

Alliance to give gifts

The Oberlin Business Alliance will be giving away a pot of gifts for St. Patrick's Day.

At the group's monthly meeting last Wednesday, Glenva Nichols, Chamber manager, told members that she had a list of the businesses that put items in the pot last year. She and Joe Stanley, owner of Stanley Hardware, split the list up and will be calling store owners.

Business people who want to sign up for the giveaway need to pick up a sheet at the chamber office or cut one out of today's edition of *The Oberlin Herald* on Page 9A.

The slips need to be signed by a person in each of the businesses that has a gift in the pot, then turned into the chamber office.

The alliance will hold its annual fish and burger fry from 11 a.m. to 1 p.m. on Good Friday, March 25, at the drive through of the former location of The Bank at the corner of Penn Avenue and Commercial Street.

The alliance talked about whether Laurie Wasson, owner of Prairie Petals, would be organizing and getting flowers for the planters on Main Street again this year. She wasn't at the meeting, but one of the members said he would check with her.

Chairman Kurt Vollertsen, owner of Ward Drug Store, said he thought it was time to start ordering spring and summer banners. He asked Tammy Wasson, with the Decatur County Co-op, to check on them and make an order.

Mrs. Nichols said that every time new banners are hung downtown, someone needs to take a banner to Fair Chiropractic.

In other business, alliance members:

- Commented they still haven't received a bill for the Fourth of July fireworks. The group hasn't been billed for the fireworks in a few years.

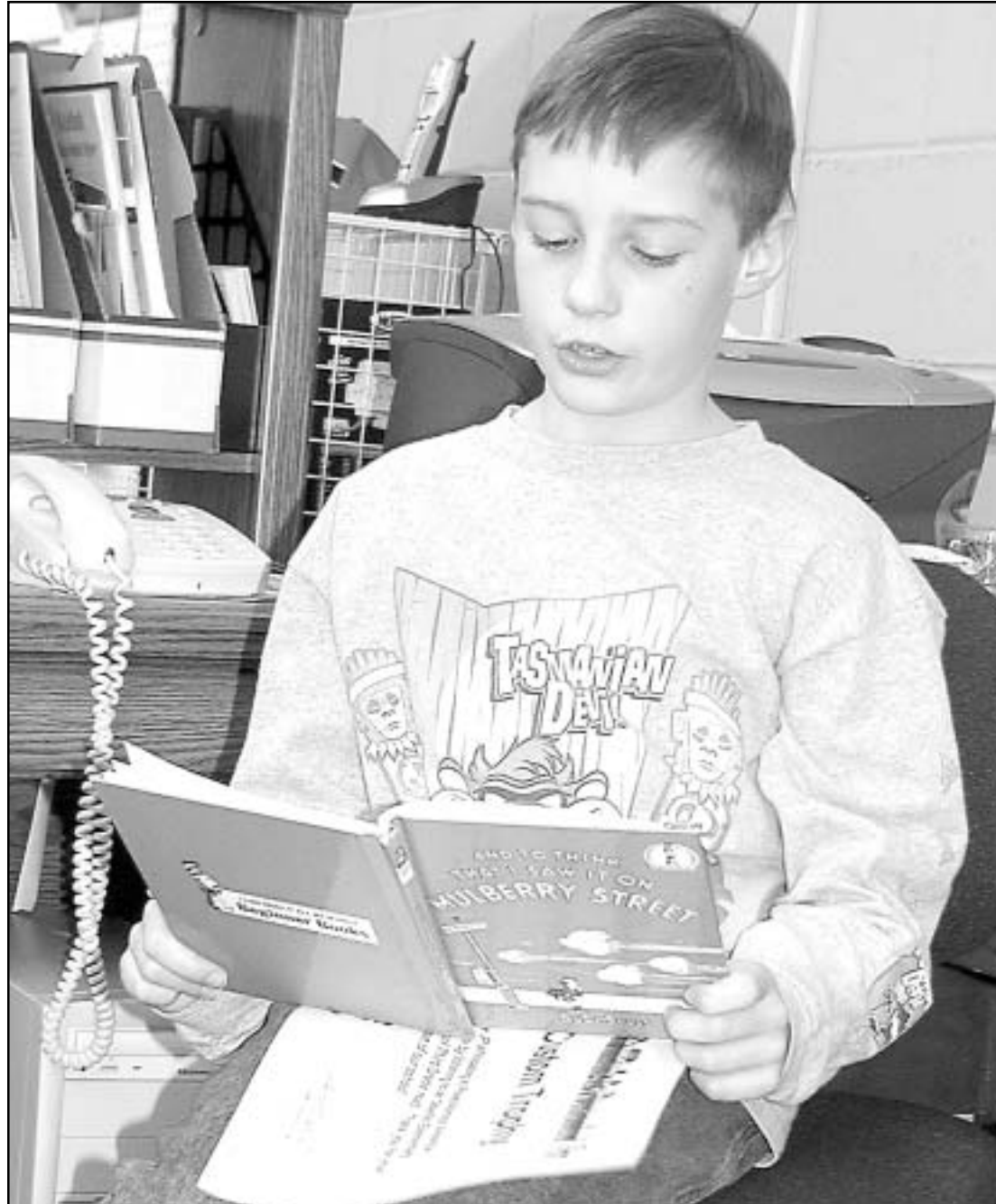
- Heard that the annual Home and Garden Show sponsored by the Chamber and KFNF will be held Saturday, March 19, and Sunday, March 20, at The Gateway. Brian Loker with KFNF said almost all of the booths are rented. If anyone is still interested in a booth, he said, they can contact Mrs. Nichols at the Chamber office at 475-3441.



