

Lois McPherson of Tucson, Ariz., writes that they have returned home from a 14-day Panama Canal cruise. There were 18 from their church on the cruise.

The City of Norcatu will be cleaning off Main Street on Tuesday, May 22, at 6 p.m. Volunteers are asked to bring brooms, shovels, tractors, bobcats and muscles!

Cathy Claussen of Oberlin and Beth Johnson visited Mr. and Mrs. Ronald Molzahn of rural Naponee, Neb., on May 3. Mrs. Johnson, Fred Molzahn and Mrs. Claussen met Dennis Molzahn at the Cardinal Bar and Grill for breakfast on May 5.

Norcatu United Methodist Church will host a one-day Vacation Bible School for area children from 4 years old through sixth grade from 9:30 a.m. to 2 p.m. on Saturday, June 2, at the Education Building. Lunch and snacks will be provided, and there will be stories, songs, games and crafts. Any parents or other adults who can help are encouraged to contact Pastor Ray Gilstrap at (785) 669-2236, or Alice Barnett at 693-4231 as soon as possible. Please let them know if you plan for your children to be there so they know how many to prepare for.

The Norton Correctional work crews will be digging out culverts around town.

Congratulations to the seniors who will be graduating on May 20: Aaron Helm and Katrina Wentz from Decatur Community High School, and Luke Bailey and Lacey Roe from Norton Community High School. Good luck in your future

endeavors!

On April 30 and May 1, Veda Wood went to the Rose Bud Casino with the Red Hat Ladies. She followed Wava Reames around and watched the goings-on. On May Day she mysteriously received a beautiful cup of flowers. Dwight and Teresa Wood came to clean up and haul some things to the dump. On May 4, Mrs. Wood accompanied Toots Magers to Lela Huff's funeral. The rest of the week she received birthday cards, calls and gifts, then went to Tiela and A.J. High's for ice cream and cake on May 6.

Birthdays: Ron Montgomery - May 10; Evelyn Lyon - May 11; Destiny Chastine - May 16.

Evelyn Lyon celebrated her 90th birthday on Friday. She lives at 201 West Crane, Norton, Kan., 67654.

Word was received of the death of Wanda Lyon Pool, wife of Ralph Pool. She graduated from Norcatu Rural High School in 1942 and died at Kinsley Hospital on May 7, 2007.

The tornado at Greensburg destroyed the home of Harold Clark and son, John, as well as John's printing business. Another son, Jim, came and took them to his home in Lawrence. Mr. Clark is a former Norcatu resident.

Senior Citizens met May 4, for cards. Winners were Bob Strevey, LaVerne Milner and Mary Sedimayer. The next meeting will be at 7 p.m. Friday evening at the Educational Building.

Lora Linn Leichter celebrated her birthday on May 5. Dorothy

Ward, Devonna New, Carolyn Strevey and Judy Jackson had lunch with her at Cedar Living Center in Oberlin. Velda and Frank Ward joined the group. Judy Jackson baked a cake for the occasion.

Wava Reames headed south to see her daughter and family, where she visited from April 25 to April 29. She arrived late but left early the next day to catch the Red Hatters' bus to the Rosebud Casino on the Rosebud Sioux Reservation, in South Dakota. The Red Hatters returned to Oberlin on May 1.

Bruce Bishop and Mike Bishops visited Saturday evening, May 5, with Oran and LaVerne Milner.

Museum Tidbits

The Norcatu Museum will be open from 11 a.m. to 1 p.m. on Sunday, May 27. Be sure to stop by and check out all the new items.

Phyllis Lohofener brought documents from the First National Bank. The first is a contract dated Dec. 20, 1907 wherein Frank Sayles sold the First National Bank business and his stock to H.H. Benton and Otis Douglas. Benton-Douglas rented the building from Sayles, and Jay Daugherty remained an employee of the bank. The other document is a letter dated Oct. 17, 1934, saying First National had consolidated with the Decatur County National Bank of Oberlin, signed by B.B. Bell and J.R. Betts.

Keep working on picky eaters

Your son won't eat broccoli? Your daughter won't try carrots? What can you do when a child says "no" to certain foods?

Child feeding and nutrition experts offer this advice:

Keep trying. Often, a child needs to be served a new food 10 times before deciding he likes it.

Try preparing food in different ways. Offer raw broccoli with light ranch dressing, or serve cooked broccoli with a cheese sauce.

Introduce a new food with a familiar food. You might mix the two. For example, with a toddler you might introduce a new hot cereal along with a familiar favorite food such as applesauce.

Avoid "short-order" cooking. It's your responsibility to provide meals at appropriate times. It's up to the child to decide if, and how much, he or she eats.

Children's tummies are small, so a child needs to eat fairly often to stay satisfied. Offer meals and one or two healthy snacks each day.

Provide foods from the main food groups — grains, vegetables, fruits, dairy, and meat and beans. Your child may not care for all of the foods, and that's OK. If the child asks for a food and you're not serving it at that meal, assure her that she can choose from any offering on the table and that the next meal will be



Home Time

By Tranda Watts
Multi-county Extension Agent

in a few more hours.

