Sports

Man learns to cook as Boy Scout

By JIM MERRIOTT

jtmerriott@nwkansas.com It was 50 years ago this summer that I attended the Boy Scout World Jamboree in Colorado Springs.

Scout units from around the world gathered on the United States Air Force Academy grounds. There troops from India, Eng-

land, Europe and Japan, as well as the United States, demonstrated their outdoor skills.

This is where I learned how to cook outdoors.

I learned to cook using just what is around you. • Cooking on hot rocks is fairly

simple. Build your fire over a bed of non-

porous rocks. Allow it to burn for a minimum of half an hour while preparing the food. Let the fire die down and brush away the embers. Cook directly on the rocks, placing either a pan or aluminum over the rocks. This method is ideal for fish, small game, fillets or frying eggs.

• Cooking using a mud wrap can

Season your fish or game and wrap tightly in aluminum foil. Completely cover the foil with wet clay or mud. The mud layer should be about one-inch thick on all sides. Place in a three pound coffee can with aluminum foil over the open

Then build your fire around the can. Just as cooking over rocks, make sure your fire has a good bed of coals. Cook fish for about an hour and small game — rabbit, pheasant, squirrel or duck — at least four hours.

• Steam pit cooking is great for all sorts of food.

What makes this method so effective is that it retains the juices and goodness of both the meat and vegetables. It is also harder to burn

about the same size.

will collapse into the pit.

the food.

The Jayhawker

By Jim Merriott

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or over cook your food. the pit with mats of ferns or strong Dig a pit large enough to hold grass. Seal the gaps with soil to keep

Build a fire over the pit interlaced Pour a small amount of water over with volcanic rock or sandstone. the grass to steam the food. Put warm coals over the wet

Stay away from flint as it can explode. Make sure all the rocks are grass. make sure all aluminum foils is sealed tightly.

When the fire burns through the Cook food for at least four hours. sticks that support the rocks, they Meat and potatoes steam well.

Over the years man has refined After the rocks fall into the pit. cooking methods used for thou-Cover them with fresh green grass. sands of years, but there is nothing Wrap your food in aluminum foil like the taste of food cooked over a and cover with more grass. Cover natural bed of coals.

Golf team places eighth at Colby

OBERLIN'S NATHAN SIMONSSON watches a long putt

roll towards the cup at a recent tournament. Simonsson was

the top golfer at the Thomas More-Prep tournament in Hays

The Decatur Community High golf team finished eighth in the Jordan Tally shooting 46-54 for Colby Invitational on Thursday.

last week.

Colby won the meet with 337 points followed by Hoxie, 358; Goodland, 360; Norton, 360; Rawlins County, 387; Colby junior varsity, 397; Oakley, 407; Oberlin, 408; and Brewster, 420.

the ball better," said Coach Dick Ahlberg. "We need to score better, and put some nine hole rounds together."

Junior Nathan Simonsson lead the Red Devil team with a 51-48 for 99 on the Colby Golf Course.

Hot on his heels was teammate

-Herald photo by Dick Ahlberg.

Chris Larson shot a 50-5 for 103, Jacob Larue, 55-51 for 106.

The remainder of the young inexperienced squad have played junior varsity.

The Red Devils were to play in "We actually are starting to hit Phillipsburg on Monday and on Friday at 3 p.m. in Atwood at the Northwest Kansas League meet.

Regionals will be at 8:30 a.m. Monday in Ellis.

The state tournament will be held Monday, May 21, at Buffalo Dunes in Garden City.

golf team came in at the back of the lipsburg, 350; Russell, 364; Trego/ pack last Monday at the Thomas More Invitational in Hays.

Jordan Tally and Nathan Simonsson each shot 107. Tally played 58-49-107 and Simonsson, 53-

Other Oberlin players were freshman Jacob Larue, 58-54-112; Chris 75-60-135.

The Hays High junior varsity won bit intimidated, and we did not have the tournament with a team score of our best day.

Golfers last at Hays The Decatur Community High 338 followed by Colby, 342; Phil-WaKeeney, 365; Goodland, 368; Hays C-team; Thomas More-Prep, 385; Norton, 396; Larned, 407;

Scott City, 416; Ellis, 437; and Oberlin, 443. "This is quite an experience to play such a fine golf course," said Coach Dick Ahlberg. "Smokey Larson, 56-61-117; and Josh Ritter, Hill Country Club is a championship course. "Our players were a

Do you remember these headlines?

