

THE OBERLIN HERALD —
From the Record

Courthouse

These transactions were taken from the records in the offices of the Decatur County clerk, sheriff and register of deeds:
DISTRICT COURT
Small Claims
 Oberlin Fertilizer vs. Evan Robertson, \$1,879, plus costs and interest, etc.
REGISTER OF DEEDS
 Stanley and Roben Deines to James and Denise Abbey, as joint tenants, the NE 1/4 of Sec. 33, T2S, R28W.
 Wayne Bogart to Cynthia Binns, all his interest in the W 1/2 of SW 1/4 of Sec. 4, T2S, R27W.
 Donald Macfee, trustee of the

Charlotte C. Macfee Revocable Living Trust, to Donald Macfee, the NW 1/4 of Sec. 5, T2S, R27W, and the SW 1/4 of Sec. 32, T1S, R27W.
AMBULANCE CALLS
 These calls were reported last week by the Decatur County ambulance crew:
 Friday: 7:23 a.m., vehicle fire, N. Neill Ave.; 1:06 p.m., medical emergency, N. Griffith to Decatur County Hospital; 11:23 p.m., E. Commercial, public assist.
 Saturday: 12 a.m., E. Commercial, public assist; 12:15 a.m., E. Commercial, medical emergency; 11:30 a.m., Norcat, medical emergency, transport to Norton County Hospital; 11 p.m., E. Commercial, public assist.

Sunday: 7:35 a.m., E. Commercial, medical emergency.

City Hall

MUNICIPAL COURT
 Thursday: Ryan Nichols, Danbury, Neb., exhibition of speed, \$135; Merwin Potthoff, McCook, disobeyed stop sign, \$95; Stephen Vineyard, Oberlin, dog at large, \$60.

Federal Court

BANKRUPTCIES
 Allen Henry Robey, Oberlin, liabilities \$8,720, assets \$2,225, Chapter 7.

Purple veggies offer people the power of better health

The color of food can indicate many characteristics to consumers. It helps us identify foods, such as yellow for bananas or red for apples. It can also indicate spoilage, such as browning of lettuce.
 Recent research has discovered other beneficial aspects of color. Purple, blue and red foods provide antioxidant properties that benefit health. Small animal studies have shown that antioxidants seem to block cancer-causing chemicals, suppress growth of tumors, help heal wounds and help prevent cardiovascular disease.
 One of the most beneficial fruits or vegetables you can consume is blueberries, and recent research on strawberries indicates phytochemicals (plant chemicals), including anthocyanins, can benefit the aging brain.
 There are many fruits and vegetables in the blue, purple, and black color group that offer benefits including purple grapes, blackberries, elderberries, boysenberries, figs, raisins, purple cabbage, eggplant, plums, prunes, black currants and purple sweet pepper.
 These dark food colors are in the

 **Home Time**
 By **Tranda Watts**
 Multi-county Extension Agent

pigment group called anthocyanins. There are around 300, each high in antioxidant activity.
 Food processing and acid content can change these dark colors. In high acid levels, dark purple colors turn red. When red foods are in an alkaline environment, they become blue or purple.
 Metal cans also cause color changes. This is the reason some cans have a lacquer finish inside — to help maintain color quality.
 Another way to improve nutritional status is to vary the fruits and vegetables you eat within the same color group. Each fruit or vegetable provides the human body with different phytochemicals, and thus provides different benefits.
 Remember to eat fruits and veg-

etables from all five of the color groups (red, orange-yellow, green, blue-purple-black, and white-tan-brown), as well as a variety from within each group.
 To get the most phytochemicals, you need to eat the fruits and vegetables themselves. Nutrient supplements do not provide these in the same way, so eating fruits and vegetables is important.
Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