No pressure. Mealtimes should be low-stress, pleasant experiences for everyone. Encourage and model appropriate eating for your child.

Avoid pressuring kids. Suggest that a child try a new food, but don't insist. This will help ensure that the dinner table doesn't become a battle of wills.

And don't, say, promise a dessert to a child if he'll take a bite of every food served.

Get kids involved. Kids are more likely to try new foods if they're involved in the planning and preparation.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

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Good Samaritan Center

Her children rise up and call her blessed. Her husband also, and he praises her: Many daughters have done well, But you excel them all. Proverbs 31:28-29

One of the greatest benefits of working at Good Sam is having the opportunity to glean so much wisdom from the residents.

This week, as we celebrated Mother's Day and spent time talking about their memories of rearing children, we talked of hardships and joys, sorrow and humorous events that have etched their hearts, bringing both laughter and tears. Times change, childhood games change, discipline methods change, but one thing remains constant, and that is the unique, unconditional, sacrificial love that God gave mothers for their children.

We celebrated Mother's Day with a Hat Parade on Thursday, sponsored by the STAR committee. John Juenemann was the guest entertainer, bringing song and smiles to our Town Square parade. A special thank you to John, Linda Hollowell and the entire STAR committee for a wonderful afternoon.

The celebration continued with a garden party luncheon on Saturday. Residents were asked to invite a guest for a special meal. The entree choices were salmon/dilled lemon seasoning or cheesy garlic chicken served with a stuffed baked potato, a medley of vegetables and a variety of cheesecake for dessert. Each person attending took home a potted petunia as our gift.

The Lyle Gals, Kathy Van Meter and Toots Magers hosted pinocle on Monday and came back on Friday to host the monthly birthday party. When the residents were invited to see some exotic birds, they thought we were pulling their legs. (Not true!) The Lyle Gals had indeed arranged for Domino, Sammy, Sassy and Friday to come show off their beautiful feathers and to say a few words! The birds, two Amazon

parrots, a cockatoo and an African Grey parrot, are owned by Mary and Al Sedlmayer and Terry and Sandi Gade, all from Norcatu. You never know what to expect around here!

The 180 House boys came for a time of reminiscing with 12 residents on Monday night. This is one of the most popular activities of the week, taking a close second right behind bingo on Wednesdays.

Saturday the residents were able to see the high school teens dressed for prom. Twelve couples made Good Sam part of their prom night festivities. How fortunate we are to have a community that includes us in their lives in such a meaningful way. We can't thank you enough!

Guests included: **Ethel Nemeth** - Shelby Hackney; **Alvina Unger** - Hertha Kelley of St. Francis, Kathy Wiley of Idalia, Colo.; **Irel Lohofener** - Hertha Kelley; **Thelma Spiers** - Don and Joan Grafel of Colby, Todd Nelson of Salina, Steve and Susan Nelson, Violet Shaw; **Roberta Urban** - Sylvia Wachendorfer of Selden, Faye Unger of Stratton, Neb., Mary Depe of Trenton, Neb., John Urban of Colby, Jan Badsky, Donna Mae Frandsen; **Dorothy Hunt** - Ron and Dixie Snyder of Colby, Mildred Black, Reva Marshall; **Opal Bryan** - Krista and Gavin Gutchewsky of Kearney, Neb., Brian and Pam Simonsson, Breck and Nathan, Marvin and Sharon Slabaugh; **Lucy Schissler** - Margaret Fikan of Atwood, Mert McEvoy; **Eva Bryn** - Detta, Gabe and Chris Anderson; **Jeanette Conway** - Daisy Rhein; **Swede Unger** - Elena Zuniga of Mexico, Ana Wishon; **Kathryn Post** - Sarah Capps of McCook, Gladys Geis; **Earl Brown** - Allen Young of Miami, Fla., Lisa Eccles of Arcadia City, Okla.; **Mary Lemman** - Jenny, Darren and Dylan Maclineetch, Rusty Newton of Salina; **Harlan Geihlsler** - Jamie and Jack Geihlsler; **Dorothy Bryan** - Carol Barrett.

'Mothers, fruit trees can bloom'

By Pastor Carrie Buhler
Jennings and Dresden United Methodist churches

I just got my newest issue of *Grit* magazine this week and there was an article on "The Worthy Work of Fruit Trees".

It reminded me of Mother's Day, and how mothers are like fruit trees. The Bible tells us, "And (she) will be like a tree firmly planted by streams of water, which yields its fruit in its season, and its leaf does not wither; and in whatever (she) does, (she) prospers."

The *Grit* article begins with the line, "Few emotions are as predictable as pride from harvesting a bountiful crop from the garden."

Mothers have pride in their crop of children after long seasons of trial and error, drought and frosts.

I don't know whether mothers prefer to be seen as an apple tree, or a pear, cherry, peach or other fruit tree. I think that I'm more of a plump ... I mean, plum tree. Whatever type of fruit tree we tend to be finicky about what we need to bear a good harvest, with our children and our marriages. Our husbands, the orchardists, need to understand at least some of those needs. Take notes husbands ...

"The most common cause for lack of fruiting is simply the age of the tree."

