



HEATHER GLODT FINISHED her swimming career at the Northwest Kansas League meet in Goodland on Saturday. Glodt set five pool records, placing first in the 110-yard butterfly stroke, 100-yard freestyle, 100-yard breaststroke, 200-yard individual medley and 50-yard freestyle events.

terfly stroke, 100-yard freestyle, 100-yard breaststroke, 200-yard individual medley and 50-yard freestyle events.

— Herald staff photos by Jim Merriott

Swimmers take second at league meet

Oberlin makes splash with dozen pool records

The Oberlin Swim Club, with 25 participants, took second at the two-day league meet Friday and Saturday in Goodland.

Colby, with 59 swimmers, won the championship with 364 points followed by Oberlin, 297; Goodland, 190; Burlington, Colo., 189; Wray, Colo., 184; Holyoke, Colo., 112; St. Francis, 57; Oakley, 54; Flagler, Colo., 52; and Limon, Colo., 5.

The Oberlin club was led by Heather Glodt, who placed first in five events and set five new pool records.

Younger swimmers finishing first were Jakobi Blau and Nicky McDonald, who each set two pool records, and Keagen Blau, Darbi Rouse and Jamie Soderlund, who each established a pool record.

Oberlin's mixed age 9-10 freestyle relay and medley relay teams also broke the pool records but finished second.

Girls 8 and under:

- J. Blau, 25-yard freestyle, first, 17.09 seconds (pool record); 25-yard butterfly stroke, second, 20.62; 25-yard breaststroke, second, 23.96; 100-yard individual medley, second, 1:43.97; and 50-yard freestyle, first, 37.374 (pool record).
- Kyleana Blau, 25-yard freestyle, 16th, 25.19; 100-yard individual medley, 12th, 2:31.9; 25-yard butterfly stroke, eighth, 32.78; 50-yard freestyle, 11th, 57.49; and 25-yard breaststroke, 15th, 37.16.
- Jenna Long, 25-yard breaststroke, sixth, 27.60; 25-yard backstroke, second, 22.87; and 25-yard freestyle, seventh, 20.27.
- Albany McDonald, 50-yard freestyle, fourth, 43.59; 100-yard individual medley, third, 1:58.28; 25-yard freestyle, fifth, 18.97; 25-yard butterfly stroke, fourth, 26.65; and 25-yard breaststroke, third, 24.72.
- Jenna Risewick, 50-yard freestyle, 14th, 1:04.69; 25-yard freestyle, 23rd, 29.14; 25-yard breaststroke, 12th, 33.37; 100-yard individual medley, 14th, 3:07.25; and 25-yard backstroke, 16th, 31.74.
- Dani Rouse, 25-yard backstroke, 28th, 45.78, and 25-yard freestyle, 41st, 51.93.
- Jean Soderlund, 25-yard freestyle, 29th, 33.97, and 25-yard breaststroke, 23rd, 45.84.

- Caitie Shields, 100-yard freestyle, 12th, 1:37.53; 25-yard freestyle, 18th, 18.46; 25-yard butterfly stroke, eighth, 20.97; 25-yard breaststroke, 12th, 24.12; and 100-yard individual medley, 12th, 1:50.75.

yard freestyle, second, 18.15.

Girls 9-10:

- Kariah Castle, 100-yard individual medley, first, 1:32.74; 25-yard butterfly stroke, first, 17.78; 25-yard freestyle, third, 15.48; 100-yard freestyle, second, 1:17.87; and 25-yard breaststroke, first, 21.55.
- Kelsey May, 100-yard individual medley, eighth, 1:45.41; 100-yard freestyle, sixth, 1:30.97; 25-yard freestyle, eighth, 17.03; 25-yard backstroke, 10th, 24.65; and 25-yard butterfly stroke, 12th, 21.84.

- John Risewick, 100-yard individual medley, 11th, 1:55.52; 100-yard freestyle, 13th, 1:38.78; 50-yard freestyle, 13th, 41.14; 50-yard backstroke, ninth, 51.94; and 50-yard breaststroke, 12th, 52.22.

- Daniel Jordan, 100-yard backstroke, sixth, 1:29.37; 50-yard freestyle, sixth, 28.14; 100-yard freestyle, third, 1:04.14; and 100-yard breaststroke, third, 1:25.4.

