



Home Time

By Tranda Watts Multi-county Extension Agent

With the New Year upon us, it's time to make those dreaded resolutions to change some aspect of your life. One suggestion is to have a healthier diet but still use convenience foods...

duce fat when making a hamburger casserole from a box mix. • Instead of a sweet, sugary dessert have a cup of fresh fruit.

Mount Pleasant News By Dianne Bremer

Hannah May played on the Oberlin 6th grade girls basketball team that placed 4th in the basketball tournament Saturday in Maywood, Neb.

convenience foods healthier, please contact me. I will publish them in a future news release. Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties.

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The Oberlin Herald 170 S. Penn — Oberlin, Kan. 785-475-2206

The holidays were busy and happy days for Virgil and Joyce Price. Keith and Linda Jurey, Albuquerque, arrived on Dec. 22 to spend Christmas with them before continuing to Kennard, Neb., to have Christmas with their family.

in the Norcatu City Office to see if you recognize any of the names Audrey Pavlicek donated grade school pictures to the Norcatu Museum.

an order; limit 10 pizzas per order, payment by donation. Proceeds will be used to update fire fighting and safety equipment. Mary Lesle celebrated Christmas and New Year's Day at the homes of her nieces and nephews in Jefferson and Madrid, Iowa.

Kenneth and Pansy Price of Norton were afternoon visitors of Virgil and Joyce Price. On Jan. 4, Randy Allen and Sherri Regal spent the evening together, playing a board game.

Happy birthday to Clent Hatfield, who celebrated on Jan. 10. Mr. and Mrs. Chris Clausen, Olathe; Cale Claussen, Lawrence; Don Claussen, Oberlin; and Beth Johnson, Norcatu, were dinner guests of Cathy Claussen in Oberlin on Saturday, Dec. 29.

R.D. Thornton was in the hospital recently in Oberlin. Shawna and Johnny Crum, Shawnda and James arrived from Dover, Okla., on Dec. 22, after driving through a ground blizzard at Hays.

Beth Sebaugh spent Christmas Eve and Christmas Day at the home of Tom and Telia Gilcrest in Leawood. Granddaughter Jeslyn was home from Kansas University.

Christmas visitors at the Stan Miller farm were Mr. and Mrs. John Rule, Clayton; Mr. and Mrs. Curt DeDonder and Sophia, Topeka; Mr. and Mrs. Casey Tuttle, El Dorado; Mr. and Mrs. Rocky DeLano, Wichita; Mr. and Mrs. Chad Applebury, Eli and Karyssa, Colby; Casey Morris, Lubbock, Texas; Mr. and Mrs. Gary Miller, Oberlin; and Mr. and Mrs. Doug Dempewolf, Norcatu.

Frank Ward has been hospitalized in Oberlin with pneumonia. Lora Linn Leichliter was admitted to the Decatur County hospital on Jan. 3, and hoped to be released to Cedar Living Center soon.

Nadine Barker wrote to say her mother, Lola Grill, can no longer read the Norcatu News by herself, but Nadine reads it to her.

Senior Citizens met Dec. 21 at the Educational Building for cards. Twelve players were present. Winners were Claudia Bridges, Eleanor Jensen and Kathy Van Meter.

Three Wise Men and their Journey by Pastor Carrie Buhler, Jennings and Dresden United Methodist churches

During this season of Epiphany it is the tradition of Christian churches in the West to focus on the Three Wise Men who laid gifts at the infant child Jesus' feet.

Then they heard the screams as the soldiers came down the street, killing all of the children under the age of two. Artaban saved the woman and her infant by bribing the captain of the soldiers with his ruby.

Bob Schick reports that his wife, Nadine, had cancer surgery in November, then radiation, and is doing very well now. Their daughter and husband, Carla and Steve Hawks of Almena, were there about two weeks to help out.

Bob and Leona Schoenradt are home after he had a pacemaker put in. Terri James was airlifted to Wesley Hospital in Wichita on Dec. 30.

But that is not the tradition of Christian churches in the Eastern countries. Their tradition is to focus on the journey of the magi, not the climactic ending. They focus on giving and receiving, hospitality, and living as "children of the light."

He spent the next 33 years looking for the Christ child. Although he was rich he always chose to dwell amidst the poor and forgotten, feeding and clothing and comforting those in need.

Vene and Phyllis Leichliter write that they really appreciate the efforts of all who make the Norcatu News happen.

PIZZA FUNDRAISER The Norcatu Rural Fire Department will hold their seventh annual Pizza Fundraiser on Sunday, Jan. 27.

Have you ever heard the story of "The Other Wise Man" by Henry Van Dyke? Let me quickly retell it to you, in a rather Cliff Notes type of way.

