apont on L riends

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday.

The High Plains Museum, 1717 Cherry Ave., is open from **9 a.m. to** 5 p.m. Monday through Friday and from 9 a.m. to 4 p.m. Saturday. Atemporary exhibit on Goodland Dentist Dr. Harry M. Steever is on display. It features an 1870 foot-treadle-driven dental engine.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Friday and from 1 to 4 p.m. Saturday, Sunday and Monday at 120 W. 12th. Joan Smith of Tribune will display oil and acrylic paintings, silversmithing works, pencil drawings and pottery through Thursday, Nov. 30.

The Goodland Public Library holding **story hour** for 4 and 5year-olds at **10 a.m. Wednesdays** and 3 and 4-year-olds Thursdays, both from 10 to 11 a.m. Born to **Read** for children birth to age 3, accompanied by an adult, will be 10 to 10:30 a.m. Fridays. Marcy Melia, children's librarian, is in charge of story hour and can be reached at 899-5461.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from 6 to 7:30 p.m. the first Monday of the month at the First Christian Church, Eighth and Arcade.

Diabetes Support Group meets at **7 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at 5 p.m. (instead of 5:30) the first Monday of the month in the dome at Howard Johnson's. Any woman with cancer is welcome. Call Cheryl at 890-5528.

Emotions Anonymous meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

Aerobics Classes - 5:30 and 7:30 a.m. aerobics classes are offered Monday, Wednesday and **Friday** at the Goodland Activities Center. Yoga is offered at 8:30 a.m. Wednesday. Call 890-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at **5:30 p.m.** Tuesdays at North Elementary School. Weigh-in is at 5 p.m.

Alcoholics Anonymous S.O.S. Group holds open meetings at **7** Lutheran Church, Seventh and

the calendar

calendar

Line-dancing classes will be held from 6 to 7 p.m. Mondays at Grant Junior High. No charge; everyone is welcome.

Steven Farney, author of "Title Towns," will speak at 7 **p.m. Tuesday** at the Goodland Public Library. He will talk about the creation of Class BB, the teams and the research that went into the book, will have books available to buy and will autograph books. Area players and coaches from the basketball class that played from 1952-1968 were invited: Jim McKee, Don Dawes, Bill Finley, David Wicks, Duane Hanke, David Gfeller, Lucille Bruns, Ron Kough, Larry Summers and Harvey Daniels.

The Sherman Theatre is having free matinees at 1:30 p.m. on Saturdays and Sundays starting with Ice Age 2 on Nov. 25 and 26. Over the Hedge will be Dec. 2 and 3 with an admission charge, a toy, food or \$1 donation to Genesis. Shrek 2 will be Dec. 9 and 10 and will be free. Madagascar will be

meets from **6:30 to 8:30 p.m. the** third Wednesday of every month building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The Pride of the Prairie Orchestra will present Handel's "Messiah" at 3:30 p.m. Central Time Sunday, Dec. 17, at the Colby High School auditorium under the direction of Dr. Phil Shuman, vocal director at Colby Community College. The orchestra will perform "The Blue Jeans Concert" at 3:30 p.m. Central Time Sunday, Feb. 11, at the Colby Community College auditorium under the direction of Andrew Salvador, band director at Burlington schools. They will perform "Strings in Spring" at 3:30 p.m. Sunday, April 22, in the college's auditorium with Brad Herndon, director of bands and Colby Community College conductor, conducting. There is a charge for admission at each performance.

Dec. 16 and 17, and Robots will be Dec. 23 and 24.

The Goodland Chamber of Commerce Dinner and Dance cade for information on honoring will be at 5:30 p.m. Saturday, Dec. 2, at the Goodland Elks Lodge, 1523 Arcade. There will be a choice of prime rib or stuffed chicken breast. Advance seating only; buy tickets from the Chamber, 104 E. 10th, by Friday.

A gingerbread house contest will be from 1-4 p.m. Sunday, Dec. 3, at the Carnegie Arts Center. The Goodland Arts Council's holiday home tour will be going on at the same time.

Prairie Land Food (formerly SHARE) sign up for the Decem**ber** distribution of food will be until Monday, Dec. 4, at the Sherman County Health Department. Pick up will be from 10:30 to 11:30 a.m. Saturday, Dec. 16, at the Goodland Elks Lodge for the December distribution.

