

SENIOR WHITNEY BEINKE got some encouragement from Coach Dick Ahlberg during a cross county meet here in Oberlin. - Herald file photo

## Oberlin runner following in her mother's fast footsteps

This is the seventh in a series on Decatur Community High athletes who are heading off to college, designed to let younger kids understand what it takes to be a success in a sport.

#### **By JIM MERRIOTT**

So what does it take to become a successful high school track and cross country runner?

"My mom has always been a runner," said Oberlin senior Whitney Beinke, "so I grew up watching her and wanted to be like her."

Beinke will attend Kansas State University at Manhattan this fall and hopes to be a walk-on runner for the Wildcats.

"I have always liked to run," she said. "When I had a chance to be part of the junior high track team, I jumped on it. In high school, Mr. Dreher, the head track coach, motivated me and pushed me to excel.

"My mom and the rest of the family were very supportive of me. I just listened to what Mr. Dreher had to say at practice. I ran during the off-seasons and used the weight room to keep my muscles toned."

Beinke participated one year in volleyball, let-

where we finished second, and finishing third at the regional, I don't think we did too bad.

"Our team can at least say we were there (at state). A lot of other teams didn't get that opportunity, and I am grateful."

Beinke said anytime is a good time to start running

"What it takes is dedication and practice," she said. "I believe that today's athletes don't necessarily need to be bigger, but they definitely need to be stronger and faster, and that takes work and lots of it. Athletes must keep their whole body in shape, mentally and physically."

She said she believes that young athletes need to get started in their individual sport through YMCA and summer camp programs.

"The more summer camps, the better," she said. "Kids need to start at a young age on summer teams." She also believes that Oberlin needs a new year-

round swimming pool. "Oberlin needs a more diversified choice of ways

residents can keep in shape," she said. "The weight room ... is all right for the high school students, but the community needs a nice workout facility everybody can use with more flexible hours."

# **Swimmers** smash **Goodland pool records**

vidual medley, fifth.

fly, no score.

25 back, fourth.

breast, second.

breast, no score.

medley, third.

breast, 24th.

15th

13th

• Kariah Castle, 9-10, 25 free-

• Caitie Shields, 9-10, 25 free-

• Keagen Blau, 9-10, 100 free-

• Cassidy Shields, 9-10, 25 fre-

• Ki. Blau, 11-12, 50 freestyle,

• Darbi Rouse, 11-12, 100 free-

• Kaylee May, 11-12, 50 freestyle,

• Nolan Henningson, 11-12, 50

• Jordin Wasson, 11-12, 50 free-

• Tyler Shields, 11-12, 50 fly, sec-

• Brittany Urban, 11-12, 50 free-

style, 29th; 50 fly, no score; 50

style, 12th; 50 back, 12th; 50 breast,

11th; 50 back, 18th; 50 fly, no score.

freestyle, seventh; 50 back, 18th; 50

first; 50 back, second; 50 fly, first.

style, seventh; 50 breast, seventh;

100 individual medley, eighth.

style, fourth; 25 freestyle, seventh;

style, 10th; 25 breast, seventh; 25

style, 23rd; 25 back, 16th; 25 breast,

Oberlin Red Devils swimming sensation Heather Glodt continued her assault on pool records across the tri-state region Saturday, smashing the 50-yard freestyle and 100yard butterfly pool records in Goodland.

Glodt, in the 15-18 age class, also won the 200-yard individual medley and helped the Oberlin Swim Team finish third at the meet in Goodland on Saturday against a field of 10 teams in the Northwest Kansas League.

Jamie Soderlund set three pool records in the 9-10 age class, in the 100-yard freestyle, the 25-yard backstroke and the 25-yard fly stroke.

Gannon Henningson broke the record in the breaststroke for kids 8 and under.

The 100-yard 8-and-under mixed medley relay team finished first, breaking another pool record, as did the 9-10-year-old mixed medley team.

Oberlin's 200-yard 11-12 mixed medley team also finished first.

Oberlin's strong team was lead by first-place finishes from G. Henningson, Soderlund , Kelsey May, Kiah Blau, Ashley Horton, Jakobi Blau and Glodt.

All 24 Oberlin swimmers brought home either a medal or a ribbon, said Coach Stephanie Blau.

**Results:** 

• Ja. Blau, 8 and under, 50-yard freestyle, third; 100-yard individual medley, first; 25-yard freestyle, sixth.

• Kyleana Blau, 8 and under, 25 freestyle, 18th; 25 backstroke, 15th; 25 breast stroke, no score.

• Nicky McDonald, 8 and under, 50 freestyle, eighth; 25 freestyle, eighth; 25 back, 11th. • Albany McDonald, 8 and under,

25 freestyle, 21st; 25 back, 18th; 25 breast, no score.

