

Birthdays and anniversaries: Estella Harold, Kristi Gallentine - Aug. 23; Mark Bailey - Aug. 24; Gerry Hill, Kortney Stapp Poire, Gerry and Cheryl Hill - Aug. 26; Wava Ward Reames - Aug. 27; Jeff Roe - Aug. 28; Carl Lyon - Aug. 29. Pool tournaments will be held Monday, Sept. 11 and Sept. 27, at the Cardinal Bar and Grill. There will be no tournament Sept. 4 (closed).

Todd Nelson was a recent houseguest of his mother, Bee Nelson. Callers at the home of Bee Nelson on Aug. 19 were Lula Hix of Norton, and her daughters, Linda Young of Conifer, Colo., and Lynn Wedow of Scottsdale, Ariz. They all had supper at the Cardinal Bar and Grill.

Megan, Rebecca, Amy and Lois Wentz entered a few items at the Decatur County Fair in the open class division. Megan received grand champion and reserve champion in the youth division in photography on two of the photos she entered. Megan and Rebecca also entered their hooked rugs. Betsy Jakowski taught the girls how to make them. Amy can't wait to learn when she's a little older.

Larry Hix and Susan Weinstein, Pasadena, Md., came to visit their mother, Lula Hix, on July 29. Susan left for Pasadena from McCook on July 31, but Larry stayed two weeks to help her get ready for her sale on Saturday, Sept. 16. On FAug. 4, Lula's daughter, Linda Young, and sons, Terry and Debbie New, and Wesley and Lisa New, Chanin and

Ava Berkman helped arrange everything in the house for the sale. Kenneth and Pansy Price accompanied Virgil and Joyce Price on Aug. 19 and 20 to Lamar, Colo., to visit their sister, Bula Kelley. Saturday evening they were guests of Charley, Carolyn and daughter, Christy and family.

Members of the Dean Van Gundy family drove to Manitou Springs, Colo., for his memorial service on Aug. 19. Those attending were Richard and Sheryl Patterson, Ona Van Gundy, Bonnie and Dena Klein, Carol Moye, and Dwight, Dennis and Veda Wood.

## NORCATUR MUSEUM

Wayne and Norma McCallister have given a 1923 Norcatur telephone directory to the museum, and Von Johnson brought in his Norcatur FFA jacket (1952-1956) and a Rogers and Temple farm account book.

A call came from Scott Locy on Aug. 17, saying Maryllin Locy is on the road to recovery after being very seriously ill. At Lincoln they removed her gall bladder and discovered a colon infection. She has been walking, and is hoping she will soon be on her way home to Kearney, Neb., to recuperate.

Dorothy Ward visited Lora Linn Leichter at the Cedar Living Center on Aug. 18. Velda Ward celebrated her birthday on that day.

The actual Kintigh family reunion was held Aug. 19 at the home of Charles and Mary Hadley in Norton. There were seven first

cousins in attendance: John Ankenman; Evelyn Young, Denver; Harold Eversmeyer, Baldwin; Eleanor Glen, Boise, Idaho; Everett Kintigh Jr., Denver; Mary Hadley, Norton; and Beth Sebaugh, Oberlin. Next year the reunion will be in Norton at the Hadley home.

Guests of Frank and Velda Ward at Cedar Living Center on Aug. 18 were Leslie and Lynn Ward, Wava Reames of Norcatur, and Keith Ward of Norton. The occasion was Velda's birthday. Lynn and Wava delivered the flowers and Les and Keith delivered the homemade ice cream and cake. Wava stayed for supper and cards. On Sunday, everyone except Keith met at the Hidden Dragon in Norton for dinner in Velda's honor. Joining them were Kaley Ward of Lenora and Marguerite Clark, Norcatur.

Did anyone spot those Hell's Angels going home from Sturgis, S.D., as they roared around town? Oh, wait ... that was Loyal "Fox" Temple and his aunt, Marguerite Clark! She commented that this cycle was a lot more comfortable than the one she rode through the Black Hills in the 1930s. You might be surprised at what other things she's done, also.

There were 15 in attendance at Senior Citizens on Aug. 18. Winners were June Jolly, Mary Sedlmayer and Al Sedlmayer. The next meeting will be at 7 p.m. Friday at 7 p.m. at the Educational Building.