The Goodland Elks Lodge is planning a Blue Star Banner ceremony. Anyone with a spouse, son, grandson, daughter Closed for Thanksgiving.

or granddaughter in active military duty should call the Elks at **890-6251** or stop by at 1523 Arthem.

school menu

Wednesday: No school. Half teacher professional day, half Thanksgiving vacation. Thurs**day:** No school. Thanksgiving vacation. Friday: No school. Thanksgiving vacation.

school calendar

Today: Monday schedule. Goodland Activities Center youth basketball 6 p.m. in the high school gym.

Wednesday: Half day teacher professional day, half day Thanksgiving vacation.

Thursday and Friday: Thanksgiving vacation.

seniorcentermenu

Wednesday: Egg and sausage bake, tator triangles, strawberries and bananas, bread and coffee cake. Thursday and Friday:

Woman turns 90 **Dec.** 2

Marie Johnson will celebrate her 90th birthday on Saturday, Dec. 2, 2006. Send cards to her at the Sherman County Good Samaritan Center, 208 W. Second, Goodland, Kan. 67735.

Johnson was born in Burlington and was a farm wife in the Kanorado area for years.



Marie Johnson

Great-grandson born

Tyce Elliott Pate was born at 8:17 a.m. Wednesday, Nov. 1, 2006, at the Great Plains Regional Medical Center in North Platte, Neb. He weighed 7 pounds, 2 ounces, and was 18 inches long.

Ryan and Talia Pate of Madrid, Neb., are his parents. His maternal grandparents are Alan and Susan Stasser of Kingfisher, Okla., and maternal great-grandparents are Hank and Dolores Elliott of Goodland, Fred and Diana Stasser of St. Francis and Charlotte and Roy Vaala of North Platte.

Paternal grandparents are Eldon and Delilah Pate of Esbon, and his paternal great-grandmother is Lorena Pate of Havs.

Virginia Elliott of Goodland is his brother, Kolin, 3.

Couple welcomes girl at Goodland hospital

Baleigh Collette Frazier was born Wassemiller of Goodland and Billy at 5:23 p.m. Friday, Oct. 6, 2006, at and Bonita Frazier of Yuma, Ariz. Goodland Regional Medical Cen- Great-grandmothers are Lucille ter, weighing 7 pounds, 2 1/2 Fenner of Goodland, Merle Frazier ounces, and was 20 inches long.

Jason and Amber Frazier of Wilson of Waco, Texas. Goodland are her parents. Grandparents are Roy and Debra ter, Rilynn Ivy Frazier, 21/2.

Goodland couple has baby girl

weighed 7 pounds, 13 ounces, and was 19 1/4 inches long.

Blaine and Trenya Peterson of brothers, Jared and Daniel.

of Casa Grande, Ariz., and Freddie She was welcomed home by a sis-

Sariah Margo Peterson was born Goodland are her parents. Grandpar-Thursday, Nov. 9, 2006, at Citizens ents are Byron and Kaylene Peterson Medical Center in Colby. She of Monticello, Utah, and Darrol and

Margo Jensen. She was welcomed home by a sister, Tabitha, and two

Long fall harvest good, Many trees at the Goodland Cem- means more crops to bring in

Myofascial Pain Support Group Plan D, Benefits for Seniors and in the Emergency Medical Services infants', children's and adult's im-

Admission to the **Prairie Mu**seum of Art and History will be free from 1 to 5 p.m. Central Time **Sundays** at 1905 S. Franklin in Colby. The museum is also open **p.m. Monday** at the Trinity from 9 a.m. to 5 p.m. Central Time Monday through Friday and 1 to 5 p.m. Saturday. health department The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

application for Patients Assistance Drug Program. Blood pressures; munizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; family planning; and toenail clipping available by appointment. Sharps containers are available free. Call 890-4888.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

Wednesday: Shirley Hayden, a.m.; Chet Ross, p.m.; and Mazie Sutton, courtesy. Thursday: Faye Paxton, a.m.; Jan Lambertz, p.m.; and Emma VanVleet, courtesy. Friday: Debbie Lucas, a.m., and Sutton, courtesy.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for do- etery have died and the cemetery mestic violence victims locally and board is trying to replace them. nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 726 W Hwy 24. Call Jeannie Topliff at 899-2426 or Candice at 866-448-2366.

dential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

tamily shelter

The Northwest Kansas Family Shelter in Hays has changed its name to Northwest Kansas Domestic and Sexual Violence Services and provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. For time and location of youth support group, ask for Donna Munsch.

tree donations

He was welcomed home by a



Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

Goodland Alcoholics Anonymous meets at 8 p.m. Monday, a closed meeting with Al-Anon, Wednesday, the book meeting, and **Saturday,** an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353. For Al-Anon, call Cheryl at 890-3023.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays and 7 p.m. Saturdays at the Goodland Elks Lodge. Call 890-8369.