He finally returned to Bethlehem to die, an old man. He was caught up in the turmoil and found out that there was to be an execution on Golgotha of the King of the Jews.

Jodi Lyon and Carl drove to Wichita on Sunday, Dec. 23, accompanied by Bee Nelson to spend Christmas with their children.

Bob and Leona Schoenradt are home after he had a pacemaker put in.

There was a fourth magi who also saw the star of Bethlehem and was inspired to join his friends, Caspar, Balthazar, and Melchior to journey to pay homage to this new king.

Artaban died, his journey ended and his treasures were accepted. The Other Wise Man had found the King.

Al and Mary Sedlmayer spent Christmas in Arizona for the second year. They even took the dog and the bird; what an adventure!

Terri James was airlifted to Wesley Hospital in Wichita on Dec. 30. She has made a great turnaround and hoped to be home on Jan. 8.

His friends had already begun their trip and Artaban—that was his name—had to travel quickly to make the appointed meeting time and place.

Each one of us is on a journey to see the King, and we carry with us priceless gifts to lay at His feet. How we use them in our travels is our choice.

Ron Temple is recuperating from surgery which he underwent four months ago and is grateful for all of his family and friends who helped him during his recuperation.

Aaron Helm enjoyed his Christmas break from the U.S. Military Academy. He arrived home on Dec. 22, and returned on Jan. 7.

Artaban hurried his steed through the night to make up time, but he missed his companions. He sold his sapphire to buy supplies and a camel to cross the desert and continue on his journey.

Will we use them to benefit mankind, or ourselves? At the end of our journey will our gifts be accepted by Him, or rejected? Will we see the face of our King?

Harold Clark of Greensburg will celebrate his 90th birthday today (Wednesday). He and his son, Jon, survived the Greensburg tornado and are now living in a FEMA trailer park.

On Jan. 18, Chris Dempewolf will end her service as Norcatu city clerk, which she had been doing for 12 years and 8 months.

Finally, after an exhausting trip, Artaban reached Bethlehem only to find that Mary and Joseph had already traveled to Egypt. He found this out speaking to the woman holding her infant son who was living in their old house.

Amen.

Norcatu Postmaster Deb Combs was at the airport in Lincoln, Neb., the first weekend of January to see her daughter off for her second deployment to Iraq.

Dave and Patty Stapp took Kaitlyn Stapp to Hastings on Dec. 31 for a tonsillectomy at the Surgery Center. She is recuperating satisfactorily.

Schedule of Oberlin and area church services: OBERLIN SACRED HEART CATHOLIC CHURCH, OBERLIN COMMUNITY FELLOWSHIP, NORCATU UNITED METHODIST, FAITH LUTHERAN CHURCH, IMMACULATE CONCEPTION CATHOLIC, LEOVILLE, OBERLIN UNITED METHODIST, LYLE UNITED METHODIST, SACRED HEART CATHOLIC, SELDEN, EVANGELICAL COVENANT CHURCH OF OBERLIN, OBERLIN SEVENTH-DAY ADVENTIST CHURCH, CLAYTON UNITED METHODIST, OBERLIN ASSEMBLY OF GOD, LUND COVENANT CHURCH, JENNINGS-DRESDEN UNITED METHODIST CHURCH, PRAIRIE CHAPEL UNITED METHODIST, HERNDON IMMANUEL UNITED CHURCH OF CHRIST, UNITED CHURCH OF OBERLIN, HERNDON COVENANT CHURCH.

Jennings News By Louise Cressler

United Methodist Women's meeting was attended by Kay Brown, Ruth Chance, Rachel Carter and Helen Rhodes. Kay gave the program, "Call to Prayer and Self-denial."

5 to 7:30 p.m. on Saturday, Feb. 2, at the Sunflower Senior Center. Donations of baked goods for the food sale are welcome.

A small group attended Sunflower Senior dinner on Tuesday, Jan. 8. Ramona and Stan Shaw, Agnes Wahlmeier, Mary Votapka, Sue Long and Louise Cressler enjoyed a delicious dinner.

Housing Authority Board will meet at 7 p.m. Thursday evening. Water meters will be read on Jan. 26.

A community benefit hog roast for Mike Tacha will be held from

Selden News By Jacque Boultinhouse

Bart Karls is in the hospital in Hays. He fell and broke his leg which required a metal rod and screws to be put in.

On Jan. 10 at Senior Citizens, Lola Cook won high, Carol Shaw took second, Jeanie Spreser got low and Lola also had the most queens.

Birthdays and anniversaries: Jan. 18 - Joe Kennedy; Jan. 19 - Anogene Rogers, Myrtle Shaw, Ricky Bullock; Jan. 20 - Jessica Shaw; Jan. 22 - Shirley Emigh; Jan. 23 - Frank Neff, Shawn Boultinhouse, Mathew Geisinger.

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