IND	Raymond (TVPG)	Raymond (TVPG)	Raymond (TVPG)	Raymond (TVPG)	Sex & City (TVMA)	(TVMA)	(:15) "Unfait A woman ha	s an affair wit		
	Frasier	Frasier		63		"The Pilot's	Wife" ★★	"Vanished"	('06, Thriller)		, ,	Will (HD)	Will (HD)	Frasier	Frasier
_		Key West	54	74	MTV	Key West	NEXT	l Be You		Movie	The Hills		The Hills	The Hills	The Hills
	(HD)	(:35) Jay Leno (HD)	3	9	NBC	9 News (N) (HD)	, ,	round. (TV1-	, , ,	_		Law & Order (TV14) (R) (I	ID) Č	9 News (N) (HD)	(:35) Jay Leno (HD)
	N) (HD)	Late Night (N) (HD)	8	8	NBC	America's Go round. (TV14	/ ` /			Law & Order (TV14) (R) (I	HD)	KSN News at 10	Tonight Show Leno (TV14) (Late Night (N) (HD)
	Roseanne	Roseanne	34	55	NICK	Sponge	Just Kicks		Bel-Air	Different	Different	Different	Different	Different	Different
	Charlie Rose	(N)	2	2	PBS	Dr on Call	Opinion (TVPG)		ncoln Center: 2006 (TV G)		L. McKennitt (TV G)	BBC World News	As Time Go	Charlie Rose	e (N)
Τ	Eureka (R)		38	8 71	SCIFI	"Crocodil2"	('02) ★ (R)	"Tail Sting"	('01) 1/2 Scorp	oions on a pla	ane. (R)	"Dragon Fig	hter" ('03) ★	Cloned drag	jon. (R)
	"Is Not Enou	ugh" ★½	61	72	SPK	Trek: Next: D	armok	Police (TV14	4)	CSI (HD)		CSI: Crime	HD)	UFC Unleas	hed (R)
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7:30 8PM 8:30 9PM 9:30 10PM 10:30 6PM 6:30 7PM E = Eagle Cable S = S&T Telephone King of Cars King of Cars Biography Wrestling leg-(R) (R) end. (TV G) (R) Dog Bounty (TVPG) Dog Bounty Dog Bounty Dog Bounty Murde 36 47 A&E (TVPG) (TVPG) (TVPG) TV14) (TV14) The One: Making a Music Star Nine contestants perform. (N) (HD) ccording George KAKE News (:35) Nightline (:05) Jimmy Kimmel Live ABC 4 6 Lopez (R) lim (R) lat 10 (N) (TV14) he Most Extreme: Killer Profiles of Nature: Purrfect Animal Cops - Detroit: Mys The Most Extreme: Killer Profiles of Nature: Purrfect 26 54 ANPL ats (TVG)(R) Predators (TVG) terious Injuries Cats (TV G) (R) Predators (TVG) Project Runway (R) Vork Out Trainers' re-Work Out Jackie's mom Work Out Jackie's mom Queer Eye: Miles G 63 67 BRAVO Transgender) (R) reat. (R) visits. (N) visits. (R) (:35) Late Show with David Letterman (HD) (TV14) 48 Hours Mystery (N) ig Brother 7: All-Stars Rock Star: Supernova News (N) 7 11 CBS Letterman (HD) Dirty Jobs: Jobs That Bite Mike takes a stab at tag-Perfect Shark Predator hark Attack: Predators Shark Attack: Predators 55 42 DISC ging sharks. (TV14) TVPG) evolves. (N) (TVPG) Phil (TVY7) So Raven "The Cheetah Girls" ('03, Comedy) ★1/2 Raven. ven Steve Lizzie (TV So Raven Zack & Cody 33 56 DISN G) Four teenage girls form a musical group. (G) rv G) The Girls Next Door E! Ent. Special (R) 49 66 E!TV E! Ent. Special (R) E! News The Daily Saturday Night (HD) 22 28 