- The girls 8 and under 100-yard freestyle team of J. Blau, Long, D. Rouse and K. Blau, third, 2:06.
- The mixed 8 and under 100-yard freestyle team of McDonald, Risewick, Soderlund and McDonald, second, 1:47.41.
- The mixed 9-10 100-yard freestyle team of Blau, Castle, May and Shields, first, 1:12.53.
- The girls 11-12 200-yard freestyle team of Soderlund, May, Shields and Rouse, first, 2:15.38.
- The mixed 11-12 200-yard freestyle team of Hackney, Henningson, Nedland and Risewick, second, 2:38.31.
- The girls 8 and under 100-yard medley team of K. Blau, McDonald, J. Blau and Soderlund, third, 2:20.65.
- The mixed 8 and under 100-yard medley team of Long, Risewick, McDonald and Rouse, second, 2:13.08.
- The mixed 9-10 100-yard medley team of Castle, May, Blau and Shields, first, 1:28.31.
- The girls 11-12 200-yard medley team of Hackney, Nedland, Rouse and Urban, fourth, 2:51.68.
- The mixed 11-12 200-yard medley team of Henningson, Shields, May and Risewick, second, 2:54.46.
- "These swimmers did well this season," said Coach Stephanie Blau. "I am very proud of all the swimmers and they worked very hard this season.
- "Our swim club would like to say a final farewell to Heather Glodt, who finished up her season with us and will be moving on next summer. Our swim club wishes her well in her swim career."

- Cassidy Shields, 50-yard backstroke, 13th, 43.87; 100-yard individual medley, 10th, 1:32.03; 50-yard butterfly stroke, seventh, 41.78; 100-yard freestyle, 10th, 1:19.86; 50-yard breaststroke, seventh, 44.
- Jamie Soderlund, 100-yard individual medley, second, 1:21.40; 100-yard freestyle, first, 1:08.37 (pool record); 50-yard freestyle, second, 30.02; 50-yard backstroke, third, 38.27; and 50-yard butterfly stroke, 12th, 44.53.
- Brittany Urban, 50-yard breaststroke, 29th, 56.08; 50-yard back-

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

Oberlin Cross Country Schedule

Monday, Aug. 13: Check-out/first practice	3:30 p.m.
Thursday, Aug. 23: Soap Run	7 p.m.
Thursday, Aug. 30: Norton Invitational	4:30 p.m.
Thursday, Sept. 6: Quinter Invitational	4:30 p.m.
Thursday, Sept. 13: McCook Invitational	5:30 p.m.
Thursday, Sept. 20: Hill City Invitational	5 p.m.
Thursday, Sept. 25: Oberlin Invit. (40th annual)	5 p.m.
Thursday, Oct. 4: Phillipsburg Invitational	5 p.m.
Saturday, Oct. 14: League meet at Oberlin	11 a.m.
Saturday, Oct. 20: Regional	TBA
Saturday, Oct. 27: State	TBA



The Jayhawker
By Jim Merriott
jtmerriott@nwkanas.com

High lake gives renewal for spirit

Seemingly deserted, isolated deep in the north central Roosevelt National Forest roughly 70 miles northwest of Fort Collins, Colo., is Zimmerman Lake.

Tucked away from the traffic on Colorado 14, the lake area is a backpacker's dream.

A 30-minute hike from Joe Wright Reservoir, Zimmerman provides solitude and quiet. But the 10,000-foot altitude tested my midwestern roots as I huffed and puffed my way to the lake. Normally, I like to take a couple of days to adjust to the altitude change.

As I struggled up the trail, I noticed a bull moose in velvet munching on mossy tree bark. What a photo opportunity!

Further along, I ran into a man in his 50s hiking down with two aluminum ski pools.

"Howdy," I said. "How are you today?"

As I spoke, he smiled.

"Isn't it a beautiful day?" he said.

"Yes it is," I replied. "How much further up the mountain is Zimmerman Lake?"

"It's about 10 minutes further up the trail," he said. "It looks like you are planning to fish."

"Hopefully, I will be able to catch a golden trout," I said.

"I don't believe that there are any goldens up there," he replied.

"That must be your van down the hill," I said. "It looks like a 1967 Chevy."

"It's a 1969," he said.

"It reminds me of the old hippie microbus," I said.

"I have had it for a long time," he admitted. "I've put two engines and three transmissions in it."

"What brings you up this way?" I said.

"I am a retired school teacher," he said. "In the summer, I spend from Memorial Day to Labor Day in the great outdoors."

"In the winter, I now go to Las Vegas and bet on football games to make my living."

"Sounds like the good life to me," I said. "No strings."

"Just me and my dog," he said.

"By the way, have you seen a golden retriever?"