Sharee Dempewolf received Norcatur scholarships from the Commercial Club, United Methodist Church and United Methodist Youth Group.

Megan Wentz, age 12, will enter her rag quilt, milk chocolate pound cake, and photo of Dad and Amy Wentz fishing at the Kansas State Fair in Hutchinson.

# Shopping lists save time, cash

Are you looking for an easy way to save \$1,000 or more each year? Use a shopping list!

Why? The average shopper spends 40 percent more on impulse purchases when shopping without a list. If you spend \$50 each week at the grocery, there's a good chance \$20 went for unplanned purchases. That adds up.

You're likely to spend 50 cents more for every minute you are at the grocery store beyond the first 30. In this case, time is money!

How can you get a "master" shopping list?

- The easiest way is to use the major food groups (grains, vegetables, fruits, milk and dairy products, and meat and beans) as the headings.

- A better way is to go to your favorite grocery with a blank piece of paper. Go up and down the aisles and record general headings that describe your usual food purchases, using the informational signs located in each aisle as a guideline. Sample headings might include: fresh fruits and vegetables, baking items, rice and pasta, canned and boxed foods, beverages, household supplies, bakery products, and refrigerated and frozen foods.

- Write down any foods you buy every week, such as bread and milk, under the proper heading on your master list. Then photocopy or print your list for use as a weekly shopping guide.

- Keep your list in a central location. Ask family members to add to it as needed to avoid running out of items and making return trips to the store.

To save money, plan on sales:

- Check out weekly grocery ads to see what is on sale, especially meat and produce. Base your weekly menu around these special



## Home Time

By Tranda Watts  
Multi-county Extension Agent

deals. For example, if the store is selling tuna lower than usual, you might decide to serve tuna casserole and tuna salad sandwiches that week.

- Check your kitchen to make sure you have the rest of the ingredients for the recipe, and add any necessary items to the list.

- Get and out quickly: Shop during the least busy times. Weekdays

or early mornings tend to be less crowded.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail [twatts@oznet.ksu.edu](mailto:twatts@oznet.ksu.edu). For more information, contact the county extension office, 475-8121.



## STOP AQUATIC HITCHHIKERS!

Prevent the transport of nuisance species. Clean all recreational equipment. [www.ProtectYourWaters.net](http://www.ProtectYourWaters.net)

When you leave a body of water:

- \*Remove any visible mud, plants, fish or animals before transporting equipment
- \*Eliminate water from equipment before transporting
- \*Clean and dry anything that comes into contact with water (boats, trailers, equipment, clothing, dogs, etc.)
- \*Never release plants, fish or animals into a body of water unless they came out of that body of water

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## Rexford News

By Vicki Allison

The weather outside Friday evening did not prevent the Lions Club and Booster Club from sponsoring the annual community Back to School free barbecue during the volleyball and football scrimmages. The rainfall was welcome moisture and the workers rearranged things in order to keep the scheduled event. Lions Club member Tom Juenemann and Booster Club member Annette Spreser grilled hamburgers and hot dogs under the school breezeway during the girls volleyball scrimmage and food was ready to serve at 6 p.m. in the commons area of the big gym. The football players scrimmaged in the rain for their Bulldog fans and by 8 p.m. the sun was shining. Everyone had a great time.

Sunday afternoon a retired couple from a small community in Texas was traveling through our town and had stopped to take pictures of the schoolhouse. The mister was impressed with the architectural structure and expressed concerns of the building being registered as historical, which would keep it from ever being destroyed. Lonnie and Sharon Ketchum will be honored on their 40th wedding anniversary at the Rexford Community Church on Sunday afternoon.

Those celebrating birthdays this week are former resident Irma Hibbs of Salina, Aug. 28; Pastor Lane Purcell, Aug. 30; Deb Stepper, Aug. 31; and Julia Nelson, Sept. 1.

At Golden Plains: There are 24 ladies out for volleyball and their first match was against Healy at the Healy Invitational tournament on Saturday. The Lady Bulldogs

placed fourth after losing to Otis-Bison, Brewster and Sharon Springs.

There are 18 young men out for football and the season's first football game will be with the Victoria Eagles on Friday.

The senior class will be selling magazines as a moneymaker project. If you would like to support the class and have not been contacted, please call the school.

The Alumni celebration will be Labor Day weekend with Saturday activities at the city park, where the high school classes will have carnival booths and games for entertainment.

