Norcatur News

By the Norcatur News Committee

Lynn Streit of Larned came recently to help move her dad, R.D. Thornton, to the Good Samaritan Center in Oberlin.

Doug and Chris Dempewolf attended the confirmation of Andrew Dempewolf in Leoville last Sunday. Becky and Jacob Helm were also confirmed.

The Chatty Hatters of the Red Hat Society celebrated Women's History Month on March 9 at the Prairie Museum at Colby. Pansy Price of Norton and Darlene Artis of Leoville and daughter-in-law, Jeane Daniels, were welcomed as new members.

A Royal Neighbors soup and pie matching funds benefit supper will be held from 5 to 7 p.m. at the Norcatur School kitchen on Saturday. The chapter will provide soup and pie and those attending are asked to bring side dishes. All money raised will be used to help repair the roof of the schoolhouse.

the Cardinal Bar and Grill on March 5 were Stan Miller, first; Dave son. Stapp, second; Carl Lyon, third, and Larry Lively, fourth.

to the families of Harlan Geihsler,

Thelma Spiers and Eva Cuthbert-

sleep in Jesus. 1 Thess. 4:13.

that we share in that resurrection

"Routines sustain us and celebra-

tions refresh us," a quote from Del

Paulson, a dear pastor friend. When

planning the calendar of activities,

Our routine activities include

devotions, folding fellowship,

exercise, songs of worship, Bible

study, art class, Sunday worship

services, Bingo, Catholic services,

current events, coffee times and

Social Hour. These activities are

The residents know which ones

they enjoy and look forward to at-

tending on a regular basis. It gives

The splash of celebration gives

variety and anticipation. This week

we included First Hand Friends.

scheduled every week.

them a sense of stability

this quote often gives direction.

when we place our faith in Jesus.

son

The Royal Neighbors treated the senior citizens to a soup and pie dinner on March 7. There were 39 served for lunch with 25 staying to play pitch. Winners were Virgil Price, LaVerne Milner and Bee Nelson. Door prizes were won by Marguerite Clark, Juanita Eckhart, Virgil Price, Estella Harold, Beth Johnson, Bee Nelson, LaVerne Milner, Joyce Price and Wava Reames. Oran Milner drew the Royal Neighbor prize. The next meeting will be Friday.

Jim and Carolyn Plotts attended funeral services for Evelyn Santee, mother of their sister-in-law, Linda Kelley, in Parsons last Saturday.

Goldie Brewer is recuperating satisfactorily after undergoing cataract surgery.

Dorothy Ward, Mary Leslie and Lula Hix accompanied Bee Nelson to McCook on March 4, where she had a doctor's appointment.

Bob and Jo Milner of Paonia, Winners of the pool tournament at Colo., visited their cousins, Oran and LaVerne Milner and Bee Nel-

Lora Arnold was a dinner guest of Ruth Gill and Dennis Leichliter

are using a lot more technology and

it is met with much enthusiasm.

at the Cardinal Bar and Grill last Sunday.

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There will be a noon buffet from 11 a.m. to 3 p.m. on Easter Sunday at the Cardinal Bar and Grill.

Katherine Severns received word of the death of her brother, Pete Hoppas at the Hospice Hospital in Lakewood, Colo. Mail will reach Dale and Katherine Severns at 213 Horace Greeley Ave., Apt. 116, Norton, Kan., 67654.

Pool winners on Wednesday night at the Cardinal Bar and Grill were Stan Miller, first; Dave Stapp, second, and Carl Lyon, third. Dart winners were Rusty Montgomery, first; Patty Stapp, second, and Carl Lyon, third. Cricket winners were Rusty Montgomery and Scott Hartzog.

Patty Stapp, Norcatur; Bob Dempewolf, Oberlin, and Dave and Linda Schliep, Spencer and Addison, McCook, attended the confirmation of Andrew Dempewolf at the Immaculate Conception Catholic Church in Leoville last Sunday.

A total of \$801 was received at the benefit pancake, sausage and egg supper for the Norcatur United Methodist Church with 110 regis-

tered at the educational building. Megan Wentz, an eighth grade at Decatur Community Junior High, participated in the Great Bend Tribune's Sunflower Spelling Bee at Barton Community College on March 8.

