College signs ballplayer

Former Decatur Community High basketball player Egan Grafel has signed a letter of intent to play at Northern Illinois University in DeKalb this fall.

Grafel, a 6-foot, 8-inch, 225pound forward, played for Cloud County Community College in Concordia for two years. He helped the Thunderbirds win the 2006 Egan Grafel Jayhawk Conference West championship team.

Grafel appeared in 27 games last season, averaging 6.1 points per

By JIM MERRIOTT

It's summer, and it's time to wash

off the old bicycle, buy new inner

Besides, just think how much gas

you will save bicycling in town. We

all need exercise, and riding a bike

is a healthy lifestyle. In many coun-

tries, it's common to see thousands

of bicyclists every day riding back

and forth to work and to do errands.

for older folks are ideal for making

trips to the market and are easy to

If you are skeptical, newer bikes

have 25 speeds to make it as easy as

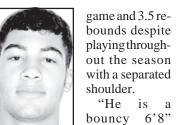
walking. Besides, I would much

rather sit down and pedal a bike

handle and to pedal.

Three-wheeled bicycles designed

tubes and get back in shape.



kid," said Cloud County Coach

Kevin Muff. "He's very athletic, runs the floor extremely well and can face up and post up well. He is extremely versa-

is one of the healthiest activities

families can do together. The state

has put together a bicycling map

designed to encourage safe bicy-

cling which shows all of the safest

routes. Decatur County is on the list.

among the safest routes to travel by

bicycle because of wide shoulders.

The state suggests that only expe-

rienced cyclists, 16 years and older,

having a valid driver's license and

travel the Kansas State Highway

Beginning adults and younger 296-7448.

System.

U.S. 36 and U.S. 83 are listed

Bikes provide good exercise

across town than walk.

tile for a big guy, along with being strong."

Grafel lettered three times in high school. His senior year he was named to the Topeka Journal Capitol All-State Class 2A Second Team, averaging 22.7 points-pergame and 13 rebounds. He was named to the Salina Journal and Hays Daily News All-Area teams and the Wichita Eagle All-Class 2A squad.

а

Bicycling the Sunflower State can road trails to gain the skills neces-

be an enjoyable experience. Cycling sary to travel main highways.

He was a two-time All-Northwest Kansas League selection.

riders might begin by riding off-

The Kansas Bicycle Guide map

For information on attractions in

shows ranges of daily traffic volume

and the availability of paved shoul-

the state, call 1-800-2-KANSAS

(800-252-6727), write to Kansas

Travel and Tourism or visit the

Maps are available free from the

Bureau of Transportation Planning,

Kansas Department of Transporta-

the Sunflower State, e-mail:

bikeped@ksdot.org or call (785)

website www.travelks.com.

ders three feet and wider.

THE OBERLIN HERALD — **People in Our Community**

Mary Lou Olson, society editor mlolson@nwkansas.com

Marie McKisson and her sister, Carol Jean Barkley of Dallas, spent the past two weeks in San Diego, visiting Mrs. Barkley's son, Michael Barkley. En route to California, they spent the night with Lowell and Sundi Harp in Silt, Colo., and also visited Baron Ferguson and friend, Willow, in Rifle, Colo. En route home they spent a night with Duane and Phyllis Berry in Grand Junction, Colo.

Kit and Johnny Herman of Cope, Colo., visited last Tuesday with their cousin, Luetta Pollnow. They all had lunch at the home of Sam and Diana Steinmetz.

Mildred Holmdahl and her daughters, Janeil Jensen of Oberlin and Janet Vermillion of El Dorado, returned home last Monday from Mechanicsburg, Pa., where they visited 10 days with their daughter and sister, Jean Ann Hengst. On June 17, they attended the wedding of her daughter, Tracy Hengst, and Joshua Hinkle.

Michelle Tackett, Macey, Kimberly and Kenyan of Warrensburg, Mo., visited from Friday to Monday with her grandmother, Fern Jording. Additional guests from Saturday to Tuesday were Phil and Marj Law of Lakewood, Colo.

-Elect Marcia Lohoefener 1st Dist. Commissioner. adv. Marcia Lohoefener, treas.