Students read to owners

AT THE LandMark Inn Chris Anderson (above) read to Owner Gary Anderson on Thursday for part of the grade school's reading week while his classmate Caleb Koerperich read at Custom Trophy and Engraving. Each year the students participate in a week set aside to celebrate reading either in March or November. This year's theme was "Reading is Where it's Hat." The kids read a total of 1,040 hours. For more pictures from the week see the OH! page.

— Herald staff photos by Kimberly Davis



Man arrested for drugs

Just like in the song "Alice's Restaurant," a letter under a pile of trash got an Oberlin youth in a pile of trouble.

Decatur County Undersheriff Michael French arrested a 19-year-old Oberlin man last week after a complaint about trash dumped 10 miles east and four miles north of town.

Undersheriff French said the call came into dispatch on Saturday, Feb. 26. He was out of town, so last Tuesday, he checked the site out and found several pieces of mail belonging to Adam Miller. Also in the trash were several pieces of drug paraphernalia, including homemade pipes and bongs.

He said he took photos of the site and then confronted Mr. Miller, who denied that the trash was his.

Undersheriff French said he took the information to Judge John Bremer, who issued a search warrant for Mr. Miller's house in Oberlin.

That afternoon, he searched the house, finding Mr. Miller asleep. Undersheriff French said he found a quarter of an ounce of marijuana on Mr. Miller and a smoking device. The offenses are misdemeanors, but Mr. Miller was arrested and taken to jail.

Undersheriff French said he went back to the house and found several other pieces of drug paraphernalia.

Mr. Miller spent a night in jail on one count of possessing drugs, one count of possessing drug paraphernalia — and one of littering. He was released last Wednesday on a \$2,500 bond.

He was supposed to enter his plea on Monday, but his lawyer, Mark Whitney, filed for a continuance.

Egg hunt to be held


The Oberlin Lions Club will sponsor the annual Easter Egg hunt in City Park Saturday, March 26.

The hunt will begin at 1 p.m. near the shelter house in the park. It is open to kids ages from 1 to 9 years old.

The candy for the hunt will be provided by the Oberlin Masons.

Internet tonight!
Call
475-2206!

