THE OBERLIN HERALD Events of Yesteryear

125 YEARS AGO - Aug. 1879

A new post office to be known as Vallonia has been established on the Norton and Oberlin route, 8 miles below this place on the Sappa and Rev. H.C. Miller has been appointed postmaster.

Marks has erected a lumber shed at his lumber yard.

Mr. Charles Ayer has purchased the interest of Mr. Smith in the blacksmith shop of Ayer & Smith and it will be conducted in his name in the future.

Our postmaster, Mr. Hitchcock, has employed Frank Smith to assist him in the post office.

Mr. E.I. Randall has bought out Mr. J.R. Fisher in the shoemaking business and is prepared to do all kinds of work in his line.

100 YEARS AGO — Aug. 1904 John Love is quite sick this week,

supposed to be malarial fever.

At the Republican County Convention the following ticket was placed in nomination: Rep. W.E. Wilson, treasurer: James Jackson. county attorney; Lester Parker, clerk of the court; Charley Brewer, sheriff; John W. Railsback, register of deeds, John Lizberg, county superintendent, A.C. Banta, probate judge; A.L. Patchin, coroner; commissioner 1st district, J.W. Thomas; commissioner 2nd district, Harry Kennedy; 3rd district, A. Alstrom.

Marriages: Aug. 3: Mr. J. H. Alexander and Miss Emma M. Taylor, both of Lyle. Aug. 7, Mr. James B. Shepherd and Miss Kate Kious, both of Norcatur; Aug. 9, Mr. Harry Fortney, Herndon and Miss Bertha McCauley, Oberlin.

75 YEARS AGO — Aug. 1929

The shocking news of the death of the Rev. Grant Mann, former pastor of the Oberlin Methodist Church, reached here Tuesday. Rev. Mann, age 64, died in New York City while he and his wife were visiting their son who is employed there in advertising and as a short story writer. Rev. Mann appeared to be in the best of health

when they left Downs on vacation. 8. He had served churches at Gaylord, WaKeeney, Oberlin, Jennings and at Downs where funeral services were held.

The Oberlin baseball team finally won a game with pitcher Veeh take place Oct. 10. Reeves striking out 17 of the Selden patters to win by a 13-6 score.

Lois McMullen, who has spent the past two months in New York, returned home last week for a visit with her family before leaving for Ellsworth to teach school this fall.

Tom Counter has taken on the agency for the Hudson and Essex is driving a new Oakland which he Leann, Aug. 7. purchased from V. H. Griffith. Ernest Roberts tells us that he sold 25 YEARS AGO — Aug. 1979 12 new Ford cars and two trucks during the past two weeks.

Jennings: The Farmers Store is no more. Mr. Feely bought the groceries and the dry goods was moved to Palco.

The McCook Gazette is making plans to deliver their paper to neighfor that purpose.

50 YEARS AGO - Aug. 1954

This is the last day of the Decatur County Fair and the weather, usually of a rainy nature, has been nice and allowed good attendance at the shows.

Safeway store manager Darrel Haas has announced that the local fair week. We want to thank all of store will be air-conditioned by Aug. 31.

Court House News: A marriage license was issued Aug. 5 to Bernard Charles Larue and Joan Marie Larson of Lebanon.

Norcatur: Mr. and Mrs. Harve Alexander celebrated their 50th coming from Colorado, Missouri, wedding anniversary Aug. 3 with Illinois, California, Kansas, Texas, an open house at the community room.

Mr. and Mrs. Hugo Pollnow of Cedar Bluffs announce the engagement of their daughter, Jeanette, to Mr. Eugene Hutfles, son of Mr. and getting the St. Mark's Lutheran Mrs. Frank Hutfles of Herndon. The Church moved and set on our wedding date has been set for Sept. grounds is going to be around

Mr. and Mrs. James Vernon announce the engagement of their daughter, Virginia Mae, to Sam Casper, son of Mr. and Mrs. Nick Casper of Hays. The wedding will

New Arrivals: Mr. and Mrs. Cloyce Harold, daughter, Kathleen Marie, Aug. 9; Pfc. and Mrs. Robert Russell, daughter, Marcy Clea. Aug. 5; Mr. and Mrs. Clarence Nicholson, Salina, son, Ricky Lee, Aug. 8; Mr. and Mrs. Roger Orr, daughter, Patricia Gay, Aug. 11; Mr. and Mrs. Merle Williams, line of automobiles. Loyd McGee Hastings, Neb., daughter, Jennie

Dr. Joan Albrecht, North Platte, Neb., has purchased the dental practice of Dr. Phillip Lauber, who is retiring for health reasons. Dr. Albrecht, 25, is a May graduate of the University of Nebraska College of Dentistry.

