

The Royal Neighbors will be sponsoring a whole-hog roast at 5:30 p.m. on Saturday at the Norcatour school cafeteria as a benefit for Jim and Teresa Arnold. Admission is by donation. A covered dish would be appreciated.

Jim is receiving treatment for leukemia in Denver. Those who would like to donate, but cannot attend may send donations to: Lora Arnold, Route 1, Box 119, Clayton, Kan., 67629. Checks should be made payable to Royal Neighbors of America.

Birthdays and anniversaries: Betsy Jakowski, Mary Long - March 8; Sharee Dempewolf - March 14.

The annual Senior Citizens card party sponsored by the Norcatour Royal Neighbors was held March 3, with a delicious soup and pie dinner.

Thirty-three people enjoyed the dinner and cards. Those receiving door prizes were June Jolly, Lyle; Gwynn Ward, Clayton; Eleanor Zumalt, McCook; Eleanor Jensen, Norton; and Veda Wood, Oran Milner, LaVerne Milner, Al Sedlmayer, Joyce Price, Lula Hix, and Wava Reames, Norcatour. The next Senior Citizens meeting will be at

1 p.m. on Friday in the Educational Building.

Virgil and Joyce Price attended the Lyle carry-in dinner on March 5.

On Saturday, March 4, Oran and LaVerne Milner, Marguerite Clark, Lula Hix, Norma McCallister, Bee Nelson and Dorothy Ward enjoyed the Tumbleweed Chorus of Northwest Kansas and Eastern Colorado presentation of their 25th anniversary show, "Show Boat," at the Colby Community College Cultural Arts Center. The program also featured the 12th Street Rag and U.S. Male quartets.

Esther Miller has been in the Decatur County Hospital in Oberlin recuperating from surgery on March 3, for a ruptured appendix.

Veda Wood, Carol Wood Moye, Sheryl Van Gundy Patterson and Ona Van Gundy drove to Colby Tuesday evening, Feb. 28, to visit with Sandy Wood McNames, and listen to the Sweet Adelines recruitment gathering. The Adelines also presented a lovely buffet supper.

Supper guests of Lynn and Les Ward on Feb. 28 were Ruby Pflieger, Steve McMurry, Eva Cribbs, Keith Ward, Amber Waggoner, and Wava Reames. Steve and Eva are

moving soon from San Diego to Belize, in South America. Steve is Lynn's brother and Ruby's son. They have been helping Ruby, Lynn and Leslie get their flower shop, Garden Gate Floral, ready to open in Norton.

Frank Ward is slowly but surely getting better. At the time of this writing he was still in the hospital at Oberlin.

Velda Ward has a new roommate at Cedar Living Center, Lora Lynn Leichter, also from Norcatour.

Dorothy Ward accompanied Wava Reames to Cedar Living Center in Oberlin on March 5, where they visited Lora Linn Leichter, Velda Ward, and Frank Ward. They also talked with Lowell Sebaugh and looked in on Esther Miller. Keith and Kaley Ward and Dewaine Stapp were also callers.

Norm and Julie Gallentine called on the Kenneth and Pansy Price recently. Kenneth and Norm hooked up the horses and drove them a while, which did Kenneth and the horses both some good.

Virgil and Joyce Price visited Monday afternoon. On Friday, their son-in-law, Ron Wolf, took the Prices to Grand Island, Neb., for Kenneth's medical checkup.

On Sunday afternoon Todd, Dakota and Quinton Cook did yard work for Kenneth and Pansy. Monday morning visitors were Linda Briney, and daughter and grandson, who were en route home to Sturgis, S.D. Linda is one of Kenneth's trail ride friends.

Your fridge handles hot foods

No matter what mother taught, cooks shouldn't be afraid to put hot foods in the refrigerator.

Today's refrigerators are made to cool foods quickly. Refrigerator temperatures are safer than room temperatures for both cooling hot foods and defrosting frozen foods. The recommended 32-40 degrees Fahrenheit helps refrigerators prevent bacteria growth.

