

Norcatur News

By the Norcatur News Committee

The Norcatur United Methodist Church will have a benefit pancake supper from 5 to 7 p.m. on Saturday at the Educational Building in Norcatur.

Frank Ward treated Wava Reames to lunch at the Cardinal Bar and Grill on Friday, Feb. 23. Kenneth and Pansy Price joined them. Wava then visited Velda and Frank

Ward that afternoon at Cedar Living Center.

Doug, Chris and Sharee Dempe-wolf visited with Ray, Jen, Bryce, Abbey and Isaac Thornton in Hays on Sunday, Feb. 25. En route home they stopped by to visit Nate, Misti and Dylan Budig in WaKeeney.

Birthdays: Lucas Bailey, Jodi, March 2; Gene Gallentine - March

5; Joye Hill - March 6.

If you have been to the city building in Norcatur, you have probably noticed the hustle and bustle going on. The Norton Correctional work crew has been here painting the halls. They will be in town working for awhile. Gail Bailey, Carl Lyon and Jerry Hill loaned them paint sprayers to help get the job done.

Appreciation banquet set

March has arrived. The wind let us know that the lion came in with a roar. Maybe the rest of the month will be calm. At least we should have some nice temperatures for awhile.

Plans are coming together for the Farmer/Rancher Appreciation Banquet at 6 p.m. Saturday at The Gateway. The door prizes will include a Treager Grill, John Deere Power Washer, seed corn, and lawn and patio furniture.

Cal Siegfried, the speaker, is someone we all know. The Clueless are getting tuned up to play for your dancing and listening pleasure.

It's free, but you must have a reservation. Bring your neighbors and friends. Call the Chamber office at (785) 475-3441 and let me know how many will be attending by 4 p.m. Thursday.

Chamber News

By Glenva Nichols

The Home and Garden Show is the following weekend, Saturday, March 17 and Sunday, March 18 at the Gateway.

We have several vendors coming to show us the latest ideas and items available. You can purchase these items right at the show. Event times are from 9 a.m. to 5 p.m. on Saturday, and 11 a.m. to 3 p.m. on Sunday. The Gateway staff will be serving food both days. There is no admission charge.

Coffee Hour will be at The Bank on Friday, March 16, from 9 a.m. to 11 a.m. Bob, Gary and the girls all invite you to attend. The good-

ies are always great with a cup of coffee.

It is time to choose your basketball teams for the Final Four Tournament to be held the first part of April, put on by the Oberlin Business Alliance. More information will be available on this later.

If you need phone books, please stop by as we have a supply on hand. The pot is always on for a cup and a visit.

Be sure to call or stop by and make your reservation for the Farmer/Rancher Appreciation Banquet, and plan to attend the Home and Garden Show.

Jennings News

By Louise Cressler

A Town Hall Conversations water meeting will be held at 11:30 a.m. Monday at the Sunflower Senior Center in Jennings. It will include concerns about watershed restoration and protection strategies (WRAPS) going on in the Prairie Dog Creek/Keith Sebelius Lake Watershed. Meal will be provided at no charge. Call for reservations by today (Wednesday) to the Norton County Conservation District at (785) 877-2623, extension 37. Those attending may also bring a water sample to be checked.

Keith and Helen Muirhead met their daughter, Mignon Barry of Wellfleet, Maine, at the Denver International Airport for their annual ski trip in the Colorado mountains the last part of February.

Agnes Wahlmeier, Mary Wahl-

meier, Carol Carter, Ramona Shaw, Carol Shaw, Selden; Janet Shaw, Hoxie; Colleen Wagoner, Sharon Springs; and Marilyn Wahlmeier, Cambridge, Neb., were family members attending the bridal shower for Katie Wahlmeier at the Farmers and Merchants Bank in Colby on Saturday.

Several residents of Jennings have been in the hospital and are now home. Among them were Daryl Hartzog, Violet Foster and Ray Yahne.

Dorothy Bainter, WaKeeney, formerly of Jennings, is now living at the Long Term Care Unit in WaKeeney.

Don't forget the Sunflower Senior potluck supper, which will begin at 6 p.m. Tuesday. Charlotte Hinger of Hoxie will give a review

on her book, "Come Spring."

Time change will occur on Sunday, March 11, at 2 a.m. Set your clocks ahead one hour. We are receiving some nice days now so feels like spring is around the corner.

Be wallet wise when dining out

Americans are eating out more frequently. In fact, we eat out twice as often as we did in 1970. According to government statistics, the average family of four spends \$3,360 a year dining out.

Here are some ways to lower your away-from-home meal costs:

• **Share entrees.** Restaurant portions are growing, along with our waistlines and the tab at the end of our meals. To decrease all of the above, share an entree with a friend or family member.

