

Dave, Sam and Dewaine Stapp went to Denver on June 11 to attend the 90th birthday celebration for Helen New.

Mrs. Robbie Allen and Kaela Hibbs of Independence, Mo., were breakfast guests of Beth Johnson and Fred Molzahn on June 9.

Mr. and Mrs. Dennis Molzahn, LaNae Allen and Kaefa Hibbs of Independence, Mo., and Cathy Claussen of Oberlin were supper guests of Beth Johnson and Fred Molzahn on June 11.

Due to scheduling conflicts, the Norcatour Public Library Summer Reading fun days will be from 10 to 11 a.m. on June 27 and 29.

They are for kids ages kindergarten through sixth grade. Theme will be "Paws, Claws, Scales and Tales."

Hop and Peggy Lockhart of Norton are celebrating their 60th wedding anniversary on June 30.

Birthday and anniversary: Marci Matchett - June 16; Greg and Mary Long - June 15.

There are additional children's books, donated by Janice O'Hare,

at the Norcatour Public Library.

There was a great turnout for the Norcatour city-wide garage sales. People attended from Ellis, Graham, Saline and other area counties, and as far away as Nebraska and Colorado.

Veal Sparkman and daughters, Mary Jo and Alice, and sister, Mary, went to Chickasha, Okla., over Memorial weekend. En route, they stopped at Lindsay, Okla., and Bradley, Okla., to see her mother's old home and the old home place, then went to the cemetery to place flowers on family graves. They also visited with her son, Kenney and Geri Sparkman.

On Sunday, June 4, Kenneth and Pansy Price met Mr. and Mrs. Gartrill of Wallace, Neb., for dinner at Norton, then they spent the afternoon at the Price farm.

Pansy Price had a birthday on June 8, which was also the 63rd wedding anniversary of her and her husband, Kenneth. They met their daughter, Marlene and family, in Norton for pizza to celebrate. Mike and Ruby Cook went to Norton with

the Prices for dinner on Sunday.

David and Veda Wood attended the wedding of his daughter, Hester Wood, to Danny Bunderck in Fort Collins, Colo., on May 28. It was held in a park, with Hester's sister, Hannah, as bridesmaid and Hannah's husband as best man. Toby and Jennie Wood furnished the music. They also visited the Swetsville Zoo, which specializes in "junk art" made from machinery parts. While the Woods were gone, most of Veda's children and her sister, Sheryl and Richard Patterson, met at her home and at the Lyle Cemetery.

Congratulations to Sam Stapp who broke the Decatur Community High freshman bench record in weightlifting. The record was 220 pounds, and he benched 225.

Patty and Kaitlyn Stapp were last weekend guests of Kortney Stapp at Emporia. While there they went to Westphalia and attended a Pampered Chef bridal party for Kortney, which was hosted by Jennifer Foster, Kerrie Poire, and Debbie Poire.

Be careful with summer food

Warm weather would seem an invitation to move meals outdoors, yet cooking out – or grilling – is not without risks.

Common food safety mistakes, especially underestimating cooking times or overlooking the need to check cooked temperatures, increase the risk of foodborne illness.

Meat scientists and researchers at Kansas State University found that ground beef browns at different rates, so browning, long considered an indication ground beef is cooked, is no longer an accurate indicator of doneness.

With meats and poultry, the only sure way to test safety and doneness is by using a meat thermometer. Primary foodborne pathogens, including salmonella, campylobacter and E. coli O157:H7, are heat sensitive. That means cooking foods to recommended temperatures will kill any pathogens.

For ground beef, the recommended cooked temperature is 160 degrees. For beef, veal and lamb roasts, steaks and chops, medium is 160 degrees and well done, 170 degrees. For fresh pork, including ground pork, medium is 160 degrees and well done, 170 degrees. All poultry should reach a minimum of 165 degrees. Starting with a frozen or partially frozen meat increases the time needed for cooking.



Home Time

By Tranda Watts
Multi-county Extension Agent

Here are a few summertime food safety tips:

- Use your grill according to the manufacturer's instructions.
- Allow plenty of time to prepare the grill and cook foods completely.
- Avoid cross contamination: use separate plates, platters, bowls, cutting boards and utensils for raw foods and cooked foods. Don't carry cooked foods to the table on the same platter used for carrying the raw meats or poultry to the grill.
- Wait until grilled foods are ready – or almost ready to eat – before removing salads and condiments from the refrigerator or cooler. If foods are allowed to sit out too long, the risk of contamination, either from the food itself or microorganisms (staph is an example) that may be in the environment, increases.
- Wash fresh fruits and vegetables, including leaf lettuce, which can host salmonella. Adding an unwashed lettuce leaf or tomato

slice to a cooked hamburger might contaminate it.