Most foods, especially those prepared and served in deep dishes or containers such as casseroles, should be placed into smaller, shallow containers for faster cooling. Just don't overload the shelves. There should be enough space between foods that air can circulate around them.

Leftovers from take-out or delivered foods need to go in the refrigerator as soon as you are through eating. Homemade foods that require cooling should be in the refrigerator within two hours.

Cover everything tightly or seal it in a bag, unless your appliance has special compartments for certain types of food. The air inside refrigerators is dry. Exposed foods will quickly dry out and lose quality.

Label containers with the date purchased or cooked, as well. Even in the refrigerator, foods can spoil if you don't use them up.

Should you chop or measure first? Good question.

Cut up ingredients, whether chopped, minced or diced, can make recipe instructions confusing.



Home Time

By Tranda Watts
Multi-county Extension Agent

The problem is knowing whether you should measure before or after you do the cutting or chopping. The answer depends on how the recipe lists the ingredient.

Here are a few examples:

• "1 cup nuts, chopped" - This means you should pour nutmeats into a dry measuring cup until you reach the 1-cup level. Then, take the nuts out and chop them.

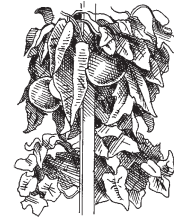
• "1 cup chopped nuts" - Here, you should chop the nutmeats first and then put them in the cup to measure.

The same applies to ingredients

that call for mincing or dicing. You just need to pay close attention to whether the verb comes before or after the ingredient. If the verb is after, cut or chop after measuring. If it's before, cut or chop before measuring.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

Spring is coming! Now is the time to start thinking about planting. FIDELE ELECTRIC AND BUILDING SUPPLY, will be carrying bedding plants this year. We will be placing orders soon, so if there is something special you would like, please just give us a call.



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Rexford News

By Sondra Barnett

Dwight and Sharla Williams held an open house reception, in celebration of their recent marriage, at the Red Barn on Sunday.

There was a nice turnout for this special event.

Morgan Wark, daughter of Chad and Desiree, had her second birthday last Wednesday. A celebration was given for her at the Colby Pizza Hut on Saturday.

Those attending were grandparents Samantha Lode and Don Lode, Colby, and Vicki and Dennis Allison, Rexford; a great-aunt, Norma Niemeyer, and cousin, Sydney, Great Bend; Cassie Stevenson, Cameron and Kiley, Great Bend; Nolan Hull, Colby; an aunt, Shay Niemeyer, Colby; Ryan Shaw and his father, Gary, Selden; Bailey Belair and his parents, Billy and Tasha, Selden; Dana and Derek Juenemann, Selden;

An aunt, Rebecca Wark, Chance Rains, and a cousin, Jaren, Victoria; and aunts Kristin Wark of Lawrence and Jami Wark of Rexford.

Everyone had a fun time, especially Morgan, who was happy with all the gifts she received.

Those attending the Tumbleweed Chorus on Saturday were Sondra Barnett, Hulda Wark, Deborah

Gamboa, Grace Cheney and Deb Stepper.

Sunday the Rexford Lion's Club will have a soup luncheon at the Community Hall in Rexford from 11 a.m. to 2 p.m.

Donations will help send students to the Lion's State Band program.

Those at the Red Barn this week for Barnswallows were Rex and Betty Carswell, Mary and Lawrence Juenemann, Dick Sanford, Lawrence Horinek, Pat and Chuck Williams, Grace Cheney, Jean Hawkins, Estelle Bugbee and Deb Stepper.

Koffee Klatchers on March 10 were Berneda Zoberst, Grace Cheney, Eunice Sanford, Deb Stepper, Liz Rall, Delores Dible, Margaret Arasmith, Sondra Barnett, Velma Barnett, Jean Hawkins, Clea Moeder and Vesta Roth.

The Golden Plains Lady Bulldogs placed fourth at the State Class 1A basketball finals held in Hays. They beat Deerfield 63-61 on Wednesday, then lost to Claflin 45-54 and let Olpe win 45-46, both on Thursday.

