

Seasoned runners give cross country team strength

By Sharon Corcoran
The Goodland Star-News
The Goodland High School cross country team has a "new" coach, as 25-year assistant Richard Schwasinger steps into the head coach position.

For the girls, he said, the race will be longer this season, 4 kilometers (nearly 2.5 miles) instead of 2 miles. The team is anchored by experienced runners and has several new ones with great potential, the coach said. Eight boys and eight girls will put their feet to the trails at golf courses around the state this fall. Returning from last year's team for the boys are Kerek Mason, senior, and Chris Geeseka, Toby Hurst and Dustin Pennington, juniors. For the girls are Whitney Dautel, senior, and Brittane Medrano and Cassie Cooper, sophomores. New faces for the guys are Chanuntuch Anutropibil, a senior

Soap scrimmage tonight

Fans will get a first look at the Goodland High Cowboys football team during the annual Soap Scrimmage at 5:30 p.m. tonight at Cowboy Stadium. The Cowboy and Cowgirl Cross Country teams will do a demonstration run during the halftime at Friday's scrimmage. Coach Richard Schwasinger said

foreign exchange student from Thailand; Douglas Eddleman, also a senior; and Bryan Gray and Dallas Price, sophomores. For the girls are Stephanie Sheldon, senior; Hannah Blake, sophomore; and Precious Gonzales, Angie Medrano and Tanicia Arnold, freshmen. Michelle Smith, a sophomore, is the team's manager.

the team numbers are thin with eight boy and eight girls. "We will have to depend on the young players to step up," first year headfootball coach Jonathan Dansel said. Fans will get their first look at the Cowgirl volleyball team at 5 p.m. on Tuesday at Max Jones Fieldhouse.

"It's really gonna be a neat bunch of kids," Schwasinger said. "We could do great things with them." Schwasinger was assistant to Don Smith, who coached the team 27 years before taking the activities director position at the high school. Schwasinger will be assisted by Myron Tedford, who also will coach junior high cross country.

Mason will be the top gun for the boys, Schwasinger said; after competing all summer, he will be one of the top-ranked runners in the state. Schwasinger said Mason's workouts have been phenomenal. Mason competed in AAU championships throughout the summer and in the Sunflower State Games in Topeka in July. He won a medal at the state Class 4A cross country championship last year. Hurst is doing a great job, Schwasinger said; he did well last year, but is going to be much improved. Pennington is a good, solid runner, the coach said; he has a lot of foot speed. "We'll have to see how he progresses," Schwasinger said. Dautel will be the lead girl, he said, and Sheldon will be the team's nice surprise. She is new to cross country, he said, and is running with Dautel. Sheldon was a pole vaulter

on the track team, the coach said, and then started running the 800-meter race. Medrano is a really strong runner, he said, and ran last year. If she stays healthy, he said, she will be really good. Avoiding injuries will be a key for the whole team, he said. "We have some freshmen and sophomores that I think will really step in," Schwasinger said. "If they run like they're capable, the team will do really well." More and more have been joining the team, the coach said, adding that he hopes to add more. While assistant coach, he also coached cross country at Grant Junior High, a good way to scout up-and-coming runners for the high school team. "They're not high on numbers there either," he said. "If we can talk kids into going out, we'd love to have them." The Cowboys and Cowgirls will

start the season at home with the Goodland Invitational at 4 p.m. Thursday at Sugar Hills Golf Club. "I think we'll do really well," the coach said. The next meet will be at 8 a.m. Saturday, Sept. 9, in Wamego. Schwasinger said he hopes to take two teams there. "We'll push to take as many as possible to Wamego," he said. "That's where state will be." Those who don't run at Wamego will run at 3 p.m. Thursday, Sept. 14, at Oakley, the coach said. The rest of the schedule is: 2:45 p.m. Tuesday, Sept. 19, at Ulysses; 8:30 a.m. Saturday, Sept. 23, at Johnson; 4 p.m. Tuesday, Sept. 26, at Oberlin; 9 a.m. Saturday, Oct. 7, at Lakin; Northwest Kansas League 10 a.m. Saturday, Oct. 14, at Oakley; regionals, Saturday, Oct. 21; and state, Friday and Saturday, Oct. 27 and 28, at Wamego.