She finished 12th out of 70 spellers. Her parents, Darren and Lois Wentz, Rebecca and Amy attended. They were joined by Katrina Wentz, who is attending college at Barton. Those from Norton who participated were R.J. Ellsin, son of Brock and Kim Ellis.

Freeze food now; eat later

Frozen dinners can be a convenient alternative to a homemade meal on busy days when there isn't time to cook from scratch. But processed frozen dinners from the grocery store can be expensive and are usually high in fat and sodium.

Is there a better alternative? Yes. Prepare homemade frozen dinners

Isn't this difficult? No way! All you need is a freezer.

When you are preparing a main dish, it takes only a little more effort and time to make enough for several meals. You can either freeze all of the prepared food in meal size packages, or you can serve part of the food immediately and freeze the rest for later use. Read on to learn more helpful tips to make homemade frozen meals work at vour home.

Hints for freezing meals:

 Select only fresh, high quality ingredients. Freezing, thawing and reheating will somewhat decrease product quality.

Some foods don't freeze well. These include: mayonnaise, cream puddings and fillings, custard, gelatin, cheese, the whites of hard cooked eggs, uncooked egg yolks, unbaked biscuits, and fruits and vegetables with a high water content, such as lettuce, watermelon, citrus fruit and cucumbers.

• Sightly undercook foods you are going to freeze. They will finish cooking when reheated later.

• Cool foods quickly and freeze them promptly. Place shallow containers of food in a larger pan filled with ice or ice water. Stir often to help cool the food faster.

• Use containers with wide top openings. Food can then be re-



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moved without thawing.

• Pack food compactly into the freezer container to reduce the amount of air in the package. Allow room in the package for the food to expand as it freezes.

Label all packages with the food's name, date and baking instructions, if any.

• Avoid overloading your freezer. Foods should be firmly frozen within 24 hours. Most freezers can freeze two to three pounds of food per cubic foot of capacity.

• Keep a list of foods you freeze

and plan to eat them within one or two months.

If you have food or nutrition related questions, contact your local K-State Research and Extension Office.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@ oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

MENTAL HEALTH PROFESSIONAL

Correct Care Solutions, a leader in providing health care services to correctional facilities nationwide, is seeking a full time Mental Health Professional at the Norton Correctional Facility. Must have Masters

in Psychology or Social work and BSRB certification.

Competitive pay and great benefits! Must For immediate consideration, please email resume to hr@correctcaresolutions.com or fax to (785) 234-2549. Please Reference Code: OBH08.

EEOE.

Anita Hirsch is our leader in this Death is part of life here at the endeavor, which we greatly ap-Good Sam but as the Bible tells us preciate. we need not sorrow as those who STARS Committee hosted a St. have no hope. For if we believe that Patrick's Day Social Hour com-Jesus died and rose again, even so plete with homemade treats for God will bring with Him those who everyone. The Wellness Walk is new this month and has encouraged

Good Samaritan News

Our heartfelt sympathy goes out is Right" was played via DVD. We

As our attention is focused on residents to walk more and when Holy Week and the anticipation of they pair up with friends it double celebrating Christ's resurrection, it the fun Opal Bryan, Dorothy Pryor, Dobrings us great comfort in knowing

ris Marintzer and Emma Sanford attended the high school play Friday evening.

Join us at 7 p.m. Friday for our Good Friday service. Wishing you Easter Blessings!

Visitors included: Galen and Lynn Olson, McKinney, Texas, for Edla Olson; Cheri Kastens, Herndon, for Pooch Portschy; Mr. and Mrs. Don Thornton, Texas, Shelby Thornton, WaKeeney, and Marian Thornton for R.D. Thornton; Reva Marshall, Penny Fringer, Ron and Dixie Snyder for **Dorothy Hunt**;

Gerald and Charlene Karnes, Salina, for Hazel Flaska; Brian, Pam, Breck and Nathan Simonsson, Marvin and Sharon Slabaugh, Braylon, Colton and Taylor Simonsson, Wamego, for **Opal Bryan**;

Daisy Rhein for Jeanette Con-

Good news is just around the corner By Doug Hasty, Oberlin and Prairie Chapel United Methodist churches

Do you ever take a look around and then come to overdose of drugs, an elderly widow being swindled the conclusion that this world is in a mess?