Golden Plains School students and faculty are on spring break this week.

Selden News

By Jacque Boulinghouse

Birthdays and anniversaries: March 23 - Tami Porsch, Francis and Leone Porsch; March 25 - Jeremy Schiltz, Daren Storer; March 26 - Jeni Rogers, Mary Ann Zoderow, Elsie Wessel, Dagmar Becker; March 27 - Julie Geisinger, Dori Pauls, Shani Sauvage; March 28 - Lori Miller, Shirley Campbell Weber, Bernie Koerperich; March 29 - Marissa Porsch, Paula Schiltz, Tammy Shaw, Alexia Campbell.

Selden Fire Department training this month will be Monday, March 27, in Rexford. Everyone should be there by 7 p.m. Call Bill Scott, Steve Rogers or Steve Hirsch for information.

Golden Plains schools are on spring break all this week.

Everyone should give a pat on the back to the Lady Bulldogs for their efforts at state basketball this past

week. They played some very good games and brought home fourth place.

On March 9 at Senior Citizens Cecelia Ottley won high, Alfred Albers took second, Lola Cook got low and Leone Porsch had the most nines. Other members present included Betty James, Carol Shaw, Anna Albers, Jeanie Spesser, Ann Hazlitt, and Edna Schiltz.

The Community Center is coming along. We are taping and mudding drywall.

There is not much left to do, just the time-consuming stuff. Anyone wanting to help should contact Darrel Bruggeman.

Anyone wanting to donate to the purchase of tables and chairs should contact Jackie Schulte or Jacque Boulinghouse.

Midway News

By Mary Lou Olson

Elma Lee Erickson, and Don and Em Threlkel were Friday overnight guests of Nora Bearley in Oberlin.

On Saturday they all went to Hardy, Neb., where they attended a 90th birthday party which honored Duane Kintigh, father of Sharon Bearley of Kensington. En route home, Mrs. Erickson and the Threlkels had supper with Don and Shelly Threlkel of Lebanon, at Smith Center.

Leanne Losson, Ashland, visited over the weekend with her parents, Wesley and Eulaine Benda, and her sister, Barbara and Mark Olson, Kurt and Mary. Shirley Maresch of Nekoma and Bev Messerly of Sublette came Monday to spend a few days with the Bendas.

Covenant Women Ministries will meet at 9 a.m. on Saturday, March 18, at Herndon Covenant Church for a "rip and roll" Missionary Work Day. Hostesses will be the officers.

Gary and Mary Ann Erickson returned home Friday from Arizona and other points, where they vacationed the past month.

Roger Carlson is undergoing rehabilitation in Wichita following recent surgery. Mail will reach him at Wesley Rehabilitation Center, Room 212, 8338 W. 13th Street, Wichita, Kan., 67212. Phone is (316) 729-1000, extension 2122.

'Does the Church Belong to You or Do You Belong to the Church'

By the Rev. Rick Langness, St. John's Lutheran Church

It is a sad reality that the greatest enemies of the Church are usually found in the pews and the pulpit. My heart breaks when I hear about someone who was turned away from the Church because the pastor or a member hurt them. It causes me to wonder why God would allow his grace and mercy to suffer at the hands of humans.

But then, I am reminded that my sins are no different than anyone else's. I, even as a pastor, am capable of hurting my neighbor unaware. This reality can create fear, fear of my sin and fear of my neighbor.

The believers in Smyrna (Rev. 2:8-11) were suffering from affliction and poverty. And yet, they were rich in the life given to them in Christ Jesus. Though they were poor in the things of this world they had the greatest treasure in the forgiveness of their sins and the promise of life eternal with God.

Their problem, however, was that they were afraid. The heartaches and troubles of this world distracted them from seeing the life that was theirs in Christ. They had forgotten the reality of their First Love and were giving in to fear. They were fearful of all the sinners around them.

When we forget the truth of God's love for us in Christ Jesus, fear takes over and moves us to live within the walls of our own choosing. We separate ourselves from those who have hurt us and seek after those things which are safe and make us feel

good. This is what we see when we move from one church to another.

