THE OBERLIN HERALD

Events of Yesteryear

100 YEARS AGO — Dec. 1903

W. F. Steiner sold his implement business this week to Simon and Frank Johnson and his residence to Ira Peck. We hear he will go to Washington for a new location.

R. H. Riley made this office a business call Saturday that left the force in fine humor. Uncle Bob has now lived in Decatur County over 30 years and has taken the Herald for a long time.

County Clerk Plotts has been helping get the lumber out to his farm from Marion, Neb., where it was shipped from Omaha, to build a large barn on his farm in Sherman

Last week Charley Harmon rashly offered the women of the Christian Church six rows of corn across his field if they would gather it themselves. They procured two teams and wagons and gathered 40 bushels that we hear they sold for

Married: Sunday, Dec. 13, Mr. Charley Patton and Miss Lottie

The friends and neighbors of Mr. and Mrs. J. W. Smick gathered at their home Friday evening, Dec. 1 and gave them a surprise. Those present were Mr. and Mrs. H. B. Roberts, Mr. and Mrs. A.C. Cathcart, Mr. and Mrs. William Kellogg, Mr. and Mrs. O. L. Clinkenbeard, Mr. and Mrs. Tom Taylor, Mr. and Mrs. R. E. Stearns, Mr. and Mrs. Sidney Lowry, Mr. and Mrs. J. F. Vale, Messrs. H. Vale, Tom Anderson, Earl Clinkenbeard, Misses Romaine Wyatt, Mable Conklin, Ruth Clark.

75 YEARS AGO — Dec. 1928

forms us that the company has re- School. ceived its first shipment of under-

Why don't the members of the fire department try out the new pump on the new fire truck by giving the pavement of the main streets ing. Soloists will be Leila Gass and of Oberlin a thorough washing before the city puts on its Christmas

The evergreen trees ordered by the Commercial Club have arrived and will doubtless be in front of each business place by the time you

Dresden: Funeral services were held for Mrs. Alice Green Adkins, Smick of Dresden.

Cedar Bluffs: Dr. and Mrs. Guy Simons and Mr. and Mrs. Glenn Rogers visited Eastern Star Lodge at Oberlin Wednesday evening.

Harlan Items: Delbert and Dole Townsend ran a temperature the most of last week after having their tonsils removed.

The roads and highways are wellnigh impassable. Glenn Jones, enroute to the Friedemann sale, didn't reach Oberlin until about 11 o'clock Tuesday morning and said even with chains it was hard to stay in the road. His daughter, Letha, was taken to the Norton Hospital the announcement of the marriage Sunday and underwent an opera- of Margaret Cushenbery, formerly tion for appendicitis. She is getting along first rate.

ter, Della, left for Emporia where Dripping Springs Ranch and they will make their home. Another friends are invited to visit. Her daughter, Faye, is now taking her daughters Connie and Sally are also second year of college at College of located down that way. Emporia and the oldest daughter, Miss Gwendolyn, is teaching En-Local manager Lee Traver of the glish, coaching debate and public daughter, Marjorie, to Mr. Charles United Telephone Company in- speaking at Herington High Lindgren of Walthill, Neb.

50 YEARS AGO — Dec. 1953

A community chorus will present Handel's "Messiah" at the high school auditorium Sunday even-Alice Roth, both voice students at Hastings College and Millard Cates, voice instructor at Hastings College, Hastings, Neb. Director will be Lewis Williams and accompanist is Mrs. Arris Johnson.

A change in the Decatur County Hospital supervisory staff was announced by the administrator of Lutheran Hospital and Homes So-65. She is survived by six children ciety. Mr. Joe Pollara will be busiincluding a daughter, Mrs. Essie ness administrator and Mrs. Cecilia Bruggeman, supervisor of nurses. They replace Miss Verna Norrgard and Mrs. Elaine Mansfeld who were transferred to Oaklev.

The winter sports schedule has begun with the Oberlin wrestlers winning over Hoxie 24-20 and the basketball team losing to Hoxie by a score of 55 to 47. Starters for the Oberlin five were Barrett, Ingrum, Johnson, Addleman and Jeffus.

Citizens of Oberlin will be able to vote on Dec. 28 at the City Office on the proposed purchase of a new diesel engine for the light plant.