ESPN oker (Taped) Poker (Taped) Contender (TVPG) SportsCenter (HD) Baseball NFL Live 23 29 ESPN2 WNBA Game (Live) 🕀 WNBA Game (Live) Quite from New York 32 58 FAM "Dirty Dancing" ('87, Drama) Teen finds love The 700 Club Hazzard (TVPG) Line Line 'Secret World" ('68, Drama) ★★ (PG) "All That Jazz" ('79, Dance) Roy Scheider. "That Thing You" 35 -FMC Tasty Travels Road Tasty Travels (R) meril Live: A Taste of \$40 a Day: Ham on St. Good Eats \$40 a Day \$40 a Day 53 45 FOOD reece (TV G) (R) Tasted Napa Maury (TVPG) (R) louse: Clueless (TV14) House: Safe (TV14) (R) Fox Report Blind Date Blind Date 13 7 FOX (TVPG) R) (HD) (HD) (TVPG) King 27 25 FX 1:00) '70s (TVPG) King '70s '70s "Kiss of the Dragon" ('00) Chinese drug lord. Dbl. Play Rockies 30 27 FXSP MLB Baseball Brewers at Rockies (Live) Rockies BDSSF "Musical Murder" ('89) ** Theatrical murder. MASH MASH MASH Walker (TVPG) MASH - 60 HALL "Kingdom of Heaven" ('05) Cru saders battle for Jerusalem. (HD) Supercross" ('05, Action) ★ Two "Dave" ('93) A look-a-like president takes ove 5 HBO rothers compete in races. (HD) when the real one become's mortally ill. (HD) 62 44 HGTV Bad Bath Designed Bad Bath Designed Decorating Curb Appl. House Hunt Buy Me My Parents Designer The Mysteries of the Free-Mega Movers: B-25 Modern Marvels: Extreme The Mysteries of the Free-Mega Disasters: Mega HIST 58 48 Bomber (TVPG) Aircraft (TVG) masons: America asons: America Blast Sex & City Friends Seinfeld (:15) "Cool Runnings" ('93, Comedy) ★★1/2 Leon riends Sex & City Seinfeld IND 25 38 (TVMA) TVMA) (TVPG) (TVPG) Jamaican men form a bobsled team. (PG) 5:00) "Tempo" ('03) Will (HD) Will (HD) Frasier 18 63 LIFE "Friends 'Til the End" Psycho meets singer Frasier Sweet 16 Sweet 16 54 74 MTV NFXT NEXT Be You Room Raid Sucker Free on MTV Key West Kev West 9 News (N) (:35) Jay (HD) Leno (H Law & Order: Special Vic-tims Unit (R) (HD) News (N) ET (TV G) ast Comic Standing Fear Factor: Viewer's NBC 39 Leno (HD) (HD) Choice (TVPG) (N) (TV14) (N) Fear Factor: Viewer's Last Comic Standing Law & Order: Special Vic-KSN News at Tonight Show with Ja I ate Nich 8 8 NBC Leno (TV14) (N) (HD) Choice (TVPG) (N) tims Unit (R) (HD) (TV14) (N) 10 (N) **(HD)** Zoey 101 34 55 NICK Sponge Full House Hi-Jinks Roseanne Roseanne Roseanne Roseanne Roseanne Roseanne Wide Angle: Flying Down BBC World Python: Nova: This Old Pyramid Kansas' Biggest Rodeo Charlie Rose (N) PBS 2 2 to Kabul (N) News Dinsdale Eureka (N) Superhero 38 71 SCIFI Dead Like ECW Wrestling (Live) Eureka (R)

43							Spaced Out	Rides: Under Pressure (TV G)		Overhaulin': Le Mama's Boy (TV G) (R)	
40	TNT	Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		Cold Case (HD)		The Closer (R) (HD)	
