

student news

Britta Elizabeth Warren graduated from the University of Kansas School of Law on May 21, 2006. She received a Juris Doctor Degree. She graduated from Goodland High School in 1998 and from the University of California at Santa Cruz in 2003. She is the daughter of Perry and Janet Warren, Lawrence, formerly of Goodland.

Deborah Benisch, a Goodland High School graduate and a Fort Hays State University senior, accepted a \$400 Teacher Education Scholarship for the 2006-07 school year. The daughter of Henry Nagel Jr. of Kanorado, she is majoring in elementary education and is on the dean's honor roll.

Brittany Baber, Tribune, graduated from Avila University in Kansas City, Mo., with a Bachelor of Science Degree in nursing.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.**

"Nifty '50s Photograph Collection" is on display from **9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 4 p.m. Saturday** at the High Plains Museum, 1717 Cherry Ave.

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Friday and from 1 to 4 p.m. Saturday, Sunday and Monday.** Goodland native Marvin Seaman will exhibit his photographs through Wednesday, Aug. 30.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Diabetes Support Group meets at **7 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at **5:30 p.m. the first Monday** of the month in the dome at Howard Johnson's. Any woman with cancer is welcome. Call Cheryl at 890-5528.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

Aerobics Classes - 5:30 and 7:30 a.m. aerobics classes are offered **Monday, Wednesday and Friday** at the Goodland Activities Center. Yoga is offered at **8:30 a.m. Wednesday.** Call 890-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** at North Elementary School. Weigh-in is at 5 p.m.

Alcoholics Anonymous S.O.S. Group holds open meetings at **7 p.m. Monday** at the Trinity Lutheran Church, Seventh and Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday**, a closed meeting with Al-Anon, **Wednesday**, the book meeting, and **Saturday**, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353. For Al-Anon, call Cheryl at 890-3023.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 to 9 p.m. Tuesdays, open; 8 to 9 p.m. Thursdays, closed; and 6:30 to 7:30 p.m. Saturdays, open**, at the Elks Lodge. Call 890-8369.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Admission to the **Prairie Museum of Art and History** will be free from **1 to 5 p.m. Central Time Sundays** at 1905 S. Franklin in Colby. The museum is also open from 9 a.m. to 5 p.m. Central Time

the calendar

calendar

The **Sherman County Community Partnership for Prevention Education** will meet at **3:30 p.m. today** at Gambino's. Call Cris Riebel at 890-8895 or Wendy Wellman at (785) 460-8177.

All-Kids Theater rehearsal will be at **11 a.m. Wednesday** in the high school auditorium.

Pastor Leonard Cox will present **"Are You Ready? Signs of the End Times"** from **7-8 p.m. Wednesday and Aug. 16** at the Kanorado United Methodist Church.

TNT Singles will not meet Thursday. The group will meet at **6:30 p.m. Thursday, Aug. 24**, at Edwards Hall for cards and food. Call 899-2733.

The Goodland High School cheerleaders are having an **all-you-can-eat breakfast from 6 to 9:30 a.m. Saturday** at the Elks Lodge, 1523 Arcade. They will serve pancakes, sausage, biscuits and gravy, coffee and orange juice to raise money for new uniforms.

A **pancake breakfast with international coffees** will be from **6:30-9:30 a.m. Saturday** at the Goodland High School cafeteria, and school tours will be available. Donations will be accepted for the AFS Goodland Chapter.

The **Kanorado reunion** will be from **2 to 4 p.m. Saturday** at the Veterans of Foreign Wars hall. It has been changed from the 1 to 3

p.m. time that was announced.

SHARE sign up for the August distribution of food will be until **Monday** at the Sherman County Health Department. Pick up will be from 10:30 to 11:30 a.m. Saturday, Aug. 26, at the Goodland Elks Lodge for the August distribution.