Jerry Erickson, Selden, has been boring towns by airplane and has named manager of the Oberlin purchased a new Curtis Robin plane Dairy, Inc., according to former **By Jody Betts**

Kearney, Neb.

At least 30 Decatur County residents reported witnessing "a large object with a series of lights flying at low altitudes and extremely slow speeds, with little or no noise" last week. Reporting sightings were Mrs. Gary Vaughn, Mrs. Jerry Lohoefener and children, Mr. and Mrs. Gaylord Shields, Mrs. Arlo Wurm and children, Brad Marcuson, Roy Shobe and family, Ed Schwab, and other persons returning from the fair or on security duty at the fairgrounds. Goodland Flight Service reported "negative for such aircraft" by its radar or any area pilots.

Terry Rogers, Selden, has joined the law firm of Wolfe and Morgan. A 1972 graduate of Decatur Community High School, he received his law degree from Washburn Uni-

Tournament winners at the end of the summer ball program were: wee-wee, Ward's Drug; Sears, women's slow-pitch; Reserve Savings, bantam girls; Kump Motor Co.; pee-wee and Bassettville,

Let's Go to the Museum

What nice weather for the 2004 you who stopped by our booth. Mary McEvoy was the winner of our contest to guess the number of candies in a gallon jar. There were 333 pieces and Mary's guess was 327

We had 45 guests the past week Oklahoma, Nebraska, Arizona, Alberta Canada, and Sweden.

The Museum has received several nice donations going toward the church project. Our need for just

\$20,000 will be needed for restoration. So far we have just over \$17,000.

amount you feel you can afford will be greatly appreciated and very helpful.

We are offering the opportunity of plaques, which will be added to a Memorial Board to be hung in the church for donations of \$100 or more. This is a nice opportunity to donate in memory of a loved one.

Donations for the church, or for finishing the Bohemian Hall, can be sent or brought to the Decatur County Museum, 258 S. Penn, Oberlin, Kan., 67749.

and vandalism was reported at the post office lobby.

By Sondra Barnett

After being away from this area since 1988, this has been somewhat disturbing and quite a disappointwith Myrna Jones, and enjoy treats used to be" with keys left in the cars

Cedar Living News

Class building at the Decatur

Fern Moore gave the reading pro-

gram on Tuesday morning. County

Clerk Marilyn Horn visited on

Tuesday morning and delivered

ballots to residents registered to

bingo on Tuesday afternoon and

Axie Sass won the blackout game.

of carnival games on Wednesday.

Lacey Ream and Heather Glodt as-

sisted residents with a variety of

games including the soda can toss,

basketball toss, and balloon volley-

ball. Ice cream bars were served

Stuart Euhus gave the Bible study

Residents Axie Sass, Charley

Vavroch, Mildred Cochran, Myrtle

Hazuka, and Alice Fiala traveled to

the fair on Wednesday evening.

Those assisting with the trip were

Loren Vogel, Carolyn Miller, Opal

and Eldon Huntley, Varlan and

Catherine Neal, Paul Sass, Dana

Winstead, Othelia Vacura, and

Teresa Shaughnessy. Eva Marie

Vacura went to the fair with Loren

Vogel on Tuesday and Thursday

communion service on Thursday

The Rev. Stan Chapin gave the

Don and Marie Thomas cel-

ebrated their 58th wedding anniver-

sary on Thursday. They treated all

of the residents and staff to a deco-

Residents had plans to travel to

the fair grounds on Friday morning

to ride on the train. This trip is made

On Monday, Aug. 2, the devo-

tion, "Apple Pie Prayer" was pre-

sented by Lisa Stacy. Merry Mums,

including Eva Cuthbertson, Agnes

Chambers, Mamie Unger, Leo

Mooty, Ivah Alexander, Ella

Peterson and Ruby McKenna,

played table ball. Joining Don Farr

for exercises were Fern Anderson, Ivah Alexander, Lee Arnold,

Bernice Brown, Neva Campbell,

Marguerite Fullerton, Dena

Gillespie, Clarice Leake, Fern

Mapes, Leo Mooty, Ella Peterson,

Monday residents sang along

rated cake and ice cream.

following the games.

lesson Wednesday.

evening.

morning.