I mean look at the political scene. People are asking what are the big issues? The war in Iraq? All the defaults on the high priced mortgages? How about immigration? National health issues and insurance? Foreign policy? More jobs and job security? Or how about moral standards? You can talk about coal verses wind energy. Or you can talk about the deplorable conditions in the Sudan, Dafar or Ethiopia?

Our world is in a mess, good thing that Easter is coming.

It's always good to hear some good news. For me Easter is the solution for our problems. Perhaps I need to explain that.

Our world does have big problems and it is messed ing something God loved the world so much that He whole earth sent His only Son to die in your place and to die as a and the pain and suffering in our world. I believe that God weeps more deeply than we do over the lives that are ruined by gang shootings, rape and murder, an

7 p.m.

7:30 p.m.

7 p.m.

ship Service, 11 a.m.

out of her life savings, and I could go on and on.

God will choose to act one day and all the evil will stop. In the mean time God has given us a free choice. That free choice means that some times we will choose evil and some times we will choose good.

The choice is ours because God wants us to choose to love Him. God sent us Jesus to demonstrate the depth and faithfulness of God's unconditional love. While we were still hostile towards God and living in rebellion, Jesus died for us. The good news is that Jesus conquered sin and death by rising to new life. The power of the resurrection on Easter morning tells us that there is a better day coming!

One day, and it might be coming soon, the headlines will be about no more sadness, no one dying, no one up, and someone might say, "Why doesn't God do is sick, and everyone will see the Son of God, because something about it?" I would answer that God is do- the power of God's love and grace has come upon the



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The sweet encounter of these young readers brings great joy. When they leave, the place is all smiles and chatter about the progress the kids are making in their reading abilities.

Kick ball will undoubtedly move from celebration to routine because of its growing popularity. The value of this game is anyone can play.

In art class this week cross bookmarks were made from plastic canvas and silk ribbons.

A favorite game show, "The Price the residents.

way; Donna and Dick Kelley for Eva Bryan; Steve and Carol Sloan, Lawrence, for Amy Rehm; Betty Heisel for Ethel Nemeth;

Randy Olson, Connie Robison, Littleton, Colo., Kristy Ostmeyer, Ellis, Brent and Kerrie Olson, Hays, and Eunice Martin for Glenn Martin; and Girl Scouts Bethany Mason, Lindsey Eskew, Emily, Katie and Sarah Howland, Lilly and Ara Marine, Kaden and Corben Wessel/Waterman came to visit all

Midway News By Mary Lou Olson

Sympathy is extended to the are to meet at 9:30 a.m. to practice family of Fran Holle, 81, who died Thursday at Hays Medical Center. He was a longtime resident of the Achilles community. Survivors include his wife, Violet, Atwood; two sons, Larry Holle, Conifer, Colo., and Kevin and Mary Holle, rural Herndon; two grandsons; two great-grandsons, a brother, Lavern and Carolyn Holle, Agra, and other relatives. Funeral services were held Saturday morning at Redeemer Lutheran Church in Atwood with Pastor Don White officiating. Burial was at Fairview Cemetery.

Maundy Thursday services will begin at 7 p.m. at the Herndon Covenant Church. An Easter sunrise service will begin at 7:15 a.m. Sunday at the church followed by breakfast. Sunday School will begin at 8:45 a.m. with morning worship to follow at 10 a.m. The children

their Easter music to be presented during morning worship. Pastor Tom Smith will speak.

Pastor Keith and Sandy Reuther and family spent a few days skiing in the Colorado mountains during spring break.

Roger and Melinda Carlson returned home last week from Dublin, Ireland, where they visited Eric and Susan (Bell) Flavin, Belle and Una.

Ethan and Jordyn Beckman are spending spring break with their grandparents, Frank and Margaret McEvov.

Lila Thorson, Poulsbo, Wash., came to attend funeral services for her brother-in-law, Fran Holle.

Dick and Donna Kelley visited at the home of Sheldon and Brenda Kelley and girls last week.

Herndon News By Voni Sattler

Kirche Martin visited his grandmother Ann Martin on Friday afternoon.