49	TRAV	Taste	Taste	Made	Made	Outdoors (T	VG)	Taste	Taste	Made	Made
59	TVLND	Little House	(TV G)	Griffith	Sanford	Sanford	Times	3's Co.	3's Co.	Sanford	Sanford
79	UNIV	La fea más bella		Barrera de amor		¡Qué madre	Vecinos	Primer imp	Noticiero	Hr de risa (T	VPG)
37	USA	Law & Order	(HD)	"Collateral D)amage " A m	an hunts for l	his family's kil	ler.	Law & Order	(HD)	Zone (R)
3			Raymond (TVPG)	Gilmore Girls (HD)				News2 @ Nine (N)		Raymond (TVPG)	Will (TV14)
39	WGN	"In the Line	of Duty: Blaz	ze of Glory" ('97)	WGN News a	at Nine	Sex & City	Becker Home Videos		3
	40 49 59 79 37 3	43 TLC 40 TNT 49 TRAV 59 TVLND 79 UNIV 37 USA 3 WB	 TLC (TVPG) TNT Law & Order TRAV Taste TVLND Little House VINIV La fea más b USA Law & Order WB Friends (TV14) 	43 TLC (TVPG) All (R) 40 TNT Law & Order (HD) 49 TRAV Taste Taste 59 TVLND Little House (TV G) 79 UNIV La fea más bella 37 USA Law & Order (HD) 3 WB Friends (TV14) Raymond (TVPG)	43 TLC (TVPG) All (R) home. (TV G) 40 TNT Law & Order (HD) Law & Order 49 TRAV Taste Taste Made 59 TVLND Little House (TV G) Griffith 79 UNIV La fea más bella Barrera de ar 37 USA Law & Order (HD) 3 WB Friends (TV14) Raymond (TVPG) Gilmore Girls	43 TLC (TVPG) All (R) home. (TV G) 40 TNT Law & Order (HD) Law & Order (HD) 49 TRAV Taste Taste Made Made 59 TVLND Little House (TV G) Griffith Sanford 79 UNIV La fea más bella Barrera de amor 37 USA Law & Order (HD) "Collateral Damage" A m 3 WB Friends (TV14) Raymond (TVPG) Gilmore Girls (TVPG) (R)	43 TLC (TVPG) All (R) home. (TV G) (TV G) (R) 40 TNT Law & Order (HD) Law & Order (HD) Law & Order (HD) 49 TRAV Taste Taste Made Made Outdoors (T 59 TVLND Little House (TV G) Griffith Sanford Sanford 79 UNIV La fea más bella Barrera de amor ¡Qué madre 37 USA Law & Order (HD) "Collateral Damage" A man hunts for I 3 WB Friends (TV14) Raymond (TVPG) Gilmore Girls (TVPG) (R) Gilmore Girls (HD)	43 TLC (TV G) All (R) home. (TV G) (TV G) (R) 40 TNT Law & Order (HD) Law & Order (HD) 49 TRAV Taste Taste Made Made Outdoors (TV G) 59 TVLND Little House (TV G) Griffith Sanford Sanford Times 79 UNIV La fea más bella Barrera de amor ¡Qué madre Vecinos 37 USA Law & Order (HD) "Collateral Damage" A man hunts for his family's kill 3 WB Friends (TV14) Raymond (TVPG) Gilmore Girls (TVPG) (R) (HD) Gilmore Girls (TVPG) (R)	43 ILC (TVPG) All (R) home. (TV G) (TV G) (R) (TV G) 40 TNT Law & Order (HD) Law & Order (HD) Law & Order (HD) Cold Case (49 TRAV Taste Taste Made Made Outdoors (TV G) Taste 59 TVLND Little House (TV G) Griffith Sanford Sanford Times 3's Co. 79 UNIV La fea más bella Barrera de amor ¡Qué madre Vecinos Primer imp 37 USA Law & Order (HD) "Collateral Damage" A man hunts for his family's killer. 