Golf team sets goal to get back to state

By Sharon Corcoran
The Goodland Star-News
Eight of 10 members of the Goodland Cowgirls golf team are returning veterans, and their goal is to work their way back to the state tournament this year. The girls will tee off their season at 2 p.m. Thursday in WaKeeney. "They have a chance of going to state," said Coach Connie Livengood, "and they are all working toward that. One of the team's goals is to do even better than last year." Seniors Brooke Whitmore, Amber Webster and Kerri Bellamy, juniors Sammie Raymer, Eryn Topliff and Heidi Yonkey, and sophomores Chelsie Gausman and Courtney Sheldon are all returning members of last year's state team. They are joined by freshmen Amber Douglas and Natasha Hillman. "We have a great team this year," Livengood said, "a lot of depth and experience." There are no beginners, she added; the freshmen played junior golf in the summer. "Everyone's serious about playing golf," she said. "I'm really excited." Last year, the Cowgirls had their biggest golf team, the coach said, with 18 members. This year, some of those girls are working, she said, and others are playing tennis. It's OK, she said; they were all

first-time golfers last year and just decided to do something else. For the season opener, Goodland will take six varsity and two junior varsity golfers to WaKeeney for the Trego Community High tournament. Then the Cowgirls will be hosts of the Goodland Invitational starting at 1 p.m. Tuesday, Sept. 5, at Sugar Hills Golf Club. It's a varsity and junior varsity tournament, but with 10 on the team, Livengood said, the Cowgirls may be split into two varsity teams to give them all some experience. Six would play varsity anyway, she said, so they may just split five and five. "I really think these kids can go a long way this year," she said. "They are good kids and have good work ethics." The rest of their schedule: Thomas More-Marian High in Hays at 8 a.m. Monday, Sept. 11; Colby High School at 2 p.m. Monday, Sept. 18; Scott City at 2 p.m. Thursday, Sept. 21; Ulysses at 9 a.m. Tuesday, Sept. 26; Lakin at 8:30 a.m. Saturday, Sept. 30; Syracuse at noon Thursday, Oct. 5; regional golf, Monday, Oct. 9; and state, Monday, Oct. 16. The team has junior varsity tournaments scheduled for 2 p.m. Tuesday, Sept. 12, at Ulysses; 2 p.m. Monday, Sept. 18, at Russell; and 3 p.m. Thursday, Sept. 28, at Syracuse.

Tennis team opens on the road at Cimarron

The nine members of the Goodland High School tennis team will have their first match Thursday at Cimarron against St. Johns, Ulysses, Cimarron, Hays and Tribune. The nine Cowgirls making the trip are Jena McCall, Sandy Johnson, Jillian Parker, Kaitlin Fugleberg, Linsey Owens, Kathy Wood, Leeanoora Kekalainen,

Shonna Webster and Sandra Redlin. Coach Wallace Hansen said that the team will not field a No. 2 singles entry. He has a young team, mostly sophomores. "I expect the three seniors to have a good season," Hansen said. The next match will be at 2 p.m. Tuesday in Phillipsburg.

Fort Hays State University plans golf, lunch at Sugar Hills

Alumni and friends can enjoy golf and lunch and help support the Fort Hays State University Alumni Association on Friday, Sept. 8, at the Sugar Hills Golf Club. The Northwest Kansas Tiger Golf Tournament and Luncheon will start with registration at 8 a.m. Tee-off is scheduled for 9 a.m. Larry McCants, president of First National Bank, is alumni host. He can be reached at (785) 890-5611 or mccants@fnb. McCants graduated from Fort Hays in 1971.

The tournament and luncheon will raise money for scholarships for students from northwest Kansas to attend the university. The tournament registration fee is \$75, which includes greens fees, a shared cart, gift, prize giveaways and lunch. You don't need to play golf to attend the luncheon, which will cost \$10. Dr. Edward Hammond, university president, and alumni, endowment association and athletic department representatives will talk about the university.

Hitting, tackling begins



Goodland Cowboy football practice had been lots of hitting and tackling since practice began with full pads last Thursday. Fans can see the team at the soap scrimmage tonight at 5:30 p.m. at Cowboy Stadium.