"No, I haven't," I replied.

"He will show up sooner or later," he said. "He always does."

"Aren't you afraid he'll run away?" I said.

"No, he always ends up finding me sooner or later," he said. "He's an adventurer."

"I noticed that your license plates haven't been updated since 2004," I said.

"Are you the police?" he replied.

"No, and I wouldn't turn you in either," I said. "But it cost me \$600 once in Weld County when I was stopped for a traffic violation. I didn't mean to pry."

"Well, it has been working so far," he said.

"How high up the mountain did you hike?" I asked.

"Up above the timberline to the summit," he replied. "It is possible to see clear back to the flatland from up there. It is a beautiful sight, you should try it."

"I'll have to think about it," I said.

"If the fishing is slow, I just might take you up on it."

We parted and as I looked back, he had disappeared as fast as he had approached.

Throughout the rest of the day, I fished and enjoyed the sunlight on the lake.

After catching and releasing several rainbow, I noticed that the grayling were beginning to stack up in the stream inlet.

As the afternoon drew to a close, thunderheads began to approach and a fine misty fog began to drift into the wilderness.

Soon, a gentle rain fell upon the water.

The moose, trampling over downed timber to get to the lake, was the only noise. I watched him in the distance searching for his evening supper.

I realized then that money can't buy happiness and some things you just can't purchase anyway.

In his own way, the man who had crossed my path had found his reason to live — the God-given ability to create our own destiny.



stroke, 28th, 59.34; and 50-yard freestyle, 32nd, 43.49.

Boys 11-12:

- Nolan Henningson, 100-yard freestyle, eighth, 1:24.01; 50-yard backstroke, fifth, 46.01; 50-yard butterfly stroke, third, 40.4; 50-yard breaststroke, third, 46.12; and 100-yard individual medley, sixth, 1:32.85.
- John Risewick, 100-yard individual medley, 11th, 1:55.52; 100-yard freestyle, 13th, 1:38.78; 50-yard freestyle, 13th, 41.14; 50-yard backstroke, ninth, 51.94; and 50-yard breaststroke, 12th, 52.22.

- The girls 8 and under 100-yard freestyle team of J. Blau, Long, D. Rouse and K. Blau, third, 2:06.
- The mixed 8 and under 100-yard freestyle team of McDonald, Risewick, Soderlund and McDonald, second, 1:47.41.
- The mixed 9-10 100-yard freestyle team of Blau, Castle, May and Shields, first, 1:12.53.
- The girls 11-12 200-yard freestyle team of Soderlund, May, Shields and Rouse, first, 2:15.38.
- The mixed 11-12 200-yard freestyle team of Hackney, Henningson, Nedland and Risewick, second, 2:38.31.
- The girls 8 and under 100-yard medley team of K. Blau, McDonald, J. Blau and Soderlund, third, 2:20.65.
- The mixed 8 and under 100-yard medley team of Long, Risewick, McDonald and Rouse, second, 2:13.08.
- The mixed 9-10 100-yard medley team of Castle, May, Blau and Shields, first, 1:28.31.
- The girls 11-12 200-yard medley team of Hackney, Nedland, Rouse and Urban, fourth, 2:51.68.
- The mixed 11-12 200-yard medley team of Henningson, Shields, May and Risewick, second, 2:54.46.
- "These swimmers did well this season," said Coach Stephanie Blau. "I am very proud of all the swimmers and they worked very hard this season.
- "Our swim club would like to say a final farewell to Heather Glodt, who finished up her season with us and will be moving on next summer. Our swim club wishes her well in her swim career."

- Cassidy Shields, 50-yard backstroke, 13th, 43.87; 100-yard individual medley, 10th, 1:32.03; 50-yard butterfly stroke, seventh, 41.78; 100-yard freestyle, 10th, 1:19.86; 50-yard breaststroke, seventh, 44.
- Jamie Soderlund, 100-yard individual medley, second, 1:21.40; 100-yard freestyle, first, 1:08.37 (pool record); 50-yard freestyle, second, 30.02; 50-yard backstroke, third, 38.27; and 50-yard butterfly stroke, 12th, 44.53.
- Brittany Urban, 50-yard breaststroke, 29th, 56.08; 50-yard back-

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42.31; and 100-yard breaststroke, sixth, 1:44.62.

- Tyler Shields, 100-yard butterfly stroke, first, 1:52.87; 400-yard freestyle, third, 7:11.33; 200-yard freestyle, fifth, 3:27.9; 200-yard individual medley, third, 3:42