Of interest to her friends will be of Oberlin, to Mr. Morgan Richards of Dripping Springs, Texas on Dec. Mrs. Susie Fletcher and daugh- 1. Mr. Richards is the owner of the

Mr. and Mrs. Walter Cederberg announce the engagement of their 25 YEARS AGO — Dec. 1978

By Jody Betts

Mike Hayden, Atwood, 120th district representative, spoke to the Oberlin Rotary Club Tuesday noon and offered a glimpse of what will be the major issues in the 1979 legislative session. Hayden has been appointed to chair the House Ways and Means Committee. He is the only Northwest Kansan to serve on that position in the last 20 years.

Unified School District 294 has received a request from Mrs. Jerilyn Buchholz asking to be released at mid-term from her teaching contract because she and her husband have adopted a baby.

Mr. and Mrs. Ira Wasson will be honored on their 60th wedding anniversary Sunday at their home at 611 S. Broadway. The Wassons were married in 1918 and made their home on a farm in Bassettvillle Township, which had been homesteaded by his father, before moving to Oberlin in 1975.

Mary Robison Hupka, Honolulu, Hawaii, is visiting her parents, Mr. and Mrs. Harold Robison. Jennings: Funeral services will

be held for Guy Simpson, 78, a former resident who died in Phoe-New arrivals: Mr. and Mrs. Roger Hildebrand, Danbury, son,

Ross Edward, 12-6-78; Mr. and Mrs. Ronald Fowler, daughter, Melissa Ann, 12-10-78. The Red Devil Cagers defeated

Atwood 74-44 and Oakley, 60-45 in action last week. The wrestlers lost to Oakley 34-13.

The Modern Woodmen community recognition award for 1978 was presented to Carl "Andy" Anderson, who is chief of emergency ambulance services in Decatur

Good Samaritan Center

After devotions on Monday, we Kristie Fortin. began addressing Christmas cards Don Farr led exercises.

sored a wonderful shopping and companied on the piano. wrapping extravaganza. Nearly all residents came out to choose gifts Town Square with Ella Peterson, for their loved ones. Shopping Elfie Brown, Eleanore Demmer, didn't stop the die-hard card sharks Leo Mooty, and Eva Cuthbertson to from playing their weekly game of listen to the story, "The Little Match canasta. Elva Shaughnessy, Garrah Girl," by Hans Christian Andersen. Gaumer, Ivah Alexander, and vol- During the reading, snowmen were unteer Mildred Holmdahl are our created out of Styrofoam. Bill resident card sharks.

resident's First Hand friends from Euhus, Elfie Brown, Clarice Leake, them. Residents gathered to do Veda Pingetzer, and Eryline Christmas correspondence with Jan Nichols. Badsky and Lisa Stacy. After lunch the ladies were treated to nail care Dennis Brown. with volunteer Dorothy Alstrom, Christmas card display door hang-

On Wednesday Joyce Ploussard led songs of worship and Jan Badsky led Bible study. Kayettes from some holiday cheer. the high school presented goodie with Christmas selections and the day's activities ended with bingo.

Devotions on Thursday were fol-Lois Buchholz, Ruby McKenna, Frontier Restaurant was enjoyed by also visited. Garrah Gaumer and Elva Shaughnessy. Leo Mooty, Ann Leitner, and Fern Anderson created trees with volunteers Anita Hirsch and Norma Unger. The Decatur Community High School Chanté group performed Christmas selections and featured a solo by Karli Fredrickson. The group was under the direction of Susan Nelson, and Mary Jo Lohoefener was accompanist. Diana Hashenberger illustrated signing with a musical selection. Samuel Smith served social hour. Little Sam's Fun shared Christmas candy creations, led by

Morning devotions on Friday over a warm cup of cocoa. Ivah brought a celebration of newly cov-Alexander, Leo Mooty, Fern eredhymnals, donated by the Book-Anderson, Elsie Macy, Lois bindery of Selden. Chris Buchholz, and Mamie Unger were Koerperich received recognition first to send their holiday greetings. and was presented a wall clock in appreciation. Dennis Brown led the The STARS committee spon- dedication and Coleen Rippe ac-