Esther Pennington and Voni Sattler had lunch together on Thursday

Don and Joan Grafel were Saturday night supper guests of Steve, in Oberlin to watch Makenzie Children's Hospital in Denver.

perform. Good Friday services at United Church of Christ at Herndon will

be at 7 p.m. Easter Sunday services start at 9 a.m. Both services will be held at the Don Grafel home.

Get well wishes are extended to Tausha Escher, daughter of Jerome Susan and Makenzie Nelson then and Debbie Escher of McCook, who they attended the all-school, play was to undergo surgery Monday at

To me that's the good news of Easter, that's what substitute for me. God is deeply aware of the troubles Easter points to. I hope you will go and be with the body of Christ on Easter morning and celebrate God's love for you and me. Grace & Peace



OBERLIN SACRED HEART CATHOLIC CHURCH 785-475-3103 Fr. Henry Saw Lone. MASS: 10:30 a.m., Sunday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE Fr. Henry Saw Lone MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC. SELDEN Fr. Henry Saw Lone MASS: 5:30 p.m., Saturday

OBERLIN SEVENTH-DAY ADVENTIST CHURCH Mike Larson 120 South East. Oberlin SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m

JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS Carrie Buhler, pastor SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST The Rev. Doug Hasty SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m

UNITED CHURCH OF OBERLIN Pastor: Judi Stricker 109 North Griffith-American Baptist Disciples of Christ, Presbyterian USA SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP NORCATUR UNITED METHODIST (Southern Baptist) Pastor: Fred Dycus

OBERLIN UNITED METHODIST

102 North Cass - 785-475-3067

The Rev. Doug Hasty

SUNDAY: Church School, 9:30 a.m.:

Morning Worship, 10:45 a.m. (Nursery

provided.) WEDNESDAY: Choir practice,

CLAYTON UNITED METHODIST

Pastor: Ray Gilstrap

Almena

SUNDAY: Sunday School, 10 a.m.; Wor-

OBERLIN ASSEMBLY OF GOD

The Rev. Rovce Leitner

SUNDAY: Sunday School, 10 a.m.; Morn-

ing Worship, 11 a.m.: Evening Worship,

7 p.m. WEDNESDAY: Adult Bible study,

OBERLIN CHURCH OF CHRIST

South Beaver Street - Oberlin

Bill Duncan — Phone 785-475-3259

SUNDAY: Sunday School, 9:30 a.m.;

Worship Hour, 10:45 a.m. WEDNESDAY:

ST. MARY'S CATHOLIC, HERNDON

The Rev. Galen Long

Phone 785-322-5560

MASS: SUNDAY, 8 a.m

HERNDON COVENANT CHURCH

Keith Reuther, Pastor

Phone 785-322-5316

SUNDAY: Sunday School, 9:45 a.m.

Morning Worship, 11 a.m.

Youth Group, 4 p.m.

Ladies Home Bible Study, 9 a.m.

Almena SUNDAY: Sunday School, 9:30 a.m.; SUNDAY: Worship Service, 10 a.m.; Morning Worship, 10:30 a.m., AWANA Church School, 10:30 a.m. Club 4-6 p.m. WEDNESDAY: Service.

> LYLE UNITED METHODIST Carol Woodmaneee, Almena Lyle Lay Speaker SUNDAY: Morning Worship 8 a.m.

Pastor: Ray Gilstrap

EVANGELICAL COVENANT CHURCH OF OBERLIN The Rev. Heidi Wiebe 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH Pastor: Doug Mason 10 miles south, 4 miles west of Oberlin SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Pastor: Rev. Rick Langness Secretary: Norma Unger 785-475-2333

SATURDAY: Worship, 7 p.m.; SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 10:30 a.m.; Holy Communion: 1st and 3rd Sundays; KICK, 3:45-5:30 p.m. each Wednesday. Foundations Bible Class, Thursday, 7-9 p.m.



FAITH LUTHERAN CHURCH 404 North York Avenue **Oberlin**. Kansas **Rev. Charlotte Strecker-Baseler** Church Office Phone: 785-475-2053 SUNDAY: Worship, 9:30 a.m.: Fellowship and Educational Hour. 10:45 a.m. Holv Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