Rather than face the reality that our brother or sister has offended us and is in need of forgiveness, we turn our backs and move on hoping to find a church that is not so full of hypocrites, liars and cheaters. For a while we think we have found it; but then we let our guard down and find our new church is full of the same sinners as our old one.

The church in Pergamum (Rev. 2:12-17) gives us the picture of one who hops from one church to the next. These members were good people who wanted to remain true to the Lord. And yet, they had given in to false teaching. They had sacrificed the truth of Scripture for the joy of fellowship. In the place of real sin being met with real forgiveness they put a false sense of righteousness being supported by enticing words.

When it comes to dealing with the pain caused by a fellow Christian the answer is not found by running in fear to a better church; the answer is found in remembering the One who loved you first, the One who gave his life for you and says to you, "Your sins are forgiven."

When we recall God's forgiveness given to us in Jesus Christ, we have the courage to face those we, ourselves, must forgive. It is only in recalling the love of Jesus Christ that we have the power to be faithful to the point of death; for it is He alone who forgives our sins and crowns us with life.



Schedule of Oberlin and area church services:

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| <p>OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
The Rev. George Kochuvelikkakam,
MASS: 10:30 a.m., Sunday</p> <p>IMMACULATE CONCEPTION CATHOLIC, LEOVILLE
The Rev. George Kochuvelikkakam
MASS: 8 a.m., Sunday.</p> <p>SACRED HEART CATHOLIC, SELDEN
The Rev. George Kochuvelikkakam
MASS: 5:30 p.m., Saturday</p> <p>OBERLIN SEVENTH-DAY ADVENTIST CHURCH
Jim Martin
120 South East, Oberlin
SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.</p> <p>JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS
Carrie Buhler, pastor
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.</p> <p>PRAIRIE CHAPEL UNITED METHODIST
The Rev. Doug Hasty
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.</p> <p>HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.</p> | <p>UNITED CHURCH OF OBERLIN
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Sunday School, 9:30 a.m.; Worship Service, 10:30 a.m., AWANA practice every Wed. at 6:30 p.m. Holy Communion, 1st Sun. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Wed. at 8 p.m.</p> <p>OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Bobby Cornelius
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.</p> <p>OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Doug Hasty
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.</p> <p>CLAYTON UNITED METHODIST
Pastor: Kathy Aeillo
Almena
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.</p> <p>OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m. King's Kids, 6:30 p.m.; Youth, 8 p.m. Women's Group, 2nd & 4th Thursdays, 2 p.m.</p> | <p>OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.</p> <p>ST. MARY'S CATHOLIC, HERNDON
The Rev. Damian Richards
Phone 785-322-5560
MASS: SUNDAY, 8 a.m.</p> <p>HERNDON COVENANT CHURCH
Keith Reuther, Pastor
Phone 785-322-5316
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 11 a.m.; Bible study, 7 p.m.</p> <p>NORCATUR UNITED METHODIST
Pastor: Kathy Aeillo
Almena
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.</p> <p>LYLE UNITED METHODIST
Carol Woodmanee, Almena
Lyle Lay Speaker
SUNDAY: Morning Worship 8 a.m.</p> <p>EVANGELICAL COVENANT CHURCH OF OBERLIN
The Rev. Heidi Wiebe
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7:30 p.m.</p> | <p>LUND COVENANT CHURCH
Pastor: Doug Mason
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.</p> <p>ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Pastor: Rev. Rick Langness
Secretary: Norma Unger
785-475-2333
SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 10:30 a.m.; Holy Communion: 1st and 3rd Sundays; KICK, 3:45-5:30 p.m. each Wednesday. Foundations Bible Class, Thursday, 7-9 p.m.</p> <p>FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
Pastor Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. Congregation Council, third Sunday, 10:45 a.m. Youth Group, first and third Sundays, 10:45 a.m. WEDNESDAY: Confirmation class, 6:30 p.m.; Women's Bible Study second Wednesday at 9:30 a.m.</p> |
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