3 WB Friends (TV14) Raymond (TVPG) Gilmore Girls (TVPG) (R) Gilmore Girls (TVPG) (R) News2 @ Ni	43 TLC (TVPG) All (R) home. (TV G) (TV G) (R) (TV G) 40 TNT Law & Order (HD) Law & Order (HD) Law & Order (HD) Cold Case (HD) 49 TRAV Taste Taste Made Made Outdoors (TV G) Taste Taste 59 TVLND Little House (TV G) Griffith Sanford Sanford Times 3's Co. 3's Co. 79 UNIV La fea más bella Barrera de amor ¡Qué madre Vecinos Primer imp Noticiero 37 USA Law & Order (HD) "Collateral Damage" A man hunts for his family's killer. Law & Order 3 WB Friends (TV14) Raymond (TVPG) Gilmore Girls (TVPG) (R) Gilmore Girls (TVPG) (R) News2 @ Nine (N)	43 ILC (TVPG) All (R) home. (TV G) (TV G) (R) (TV G) Boy (TV G) (R) 40 TNT Law & Order (HD) Law & Order (HD) Law & Order (HD) Cold Case (HD) The Closer (F) 49 TRAV Taste Taste Taste Made Outdoors (TV G) Taste Taste Made 59 TVLND Little House (TV G) Griffith Sanford Sanford Times 3's Co. 3's Co. Sanford 79 UNIV La fea más bella Barrera de amor ¡Qué madre Vecinos Primer imp Noticiero Hr de risa (TV 37 USA Law & Order (HD) "Collateral Damage" A man hunts for his family's killer. Law & Order (HD) Raymond (TVPG) 3 WB Friends Raymond Gilmore Girls (TVPG) (R) Gilmore Girls (TVPG) (R) News2 @ Nine (N) Raymond (TVPG)

CSI: Crime (HD)

Police (TV14)

39	43	TLC			While You Were Out: Aus- tin: Carpe Diem						Untold Stories of the E.R.: Life and Limb	
28	40	TNT	Without a Tra	ice (HD)	Nightmares	(HD)	Nightmares (HD)		Saved (HD)		Las Vegas (HD)	
51	49	TRAV	Bizarre Food	s (TVPG)	Professional	Poker Tour: F	oxwoods Final		Bizarre Foods (TVPG)		Poker Tour	
21	59	TVLND	Little House	(TV G)	Griffith	Sanford	First Time	Times	3's Co.	3's Co.	First Time	Times
60	79	UNIV	La fea más b	ella	Barrera de amor		Francisco (TVPG)		Primer imp Noticiero		Hr de risa (TVPG)	
20	37	USA	Law & Order	(HD)	Law & Order (HD)		Law & Order (HD)		Law & Order (HD)		Superhero	
12	2 3		Friends (TVPG)			Blue Collar TV (R)	One Tree Hil	I (R) (HD)	News2 @ Nine (N)		Raymond: The Ball	Will
99	39	WGN	🛇 MLB Bas	eball (Live) (H	ID)			News (N)	Becker	Home Videos	6	

THURSDAY EVENING

61 72 SPK Trek: Next: The Host

CSI: Crime (HD)

			6PM	6:30	7PM	7:30	8PM	8:30	9 P M	9:30	10PM	10:30	
Ε	s						gle Cable						
36	47	A&E	The First 48: Candy (TVP	G) (R)	The First 48: D tion (TVPG) (I	R) ´	Miami City Vi leads team.		Cold Case Fil case. (TVPG)	(R)	The First 48: Devil's Candy (TVPG) (R)		
4	6	ABC	Extreme Mak (TVPG) (N)		, , ,		. ,		KAKE News (:35) Nightline at 10 (N)		(TV14)		
26	54	ANPL	Massive Natu (TVPG)	ure Events inf			gettable Cases		(TVPG)	ure Events inf	luence anima	l's survival.	