I'm a firm believer in the adage that you're only as old as you feel. When mothers don't feel cherished, appreciated and important, they tend to feel old and useless. How much good fruit do you think they are able to produce when they feel like that? Zip. Mothers need to know that what they are doing is important. They need dignity and respect from their families.

"Fruit trees also do not like competition for food and water...."

Mothers need enough emotional and spiritual food. When they have to compete with someone's wandering eye, they wilt. When they have to compete for attention with football, fishing or television they feel neglected and starved for affection. Men, make some time each day to spend one-on-one with your wife. Start with 15 minutes of uninterrupted time with each other and gradually build up. You should begin to see your wives blossom with this attention.

"Fertilization should be applied to aid in meeting the high energy requirements of fruiting, along with irrigation during dry periods of the year."

Mothers expend huge amounts of energy in raising children, their fruit. Work, school meetings, soccer, piano lessons, 4-H, swimming, and on and on, we are always on the job. We don't even get a full night's rest; just ask any mother who is the one to wake up at 3 a.m. if one of their children coughs in their sleep.

Now, for some, fertilize means gifts of expensive jewelry. Not really, guys. Mothers appreciate it when Dad takes the kids for a few hours a day, so she can recharge her batteries. Hugs that only mean "I love you and you are important to me" are great! Mothers also appreciate being complimented, especially for the small details they think no one notices. Notice them.

The Bible also tells us, **"She sets about her work vigorously, her arms are strong for her tasks. She gets up while it is still dark; she provides food for her family. Give her the reward she has earned, and let her works bring her praise at the city gates."**

Guys, mothers sacrifices all that she has, even her own identity, to raising her children. Love her, compliment her, spend time with her and your children will not be the only sweet fruit produced. Your marriage will be the sweetest it's been in a long time.



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Henry Saw Lone,
MASS: 5:30 p.m., Sunday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE
Fr. Henry Saw Lone
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Henry Saw Lone
MASS: 10 a.m., Sunday

OBERLIN SEVENTH-DAY ADVENTIST CHURCH
Jim Martin
120 South East, Oberlin
SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.

JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS
Carrie Buhler, pastor
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Doug Hasty
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Wed. at 6:30 p.m. Holy Communion, 1st Sun. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Wed. at 8 p.m.

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Fred Dycus
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.

OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Doug Hasty
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.

CLAYTON UNITED METHODIST
Pastor: Ray Gilstrap
Almena
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m. King's Kids, 6:30 p.m.; Youth, 8 p.m. Women's Group, 2nd & 4th Thursdays, 2 p.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON
The Rev. Damian Richards
Phone 785-322-5560
MASS: SUNDAY, 8 a.m.

HERNDON COVENANT CHURCH
Keith Reuther, Pastor
Phone 785-322-5316
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 11 a.m.

NORCATU UNITED METHODIST
Pastor: Ray Gilstrap
Almena
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST
Carol Woodmanee, Almena
Lyle Lay Speaker
SUNDAY: Morning Worship 8 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
The Rev. Heidi Wiebe
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.
LUND COVENANT CHURCH

Pastor: Doug Mason
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Pastor: Rev. Rick Langness
Secretary: Norma Unger
785-475-2333
SATURDAY: Worship, 7 p.m.; SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 10:30 a.m.; Holy Communion: 1st and 3rd Sundays; KICK, 3:45-5:30 p.m. each Wednesday. Foundations Bible Class, Thursday, 7-9 p.m.

FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

SELDEN COMMUNITY CENTER
110 North Kansas Street
Selden, Kansas
Brother John L. Paulson
SUNDAY: Worship, 3 p.m.; Fellowship 2:30-2:55 and immediately following message.

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There were three graduations celebrated this past weekend in the Pat and Shelley McKenna family. Jacque McKenna received her Master's Degree in college personnel management at Western Illinois University, Macomb, Ill., on Friday evening, May 11. Chris McKenna received bachelor's degrees in marketing and in communication at Fort Hays State on Saturday morning, May 12. Marcus McKenna graduated from Hoxie High School on Saturday afternoon. A barbecue supper was held on Friday evening at the home of Sarah McKenna in Hays. A supper and reception followed the Hoxie graduation on Saturday evening honoring the three graduates.

A large crowd attended the Lions Club Mother's Day dinner held Sunday in the Sunflower Senior Center.

Housing Authority meeting will be held at 7 p.m. Thursday evening.

Water meters will be read Friday, May 25. Please post your reading on front door if your meter is inside your home.

An ordinance has been passed by the Jennings City Council prohibiting any open burning within the city limits unless the burning is otherwise approved by the Kansas Department of Health and Environment.

Deadline for reservations to attend the Jennings Alumni Banquet is May 19. Price per person is \$5, not including the meal. The banquet will be held at the Community Hall on Saturday, May 26, starting at 5 p.m. The Senior Center will be open on Saturday.

There will be a potluck dinner at the Senior Center on Sunday, May 27, for Memorial Day. Everyone is welcome to come.

Dorothy Smith of Tucson, Ariz., visited several days this past week with her sister, Claudine Bennett.