This is a great way for kids to eat healthier, too. Kids' meals typically include foods high in fat, yet low in nutrients. Small children often don't eat much, so let your children share from your plate to expand their palate and shrink your calorie intake - and your bill.

• **Drinks anyone?** Order water with meals instead of sodas or specialty drinks. Even a glass of iced tea can easily add an extra dollar per person to your meal ticket. Ask for a slice of fresh lemon to add a special touch and a dash of flavor to your water.

• **Do lunch.** Lunch menus fre-



Home Time

By Tranda Watts
Multi-county Extension Agent

quently offer the same items as dinner menus, but in smaller, lower-priced options. Going out for lunch or for an early afternoon supper can save money.

However, during the evening, a smaller portion or half-order may be offered. Opt for the smaller size and you'll get more than enough food while saving money.

• **Clue in on coupons.** Some restaurants send out coupons to entice your business. Check your mail, newspaper or even the Internet for special offers. Many restaurants have a weekly kid's night, where children get a free or reduced-cost meal when they eat with an adult.

• **Plan your budget.** To reduce spending on away-from-home din-

ing, limit how often you and your family eat out. Plan when and where you want to go, cut your coupons and enjoy the meal!

If you have a hectic family schedule, look for inexpensive foods when shopping at the grocery store that you can use to pack your own "meals to go," as well as foods to make quick meals to serve at home.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

Decatur Health Systems

By Othella Vacura

Decatur Health Systems has some new employees. Joining us in the support services area since the first of the year are Shirley Stein and Wayne Rutkowski. We are thankful for their efforts in keeping our hallways gleaming.

Tamma Ritter has taken the position of Education Nurse, and many of you will see her at the Diabetic Support group the first Thursday of the month at the Gateway. Lacey Wilson is taking orientation

in the health information management department, formerly known as medical records. Tami Kompus is working as needed in the dietary department. We are grateful for our new employees who help us in providing top-notch health care to the Decatur County community.

Virginia Zeigler, a registered dietitian, begins work at the facility in March contributing several hours a week planning meals, offering education in the dietary area to our

employees and giving support to Dietary Manager Lisa Votapka. Ms. Zeigler will ensure that our facility meets state guidelines in the dietary department.

Our facility cookbook, "Shared From The Heart," has been selling briskly. Be sure to reserve your copy, only \$15, by inquiring at the front desk of the hospital. All proceeds will be used to purchase defibrillator equipment for use in our community.

Rexford News

By Vicki Allison

The streets in town, as well as the roads in the country, are now passable due to the warmer weather we received during the week. Sunday was a good day to get outside and clean up the broken limbs and branches from trees damaged by the winter storms.

The primary election was Tuesday. On the general election ballot for April 3 will be William Dible and Dennis Allison, running for mayor. Thank you to Evelyn Johnson, Jean Hawkins and Vesta Roth for working the poll booths.

Morgan Dawn Wark celebrated her third birthday with 29 guests at her home on Saturday afternoon.

Morgan was the center of attention as she thanked her family and friends for coming and for gifts she received. Special friends attending were Cameron and Kiley Stevenson and parents, Matt and Cassie, of Great Bend; Kassie, Kaycee, and Kami Miller and their mother, Tammy, of Rexford; cousin Jaren Rains, and her aunt and uncle, Rebecca and Chance, Victoria; Dana Juenemann, Selden; aunt, Kristin Wark, Lawrence; great-aunt, Norma, and second cousin, Sydney Niemeyer, and Linda Pointer, Larned. Those attending from Colby were Sam (Sandra) Lode, grandmother; Don Lode, grandfather; Shaly Niemeyer, aunt, and Nolan Hull and Donna Sweet; Dustin Wark, Scott City; Jami Wark, aunt, and Grandpa and Ya-Ya (Dennis and Vicki Allison), Rexford; and her younger sister,

Hayden, and mom and dad, Chad and Desiree.

Cleda Moeder and Buck Harper spent the weekend in Pratt visiting Cleda's cousin, Bernice Patton, to help her celebrate her 92nd birthday. She lives with her son and wife, Don and Sandy Patton. Jack and Mary Minnick of Wichita visited on Sunday. Cleda says they survived the 70-mile-an-hour winds on Saturday.

Ronnie Dible is home recovering from back surgery.

Wishes for a "happy birthday celebration" go out to Janette Dible on March 6 and to Mark Miller on March 10.

Congratulations to the Golden Plains Lady Bull Dogs who placed first after defeating the Rawlins County Buffaloes, 61 to 50, at the Class 1A sub state tournament held in Colby. The Lady Bull Dogs (23-1) will play at Hays on Wednesday against Randolph-Blue Valley (19-6).