63	67	BRAVO	Queer Eye: N (Transgende		Project Runw	vay (R)	Last Comic Standing (TV14)		America's Got Talent			Tabloid Wars (R)	
7	11	CBS	Big Brother 7 (N)		CSI: Crime Sc gation (R) (HI)	Time (R) (HI	Without a Trace: Lost Time (R) (HD)		(:35) Late Sho Letterman (HI	D)	Ferguson (TV14)	
55	42	DISC	Shark Roulet	, ,	Shark Rebellic man-eaters. (1	TVPG)	Shark Attack (TVPG)		Shark Roule	()	Shark Roulet	te (TVPG)	
33	56	DISN			(R)	(R)	Phil (TVY7)	(R)	('02) Hook ki	I: Return to I dnaps Jane. ((G)	Emperor's (TV G)	
49	66	E!TV	E! True Story	()	Saturday Nig		Saturday Nig	ht (HD)	E! News		Saturday Nig	ht (HD)	
22	28	ESPN	Poker (Taped	/	X Games 12				SportsCente	r (HD)	Baseball	NFL Live	
23	29	ESPN2	🛇 (5:00) MLI	3 Baseball (L	ive) (HD)		Baseball Ton	ight (HD)	USA Baskett	ball from Las V	Vegas, NV (Li	ve)	
32	58	FAM		<u> </u>	Boy wants cre	<u> </u>	-	Line	The 700 Clu	-	Hazzard (TVPG)		
35	-	FMC			d" ('76, Drama		" Porky's " ('8	32, Comedy)	★ Dan Mona	han. (R)	"Mischief" (85) ★★	
53	45	FOOD	Emeril Live: H (TV G) (R)		Iron Chef America (TV G) (R)		Throwdown	Road Tasted	Good Eats (R) Blind Date	\$40 a Day	Iron Chef America (TV G) (R)		
13		FOX	()	That '70s Show (R)	You Can Dar Voted Off Liv	е	'	Fox Report		(TVPG)	Maury (TVP		
27	25	FX			King	'70s	'70s		alow: Male G	igolo" ('99) ★★ (R)			
30	27			Spotlight: Cli		Rodeo (Tape	- /	Aussie Millio	ns Poker	Rockies	D. Costa	BDSSP	
-	60	HALL	Walker (TVP		"Perry Maso	n: Poisoned			MASH	MASH	MASH	MASH	
5	-		"Flight of the Phoenix" (Crash survivors build new		plane. (PG-13) (HD)		"Surviving Christmas" M rents family for Christmas.		. (HD)	(R)	Lucky Louie (R)	(R)	
62	44		Design: Chall					Remix	Big Style	Design: Chal			
58	48	HIST	Ancient Discov of Alexandria		Doomsday Prophecy		Sweet's journey.		Hooked: LSE and the Rave	es	Ancient Disco of Alexandria		
25		IND		Friends	ding planner	falls in love w	vith a groom-to		ley. Two girls	es Two" ('95, who look alik	ke tradé place	S.	
