Boys finish fifth

The Decatur Community High boys track team finished fifth in a field of 19 at the St. Francis Invitational last Tuesday.

The team from Wray, Colo., won the meet with 92 points, followed by Burlington with 87; St. Francis, third, 60; Atwood, fourth, 58; Oberlin, fifth, 51; Weskan, sixth, 46; Tribune, seventh, 42; Brewster, eighth, 38; Sharon Springs, ninth, 30; Hoxie, 10th, 23; Cheylin (Bird City), 11th, 10; Bethune, 12th, 8; Tri-Plains, 13th, 8; Liberty, 14th, 2. Teams from Colby, Grinnell, Herndon, Idalia, Colo., and Oakley did not place.

Oberlin senior Teryn Grafel kept up his torrid pace, winning the 110meter hurdles in 15.06 seconds and 300-meter hurdles in 40.57.



FRESHMANLUCASJUENEMANN (right) flew through Invitational track meet the hurdles in his heat last Tuesday at the St. Francis Track

154 feet, 7 inches.

Grafel also had a second-place Senior Denton Bailey finished finish in the triple jump at 40.75. 400-meter dash at 54.93 and Lucas mores were to compete in Atwood. first in the javelin with a throw of Senior Joe Mondero took second in Juenemann was sixth in the high Tuesday, the Red Devils hosted the be Friday, May 12, in Quinter.

the 200-meter dash with a 23.46. Garrit Peters finished fourth in the jump at 5-4. Monday, freshmen and sopho-

Oberlin Invitational and Monday, Oberlin will travel to Hill City. The Northwest Kansas League meet will

have been an inspiration to me.

"One of the things I would tell

young kids is to get to as many sum-

mer camps as possible. Another

thing is that a football player needs

to learn that the weight room is the

secret to their success. Bigger,

faster, and stronger athletes always

confidence and toughness. Part of

the game is physical and part is mental. If you think you can do it, you

probably can, if you don't give up.

If you think you can't, you are right.

ing weights at the end of sixth grade

going into seventh grade, but I

would make sure I was taught cor-

Thomas was coached by Trevor

"He has a bright future." said Wil-

Williams at Decatur Community

"I would recommend to start lift-

"The weight room builds mental

win out.

rectly."

liams.

High School.

Football star offers tips for younger players Kavlene and Dennis Thomas; they

down, The Herald plans a series of articles on senior athletes who will be graduating and heading off to college. These articles are designed to let the younger athletes understand what it takes to be a success in a sport they are interested in.

By JIM MERRIOTT

What does it take to play college football?

Oberlin senior Jason Thomas, an honorable-mention All-State linebacker for the Oberlin Red Devils, has signed to play Division I junior college football at Dodge City Community College this fall. How did he get to that point?

Thomas, who played fullback and tight end, carried the ball 72 times for 371 yards and scored three touchdowns on offense in high school. A two-year starter as a linebacker on defense, he recorded 286 tackles during his four years at Decatur Community High School, intercepting three passes and recovering six fumbles. His efforts landed him on the All-Northwest Kansas

As the high school year winds League first team as a junior and the second team as a senior.

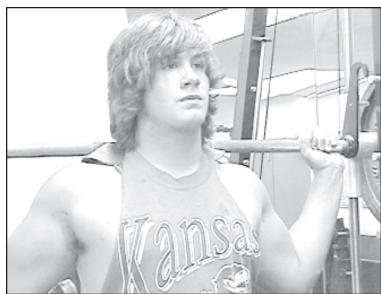
"We recruited Jason with the idea that he can come in immediately and compete for one of our linebacker positions," said Dodge City Coach Marcus Garstecki. "From what I have seen from game films, he fits the linebacker mold here at Dodge City."

Thomas said he has always loved football and started playing in the fifth grade, even though there was no organized team here.

"When I was in fifth grade," he said, "Oberlin didn't have a tackle football program. Some of my friends and I had heard that there was a tackle team in Norton, so our parents signed us up to play ... with a Norton team.

"During that time, my parents put a lot of miles on the car and I would like to thank all them and the rest of the parents that spent their time driving us and coaching us. Without their help, I would never be where I am today.