- Keep food covered and out of direct sunlight.
- Watch holding time and clean the picnic table within 60 minutes or less; cover and chill leftovers or discard them, rather than risk foodborne illness.
- Clean the grill after each use.
- Wash hands frequently, especially before and after handling raw and cooked foods, before and after eating, playing catch or croquet, and petting the dog. If water is unavailable, a bottled hand sanitizer can substitute.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

Jennings News

By Louise Cressler

Claude "Vincent" Stroupp passed away on June 2, 2006, at the age of 88. His scripture rosary service was held at Curran Funeral Chapel and mass of the resurrection was celebrated at St. Mary's Cathedral in Grand Island, Neb. Burial was in Westlawn Memorial Park Cemetery with military rites provided by United Veterans Color Guard.

Vince grew up in the Jennings and Allison communities and was a 1936 graduate of Jennings High School. He is survived by his wife, Margaret of Grand Island; a daughter, Mary of Kansas City and two sons, Bill of Valentine, Neb., and Bob of Rapid City, S.D.

The Unified School District 295 school records were taken to the Oberlin School District Office due to the closing of the Jennings School. Anyone needing copies of their school records in the future can get them from Oberlin school.

After two weeks of long hours and hard work, the contents of the Jennings school were ready for auction on Saturday. A very large crowd attended and the sale went well into the evening. Most items

sold very well. Sunflower Seniors potluck supper was held last Tuesday. Those enjoying the evening were: Jay Kump, Kenneth Krizek, Rachel Carter, William Carter, Arch Harman, Vendla Tacha, June Vavroch; Keith Muirhead, Helen Muirhead, Mary Votapka, Claudine Bennett, Merl Chance, Ruth Chance, Alice Mizer, Larry Mizer, Eleanor Morel, Neoma Tacha, Bob Tacha and Louise Cressler.

Northwest Kansas received some much needed rain. A strong wind and rain storm came Friday evening, breaking some light poles. Jennings and surrounding community were without electricity about six hours.

Jennings city water meters will be read Saturday, June 24. If your meter is inside your house, please post reading on front door Saturday. The community extends their sympathy to the family of Connie Mizell Lillich of Atwood who died as a result of a car accident. She was a sister of Patty Foster of Jennings.

John and Mickey Jones of Mullinville were weekend guests of

Vendla Tacha and attended the sale at the Jennings School. They had attended funeral services in Mulvane on Friday for Dean Fagan, who died of a heart attack on June 13. His wife is the former Billie Tuttle, daughter of the late Steve and Mabel (Hanson) Tuttle.

Doyle and Kay Brown and Mildred Tacha attended the wedding of their nephew and grandson, David Tacha, and Diana Brenkowski in Denver.

Mr. and Mrs. Lawrence Jennings, Glenda Harris, Grand Junction, Colo., and Melissa Green, Olathe, Colo., were houseguests of Marcia Casey of Denver the weekend of June 10. They attended the wedding of David and Diana Tacha on Saturday. They were joined on Sunday by Milt Sherwin, Marlene Hounshell, and Andy and Samtha Hounshell for a barbecue.

Herndon News

By Carol Ginther

Sister Helene Gutchewsky, formerly of rural Herndon, will observe her 50th Jubilee on Sunday at the Catholic Church at Festus, Mo. She is the daughter of the late Joseph and Bernice (Hafner) Gutchewsky and is a sister of Jack Gutchewsky. She is a member of the Sisters of St. Joseph and lives at 115 Brierton Lane, Festus 63028.

Monica Solko of Herndon, mother of the bride; Judy Solko, Larned; Greg Solko, Atwood; Tom Solko, Tim Solko and twin daughters, Teather and Timberly, all of Herndon; and Ron, Diana, Kim-

berly and Rodney Solko, Oberlin, attended the wedding of Carol Solko and Kenton Olliff at Hays. It was held at 3:30 p.m. on Saturday, June 10, at the First Presbyterian Church in Hays on Saturday. Pastor Shelly Holle, friend of the bride, performed the marriage ceremony. The newlyweds, Kenton Olliff and Carol Solko Olliff, will make their home in Hays.

Recent visitors of Edie Pettera were Pat Glebe, Stratton, Neb., and Jan Sattler, Atwood.

Danny and Jo Marintzer of Hastings, Neb., were last Sunday visi-

tors of Kent and Chris Wood.

John Kleidosty of North Platte, Neb., spent a few days with his mother, Mildred Kleidosty.

Dan and Jo Marintzer of Hastings, Neb., spent a week with his mother, Helen Marintzer.

Senior citizens met on June 7 at the Herndon Senior Center for a business meeting. The poem "Deal Me In" was read. Sharon Frick won blackout in bingo and John Eby won the door prize. The next potluck will be today and the next business meeting is scheduled for July 5.

'Choose the Good Part'

By the Rev. Dan Rohm, chaplain
Kings Achievement Center, Oberlin

"... Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her" (Luke 10:41, 42).