At the Red Barn: Barnswallows meet every Monday at 2 p.m. Players this week were Lawrence Horinek, Grace Cheney, Darlene Robben, Mary Ann Juenemann, Rex Carswell, Betty Carswell, Dick Sanford, Jean Hawkins, Deb Stepper, and Lawrence Juenemann.

Come on Down happens each Thursday at 2 p.m. Players last week were Lawrence Horinek, Darlene Robben, Grace Cheney, Jean Hawkins, Betty Carswell, Rex Carswell, and Deb Stepper. New faces would be welcome at both of these events.

Those at Koffee Klatch on Friday were Debra Gamboa, Sharla Williams, Margaret Arasmith, Clea Moeder, Delores Dible, Liz Rall, Jean Hawkins, Berneda Zoberst, Grace Cheney, Eunice Sanford, Vesta Roth, Sondra Barnett and Deb Stepper.

Available for sale at the Red Barn are the new cookbooks, for \$14.95, and the new edition of the Rexford phone book for \$2.50.

Until next time, make your week a memorable one!

## Midway News

By MaryLou Olson

Congratulations to Major Colin and Sara Conner of Las Vegas on the birth of a daughter, Alyssa Rae Conner, who was born July 2, 2006. She weighed 8 pounds, 11 ounces and has a sister, Payton Leann, 3, to welcome her. Grandparents are Col. (Ret.) Dennis and Pat (Schmidt) Barnett, Fort Walt Beach, Fla., and Jean Connor, Texas. Great-grandparents are Leroy and Daisy Schmidt of Oberlin, and Keith and Darlene Barnett of Atwood.

Kevin and Mary Holle were honored with a cookout and potluck supper Saturday evening at the home of Orrin and Beth Holle and

Henry in observance of their 50th birthdays. There were over 70 in attendance.

A potluck breakfast will be served at 9 a.m. on Sunday at the Herndon Covenant Church to kick off the fall services. Sunday School will follow at 9:45 a.m. with worship service at 11 a.m.

Among those who attended Promise Keepers in Colorado Springs Friday evening and Saturday were Chris Schmidt, Sylvester Hurst, Bill Duncan, Gerald Benda, Kyle Grafel and Mark Olson. Mark visited his brother, Rex Olson and family, in Boulder, Colo., Saturday night, then returned home Sunday.

## Herndon News

By Carril Ginther

Congratulations to Joe and Shannon Hafner of Scottsbluff, Neb., who are the parents of a son, Matthew David, born July 6, 2006. He weighed 6 pounds, and has a sister, Keleigh, and two brothers, Noah and Abram. Grandparents are Bob and Julie Hafner, Herndon, and Vir-

ginia Campbell, Sidney, Neb. Herndon Senior Citizens met at the Herndon Senior Center for a potluck dinner on Aug. 16. Rawlins County Health Nurse Debbie Rummel took blood pressures. Sharon Frick won blackout in bingo and John Eby won the door prize.

## 'Teens for Christ Ready to Go'

By Pastor Doug Mason, Lund Covenant Church

With the start of the new school year comes the start of a new season of Oberlin Teens For Christ. For the year's vision I picked the Bible verse I Timothy 4:12, "Teach believers with your life: by word, by demeanor, by love, by faith, by integrity."

Most youth lessons on the market deal with life issues and tie in a biblical point of view. This year we are trying a different approach by working more on a biblical foundation with the hope that the foundation, in itself, will help the teens deal with the issues they face. With lessons based on a biblical foundation, when issues arise, they will hopefully automatically think from a godly point of view.

Many youth today do not recognize evil when they see it. Parents let the teens watch and listen to very inappropriate material, so the foundation most of us grew up on is not there for our teens. It's our mission to rebuild that foundation.

I am thankful we have had several people volunteer to help lead the meetings this year. We will change the way the meetings run a little by separating the junior and senior high students for the lessons and shortening time on other activities to leave a little more time for the lessons.

Probably the biggest struggle for Oberlin TFC is finances. Many people mention how glad they are that my wife and I are here, leading TFC, but few financially support the ministry. There are so many groups in town vying for your hard-earned dollars, but not many that can claim eternal rewards.