Little Sam's gathered in the Duncan led current events. Popcorn Joyce Ploussard led devotions on and the movie, "It's a Wonderful Tuesday. Snow prevented the Life", were enjoyed by Hildegard coming to share reading time with Leo Mooty, Eleanore Demmer,

Saturday devotions were led by

The Oberlin United Methodist and Lisa Stacy assisted. Ellen Horn Church led Sunday church services served social hour. During hearts and Florence Vavroch served social creation Ruth Laidig, Garrah hour. The Stick-To-It 4-H club en-Gaumer and Elsie Macy made tertained in the Town Square on Sunday with Christmas carols by members and parents. Maureen Anderson, spokesperson, felt this was a way for their group to share

Recent guests: Bernice Brown, bags to residents and visited. The Ruby Shuler - Trina, Justin and Red Barn Gang band entertained Jesse, Travis Hrabe, Cole Hrabe, Warren and Patty Schwartz, Tracey Symington; Dena Gillespie - June Vavroch; Garrah Gaumer - Paslowed by Catholic services with tor Glenn and Betty Krebs; **Ruth** Laidig - Juanita Williby, Theresa and Bonnie Weskamp participat- Tally; Ruby McKenna - Jerry and ing. Garrah Gaumer, Elfie Brown, Fran Chambers, Donna Chambers, and Marilyn St. Clair created crys- Anita Chambers, Hannah Hogetal ornaments. Special outing to the man. Yvonne and Brady Sumner

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Joe's Gift Ideas

Trials of twin-row system inconclusive A new twin-row planting system rows, at 31.5 bushels per acre, than

developed by Great Plains which would allow one piece of equipment to plant both winter and summer crops appeared recently in farm The implement is a drill with a

"singulation" unit that is supposed to enhance seed dispersion, allowing it to accurately plant crops like corn. The idea is appealing, and there may be other benefits, such as better plant spacing and quicker canopy closure. To evaluate this device, large dry-

from Great Plains to a 30-inch conventional system, planted to the conventional planter. same population per acre. Sponsor-Implement, which supplied the twin-row planter. Pioneer provided corn seed in 2002, and DeKalb gave corn and Fontanelle grain sorghum in 2003. Even though the weather has been bad these past two summers, there was some usable information collected.

Nutrient density of diet — a high

is important for older adults. Com-

pared to younger people, they need fewer calories to maintain their

weight, but as many or more other

Up to four out of five elderly are

at moderate to high risk for malnu-

trition. Senior citizens who are in

and out of hospitals frequently or who receive home-delivered meals

are at greater risk for malnutrition

than are those who live and remain

Although calorie malnutrition

may be easier to detect, protein

malnutrition is a major health threat

for many older adults. Vitamins B-

6, B-12, D and E, calcium and

folate cause problems for many

Nutritionally inadequate diets

can contribute to or worsen chronic

and acute diseases, delay recovery,

and hasten development of degen-

Because of these problems, older

people often are underweight. If

you need to gain a few pounds, here

• Eat five or more times through-

out the day, even if you are not par-

• Include plenty of grain prod-

ucts, vegetables, fruits, dairy prod-

meals and snacks. Go easy on

food or nutritious beverage to your

erative diseases.

are some tips:

ticularly hungry.

usual intake at meals.

active in their community.

number of nutrients per calorie



Extension Lines

By Brian Olson Extension Agronomist

In 2002, the twin-row system failed to plant a consistent population at two locations. Corn stands were erratic, ranging from 8,000 to for the corn and grain sorghum, land field studies were conducted 17,500 plants per acre. The desired comparing the twin-row system stand was 18,000 plants per acre, which was achieved with a 30-inch

These plots were not harvested ing companies include Hoxie due to drought. Everyone was disappointed, but there was a suspicion that low seed-to-soil contact was to blame for the poor performance of the twin-row planter.

In 2003, Hoxie Implement replaced the springs on the twin-row yields were low, there was no sigplanter with stronger ones, increas-

Older people need nutrients

sources of unsaturated fats, such as

avocados, oils, margarine, and regu-

Avoid filling up on soft drinks,

• Eat with friends or listen to the

lar salad dressings.

at meal or snack times.

nuts, soy or peanut butter, olives, each week.

to increase seed-to-soil contact. This improved performance. The desired population was achieved with one exception.