18		LIFE	"Stranger Be		Stranger in N		/		Will (HD)	Will (HD)	Frasier	Frasier	
54	74	MTV	- ()	NEXT		Room Raid	Sucker Free	-	The Band 3	The Band 3	The Band 3	Run House	
3	9		9 News (N) (HD)	. ,	· /	(R) (HD)	America's Got Results Show	(N)	(TV14) (N) (H		(HD) `´	(:35) Jay Leno (HD)	
8	8	NBC	Name Is Earl (R)	(R) (HD)	America's Got Results Show		Windfall: The I (TV14) (N) (HI	D)	10	Tonight Show Leno (TV14) (N) (HD)	Late Night (N) (HD)	
34	55	NICK	Sponge	Romeo!		Bel-Air	-	Bel-Air	Bel-Air		Bel-Air	Bel-Air	
2	2	PBS		Spotlight	This Old Hou G) (R)		ton, Texas (R)	News		Charlie Rose (N)		
38			Superhero (F	,	Superhero (N	,	Darkplace	Darkplace		90, Horror) W			
61	72	SPK	Trek: Next: Er	<u> </u>	Police (TV14)		CSI (HD)		CSI (HD)		UFC Unleast	- ()	
	43	ILC	(R)	All (R)	The Drop Zone		Mostly True S Knockout Perl	fume	()		moved		
-	40		Without a Trace (HD) "Out of Time" ('03, Thrille		· ·		Nightmares		Nightmares				
	49		Passport Passport Sand Blasters (TV G)			Sand Blaster	· · · ·	Passport (TV		Sand Blaster	· · ·		
	+ +		Little House	. /		Sanford		Times	3's Co. 3's Co.		All Family All Family		
	79		La fea más b		Barrera de ar		Aquí y ahora	· · ·	Primer imp Noticiero		Hr de risa (T	,	
20	37		Law & Order	<u> </u>	Law & Order	()	Law & Order		Law & Order		Law & Order	<u> </u>	
	3	WD	(TVPG)	Raymond (TVPG)	Smallville: Cy (HD)		Supernatural (R) (HD)		News2 @ Ni		Raymond (TV G)	Will: Homojo (TV14)	
99	39	WGN	"Inspector G	adget 2" ('0	3) Dr. Claw es	capes	WGN News a	at Nine	Sex & City	Becker	Home Videos	3	

AUGUST 3, 2006 FRIDAY EVENING

AUGUST 4, 2006

-			6 P M	6:30	7PM	7:30	8PM	8:30	9 P M	9:30	1001	10:30
E	s		OPIN	0.30			gle Cable	S = S&T Tel		3:30	10PM	10:30
	47	A&E				as Cage, Ada US Marines ii	m Beach. Na			stice: When	"Windtalkers WWII Navajo	
4	6	ABC	America's Fun Videos (TVPC		Kyle XY: Bla Rain (N) (HI		20/20 (N)		KAKE News at 10	(:35) Nightline (N)	(TV14)	
26	54	ANPL	Meerkat (TV G)	Videos: Epi- sode 5	All New Plane Animals (TV		Animal Cops ling Diesel (T\	/PG)	Ultimate Dog: Terrier Trials		Meerkat (TV G)	sode 5
63	67	BRAVO	" Pulp Fictio Travolta. Cor	n" ('94, Come voluted journ						John Travoli ble crossing b	ta. Crime-world hit men poxer. (R)	
7	11	CBS	NCIS: Twiligh (R) (HD)	()	The Unit: Un (TVPG) (R) (HD)	NUMB3RS: Guns and Roses (TVPG) (R) (HD)		News (N)	(:35) Late Sho Letterman (Hi		Ferguson (TV14)
55	42	DISC	Sharks: Are T Us?		Harder (TV14	4)	Science of S (TVPG)		Perfect Shar evolves.		Us?	They Hunting
33	56	DISN	ens (R)	Lizzie Mc- Guire (R)	So Raven (R)	Zack & Cody (R)	Hannah (R)	(R)		itch 2: Stitch Family) (PG)	Has a	Emperor's (TV G)
49	66	E!TV	E! True Story	: Pink (R)	Simple	Simple	The Soup	Chelsea H.	E! News	The Daily	Saturday Nig	ht (HD)
22	28	ESPN	Poker (Taped)	X Games 12	from Carson,	Calif. (Live)		SportsCente	r (HD)	Baseball	NFL Live