In this account of Martha and Mary, two sisters who were followers of Jesus, we see a strong contrast between their expressions of faith. Martha was task oriented, trying to make sure that all the chores were done, the tasks of life accomplished, even at the expense of her time with Jesus and her personal witness.

Mary on the other hand was sitting at the feet of Jesus, listening, feeding off of the Bread of Life.

Mary was allowing her spirit to be nurtured and at the same time expressing love and adoration for Jesus. The worries of the moment were not going to tear her away from the one who ravished her heart.

In Martha's opinion, there were many things needing to be attended to; but, in Mary's opinion, there was only one thing that was needed. That one thing could only be found at the Master's feet.

This world is a crazy and busy place. There is no time for worshipping Jesus. Purpose in your heart and schedule to choose the "Good Part," like Mary. Be a worshipper.



Schedule of Oberlin and area church services:

<p>OBERLIN SACRED HEART CATHOLIC CHURCH 785-475-3103 The Rev. George Kochuvelikkakam, MASS: 5:30 p.m., Saturday</p>	<p>UNITED CHURCH OF OBERLIN 109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA SUNDAY: Sunday School, 9:30 a.m.; Morning Service, 10:30 a.m. Choir practice every Wed. at 6:30 p.m. Holy Communion, 1st Sun. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Wed. at 8 p.m.</p>	<p>OBERLIN CHURCH OF CHRIST South Beaver Street - Oberlin Bill Duncan — Phone 785-475-3259 SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.</p>	<p>LUND COVENANT CHURCH Pastor: Doug Mason 10 miles south, 4 miles west of Oberlin SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.</p>
<p>IMMACULATE CONCEPTION CATHOLIC, LEOVILLE The Rev. George Kochuvelikkakam MASS: 8 a.m., Sunday.</p>	<p>OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist) Pastor: Fred Dycus SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.</p>	<p>ST. MARY'S CATHOLIC, HERNDON The Rev. Damian Richards Phone 785-322-5560 MASS: SUNDAY, 8 a.m.</p>	<p>ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Pastor: Rev. Rick Langness Secretary: Norma Unger 785-475-2333 SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 10:30 a.m.; Holy Communion: 1st and 3rd Sundays; KICK, 3:45-5:30 p.m. each Wednesday. Foundations Bible Class, Thursday, 7-9 p.m.</p>
<p>SACRED HEART CATHOLIC, SELDEN The Rev. George Kochuvelikkakam MASS: 7:30 p.m., Saturday</p>	<p>OBERLIN UNITED METHODIST 102 North Cass — 785-475-3067 The Rev. Doug Hasty SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.</p>	<p>HERNDON COVENANT CHURCH Keith Reuther, Pastor Phone 785-322-5316 SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 11 a.m.; Bible study, 7 p.m.</p>	<p>FAITH LUTHERAN CHURCH 404 North York Avenue Oberlin, Kansas Rev. Charlotte Strecker-Baseler Church Office Phone: 785-475-2053 SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.</p>
<p>OBERLIN SEVENTH-DAY ADVENTIST CHURCH Jim Martin 120 South East, Oberlin SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.</p>	<p>CLAYTON UNITED METHODIST Pastor: Kathy Aeillo Almena SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.</p>	<p>NORCATUR UNITED METHODIST Pastor: Kathy Aeillo Almena SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.</p>	
<p>JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS Carrie Buhler, pastor SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.</p>	<p>OBERLIN ASSEMBLY OF GOD The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m. King's Kids, 6:30 p.m.; Youth, 8 p.m. Women's Group, 2nd & 4th Thursdays, 2 p.m.</p>	<p>EVANGELICAL COVENANT CHURCH OF OBERLIN The Rev. Heidi Wiebe 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7:30 p.m.</p>	
<p>PRAIRIE CHAPEL UNITED METHODIST The Rev. Doug Hasty SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.</p>	<p>HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.</p>		

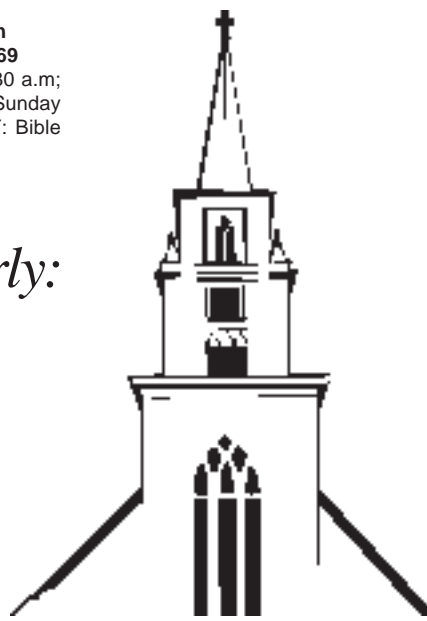
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