When the twin-row planter was traveling over a terrace, there apusing a conventional planter. The twin-row machine took more area to prime the singulator system to plant at the desired rate than a conventional planter.

Plots at Norcatur were harvested last summer. For corn, although nificant difference between corn ing down pressure on each row unit planted on conventional 30-inch

By Tranda Watts

weight lifting routines several times

• Talk to your doctor for individu-

If you have further questions

about weight and health, contact

your doctor, your county extension

Multi-county Extension Agent

corn planted with the twin-row planter at 27.4. The same is true for the grain sorghum. There was little difference between the twin-row system at 54.6 and the conventional system at 52.3.

The drought has impaired evaluation of the twin-row system the past two summers. However, due to improved operation exhibited by the twin-row system this year, preliminary results would indicate this system has adequate performance for farmers to consider the twin-row planter. More field trials will be conducted in the future.

For more information on the peared to be more skips than when twin-row planter comparison, click on "Block 2 Dryland and Irrigated Results" at the Web site: www.oznet.ksu.edu/agronomy-block2, or get a copy can at the county extension office.

Brian Olson is multi-county extension agronomist. E-mail bolson@oznet.ksu.edu if you have any questions or would like to see a newspaper article on a specific crop production topic. Call the county extension office, 475-8121.

Selden **News**

By Jacque Boultinghouse

Christmas Light Night will be held from 6 to 10 p.m. on Sunday. Christmas lights should be turned on for people to view.

Congratulations and best wishes to Kyle and Tasha Carman, who were married on Saturday. The bride is the former Tasha Edgerton, daughter of Don and Lisa Edgerton of Oberlin. His parents are Duane and Norma Carman.

Birthdays and anniversaries: 21 - Troy Emigh; Dec. 22 - Pat Wessel; Dec. 23 - Tammie Bainter; Dec. 24 - Mitzi Wachendorfer, Curtis Carman, Helen Jo Ochs.

School calendar: Thursday - Junior High basketball at Rexford with Cheylin; Friday - High School basketball at Agra; Monday - Begin Christmas vacation.

On Dec. 11 at Senior Citizens, Don Smith won high, Betty James took second, Catherine Campbell

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Dec. 18 - Kami Miller; Dec. 19 radio, look out the window, watch office, or me. Renee Bruggeman Filmore, Chad Tranda Watts is extension spetelevision or read while eating. Focke, Avery Spresser, Kayla • Set an attractive table. Choose cialist in food, nutrition, health and Sulzman, Ben and Christa Wessel; colorful foods and place settings. safety. Call her at 785-443-3663 or Dec. 20 - Stephanie Ritter, David • Exercise daily, including flex- e-mail twatts@oznet.ksu.edu. Neff, Don and Alma Ashley; Dec.

Mount Pleasant News

Home Time

Add fat to your diet, especially ibility, aerobic and resistance/

alized advice.

By Dianne Bremer

grandparents, Jerry and Connie Olson, on Saturday. Connie took Garrett to see "Elf" which was showing at the Oberlin theater.

Judith LaBash, Carol Morford, ucts, and protein foods in your Phyllis Mye, Martha Nemeth, and Diana Nickelson, Hill City, were Patriot Pen essay contest entitled • Try adding more of a particular Saturday noon recipe club guests of Dianne Bremer. Following lunch, they enjoyed a cookbook and cookie grade students. After placing loexchange. Diana Nickelson is the cally, her essay then went on to • Experiment with new foods,

Garrett Scott was a guest of his County Coordinator and spent the afternoon visiting with Dianne. Karen Larson and Dianne

Bremer enjoyed attending the LandMark Inn Christmas Tea Sun-Jan Bainter, Linda Hollowell, day afternoon. Jessica Bremer entered the Na-

tional Veterans of Foreign Wars "My Dream for America", eligible for entry by only seventh and eighth herbs, spices and flavor enhancers. Graham County Farm Bureau place second in our district

got low and Carol Shaw had the most aces. Other members present included: Cecelia Ottley, Leone Porsch, Alfred Albers, Anna Albers, Vesta Shea, Shirley Emigh, Clara Schieferecke, Paulie Neff and

Lola Cook