Residents enjoyed an afternoon

vote in the primary election.

County Fair.

The craft group spent last Mon- Friday morning caused the trip to be day afternoon, finishing the items to canceled. display in our booth in the Open Residents, staff, and guests cel-

ebrated the 30th anniversary of the opening of Cedar Living Center on Friday. It opened on Aug. 6, 1974. Employee Donna Eskew, who began working at the facility on Aug. 8, 1974, was present for the party. Everyone enjoyed cake and punch.

Lacey Ream and Heather Glodt Freda Gamblin won the first brought their dogs in to visit with residents on Friday afternoon.

Don Thomas celebrated his birthday on Saturday, and Dorothy Wolters celebrated her birthday on Sunday.

Recent visitors: Wilma Ritter, Selden, and her daughter, Karen, of Topeka; Scott McVay, Hays; Mike McVay, Kirk and Holly Young, Colby; Don Ashley, Barb and Steve Brown, Carl Mumm, Selden; Rose, Shakia, and Sohn Domsch, Atwood; Don Grafel, Herndon; Yvonne Sumner, Norcatur; Amy and Grace Archer, McPherson; Dave Shuler, Grand Junction, Colo.; Sara Bishop and Jamie Samson, Lindsborg; Monte and Julie Burrell and sons, Wauneta, Neb.; Kyle, Dena, Hannah, and Brady Kruse, New Haven, Mo.; Terry and Nancy Kruse and Mason Stewart, Russellville, Mo.; Todd, Julie, Leslie and Mason Burrell, Benkelman, Neb.; Richard and Bernadine Samson, Ludell; Ward. Sarah, Elizabeth, Katie and Jenny Brown, Johnson County; Rachel Gallatin, Cambridge, Neb.;

Mary Ann Amack, Barb Solko, Dorothy Cochran, Rita Garver, Elsie Wolters, Gene and Laurene VanOtterloo, Orlin Beneda, Elvin Beneda, Earl Brown, Ella Betts, Paul Sass, Dana Winstead, Marie Jean Vavroch, Elaine Bryan, Eula possible each year thanks to Dale Juenemann, Alice Shirley, Ila Ray, and Cheryl Votapka. Unfortu- Lyle Gamblin, Vayle Rohan, Irene nately, the cool damp weather on Fringer, Oberlin.

Good Samaritan News

Thursday evening Marilyn St. Clair, Neva Campbell, Garrah Gaumer, Leo Mooty, Irene Wagoner. Hildegard Euhus and Marguerite Fullerton went to the county fair. Leo had fun on the Ferris wheel and merry-go-round. Neva, Irene and Marguerite enjoyed entertainment by the Harvest Singers, and Hildegard and Garrah manned the nursing home booth for Good Sam. Garrah had entered artwork in the fair, and took both Grand and Reserve Champion ribbons on two of Veda Pingetzer, Marilyn St. Clair, her watercolor paintings. Marilyn Eryline Nichols, and Mamie Unger. enjoyed people-watching and a funnel cake. Everyone had a great time.

The devotional, "Be Full of Joy", at Social Hour. The Card Sharks was presented Friday by Jan gathered with volunteer Mildred Badsky Carol Duncan read Current Holmdahl for canasta. Playing were Events. The residents enjoyed the Garrah Gaumer, Ivah Alexander, animals and children during the Pet Parade. Thank you to all who participated. The day ended with a Bible study on Psalm 23, attended by Garrah Gaumer, Dena Gillespie, Eva Bryan, Irene Wagoner, Ruby Shuler, Ruth Laidig, Neva Campbell, Fern Anderson, Ivah Alexander, and Jan Conway and guest. Dennis Brown led Saturday morning devotions. Saturday afternoon, Eva Bryan celebrated her birthday with family and friends. Those who signed the guest book were: Monte, Jody, Dayton and Emily Stull, Helen Juderborg, Rhonda, Scott and Heather Richardson, Tara, Greg, Ryan and Austin Winger, and friends Vince and Travis, Bud and Linda Monroe, Elden and Detta Anderson, Donna and Dick Kelly, Sheldon, Brenda, Kendra and Jessica Kelley, and Wane and Cheryl Stull. Pastor Doug Hasty led Sunday church services. Shirley Nichols served Social Hour. Recent guests: Dena Gillespie -Troy, Anne, Jessica and Jared LaRue; June Vavroch, Earl and Harold Hartzog; Kathryn Post -Doris Fringer and Ina Marie Goodnight; Lora Zwickle - Estella Waldo, Doris Fringer and Ina Marie Goodnight; Hazel Flaska - Larry and Myrna Lacina; Eva Bryan -Bud and Linda Monroe, Auburn, Calif.; Ruby McKenna - Donna Chambers, Ed and Gloria McKenna, Jerry and Frani Cham-May.