The **annual book sale** at the **Goodland Public Library** will continue **until Saturday, Aug. 19.** Items for sale include hard-back books, paperbacks, magazines, audio cassettes, video cassettes, records, computers and printers. The library is still accepting donations for the sale and will continue to put items out, so come back often. Library hours are 10 a.m. to 7 p.m. Monday through Thursday and 10 a.m. to 5 p.m. on Friday and Saturday.

Classes at the **Goodland Learning Center** begin **Wednesday, Aug. 23.** Enroll now. The center provides the opportunity for adults to receive their high school diploma in a customized and flexible manner.

school calendar

Today: Elementary enrollment in the high school cafeteria. Band camp 7 a.m. for all students. Mandt training and recertification 8 a.m. in the high school ITV room. Junior high enrollment for new students 8 a.m. Summer school 8:30 a.m. at the high

school. Football rules meeting 5 p.m. at Oakley. Volleyball rules meeting 6:30 p.m. at Oakley.

Wednesday: Elementary enrollment in the high school cafeteria. Band camp 7 a.m. for all students. Junior high enrollment for seventh grade 8 a.m. Summer school 8:30 a.m. at the high school.

Thursday: Elementary enrollment in the high school cafeteria. Band camp 7 a.m. for all students. Junior high enrollment for eighth grade 8 a.m. Summer school 8:30 a.m. at the high school.

Friday: All school reunion in the Max Jones Fieldhouse. Band camp 7 a.m. for all students. Summer school 8:30 a.m. at the high school. Eighth grade football checkout 9 a.m. Seventh grade football checkout 10 a.m. Goodland High School alumni walk through 2 p.m.

Saturday: All school reunion in the Max Jones Fieldhouse. AFS breakfast 6 a.m. in the high school cafeteria.

seniorcenter menu

Wednesday: Smothered steak, mashed potatoes and gravy, carrots, bread and pineapple. **Thursday:** Chef salad, cantaloupe, bread sticks and peach upside down cake with topping. **Friday:** Ham and scalloped potato casserole, peas, four seasons fruit cup, roll and cook's choice complement.



Gladys and Jake Wilkening

Pair together 50 years

Jake and Gladys Wilkening will celebrate their 50th wedding anniversary Saturday, Aug. 26, 2006. Send cards to them at 310 Eustis, Apt. 2, Goodland, Kan. 67735.

obituary

Connie Ginn

Connie Ginn, 63, Goodland, a retired insurance agency secretary, died Sunday, Aug. 6, 2006, at Goodland Regional Medical Center.

She was born Jan. 1, 1943, at Burden, Kan., the daughter of Ray and Esther (Corder) Branson. She attended schools in Kismet and graduated from Kismet High School.

On Nov. 18, 1961, she married Joseph Ginn at Clayton, N.M. In 1968, they moved from Liberal to Goodland, where she was a secretary for Shelter Insurance.

Preceding her in death were her parents and a sister, Donna Ray Branson.



Ginn

Survivors includes her husband; a son, Phillip (Deborah) Ginn of Highlands Ranch, Colo.; two sisters, Pat Robertson of Las Alamos, N.M., and Linda (Jim) Ranard of Crawfordsville, Ind.; and three grandchildren.

Services will be at 10 a.m. Thursday, Aug. 10, 2006, at the Koons Chapel in Goodland, with burial in Beulah Cemetery in

Colby. Visitation will be from 3 to 7 p.m. Wednesday at the chapel. Memorials may be made to the Connie Ginn Memorial in care of the funeral home, 211 N. Main, Goodland, Kan. 67735-1555.

Has your tomato cracked? It has too much pressure

Tomatoes often have problems with cracking caused by pressure inside the fruit that is more than the skin can handle.

Cracks are usually on the upper part of the fruit and can be concentric (in circles around the stem) or radial (radiating from the stem). We don't know everything about cracking, but here is what we do know:

Tomatoes have a root system that is dense and fibrous and is quite efficient in picking up water. Unfortunately, the root system can become unbalanced with the top of the plant.