"There is just something about helped me get better. I owe a lot to



Jason Thomas in the weight room.

this game that attracted me. Football those coaches, and I would say to is a physical game, and I love to hit. It was the contact that attracted me; there is just something about hitting that I love

"Over the years, a lot of coaches

any young upcoming Red Devils to listen to your coaches. They know what's going on. They have played the game and understand what it takes to make you a better player.

"I also owe a lot to my parents,

Oberlin golfers take 2nd

Junior Breck Simonsson led the Oberlin Red Devils golf team to a second-place finish Saturday at the Rawlins County Invitational in Atwood.

Simonsson finished second overall in the tournament with a final score of 76 over the 18-hole course, earning him a medal. That kept the Red Devils on the heels of Goodland, which took the tournament.

The Cowboys finished with a team score total of 341; Oberlin and Colby shot 349 to tie for second; Hoxie was fourth at 353; Atwood, fifth, 385; Oakley, sixth, 403; Quinter, seventh, 442; and the Atwood junior varsity was eighth at

"The team is showing steady improvement," said Coach Dick Ahlberg.

Oberlin scores included B. Simonsson 38-38=76; Andy Gilliam, sixth, receiving a medal, 44-41=85; Jobey Black, 43-49=92; Corey Cook, 48-48=96; Andrew Richards, 48-54=102; and Nathan Simonsson, 57-51=108.

The Red Devils planned to travel to Thomas Moore Prep in Hays on Tuesday. Thursday they will send a split squad to Colby, and Saturday they compete in Ulysses.

Last Tuesday's match at Hoxie was cancelled and will not be made up due to scheduling problems, as Oberlin must compete in regionals Monday, when the match would be rescheduled.

"There is a slight possibility Oberlin might send a junior varsity team to Hoxie, but it is doubtful," said Coach Dick Ahlberg.

The Red Devils were handcuffed at the Atwood tournament, as two top players, Jonathon Richards and Nolan May, missed the match due to the state music competition in Gypsum, near Salina.

Time to sign up for teams

Summer softball and baseball forms for the Decatur County summer recreation program are due Wednesday so players are assured they will be chosen in the draft and oet a team shirt

riter helped to build Pomona Lake 42 years ago

By Jim Merriott

State Park, which has two concrete

to have a good time; reserved and

open camping, electricity hookups,

showers with hot water, picnic fa-

cilities, water supply, swimming

beach, fishing dock, reserved shel-

ter, a dump station, reservable group

On the west end of the lake is

Camping is more primitive in this

On the north central arm of 110-

On the northeast side of the lake

by the Wolf Creek arm is Wolf

mile Creek is Cedar Park, an area for

camping with a boat ramp, but with

facilities for the kids.

Carbolyn Park.

fewer facilities.

primitive facilities.

It has all the facilities necessary

boat ramps.

This is the first of a series on treks to Kansas state parks on my annual summer fishing excursions, letting Kansans in on great places to take short weekend trips while keeping our money in our state.

This week, I headed back to my old stomping grounds at Pomona Lake, 35 miles south of Topeka off U.S. 75 near Vassar, between K-31 and K-268.

Construction of the dam took about four years and was completed in 1963 at a cost of \$13 million.

As a summer laborer during high school, I spent many hot days cutting stumps in that valley.

The lake to date has registered over \$135 million in flood protection savings.

It has been 35 years since I left the Michigan Valley, on the north side of the lake just four miles from Overbrook.

You can still see east to west from the top of the dam the inlet of Dragoon Creek.

As a kid, I would wade up the creek and set limb lines for big old catfish to hit during the night.

When the summer got hot, I would fish all night looking for the big ones. Some of those channel cats were anywhere from five to 20 pounds.

Their granddaughters and grandsons are still spawning there in the shallows, just as they have from the start

If fishing is in your plans, crappie, white bass, wipers, largemouth bass and blue gill, along with rough fish such as buffalo, drum, and carp, call Pomona home.

"Pomona is known for being a good catfish and crappie lake," said Pomona State Park Ranger Jason Sunderland, (785)-828-4933.

"Pomona has been known for very decent walleye population, up to five pounds," said James Stegeman, a geological consultant at the lake.

