



**MIXING UP A DIET DRINK,** Jennifer Juenemann (above) was showing how folks could lose weight. Mean-

while, over at the optometrist's booth, Decatur County Commissioner Pat Glenn (right) was getting here eyes tested.

## Health Fair offers advice for everyone

**By KIMBERLY BRANDT**

Over the noon hour Friday, tables in the arena of The Gateway filled up with hungry workers and visitors to the annual Decatur County Health Fair.

The Oberlin Lions Club served sloppy joes, chips, cole slaw and pies for lunch. The group was raising money to help send students to state and international band gatherings.

Throughout the day, the fair had a steady crowd, with groups of kids from the schools and people who had taken some time from work to get information from the booths.

The fair had a variety to offer, from drug awareness to bone screenings to hearing and eye tests to nutritional information.

County Health Administrator Marilyn Gamblin said she

thought the fair had gone pretty well, and thought they had a little bit bigger crowd this year. She said there were more blood draws than in past years, which brought more people to The Gateway for the fair.

With an overcast skies and wind, a medical helicopter out of Nebraska didn't make it, although fire trucks from area departments had parked to demonstrate a "spontaneous" landing pad at The Gateway.

Ms. Gamblin said she thought around 300 people attended the fair, more than past years.

For next year's fair, she said, she is going to try to line up a few more booths with hands-on activities. Ms. Gamblin said she thinks people get more out of it when they can do something to learn about their health.



**DEMONSTRATING THE NEW HEART MONITOR,** Ambulance Director Pat Pomeroy (above) explained how the machine works to a health fair participant. Brian and Terry Keahey (left) looked at printouts of their blood work.