Early in the season, it may be small in relation to the top growth, resulting in blossom-end rot when we get into hot, dry weather. Later it may be so efficient that it provides too much water when we get rain or irrigate heavily after a dry spell. This quick influx of water can cause the fruit to crack.

Even, consistent watering can help with cracking. Mulching will also help because it moderates moisture levels in the soil. However, you can do everything right and still have problems with cracking in some years.

We have evaluated varieties for

cracking during our tomato trials at Kansas State University. It takes several years worth of data to get a good feel for crack-resistant varieties, but we have found some real differences.

Some varieties crack under about any condition and others are much more resistant. The difference seems to be pliability of skin rather than thickness. The more pliable the skin, the more resistance to cracking.

The old variety Jet Star has been the most crack resistant of any we have tested, including the newer types. Unfortunately, Jet Star is an indeterminate variety that puts out rampant growth.

Newer varieties with more controlled growth are often more attractive to gardeners. Mountain Fresh, Floralina and Sun Leaper are smaller-vined types that have shown good resistance to cracking.

Dana Belshe is agricultural agent for Kansas State University Research and Extension and the Sunflower Extension District, covering Sherman and Wallace counties.



dana belshe

- ag notebook

Monday through Friday and 1 to 5 p.m. Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Wednesday: WIC in Goodland. Scheduled appointments. **Thursday:** Office closed 8 to 9 a.m. for a staff meeting. WIC in Goodland. Scheduled appointments. **Friday:** Scheduled appointments.

Assistance given for Medicare Plan D, Benefits for Seniors and application for Patients Assistance Drug Program. Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; family planning; and toenail clipping available by appointment. Sharps containers are available free. Call 890-4888.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m. a.m. and p.m. volunteers are in the gift shop.

Wednesday: Leora Jones, a.m.; Beulah McClung, p.m.; and Mazie Sutton, courtesy. **Thursday:** Jessie Owens, a.m., and VanVleet, courtesy. **Friday:** Faye Paxton, a.m., and Sutton, courtesy.

alumni reunion

The High Plains Museum will be displaying school photos during the 2006 alumni reunion in August. The museum needs photographs from the 1980s and '90s. Graduates from those decades should call the museum at 890-4595 or stop by if they can provide pictures.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the eld-

erly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 813 Main. Call Jeannie Topliff at 899-2426 or Candice at 866-448-2366.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 899-2007 to arrange to meet by the door in the alley and take donations directly from the car to the warehouse.

The store needs zippered bags like those bedding and curtains are sold in, seal-a-meal bags or any bags that can be heat-sealed and jewelry gift boxes.

alateen

A former Alateen member and an Al-Anon member have formed an Alateen support group that will meet from 6 to 7 p.m. on Mondays at 1275 W. Sixth in Colby. The group is for relatives and friends of alcoholics and is open to anyone 19 years old or under. Call 785-462-8152 or 462-6101.

tiny-k

Tiny-k Early Intervention Services, formerly the Early Intervention Networks, promotes development among infants and toddlers with special needs. The Northwest Kansas Educational Service Center in Oakley provides these services free of charge to children in this area.

Services include speech, developmental, vision and hearing screenings to all children and physical/occupational therapy and developmental training to children who qualify. Call 785-672-3125, ext. 115.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education

Families interested in having their child in the program should call Julie Dautel or Carrie Starns at 899-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about

any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Family Shelter in Hays has changed its name to Northwest Kansas Domestic and Sexual Violence Services and provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. **Support group for women's domestic violence victims/survivors** is from **3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment.** A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. For time and location of youth support group, ask for Donna Munsch.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call the Goodland Police Department at 890-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 821-4142 or 821-4146.

The Goodland Star-News

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Sherman

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Dear friends in Goodland- Thank you so much for all the lovely cards, letters and phone calls to help us celebrate our 65th wedding anniversary. It was so good to hear from each and every one of you.

Jane & Bob Todd

American Profile

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See American Profile magazine in this week's issue of

The Goodland Star-News

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