Gail and Kay Marcuson were houseguests of Julie and Mark Hubbard of Lakewood, Colo., from June 21 to 26. Additional house-

guests at the Hubbard home were Brad, Elaine, Sarah and Jared Marcuson of Oberlin and Leslie Marcuson of Topeka. They all attended the wedding of Natalie Newcom and Drew Zalkin of New York City on Saturday. The bride is the daughter of Chuck and Diane Newcom of Denver and granddaughter of the Gail Marcusons.

Phil Erickson, who recently lost his home in a fire, has moved to the merly of Oberlin, is hospitalized in home of the late Odene Koehler at 310 W. Ash, which he has purchased.

Kevin and Sue Renk of Plainville spent Saturday with her mother, Elaine Bryan.

Sandra Allen of Littleton, Colo., brought her mother, Nora Bearley, to Oberlin on Friday after she had visited with her and her husband, Jim Allen, for two weeks. Additional Sunday dinner guests were Larry and Judy Bearley, Oakley; Jessica Luck and Corbin, Wichita; and Jerry and Montine Alstrom.

Elmer Forbes and his daughter, Jolene Zumdahl, of Spokane, Wash., came Wednesday and are day.

Spring spraying more costly

weed director told commissioners \$1,000 in the fall. June13 he wants to do away with cost sharing on chemicals for the sioners met Tom Mullen, who has spring since it is cheaper and more

effective to spray in the fall. Director Gaylen Huntley said it collecting.

spending a week visiting Dick and Linda Weber.

Helen Riepl of Cimarron accompanied Wanda Pierce to Oberlin on Monday. Mrs. Riepl visited her sisters, Cecil Hess and Mary Lou Olson, and Mrs. Pierce visited her daughter and family, Jennifer and Thaniel Monaco.

Charlene Barber of Hays, but for-Wichita. Mail will reach her at Via Christi Rehab Center, Lady of Lourdes, 1151 Rock Road, room 3015, Wichita, Kan., 67206-1262.

Winning highs in pinochle at Golden Age Center the past week were Veanna Carman, Max Carman, Wilma May, Dewaine Stapp, Donna Kent and Doris Gilbert. Lows went to Doris Gilbert, Floyd Edgett, Donna Kent, Aleen Van Vleet, Helena Bruggeman, Henry Edgett and Wilma May. Pitch highs were won by Aleen Van Vleet and Floyd Edgett with lows going to Dorothy Moore and Henry Edgett. Bridge winners were Charlotte Meints and Beth Sebaugh. There will be open bridge at 1 p.m. Thurs-

The Decatur County noxious sharing in the spring and around

In other business, the commisbeen working part-time in the appraiser's office, helping with data

–Adult Softball Schedule —

Sunday, July 2

5 p.m. Pauls vs. Edgerton Auto 6 p.m. Purple Pack vs. Edgerton Auto

7 p.m. Pauls vs. Culligan 8 p.m. Fortins vs. Purple Pack 9 p.m. Fortins vs. Culligan

Sunday, July 9

5 p.m. Lund Covenant vs. High Plains 6 p.m. Rambos vs. Lund Covenant 7 p.m. Freshmen vs. High Plains Vet 8 p.m. Rambos vs. LYF 9 p.m. Freshmen vs. LYF

Wednesday-July 12

several years of cycling experience, tion. For information on bicycling

6 p.m. Freshmen vs. Purple Pack 7 p.m. Rambos vs. Edgerton Auto 8 p.m. Fortins vs. High Plains Vet 9 p.m. Pauls vs. LYF 10 p.m. Culligan vs. Lund Covenant

Sunday-July 16

5 p.m. Culligan vs. High Plains Vet 6 p.m. Edgerton vs. Lund Covenant 7 p.m. Fortins vs. Freshmen 8 p.m. Purple Pack vs. LYF 9 p.m. Pauls vs. Rambos

Tournament — Tuesday-Thursday, July 18, 19, & 20

Run, walk planned in Culbertson

The annual Fourth of July Coun- begins at 9 a.m., with registration paved roads. The one-mile course is try Mile and 10k Road Races will be from 7:45 to 8:45 a.m. Tuesday at the city park in Culbertson, Neb.