Town Crier

No meeting for Diabetes Under Control this month.
Today: High school speech, all day, Dighton.
 Junior high music contest, all day, at Colby.
 Kayette Conference, all day, at Alma.
 School begins late, at 10 a.m.
 Alcoholics Anonymous, 8 p.m., ambulance barn.
Thursday: Benefit ham-and-bean feed for Oberlin Swimming Pool drive, 5-7 p.m., Legion hall, sponsored by American Legion Auxiliary.
 Junior high girls basketball game, 4:30 p.m., here, with Sainty.
 Junior High wrestling, 5:30 p.m., at Hoxie.
Friday: Food Pantry, 9 a.m. to noon, United Church, 109 N. Griffith.
 Regional wrestling, 2 p.m., at WaKeeney.
Saturday: Regional wrestling, 11 a.m., at WaKeeney.
 High school speech, all day, at Hays.
 State Piano Festival, all day, at Wichita.
Sunday: Senior potluck, 12:15 p.m., Golden Age Center.
 Teens for Christ, 6-8 p.m., TFC building.
Monday: Food Pantry, 9 a.m. to noon, United Church, 109 N.

Griffith.
 Junior High league basketball, to be announced.
 C team basketball, 6:30 p.m., at Norton.
Tuesday: Junior high League wrestling, 2 p.m., at Colby.
 High school basketball, 6:30 p.m., here, with Phillipsburg.
 Storytime, 4 to 4:30 p.m., Oberlin City Library.
 Weight Watchers, 5-6 p.m., Medical Arts Building.
Monday-Friday: 1 p.m. at Golden Age Center. Monday, pinocle; Tuesday, pitch; Wednesday, Thursday, Friday, pinocle. Last Thursday of month, senior bridge, open. Quilting, puzzles, games daily.
 A representative of the Northwest Local Environmental Protection Group will be at the Health Department once a month for free well

evaluation, including testing water for bacteria and nitrates. For details call (785) 475-8118.

Correction

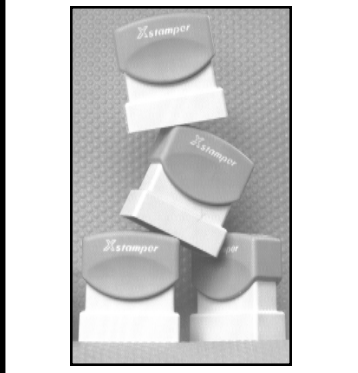
A story in the Feb. 9 issue of *The Oberlin Herald* about a dinner for those over 80 at St. John's Lutheran Church, sponsored by the Lutheran Missionary League, said that there were 11 honored. This should have been 17. The headline said that women were honored, but the dinner was for both men and women. This was a reporter's error on the number and an editing error on the headline.
 ☆☆☆☆
 The Oberlin Herald will correct or clarify any mistake or misunderstanding in a news story. Please call our office at 475-2206 to report errors. We believe that news stories should be fair and factual, and appreciate your calling to our attention any failure to live up to this standard.

Markets

February 14, 2005 closing markets
 Wheat, \$3.09 bushel
 Milo, \$2.81 hnd weight
 Corn, \$1.81 bushel
 Soybeans, \$4.68 bushel
 Sunflowers, \$10.50 bushel

The Stamps

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THE OBERLIN HERALD
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Sunflower Cinema
 220 N. Penn • Oberlin
 785-475-3374
Sat., Feb. 19
 7 p.m.
Are we there yet?
 Rated PG
Sun., Feb. 20
 2 p.m.
 Ticket Price: \$3⁰⁰
Volunteers needed!
 Call Jennifer: 475-2824
 This advertisement sponsored by:
TRADER HORN

Obituaries

Judith A. Ockerman

Judith A. Ockerman, 51, a retired high school and college teacher, died Feb. 8, 2005, at Good Samaritan Hospital in Kearney, Neb.



She was born Oct. 4, 1953, in Oberlin, the daughter of Harold E. and Doris A. (Wilson) Ockerman. She was reared in New Mexico and graduated from Shiprock High School. She attended Evangel College in Springfield, Mo. She taught high school in Shiprock for 17 years, then taught at a college in Durango for three years. During that time, she received her Master's Degree in Computers and Math. She then returned to Oberlin to be closer to her mother and step-father, Doris and Edwin Black. She was a member of the Assembly of God Church, and National Education Association in New Mexico.