weaned! Bryan's, Todd's, Scott's gifts, and and Tatum's joined them on Satur- candlelighter. Besides having a

Rexford News

from Colby and Atwood spent the Sondra

There were 11 Barnswallows on were Bryan and Lori arnett, Mitch- centerpieces and other preparael, Matthew, Elijah and Joshua tions. One of the special guests was Barnett, Tyrone, Okla.; Todd and Vanessa, sister of the bride. Mandy Barnett, Kerry, Taylor, and Melia, Garden City; Tatum and Alicia Barnett, Garden City; Scott and Linda Barnett, Tiffany, Lacey and Megan, Holcomb; Cory and Tessy Barnett, Tabitha, Corban, and Obadiah, Liberal; Shalom Kruse, Gabriel and Kaleb, Pretty Prairie; and Heather Bailes, Holcomb, a friend of Kerry Barnett

Jami was а day. Bryan's, Scott's and Shalom's wedding, the event was akin to a families spent Saturday night with family reunion, with eight of Madonna's 10 children present for Those in attendance at the party several days ahead of time, making ment, when considering "the way it Vanessa is stationed in Afghanistan with the Military Police. Since she had only been there since May, the family didn't expect her to be able to get a leave so soon, but she was able to spend 15 days with her family. Vicki and Dennis were gone for 11 days.

versity in May.

manager Norman Hartman who men's slow-pitch, who defeated the will be moving next week to Alibi 14-8.

By Sharleen Wurm, director \$20,000, and about another

If you would like to donate, any

luesday and six on Thursday for Come on Down to play pinochle

weekend at Cedar Bluff Reservoir.

Patty Ann Casey of Wichita

visited her parents, Lawrence and

Cleda Moeder and several friends

Zula Horinek over the weekend.

Irene Strayer, a former resident of Rexford, called Deb Stepper and reported the news that she has remarried after being widowed for sometime.

Koffee Klatch attendees on Friday were Hulda Wark, Fran Leach, Delores Dible, Liz Rall, Eunice Sanford, Vesta Roth, Sondra Barnett, Deb Stepper, Doris Jean Oliver, Zula Horinek, Cleda Moeder and Grace Cheney. Cleda brought some banana bread and Zula brought some pictures of the recent visit of her children to share with the group.

FAMILY REUNION

The Shaw-Carman annual reunion was held at the Selden Senior Center on Sunday, Aug. 1, with a potluck dinner at noon and an afternoon of visiting. This reunion is always held on the first Sunday in August. Due to illness, attendance was down from past years.

Those present were Sandy Haas, Great Bend; Doug Wedermeyer, WaKeeney; Scott and Janet Shaw, Andrea and Laura, Hoxie; Doc and Rochelle Mather, Matt Heinrich, Clayton; Mary Carman, Martin Carman, Colby, Stan and Ramona Shaw, Jennings; Judy Rentschler, Smith Center; Doris Jean Oliver, Rexford; Dennis and Marla Rogers and Erin, Rex and Myrt Shaw, Donald Shaw, Carol Shaw, Ron Shaw, Rick and Tammy Shaw, Steve and Joni Shaw and Jamie, Gary and Shirley Emigh, Russ Emigh, Kyle Emigh, all of Selden; and Travis Latham, Winona.

Sondra Barnett entertained with the "Everybody's Birthday Party" at her home on Saturday. This was the solution to the problem of giving each family member their gift on (or near) their birthday because of the distance between them. As near as could be determined, this year also marked 100 years since her house was built.

Shalom's and Cory's families came on Friday night, bringing a total of 10 dogs with them, eight of

Two of the granddaughters, Tiffany and Tabitha are spending this week with their Grandma Bee.

Joy and Mike Meserve, Sam and Paul moved to the Dallas, Texas area. However, Mike will be staying here for a time, hoping to get their home sold soon. They have been a part of the Rexford community for about 15 years and we will miss them.

Vicki and Dennis Allison pulled their camper to Michigan for the lege. wedding of her niece, Jessica Ness. Rebecca, Kristin and Jami Wark scripture; Rebecca was a brides-

Because Vicki Allison was gone on vacation, the enrollment for Golden Plains School was changed to Thursday and Friday, from 9 a.m.-noon and 1-4 in the afternoon.