The 10k run/walk begins at 7:30 7:20 a.m. The one-mile road race is 6.2 miles, mostly flat and fast on division.

Evridge, 6-1, 210.

Nelson, 6-3, 210.

wood, 6-5, 240.

grass, 6-2, 200.

Figurs, 6-0, 185.

Top newcomers:

sign with Nebraska.

Snyder left behind.

195.

0,220.

parade begins at 10 a.m. Runners and walkers are wela.m., with registration from 6:30 to come at each race. The 10k course given to the top finisher in each age

• Senior running back, Clayton, 6-

• Junior wide receiver, Jordy

• Junior tight end, Rashaad Nor-

• Senior place kicker, Jeff Snod-

• Senior kick returner, Yamon

• Junior punter, Tim Reyer, 6-0,

Prince pulled the steal of the re-

cruiting year when he sweet-talked

Grandview, Mo., senior quarter-

back Josh Freeman (Rivals.com No.

92 overall recruit) to sign with the

Wildcats. Freeman was expected to

Prince was the offensive coordinator at the University of Virginia.

His style brings a breath of fresh air

to the old, stuffy style Coach Bill

It will be up to Prince to convince

the Wildcats that they can compete

for the title in the Big 12 Conference

North. Prince's style has landed fu-

ture games with the University of

Miami and UCLA. He is trying to

improve the quality of the product

that hits the field, but must improve

the caliber of recruit if the Wildcats

If K-State can defeat Kansas on the road, edge Colorado at Boulder,

and Prince can find the magic to de-

feat Nebraska at home, it will be a

successful season. There are a lot of

holes to fill. He must figure a way

to excite and motivate the demoral-

only 35 winning seasons in football,

but 11 have been since 1991.

In the past 111 years, K-State had

Sporting News Northern picks:

My pick: fifth, record (6-6); pos-

(1) Nebraska, (2) Iowa State, (3)

Missouri, (4) Kansas, (5) Colorado,

ized Cats from last year.

and (6) Kansas State.

hope to be a top contender.

Key special team players:

run on the first part of the 10k course. The Culbertson Fourth of July Bagels, fruit, drinks, finishing medals, and tank tops will be provided to participants. Trophies will be

> Cost to enter is \$20 for the 10k and \$15 for the mile. Registrations will



costs around \$7,000 to do the cost

K-State gets rated last by The Sporting News

BV.IIM MERRIOTT

If you're a Kansas State Wildcats football fan, now is the time to complain to The Sporting News.

The St. Louis publication has picked the Cats to finish last in the Big 12 under new coach Ron Prince.

Prince hopes to improve on last year's 5-6 record, 2-6 in the Big 12 conference.

The Wildcats will be looking for leadership from quarterback Alan Evridge (102-213-7, 1.365 vards, six touchdowns) in the air and Thomas Clayton on the ground (137 attempts, 637 yards, and four touchdowns).

First-year coach Prince brings with him a wide-open "West Coast" offense, which will debut Sept. 2 against Illinois State in Manhattan. Prince has hired ex-Tampa Bay

Buccaneers defensive coach Raheem Morris to design a scheme to stop the likes of Texas, Nebraska, Iowa State, Colorado, Oklahoma State, Missouri and arch-rival Kansas.

Morris will be defensive coordinator and defensive backs coach. He brings the Buccaneer philosophy of cover 2 and cover 3 defense, which works as half man-to-man coming off the ball and then releases into a deep zone coverage. K-State fans must hope they have great safety coverage to succeed.

Key defensive players include: • Senior right defensive tackle, Quinton Echols, 6 foot, 2 inches, 305 pounds.

• Sophomore left tackle. Alphonso Moran, 6-1, 290 (Sport*ing News* freshman All-American). • Junior left end, junior college

transfer Moses Manu, 6-3, 260. • Senior weak-side linebacker,

Brandon Archer, 6-2, 230. • Senior linebacker, Maurice

Mack, 6-0, 215.

• Junior free safety, Marcus Watts, 6-2, 180.

Key offensive players: • Sophomore quarterback, sible bowl game.

be accepted the day of the races.

To pre-register, go to www.countrymile10k.com or call Susan at McCook Community Hospital at (308) 345-8550.



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