Survivors include her mother and step-father, Doris and Edwin Black, Oberlin; a brother, Wilson and Betty Ockerman, Mesa, Ariz.; a step-brother, Lyle Black, Los Angeles, Calif.; and a step-sister, Sharon Mocky, Oberlin.

She was preceded in death by her father, Harold Ockerman, in 1983; her grandparents; a cousin, Royce Wilson; and aunts and uncle, Bernice and Elvin Meixner, and Louise Wilson.

Services were Saturday at Pauls Funeral Home in Oberlin. The Rev. Royce Leitner officiated and burial was in the Oberlin Cemetery.

Memorial contributions may be sent to the funeral home, 121 N. Penn, Oberlin, Kan., 67749.

Kenneth C. Martin

Kenneth C. Martin, 86, a retired Decatur County farmer, died Sunday, Feb. 13, 2005, at Decatur County Hospital in Oberlin.

He was born March 9, 1918, in Oberlin, one of four children of George and Milda (Borges) Martin. He attended school in Oberlin and graduated from Decatur Community High School in 1936.

He married Bernice Robertson in 1940 in Norton. They made their home on a farm south of Oberlin. The couple moved to Oberlin in 1988. He was a member of the United Methodist Church in Oberlin.

Survivors include his wife, Bernice; two sons, Rolan and Carol Martin, Littleton, Colo.; and Lee

Martin, Oberlin; a daughter, Roxie Erickson, Oberlin; five grandchildren; and one great-grandson.

He was preceded in death by his parents; a brother, Muriel Martin; and two sisters, Frieda Scott and Ethel Martin.

Funeral services were held Tuesday morning at Pauls Funeral Home in Oberlin. The Rev. Doug Hasty officiated and burial was at the Oberlin Cemetery.

A memorial was established in his name. Contributions may be left at Pauls Funeral Home, 121 N. Penn, Oberlin, Kan., 67749.

Vernon A. Meints

Vernon Arthur Meints, 79, brother of Don Meints of Oberlin, died Feb. 7, 2005, at Bryan LGH Hospital in Lincoln, Neb.

He was born April 25, 1925, in Culbertson, Neb., the eldest son of Henry and Alice (Seed) Meints. He was baptized in the Christian faith in St. John's Lutheran Church in Culbertson, and was a member of Peace Lutheran Church in McCook. He served in the Marine Corps from 1943 to 1946 and was mayor of McCook from 1965 to 1972.

Survivors include his wife, Nadine; two grandsons; five great-grandchildren; two step-great-grandchildren; a sister, Doris and Wilbur Brown, Elm Creek, Neb.; a brother, Donald E. and Charlotte Meints, Oberlin; and two sisters-in-law, Myra Meints, Lincoln; and Jean Myers, Rochester, N.H.

He was preceded in death by his parents; a brother, Raymond; and a daughter, Merry Jeane Bunnstock.

Funeral services were held Friday morning at Peace Lutheran Church in McCook with the Rev. Randy Wahl officiating. Burial was at Memorial Park Cemetery in McCook.

Memorials may be given in his name and sent to Herrmann Funeral Home, 607 Norris Ave., McCook, Neb., 69001

Martin W. Schissler

Martin W. Schissler, 92, a native of the Herndon area, died Jan. 31, 2005, at the Hospice of St. John in Lakewood, Colo.

He was born Sept. 27, 1912, on the family farm five miles south of Herndon in Rawlins County, the son of Mathias and Susanna (Stix) Schissler. He grew up in the Herndon area. He attended Decatur Community High School and later graduated from Herndon High School in 1932. He then farmed several years with his brother, Carl, on the home place. He was baptized and confirmed in the German Immanuel Evangelical Church in

Herndon. He moved to Denver in 1936. During World War II, he held a defense sensitive position at Gates Rubber Company and later sold real estate. He married Virginia G. Marshall on June 21, 1940, and they made their home in Denver.