At the Red Barn: Those attending Barnswallows to play pinochle were Jean Hawkins, Deb Stepper, Rex Carswell, Betty Carswell, Darlene Robben, Grace Cheney, Lawrence Horinek, Lane Purcell and Dick Sanford.

Friday's Koffee Klatchers were Cleda Moeder, Darla Dible, Delores Dible, Margaret Arasmith, Berneda Zoberst, Jean Hawkins, Grace Cheney, Vesta Roth, Edna Colson and Evelyn Proffitt.

Until next time, make your week a memorable one.

'What God Says Is no Matter What we Choose to Believe'

By Pastor Doug Mason, Lund Covenant Church

"God said, I believe it, that settles it!" This is a common and popular phrase, repeated by myself many times.

But over the years I have come to realize that the phrase is wrong. What I believe has nothing to do with it. If God said it, that settles it. Just because I choose to believe or not believe does not change what is.

It's amazing to me how many people, including pastors, pick and choose what they want to believe in the Bible. Go ahead and pick and choose; but it doesn't make you right.

A group of first graders was asked to complete famous sayings. For example:

If you lie down with dogs ... you stink in the morning.

An idle mind ... is a good way to get to sleep.

A penny saved is ... not much.

Two's company, three's ... the musketeers.

You get out of something what you ... see pic-

tures on the box. Many people are like these first graders when it comes to truth. Jesus said in John 14:6: "No one comes to the Father except through me." But people tend to want to change that to something along the line of "No person can enter Heaven unless that person finds their own way."

In Matthew 16:24 Jesus said, "If any one would come after me he must deny himself, take up his cross and follow me." But we tend to interpret this as, "We must deny ourselves nothing because material riches must be a blessing from God."

God was there in the beginning and He recorded a history and a plan for us. It's all in a book we call the Bible.

It's God's Word. We can accept it or we can reject it, but it doesn't change because God doesn't change.

And the truth contained within doesn't change with the styles. God said it; that settles it!



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Henry Saw Lone,
MASS: 10:30 a.m., Sunday

IMMACULATE CONCEPTION CATHOLIC, LEVILLE
Fr. Henry Saw Lone
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Henry Saw Lone
MASS: 5:30 p.m., Saturday

OBERLIN SEVENTH-DAY ADVENTIST CHURCH
Jim Martin
120 South East, Oberlin
SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.

JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS
Carrie Buhler, pastor
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Doug Hasty
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: DENNIS BROWN
SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Wed. at 6:30 p.m. Holy Communion, 1st Sun. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Wed. at 8 p.m.

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Fred Dycus
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.

OBERLIN UNITED METHODIST 102 North Cass — 785-475-3067
The Rev. Doug Hasty
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.

CLAYTON UNITED METHODIST
Pastor: Ray Gilstrap
Almena
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m. King's Kids, 6:30 p.m.; Youth, 8 p.m. Women's Group, 2nd & 4th Thursdays, 2 p.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON
The Rev. Damian Richards
Phone 785-322-5560
MASS: SUNDAY, 8 a.m.

HERNDON COVENANT CHURCH
Keith Reuther, Pastor
Phone 785-322-5316
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 11 a.m.

NORCATUR UNITED METHODIST
Pastor: Ray Gilstrap
Almena
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST
Carol Woodmanee, Almena
Lyle Lay Speaker
SUNDAY: Morning Worship 8 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
The Rev. Heidi Wiebe
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH

Pastor: Doug Mason
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Pastor: Rev. Rick Langness
Secretary: Norma Unger
785-475-2333

SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 10:30 a.m.; Holy Communion: 1st and 3rd Sundays; KICK, 3:45-5:30 p.m. each Wednesday. Foundations Bible Class, Thursday, 7-9 p.m.

FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

SELDEN COMMUNITY CENTER
110 North Kansas Street
Selden, Kansas
Brother John L. Paulson
SUNDAY: Worship, 3 p.m.; Fellowship 2:30-2:55 and immediately following message.

Employment Opportunity Police Officer

The City of Oberlin, Kansas is accepting applications for the position of police officer until March 30, 2007. Salary based on the training and experience. Excellent fringe benefits. Applicants must be a U.S. Citizen, 21 years of age or older, in good physical condition, a high school graduate or G.E.D. Kansas Law Enforcement Training Certificate preferred but not required.

Shifts will involve both afternoon and night work. Background checks and psychological testing will be conducted on eligible applicants.

Please submit resume to:
Chief: Oberlin Police Department
P.O. Box 237
Oberlin, KS 67749 or Call (785) 475-2217

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Derek Riner
Rick and Dori Pauls