Fishermen report a good number of one- to three-pound white bass



and wipers. Crappie range up to three pounds. Flat heads and channel cats can range up to 20 pounds.

"Largemouth bass numbers are down, but bluegills are plentiful and if you like to bow fish, rough fish such as buffalo, drum, and carp can be found in the shallows.".

Locals like Jimmy Myers, who has lived on the lake since its inception, and Terry Heathman of Ottawa, who fishes the lake 275 days per year, agree that the lake has changed from a predominate wall- remote area; it has a boat ramp, but eye fishing lake to a catfish lake today.

"There was a time when walleye was king when the lake was in its infant stages," said Myers. "Over the past 30 years, things have changed.'

"Pomona lake is controlled by the Creek Park, which has a boat ramp Army Corps of Engineers, who and pretty good facilities. regulate water flow.

As the lake has aged, the sediment on the bottom of the lake has changed how we look at stocking," said Don George, regional biologist for the Kansas Department of Wildlife and Parks.

"Every three years, it is necessary to flush the lake.

"We loose a tremendous number of walleye downstream to the State of Missouri due to the fact that the majority of walleye hang close to the rip-rap and outlet of the dam.

It is more economically feasible to stock wiper in the lake because they are cheaper and handle the habitat of the lake better than the walleye."

The lake has a great camping area on the southeast side at Pomona Shore Marina, which has camping facilities more like the state park. Then there is Michigan Valley

Campground down by the riprap of the dam, my favorite, where the beach is sandy, a great place to swim and catch lazy walleyes off the dam.

If you are a big water skier, then ski up the north arm of 110-Mile Creek. It is the calmest.

The wind can make the rest of the lake choppy at times, so I would advise skiing in early morning or just before dusk along the riprap of the dam

This is a great Memorial Day weekend getaway.

It takes about five hours to get to Vassar from Oberlin, but it is worth camping, marina and playground it.

The most important thing to do before you go is to reserve a camping spot by calling the National Recreation Reservation service toll free at (877) 444-6777, or visit the Internet at www.ReserveUSA.com.

You will need either a annual state parks pass for admission or a day or overnight camping pass.

A one-day motor vehicle pass is \$7, an annual motor vehicle permit is \$46.65.

Daily camping permits are between \$5.50-\$6.50, an annual It is across the bay from the North camping permit is \$11.50-\$130.50.



There are 14-day camping permits that run \$60.50-\$70.50.

Remember if you are putting in a boat larger than 14 foot with any kind of a motor, it will have to be registered with the state.

The fee is \$30 for a three-year permit. An annual resident fishing license are \$20.15.

Pomona is just one of many stops I will be making this summer on "The Jayhawker's Kansas Getaways.'

One last thing: do you and yourself a favor and take a kid fishing.

The draft day, for coaches only, will be next Wednesday at the Decatur Community High main gymnasium. T-Ball and Little League drafts begins at 6 p.m., with Bantam and Pony League drafts at 7:15 p.m.

For anyone getting a co-ed softball team together, there will be a meeting for team representatives at 6 p.m. on Tuesday at the high school gym. A team representative must be present to set the schedule. Team fees are \$150.

K-18 coaches are still needed. Anyone interested should apply at the county clerk's office as soon as possible.

DCHS ALUMNI BANQUET RESERVATION COUPON

The DCHS Alumni Banquet will be held at The Gateway in Ober-■ lin, Saturday, May 27, 2006 at 6:30 p.m. <u>Doors open at 5:30</u>. Mail reservations and remittance to: Alumni Assn., P.O. Box 201, Ober-In, KS 67749. Deadline for reservations is May 19, 2006. Price per plate is \$12.50 - This includes dinner and 50 cents for the Smick Memorial Loan Fund.

Alumni's Name		Class
<u> </u>		<u> </u>
Spouse or Guest I	Name	Class
Space allows for alur class year and maide		est. BE SURE to give
If spouse/guest is al	so an alumni, plea	se indicate the class year
he/she would like to	-	
Late registrations acc class.	epted, but no guar	antee on sitting with your
	Ve have the an Over 70% Success Rate B-6 Month Residential Pro Scenic Private Lake Settin Sauna Detox to Remove D Physical Cravings	ogram

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