Kelsey Spresser and Ben Rhodes of Jennings) were married on Saturday at the First Christian Church in Hoxie with Lane Purcell officiating. There was a reception and dance in Leoville. After a honeymoon in Colorado for a week, they will be moving to Wyoming, where both will attend a Bible Col-

Several accounts of mischief have been reported in recent weeks flew there with their grandmother, in Rexford. A man's billfold was Madonna Anderson. Vicki read the taken from his pickup seat; a scooter that was left in the park for maid, Kristin was a helper with the a short time was stolen the better!

(so you would know where they were and also just in case one of the neighbors needed to use the car)! I realize that it didn't happen overnight and it's happened all over America. I don't want to appear really "old" by my observation, but I recall a short-term job that I had when I was a young girl. There was an older Rexford couple that spent the winters in Arizona and they hired my friend to get their mail each day. My friend asked if I would substitute for a week because he was going out of town with his family. My job was to pick up the mail at the post office and take it to the old couple's home and put it on their kitchen table. The front door was, of course, unlocked the entire time they were gone. Sometimes, I can't help but yearn for the time when people were trustworthy, neighbors helped each other and there was pride in the appearance of the whole town. I don't mean to end on a "downer". but wanted to give you some food for thought. Maybe working together, we can make a change for

Hildegard Euhus, Elva Shaughnessy and Lora Zwickle.

Leading devotions Tuesday morning was Loretta McFee, director of nursing. Special reading partners came to read to several residents and Fern Moore shared reading time. Ellen Horn served Social Hour. Enjoying an evening at the fair were Ruth Laidig, Elva Shaughnessy and Ivah Alexander. Elva Shaughnessy worked at the Duck Pond, and Ivah and Ruth enjoyed the fairway.

Devotions on faith were led by Jan Badsky on Wednesday. Morning Bible study was attended by Ivah Alexander, Marilyn St. Clair, Lorna Bishop, Jan Conway, Helen Styles, Mamie Unger, Fern Anderson, Hazel Flaska and Leo Mooty.

Wednesday nail care was provided by Pat Whetzel, Karli Fredrickson and Jessica Bremer. Ellen Horn served Social Hour. Lee Arnold picked cucumbers from the residents' garden. One-to-one time was shared with Garrah Gaumer, Eva Bryan and Neva Campbell.

Dennis Brown led Thursday morning devotions. Children from Little Sam's Day Care did crafts with Mamie Unger, Ella Peterson, Leo Mooty, Agnes Chambers, Fern Anderson and Eleanore Demmer. Father George officiated Catholic Mass for Bonnie Weskamp, Lois Buchholz, and Ruby McKenna. Reading Pals read stories to Garrah Gaumer, Lee Arnold, Mamie Unger, Dena Gillespie and Fern bers, Earl and Harold Hartzog. Anderson. Social Hour was livened Other visitors were Erin and Sue up by Ben Smith on the piano.

Nuts help you feel less deprived

Need a quick snack? Nibble on a nut! A handful a day can help keep you healthy.

Though nuts are a higher-fat food, it is mostly heart-healthy unsaturated fat and may help lower low-density lipoproteins (LDL, or "bad" cholesterol). As long as you control total calories, eating a handful of nuts daily may help prevent weight gain and possibly promote weight loss.

The fat, protein and fiber in nuts help you feel full longer, so you may eat less during the day. Nuts may help people feel less deprived and not like they're "dieting". Just limit your portion to a healthy handful. How many nuts are in a handful? It depends on the nut: almonds, 20-24; Brazil nuts, 6-8; cashews, 16-18; hazelnuts, 18-20; macadamias, 10-12; peanuts, 28; pecans, 18-20 them being puppies that are being halves; pine nuts, 150-157; pista- to enjoy. A handful of nuts may help county extension office, 475-8121.



chios, 45-47; and walnuts, 14 you resist that gooey sweet roll in halves. These should be unsalted, unroasted or dry roasted.

It's easy to nibble on nuts. You don't have to fire up the stove or get out your cookbook to enjoy them. A handful of nuts may be enjoyed - simply — out of hand. Divide a container of nuts into small, individual bags for easy snacking at home, office or on the road. Keep in the refrigerator until you're ready

the break room at work. Sprinkle a few nuts into salads,

yogurt, cereal, pasta, cooked vegetables, muffins or pancakes.

Tranda Watts is multi-county extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the

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