Photo by Pat Schiefen/The Goodland Star-News

Brewster, Winona combine players for football team

By Jay Kelley
Colby Free Press
The combined Brewster and Triplains (Winona) high school football team was introduced to fans Friday at the annual hot dog and watermelon feed sponsored by the Brewster Lions. The merged team will be known as the Titans, and those who had a part in the combination are very pleased with the result. "By the end of camp (in June), you couldn't tell who was from where," said coach Beau Sheets, a math instructor at Colby High School. Assistant coaches are Mark Penka, a history teacher at Triplains, and Jesse Vincent, administrator at Heartland Christian School in Colby. Sheets has been head coach at Brewster for three years, and Penka has been the assistant coach at Winona for two years. Vincent was an assistant at Colby for four years, and two as defensive coordinator. The friendship was evident at the

event Friday. There was no separation by school and no way to tell the players apart. There was good fellowship among the players, parents and the fans of both towns. Dave Porter, superintendent at Triplains, said the joining started with a request from Brewster two years ago to combine the junior high school football teams because of low enrollment. Things went well enough, he said, that he and Brewster Superintendent Sherri Edmundson decided to look into combining the high school teams. Brewster had 14 boys out for football last year and Triplains had eight for most of the season after an injury sidelined one player. This year's team has 24 players, giving the coaches more options to rest players and use reserves. The team will continue to play 8-man football. The students at both schools chose the mascot last year from a list of possibilities. The colors will be

columbia blue and cardinal red, which are the colors of both schools, and the insignia will be a combination of the Triplains T and the Brewster B. Penka said he enjoyed having lots of talent and Sheets echoed that. "We'll have some good athletes and good reserves," he said. Both Edmundson and Porter said the response by the staff and the communities has been great. "This is our first year," said Porter. "We will have to work out some details." "There are going to be some

hitches," Edmundson added. "We just have to stay open minded." The combination will affect only football. Both schools will remain separate and competitive in other sports. The Titans will open their season at 7 p.m. Sept. 1 in Grinnell. The team will play two games in Brewster on Sept. 8 against Palco (Brewster homecoming) and on Oct. 13 against Wallace County and two in Winona on Sept. 22 against Healy-Western Plains (Triplains homecoming) and on Oct. 26 against Weskan.

SPORTS TELEVISION SCHEDULE

Saturday	Sunday
10 a.m. CBS Women's Tennis Pilot Pen	10:30 a.m. ESPN Little League World Series Consolation(3rd Place) Game from Williamsport, PA
ESPN High School Football 2006 Old Spice Showcase from Duncan, SC	11 a.m. ESPN2 WUSA Soccer United States vs China from Bridgeview, IL
11 a.m. FOX MLB Baseball Teams TBA	12 p.m. CBS Golf WGC-Bridgestone Invitational
12 p.m. CBS Golf WGC-ESPN2 LPGA Tournament Wendy's Championship For Children: Third Round from Dublin, OH	IND MLB Baseball Washington Nationals at Atlanta Braves from Turner Field
1:30 p.m. ABC Little League World Series U.S. championship	UNIV F'tbol Liga Mexicana Toluca Diablos at UNAM Pumas from Universitario
2 p.m. ESPN2 WNBA Basketball Conference Finals Game #2 NBC Golf U.S. Amateur	11:30 a.m. NBC Champ Car Racing World Series in Montreal
5 p.m. ESPN2 U.S. Open Series Tennis Pilot Pen: Men's Final from New Haven, CT	12:30 p.m. CBS Golf WGC-Bridgestone Invitational
WGN MLB Baseball Chicago White Sox at Minnesota Twins from The Metrodome	1 p.m. ESPN2 LPGA Tournament Wendy's Championship For Children: Final Round from Dublin, OH
5:30 p.m. ESPN Little League World Series International Championship Game from Williamsport, PA	1:30 p.m. ABC Little League World Series Championship game
6 p.m. CBS NFL Football Exhibition: Buccaneers at Jaguars	ESPN IndyCar Series Grand Prix of Sonoma from Sonoma, CA
FXSP MLB Baseball Padres at Rockies	2 p.m. NBC Golf U.S. Amateur
7 p.m. ESPN2 WNBA Basketball Conference Finals Game #2	3 p.m. ESPN2 MLL Lacrosse Championship from Carson, CA
9 p.m. ESPN2 MLS Soccer Houston Dynamo at CD Chivas USA from Home Depot Center	3:30 p.m. FXSP Volleyball AVP Boulder Open
	6 p.m. ESPN MLB Baseball Chicago Cubs at St. Louis Cardinals from Busch Stadium
	ESPN2 WNBA Basketball Conference Finals Game #3 (If Necessary)

Aug. 25-31
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PG: Some mild peril; rude humor

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