



RUNNING CROSS COUNTRY this fall, Oberlin junior Rory Wendelin hopes to break the Decatur Community High shot put record held by Jody Elwood since 1979.

Athlete hopes to break record

By **JIM MERRIOTT**
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 Oberlin junior Rory Wendelin has a goal this season, a quest she has been working on since she was a freshman. Wendelin, a two-sport letter winner in cross country and track, wants to break the Decatur Community High School girls' shot put record of 37 feet, 3 inches, set by Jody Elwood (now Black) in 1979. "I am surprised the record has lasted this long," said Mrs. Black. "Records are set to be broken, that is why they are in the books." Wendelin started on the shot put in junior high school physical education class. She started training her freshman year under the supervision of her father, Norm Wendelin, and family friend Bill Manning, a shot put coach from Norton. Her freshman year's work ended, however, after she broke her throwing wrist. Last season Wendelin worked on a rehabilitation program in the Oberlin High School weight room

to strengthen the ailing wrist. "My dad got me interested in throwing the shot put when I was younger," she said. "I enjoy it, but realize in order to reach my goal, I must practice properly and work in the weight room. Not only is it necessary to be stronger, but it is just as important to work on the proper techniques to improve." This season Wendelin is attempting to put it all together. In her first meet two weeks ago against Quinter and Atwood, she put the shot 34-7 1/4. Last week she hit 30-9 at the Rawlins County meet in Atwood. In addition to the shot put, Wendelin runs cross country in the fall, sings with the DCHS Singers and is the lead drummer in the high school pep band. She has a diversified taste in music ranging from pop to rock, country and rap. Her favorite movie is "Casino Royale" (a James Bond thriller). She also likes Orlando Bloom and Eva Green as movie stars. Her favorite flower is the morning glory and her

favorite color is red. She enjoys listening to the Dixie Chicks and Cold Play. She loves horses but does not own one. Her favorite food is corn on the cob. Wendelin enjoys watching movies, shopping, hanging out with friends, being with family and fishing in the summer. She plans on majoring in medical technology with a possible minor in drama and the arts. "My favorite pet is Jack our family dog," she said. "I enjoy reading in my spare time." She recently completed *Pride and Prejudice* by Jane Austen. "It took me two different times to try and finish the book because it is so long," she said. "At first, the length of the book kept me from finishing it, so I put it down for a while before I finished it." Rory is the daughter of Norman and Joanne Wendelin. She has an older brother, Ladd, who graduated from Oberlin in 1999 and a sister, Greta, who graduated in 2002 and will be attending the University of Kansas graduate school this fall.

Girls win meet

Oberlin leads pack seven times

By **JIM MERRIOTT**
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 The Decatur Community High girls track team won the Rawlins County Invitational in Atwood on a breezy Tuesday last week, despite wind gusts up to 30 miles an hour. A meet scheduled in Hoxie on Friday was canceled due to weather. It will not be rescheduled. The Lady Red Devils scored 158.66 points followed by Hitchcock County, Neb., 135.33; Rawlins County, 120; Dundey County, Neb., 69; Colby, 33; and Bethune, Colo., 30. The girls had seven firsts, five on the track and two in the field. Scoring for Oberlin were:
 • Lauren Fortin, 100-meter dash, first, 12.4 seconds; 200-meter dash, first, 27.11; and javelin, third, 105 feet, 2 inches.
 • Tricia Dorshorst, 400-meter dash, first, 1:10.78; high jump, first, 4-10; and discus, sixth, 83-10.
 • Sarah Murray, javelin, first, 113-10, and discus, second, 107 feet, 7 inches.
 • Heather Glodt, 100-meter dash, second, 13.12, and 200-meter dash, second, 28.11.
 • Lacey Ream, 880-yard run, second, 2:47.2.
 • Emmie Pauls, triple jump, third, 32-6 1/2, and javelin, fourth, 95-3.
 • Ashlee Whitney, long jump, third, 14-3 1/4, and triple jump, sixth, 29-6.
 • Kim Wessel, pole vault, fourth, 6-6, and high jump, fifth, 4-6.
 • Nikki Wessel, long jump, fourth, 13-11, and triple jump, fifth, 29-8 1/4.
 • Brandi Diederich, pole vault, fourth, 6-6.
 • Rory Wendelin, shot put, fourth, 30-9.
 • LeAnna Sheaffer, shot put, fifth, 30-5, and javelin, sixth, 93-2.
 • Tamara Ketterl, mile run, fifth, 6:59.9.
 • Kayla Zodrow, two-mile run, fifth, 15:45.04.

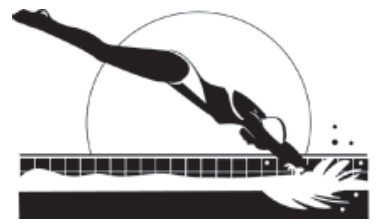


SENIOR SARAH MURRAY prepared to toss the discus at the Rawlins County Invitational last Tuesday. Murray finished second with a throw of 107 feet, 7 inches to help the Lady Red Devils win the meet. —Herald staff photo by Jim Merriott

- Alyssa Montgomery, shot put, sixth, 29-3 3/4.
- Anna Larue, 100-meter dash, sixth, 14.25.
- The 4x100-meter relay team of Glodt, Ream, Larue and Fortin, first, 54.27.
- The 4x400-meter relay team of Ream, Larue, Ketterl and Dorshorst, second, 4:50.54.
- The two-mile relay team of Ream, Ketterl, Helm and Diederich, first, 11:45.33.
- Oberlin will be in Colby on Friday to compete in the Oakley Invitational starting at 3 p.m.
- The Oakley Invitational has been moved to Colby and will be run by Oakley officials. Oakley is resurfacing its weather-damaged track this spring.

Swim Club sets meeting

The Oberlin Swim Club will hold an organizational meeting 7 p.m. Wednesday at the picnic shelter in City Park. For information call Stephanie Blau at (785) 475-3617 or Kelly Shields at 475-3450.



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Practicing at the range



SHOOTERS PRACTICED their skills at the Oberlin Gun Club on Sunday afternoon. Nice weather brought sports fans out to enjoy the day and the weekend. —Herald staff photo by Jim Merriott

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