• Kel. May, 8 and under, 25 freestyle, second; 25 back, fourth; 25 fly stroke, first.

• G. Henningson, 8 and under, 50 freestyle, fourth; 25 back, first; 25 breast, first.

• Soderlund, 9-10, 100 freestyle, first; 25 back, first; 25 fly, second.

Utica native Jon Johnson won the second annual High Plains Shootout Sprint Car races at the Oberlin Speedway over the Memorial Day weekend, May 27 and 28.

Johnson took the lead away from Russell's Justin Schwien coming



**OBERLIN'S KELSEY MAY** showed hard work and competitive drive in her efforts during the 25-yard butterfly competition on Saturday, breaking the Goodland pool record as she finished first. - Photo by Stephanie Blau

• Madison Monaco, 9-10, 25 ninth. back, sixth; 25 fly, eighth; 100 indi-

• Horton, 13-14, 50 freestyle, third; 100 back, third; 100 breast, first.

• Daniel Jordan, 13-14, 100 freestyle, ninth; 50 freestyle, sixth; 100 breast, no score.

• LeAnna Sheaffer, 15-18, 100 freestyle, second; 50 freestyle, second; 100 fly, second.

• Glodt, 15-18, 50 freestyle, first (pool record); 100 fly, first (pool record); 200 individual medley, estyle, eighth; 25 fly, fourth; 25 first.

Relays:

• 100-yard freestyle relay, 8 and under girls (May, McDonald, J. Blau, and K. Blau), second.

• 100-yard freestyle relay, 9-10 girls (Cassidy Shields, Monaco, Castle, and Caitie Shields), fifth.

• 200-yard freestyle relay, 11-12 girls (Rouse, Urban, May, and Wasson), sixth.

• 100-yard medley relay, 8 and under mixed (Blau, Henningson, May, and McDonald), first (pool record)

• 100-yard medley relay, 9-10 ond; 50 breast, first; 100 individual mixed (Castle, Monaco, Soderlund, and Blau), first (pool record).

• 200-yard medley relay, 11-12 mixed (Henningson, Shields, Blau, and May), first.

• Sara Kyte, 13-14, 100 freestyle, The team will travel to Wray, eighth; 100 back, sixth; 100 breast, Colo., on Saturday for its next meet.

# Utica man wins sprint races

Saturday races canceled for harvest

set for Saturday have been can- tion, call Don or Paula Bolt at celed due to harvest. The next (785) 678-2416. scheduled races are Saturday, July

The Oberlin Speedway races 22, starting at 7 p.m. For informa-

tered three years in cross country, lettered four years in track and went to state all fours years of her high school career. She participated on the 4x800-meter relay team, helping the team place sixth as a sophomore, third as a junior, and fifth as a senior.

She also was on the 4x400-meter relay team that went to state her junior year where the team placed seventh.

"We had a pretty good season," she said. "I was a little let down after the state track meet, but considering we won every meet except the league meet,

Beinke said she feels that Oberlin will continue to get smaller over the next 50 years

"At this point in my life, I do not plan on returning to Oberlin after I finish school," she said. "The job market is just too small."

Her advice for younger kids in Oberlin: "Give your best in everything you do so you won't have any regrets when you are older."

out of the second turn of the 10th lap United Rebel Sprint Car Series Saturday night feature.

Larry Pollman won the Saturday night classic modified feature and Leelan Beeker took the mini-truck feature.

Sunday evening was filled with thrills and spills during a 20-lap feature.

Smokey Fairbank clipped Randy

to take the checkered flag for the Bantam's car coming out of turn 1, used his racing savvy to take the flag causing Fairbank to flip several times before hitting Justin Schwien's car, forcing both vehicles to fly off the track.

There were no injuries to the drivers, but Fairbank's car was unable to return to the track.

took a quick lead but Jon Johnson, Park on the State Fair grounds. who was in the middle of the pack,

for the second night in a row.

Mike Pollman won the classic modified feature Sunday.

Oberlin's teen queen of racing, Sara Murray, won the mini-truck feature

The next series competition will After the restart Mark Bantam be Saturday at Hutchinson Raceway

# Young, old head for ball diamonds

#### **BV JIM MERRIOTT**

If you are wondering where in the world everybody is on week nights, you don't have to look far as the majority of Oberlin's population is at the baseball fields watching either T-ball, little league, pony league, girls bantam slow-pitch softball, coed softball or K-18 baseball games.

Monday night the T-ballers took to the field with Decatur County Feedyard playing Raye's Grocery and Paul's playing Addleman Drug. The Little Leaguers saw Ward Drug down Countryside Vet 16-15. Fredrickson Dental beat Nelson Construction 17-6. In the second ond loss 10-2; and High Plains game of the Fredrickson Dental crushed Lund 18-3. doubleheader, Fredrickson clipped

Countryside 16-7.