23	29	ESPN2	Contender (rvpg)	🖚 Friday Nig	pht Fights fror	n Memphis, 1	N (Live)	Quite from N	ew York	X Center	
32	58	FAM	-	Line	Line	Line	Line	Line	The 700 Clul		Hazzard (T\	/
35	-	FMC		('76, Horror)				Drama) **		. ,	(:10) "Taps"	<u>, ,</u>
53	45	FOOD	Emeril Live: ((TV G) (R)		\$40 a Day	Tasty Travels (R)		Unwrapped	(R)	\$40 a Day	\$40 a Day (R)	Tasty Travels (R)
13		FOX	inadvertently		ct via e-mail.	(HD)	Fox Report		Blind Date (TVPG)	Blind Date (TVPG)	Maury Animal tape. (TVPG)	(R)
\vdash	25	FX	'70s	'70s	King	King	'70s	'70s	'70s	'70s	'70s	'70s
30		FXSP	FSN Report Rockies Dbl. Play Rockies			~	eball Rockies	```	· '			
-	60	HALL	Walker: Mear			on: Desperate			MASH	MASH	MASH	MASH
5	-	HBO	(5:00) "Harry of Azkaban"	('04) ★★★	(HD)	ers love for b	àsketball. (Po	G) (HD)	Entourage (R) (HD)	Entourage (R) (HD)	Entourage (R) (HD)	Entourage (R) (HD)
62	44	HGTV		Remix (R)	Double	FreeStyle	House Hunt		1st Place	Want That!	Get Color!	Remix (R) ajestic Twelve:
58	48	HIST	UFO Cover-U	ijestic Twelve: p Friends	UFO (TVPG		UFO Files Fi "Grays". (TV	PG)	UFO Files So skies. (TVPC		UFO Cover-U	ģ
25 18			"The Benefic		forever chan	ged by the bir	th of his child		lives of two y	Will (HD)	Frasier	Frasier
10 54		MTV		NEXT	Black Wild	Room Raid	The Video	The Band 3	The Band 3	. ,	Fresh Meat	Fresh Meat
3	9	NBC	9 News (N) (HD)		Dateline NB		Las Vegas: ((TV14) (R) (I	Coyote Ugly		: Bible Storv		(:35) Jay Leno (HD)
8	8	NBC	Dateline NBC	C (N)	Las Vegas: ((TV14) (R) (I		Law & Order (TV14) (R) (I	: Bible Story		Tonight Show Leno (TV14) (with Jay	Late Night (N) (HD)
34	55	NICK	"Sabrina Go	es to Rome"	Solving secr	ets.		Full House	Full House	Full House	Full House	Full House
2	2	PBS	Washington Week	Kansas Week	Market to Market	Now (N)	Ballykissang Call		BBC World News	RedGreen (TVPG)	Charlie Rose	(N)
38	71	SCIFI	Stalker: Into t	he Night	Stargate: Ins	iders (N)	Stargate Atla	antis (HD)	Stargate: SG	-1 (R)	Stargate Atla	ntis (R)
61	72	SPK	Trek: Next: Th	ie Game	Police: PIT C	hase	CSI: Crime	(HD)	CSI: Crime	(HD)	CSI: Crime: E	Ellie (HD)
39	43	TLC	Home Chef Dinner Takes While You Were Out: Tulsa: (R) All (R) Fleur de Lys		A. (TVPG) (R		Home Chef (R)	Home Chef (TVPG)	What Not to G. (TVPG) (Wear: Nancy N)		
28	40	TNT	"The Mumm			a deadly curs				ole unleashes	a deadly curs	se.
	49	TRAV	U.F.O.s (TV (/	UFO (TV G)		Haunted (TV	/	U.F.O.s (TV	_/	UFO (TV G)	
-	59	TVLND	Little House	<u>, </u>		Sanford		('86) ★★★ /			Happy Days	Benson
	79	UNIV	La fea más b		Barrera de a		Casos de la		-	Noticiero	Incógnito	
20	37	USA	Law & Order	<u> </u>	Monk (TVPG		psych: 9 Live		House (TV1		Monk (TVPG	
	3	WB	(TVPG)	Raymond (TVPG)	(R) (HD)	Twins (R) (HD)	Reba (R) (HD)	Living with Fran (R)	News2 @ Ni	. ,	Raymond (TVPG)	Will (TV14)
99	39	WGN	"Air Bud: Sp	ikes Back"	 Playing vol 	leyball.	WGN News	at Nine	Sex & City	Becker	Home Video	S