Survivors include a daughter, Barbara and James A. Newman; two grandchildren; triplet great-grandsons; three brothers, Richard Schissler, Rudolph and Lucy Schissler, and Arthur Schissler; a sister, Julia "Carolyn" Smith; and three sisters-in-law, Myrtle Schissler and Violet Schissler, Oberlin; and Irene Schissler, St. Francis.

He was preceded in death by eight brothers, Gustave, John, Michael, Herman, Mathias, Paul, Andy, and Carl; nine sisters, Elizabeth Wurm, Susie Joseph, Kathryn Steinke, Theresa Neuman, Freda Sharp, Bertha Schultz, Emma Speck, Ernestine Bradshaw and Augustine "Betty" Wheatley.

Funeral services were held Feb. 3, 2005, at Olinger Chapel in Wheat Ridge, Colo. Burial was in Crown Hill Cemetery in Wheat Ridge.

Gertrude Fleckenstein

Gertrude Fleckenstein, 88, a longtime resident of the Dresden area, died Feb. 10, 2005, at the Rawlins County Hospital in Atwood.

She was born May 26, 1918, on a farm east of Hoxie, the daughter of William and Gertrude (Beckmier) Nondorf. She was raised in Hoxie, Angelus and Leoville.

She married Joseph Fleckenstein on Aug. 2, 1938, in Selden. The couple lived near Leoville before moving to a farm east of Dresden. She was a member of the Immaculate Conception Catholic Church and Altar Society.


Survivors include a son, Leonard and Doris Fleckenstein, Jennings; two daughters, Geraldine and Bill Lampe, St. Francis; and Dolores and Bob Rohr, Goodland; eight grandchildren; and 10 great-grandchildren.

She was preceded in death by her husband on July 8, 1988; an infant son, Joseph Jr.; brothers, Bill, Joe and Leo Nondorf; sisters, Rose Kuhl, Agnes Feldt, Lea Nondorf and one in infancy; and a grandson, Justin Fleckenstein.

Services were held Monday morning at the church in Leoville with the Rev. George Kochupelikkakam and Deacon Stan Chapin officiating. Burial was at Mount Calvary Cemetery at Leoville.

Memorials may be given in her name. Pauls Funeral Home of Selden was in charge of arrangements.

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 101 N. Penn,
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 475-3011

WEATHER
Decatur County Weather February 15th - 21st

Tue	Wed	Thu	Fri	Sat	Sun	Mon
35/18	38/20	43/23	45/25	35/15	38/18	43/23
Normal High	45	Sunrise 7:26 to 7:34am		Sunset 6:19 to 6:26pm		
Normal Low	19					

February's weather pattern continues to be active with storm systems moving through every three to four days. Chances for snow will be in the forecast today and tonight then again Saturday. Neither storm system looks real bad, but some accumulation of snow is possible. High and low temperatures will be seasonal and as the days grow longer the threat for below zero temperatures gets slimmer. If the current weather track remains in place, total precipitation for February will be well above the normal value of .50".
www.decisionweather.com (866) SKY-EYES Copyright © 2004 Decision Weather, Inc.

(National Weather Service)
 (Information below is for period ending 7 a.m. Mon. Maximum temperature is for previous day.)

Date	Hi	Low	Precip.
Feb. 8	22	14	0.15(1.6"/s)
Feb. 9	21	0	0.06(9"/s)
Feb. 10	42	2	
Feb. 11	49	10	
Feb. 12	56	17	
Feb. 13	47	29	
Feb. 14	60	27	

 (s = snow)
 Precipitation totals: for the week, 0.21; for the month, 0.53; for the current year to date, 1.05; previous year to date, 0.82.
 For 24-hour weather radio broadcast, tune scanner to 162.475 mhz.