In Pony League action Black Gold trounced Farmers Bank & Trust 14-2; in the second game of Black Gold's doubleheader, Black Gold edged The Bank 6-3.

Bantam league girls slow-pitch softball saw Countryside Vet defeat Salem Graphics 8-3; Fredrickson over Countryside 7-4; and Salem pounded Fredrickson 14-5.

Coed softball league found LYF thumping the Freshmen 17-2; and in game two, LYF crushed the Rambos 12-4; High Plains Vet squeaked by the Freshmen 12-10; Lund Covenant handed the Rambos their sec-

## **Quinter beats Oberlin**

The Oberlin Red Devils K-18 running down fly balls," said Coach boys baseball team dropped its opening game on the road at Quinter last Monday,12-8.

Toby Peters (0-1) took the loss after keeping the Red Devils in the game the first four innings.

In the bottom of the fifth, the Red Devils defense started crumbling as mental and fielding miscues hampered their chance for an openingday victory.

"Jacob Fortin, our center fielder, was all over the outfield last night

Jim Andersen. "For the most part, we hit well, but we are going to have to cut down base-running mistakes to be competitive in the Jayhawk West conference.

"We also left nine men stranded on base last night, and that hurt."

Game two of the doubleheader was postponed due to weather after the first inning.

The Red Devils lost both games of a doubleheader to the Colby No. 1 team Thursday 20-0 and 16-1.

## Summer Ball Standings **Co-ed Wednesday Softball**

Team	<u>Wins</u>	Losses	<u>Runs</u>
High Plains Vet	2	0	30
LYF	2	0	29
Lund Covenant	1	1	13
Freshmen	1	1	12
Rambos	0	2	6

### **Little League**

Team	<u>Wins</u>	Losses	<u>Runs</u>
<b>Fredrickson Dental</b>	2	0	33
<b>Countryside Vet</b>	1	1	22
Ward Drug	0	1	16
<b>Nelson Construction</b>	0	1	6

### Pony League

Team	<u>Wins</u>	Losses	Runs
Black Gold	2	0	20
The Bank	0	1	3
Farmers Bank & Trust	0	1	2

### **Bantam League**

Team	<u>Wins</u>	Losses	<u>Runs</u>
Salem Graphics	1	1	17
Fredrickson Ins.	1	1	12
Countryside Vet	1	1	12

## K-18 Jayhawk League

Team	<u>Wins</u>	Losses	<u>Runs</u>
Colby No. 1	2	0	36
Quinter	1	0	12
Oberlin	0	3	9

# Four golfers tee off in state junior tour

competing on the Kansas Junior low 15 scorers in each age group Golf Association tour, playing in after 36 holes. four tournaments over the summer.

Their first tournament was at Buffalo Dunes Golf Course in Garden City on Thursday.

Breck Simonsson finished the 18hole par 72 course with an 81, while Jonathon Richards shot 86, Jobey Black 95 and Kade Brown a 41 on the par 36 front nine.

Each player is required to join the Kansas Golf Association and carry a golf handicap identification card. Participants play 54 holes of tournament.

Four Oberlin junior golfers are stroke play with a cut being made to

The golfers traveled to Mariah Hill Golf Course on Friday, then will go to Southwind Country Club in Garden City next Wednesday. Their last tournament will be held at Willow Tree Golf Course in Liberal on Monday, June 19.

The top 15 golfers who score the lowest scores in all four tournaments will be eligible to play on the regional team. Players who make that cut will be eligible for the state

## **Red Devils win medals**

The Oberlin junior golf team traveled to St. Francis last Monday for their first tournament of the summer, playing at the Riverside Recreational Association par 39 course. The Red Devils brought home medals in every age group.

Kelly Brown, Kade Brown and Breck Simonsson all brought home the gold.

Zach May, Hannah May and Elizabeth Nedland won secondplace silver medals.

Logan Berry finished third for a bronze.

Results were:

(nine holes), first.

• Berry, 8-9 boys, 62, third.

• H. May, 8-9 girls, 89, second.

• Kade Brown, 10-11 boys, 36, first.

- •Z. May, 10-11 boys, 43, second.
- Channing Farr, 10-11 boys, 48.
- James Peterson, 10-11 boys, 61.
- Ryan May, 10-11 boys, 66.

• Elizabeth Nedland, 10-11 girls, 105, second.

• Tim Larson, 12-13 boys, 71.

• Breck Simonsson, 16-17 boys, shot a one under par 77 (18 holes), first.

Corey Cook, 16-17 boys, 92.

The junior linksters were to be in • Kelly Brown, 8-9 boys, score 46 Atwood on Monday to face the Buffaloes.