Fibromyalgia and Chronic

Wednesday: WIC in Sharon Springs. Scheduled appointments. Thursday and Friday: Office closed for Thanksgiving.

Medicare Plan D annual enrollment is from Wednesday, Nov. 15, through Sunday, Dec. 31. Senior citizens can change plans during this time.

Assistance given for Medicare

crimestoppers

899-5665. Your call will be confi- ter at 821-4142 or 821-4146.

Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call the Goodland If you have information about Police Department at 890-4570. any crime, call the Goodland Area Interested in adopting a pet? Call Crime Stoppers "Look Line" at the Northwest Kansas Animal Shel-

When can you cut back overgrown shrubs?

Leaf drop on shrubs often brings on the question: "When can I cut back overgrown shrubs?"

Ward Uphan, a Kansas State Research and Extension horticulture specialist, recently addressed this question. Though light pruning and/ or removal of dead wood is fine at this time of year, severe pruning should be left until spring.

Also keep in mind that even light pruning of shrubs that bloom in the spring such as lilac and forsythia will reduce flowers for next year. We normally recommend that spring bloomers be pruned after flowering



Shrubs differ in how severely they come too large with too many old can be cut back. Junipers do not break bud from within the plant and therefore should be trimmed lightly if you wish to keep the full shape. Over- five-inch stubs. This works well for grown junipers should be removed. On the other hand, there are certain shrubs that can be pruned back severely during the spring. Rejuve-



nation is the that spring is the correct time to do

ing and may year on newly planted trees and shrubs include beginning rabbit be used on multi-stem protection for this winter now. shrubs that

Rabbits, looking for winter food sources, may begin to nibble on newly planted trees and shrubs at this time of year.

Protect your investment now All stems are cut back to three-to through this winter with at least two-foot-tall cylinders of one-inchmesh, chicken wire or similar barninebark, Russian almond, little rier. Other control methods include leaf mock orange, shrub roses and plastic tree wraps and liquid rabbit repellents sprayed on the plants.

Celebrating Hometown Life

See American Profile magazine in this week's issue of

Here it is the middle of November, and the fall harvest is finally about finished. It seems like it has been a long one, but that is good,

crops to bring in. And the farmers got it done without any major snow storms. We thank God for the harvest he gave us.

presented a dinner theater "Murder can be Habit Forming" this past Saturday and Sunday. I understand it was very well performed and well attended. Good going, girls and boys — maybe we will see you on Broadway some day.

Carl Samuelson, grandson of Marg Westover, who is in the service, will be going to Spain for a short tour of duty. He has spent some time in Iraq.

There will be a band concert tonight (Tuesday, Nov. 14). I know the kids will do well.

We're having our Thanksgiving Dinner at the Center tomorrow, the 15th. Seems everyone is making their plans for Thanksgiving Day -I hope the weather will be on our side this year, and nobody has snow problems.

Judy Dickson from Milliken, Co.



meaning there were more good was down to help Coleen Crumrine after surgery for a few days. Coleen is doing well.

Dear Self,

People talk about you. It gets The High School Drama Class back to you. You strike out at them; tell bad things about them. But do you really look at yourself? Sometimes talk comes to you because you need to hear it.

But you don't want to hear anything about your "self." You indulge your "self" in greatness, righteousness, aggrandizement and egogratification. If you are so great, so wonderful, so marvelous, why is this information coming to you?

Detach and listen! There may be something in it you can use.

If you have any news, please let me know by noon on Tuesday, so that I can get it in the paper.





have

branches to justify saving the

spirea, forsythia, pyracantha,

younger canes.

The

be-

(available in local area only)

Goodland Star-News Your sponsorship could be right here! For more Information call Anne at 899-2338