A concern often voiced in regard to giving is that the money given to Oberlin TFC goes to the TFC Connection headquarters in Phillipsburg. Yes, it does go there, but it all goes into the Oberlin TFC account. Every dime is spent on Oberlin.

The processing of the donations happens in Phillipsburg, but all the money goes to us.

If you would like to donate please make checks out to TFC Connection and mark the check for "Oberlin," then mail it to TFC Connection, 662 7th St. Phillipsburg, Kan. 67661.

Besides funds, we could still use more folding chairs, long tables (like in church fellowship halls), help with providing snacks on Sunday nights, and some men that could help with handyman-type issues in the building.

Get the word out! Our first meeting is Sunday, Sept. 10, at 6 p.m. at the City Park with "Water Wars." Grades 7-12 are invited. It will be great, wet fun!



## Schedule of Oberlin and area church services:

**OBERLIN SACRED HEART CATHOLIC CHURCH**  
785-475-3103  
Fr. Henry Saw Lone,  
MASS: 5:30 p.m., Saturday

**IMMACULATE CONCEPTION CATHOLIC, LEOVILLE**  
Fr. Henry Saw Lone  
MASS: 8 a.m., Sunday.

**SACRED HEART CATHOLIC, SELDEN**  
Fr. Henry Saw Lone  
MASS: 7:30 p.m., Saturday

**OBERLIN SEVENTH-DAY ADVENTIST CHURCH**  
Jim Martin  
120 South East, Oberlin  
SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.

**JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS**  
Carrie Buhler, pastor  
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.  
**DRESDEN**  
SUNDAY: Morning Worship, 9:30 a.m.

**PRAIRIE CHAPEL UNITED METHODIST**  
The Rev. Doug Hasty  
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

**HERNDON IMMANUEL UNITED CHURCH OF CHRIST**  
Pastor: Dennis Brown  
SUNDAY: Morning Worship, 9 a.m.

**UNITED CHURCH OF OBERLIN**  
Pastor: Judy Strucker  
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA  
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Wed. at 6:30 p.m. Holy Communion, 1st Sun. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Wed. at 8 p.m.

**OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)**  
Pastor: Fred Dycus  
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.

**OBERLIN UNITED METHODIST**  
102 North Cass — 785-475-3067  
The Rev. Doug Hasty  
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.

**CLAYTON UNITED METHODIST**  
Pastor: Ray Gilstrap  
Almena  
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

**OBERLIN ASSEMBLY OF GOD**  
The Rev. Royce Leitner  
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m. King's Kids, 6:30

p.m.; Youth, 8 p.m. Women's Group, 2nd & 4th Thursdays, 2 p.m.  
**OBERLIN CHURCH OF CHRIST**  
South Beaver Street - Oberlin  
Bill Duncan — Phone 785-475-3259  
SUNDAY: Adult Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.

**ST. MARY'S CATHOLIC, HERNDON**  
The Rev. Damian Richards  
Phone 785-322-5560  
MASS: SUNDAY, 8 a.m.

**HERNDON COVENANT CHURCH**  
Keith Reuther, Pastor  
Phone 785-322-5316  
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 11 a.m.; Bible study, 7 p.m.

**NORCATUR UNITED METHODIST**  
Pastor: Ray Gilstrap  
Almena  
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

**LYLE UNITED METHODIST**  
Carol Woodmanee, Almena  
Lyle Lay Speaker  
SUNDAY: Morning Worship 8 a.m.

**EVANGELICAL COVENANT CHURCH OF OBERLIN**  
The Rev. Heidi Wiebe  
810 West Cedar, Oberlin  
Office Phone 785-475-2769  
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

**LUND COVENANT CHURCH**  
Pastor: Doug Mason  
10 miles south, 4 miles west of Oberlin  
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

**ST. JOHN'S LUTHERAN CHURCH**  
510 North Wilson  
Pastor: Rev. Rick Langness  
Secretary: Norma Unger  
785-475-2333

SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 10:30 a.m.; Holy Communion: 1st and 3rd Sundays; KICK, 3:45-5:30 p.m. each Wednesday. Foundations Bible Class, Thursday, 7-9 p.m.

**FAITH LUTHERAN CHURCH**  
404 North York Avenue  
Oberlin, Kansas  
Rev. Charlotte Strecker-Baseler  
Church Office Phone: 785-475-2053  
SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

These sponsors urge you to attend church regularly:

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