Summer Job Offers:
The City of Oberlin is accepting applications for temporary summer jobs until positions are filled. These include labor jobs in the maintenance of park, streets, cemetery, swimming pool and public utilities.
Also accepting applications for swimming pool manager. Swimming pool manager must have current Water Safety Instructor Certificate and must have completed American Heart Association CPR and Basic First Aid. Experience as pool manager or assistance manager would be helpful.
Application forms can be picked up at the
City Office
#1 Morgan Drive
Oberlin, KS 67749

Non-surgical treatment of hemorrhoids.
John D. Ferris, MD
will be at:
291 15th Street
Burlington, CO
Wed., March 16
Sat., March 19
For information or appointment, call
1-800-593-0009
 **Hem Cure**

March is Save Your Vision Month
— The Doctors and Staff of **LIFETIME EYECARE** would like to focus this month on
Healthy Eating Habits and Healthy Eyes

More than 22 million Americans suffer from cataracts and age-related macular degeneration (AMD), the two leading causes of visual loss and blindness.

Studies have suggested that by eating foods rich in six nutrients, you can protect your eyes from disease. In other words, healthy eating habits can mean healthy eyes.

So, what type of foods are EYE HEALTHY? Most fruits and vegetables are great sources of **Vitamin C**, including oranges, grapefruit, strawberries, papaya, green peppers and tomatoes.

Vitamin E is more difficult to obtain from food sources, since it is found in very small quantities. However, good food sources include vegetable oils (safflower and corn oil), almonds, pecans, wheat germ and sunflower seeds.

Betacarotene is present in dark green leafy vegetables (spinach!), deep orange or yellow fruits and vegetables (cantaloupe, mangos, apricots, peaches, sweet potatoes and carrots) and fortified cereals.

Lutein and zeaxanthin are found together in many food sources. Dark green leafy vegetables are the primary sources of lutein and zeaxanthin (kale, collard greens and spinach), but they are also present in lesser amount in other colorful fruits and vegetables, such as broccoli, orange peppers, corn, peas, persimmons and tangerines.

Good food sources of **zinc** include meat, liver, shellfish, milk, whole grains and wheat germ.

Eating healthy for your eyes could be the most promising means of protecting your eyes from AMD and cataracts. In addition, planning menus rich in the nutrients described above can mean better overall health for you and your family. Consider eating eye healthy foods and gain benefits for your whole body.

And remember: Your eyes are often the best window to your health. Some systemic and chronic diseases can often be detected by your eye doctor during a comprehensive eye exam. Schedule your regular comprehensive eye exam today.

Visit our website for eye healthy recipes!
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RAWLINS, CHEYENNE, SHERMAN CO., KS & RED WILLOW CO., NE LAND AUCTION

3,500 ± ACRES CROPLAND, CRP, IRRIGATED, GRASS & IMPROVEMENTS

WEDNESDAY, MARCH 23, 2005 @10:30 AM
AUCTION LOCATION: COLUMBIAN HALL IN ATWOOD, KANSAS

SELLERS: Estates of Joe C. & Raymond Wahrman, Ken Eland & Lindon Montgomery, Executors

This land will sell at ABSOLUTE AUCTION in the following tracts and combinations:

RAWLINS COUNTY, KS TRACT 4: NE/4 of 14-2-32 TRACT 5: SW/4 of 5-2-31 & E/2SE/4 of 6-2-31 TRACT 6: SE/4 of 31-1-31 & SW/4 of 32-1-31 TRACT 7: SW/4 of 16-1-31 TRACT 8: SW/4 of 25-1-32 TRACT 9: Oil Well on SW/4 of 25-1-32 TRACT 10: SE/4 & S/2SW/4 of 27-1-32 TRACT 11: N/2 of 34-1-32 TRACT 12: NE/4 of 6-4-36 TRACT 13: NW/4 of 6-4-36 TRACT 14: Grassland w/farmstead in S/2 of 6-4-36 TRACT 15: Cropland acres in S/2 of 6-4-36	RED WILLOW COUNTY, NE TRACT 1: E/2 of 30-1-29 TRACT 2: W/2 of 30-1-29 TRACT 3: NW/4 of 31-1-29 w/farmstead CHEYENNE COUNTY, KS TRACT 16: NW/4 of 24-4-39 SHERMAN COUNTY, KS TRACT 17: N/2 of 25-6-38 LOTS IN HERNDON, KS TRACT 18: Lots 7 & 8, Block 10, Original Town
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