T.S. Eliot wins Nobel Prize in literature.

recording session before joining army.

read about their accomplishments.

Coca-Cola Classic.

Walt Disney introduces the loveable mouse in the first sound cartoon, Steamboat Willie. "The Oscars" are inaugurated as part of Hollywood's drive to improve its less than respectable image.

Franklin Roosevelt founds March of Dimes. Orson Wells radio show scares the nation. Leigh cast as Scarlett. Veteran's Day made official when an act of congress made Armistice Day a national

Candid Camera debuts. Berlin Airlift begins. The game Scrabble is trademarked and James

Brunot and his wife convert an abandoned schoolhouse in Connecticut into a Scrabble factory.

Sugar Ray defeats Basilio for middleweight title, July 29, 1958 NASA created, Ford Motor Com-

Hank Aaron hits 500th homer. Rowan and Martin's Laugh-In premieres. "Hey Jude" breaks records. Unemployment hits a new low... December 11, 1968, the Labor Department announced

Take This Job" hits #1. First Susan B. Anthony dollar is minted. On December 13, 1978 the

United States mint started production on the Susan B. Anthony dollar. Nancy Lopez wins her first

Lights go on at Wrigley. August 08, 1988, the Chicago Cubs host the first night game in the his-

tory of Wrigley Field. Three U.S. presidents close chapters on the Cold War. American woman

Dale Earnhardt wins first Daytona 500. Merger mania hits Wall Street. May 28, 1998, merger

A big welcome and congratulations to the newest Alumni class. Get a copy of the Graduation 2008 Special (included in The Oberlin Herald May 14, 2008 edition) to see individual photos and

Welcome Alumni

The Oberlin Herald introduces a new special edition to honor 10 year anniversary

classes. Each year high school alumni come from all over to visit their hometown,

fellow graduates, friends and family and attend their reunion celebration. This year we would like to honor these special classes of graduates. Call Dave Bergling today to

advertise in this special edition. Advertisement deadline is May 13, 2008.

mania swept through the financial services industry on this busy day in 1998. John Glenn returns

climbs Everest. September 28, 1988, American Stacy Allison successfully scaled Everest.

that the nation's unemployment rate had dwindled to 3.3%, the lowest mark in 15 years.

pany decided on the name "Edsel" for a new model in development. February 1, 1958: Elvis's last

Dorothy Eustis presents Morris Frank with the first seeing-eye dog trained in America.

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on a fall deer or elk hunt.

After 50 years of cooking outdoors, I think I've got it figured

1. If you sit a pan directly on the hot coals, your food will most

2. If you hang your cooking pot or pan too far above the hot coals,

will become one frustrated cook.

far away? That depends on what you're

One secret is keeping the coals

replenished from time to time while

Internet tonight. 475-2206

Camping, cooking and burning food By sure you purchase top quality

By JIM MERRIOTT

Have you ever cooked over an

open fire on a camping trip and wondered why you burned your food? Watching movies of cowboys

cooking over a camp fire, it seems pretty cool. However, it's a lot harder than it looks, especially if you are freezing in the mountains

your food will not cook.

3. If you try to cook over an open flame instead of a bed of coals, you So just what is too close or too

cooking.

Find a comfortable spot to cook where the pot handle is not over the ence. hot coals.

If you are using a square or rectangle grill over the fire pit, try and cook on one side of the fire over hot coals while keeping the flame on the other side and feed the flames.

If you can purchase three or four legged trivet (tripod-type stand) sometimes called spyders, cook so your pan has a resting place. Spyders come in different sizes

with taller ones for keeping the food warm after it is cooked.

If you can find a trammel, or a hanging iron arm, it makes it possible to hang your pan over the fire.

And there isn't a cowboy movie out there that doesn't have a metal spit roasting game over the open

Finally, one of the easiest ways to cook is using a cast iron Dutch-Oven placed in the hot coals to make stews, pies, and the like.

utensils. They do make a differ-Finally remember that the slower That's my motto.

you cook over a hot bed of coals, the less it will burn, use the old KISS method....just keep it simple stupid.

Oberlin Gun Club holding shoot Monday

By JIM MERRIOTT

jtmerriott@nwkansas.com The Oberlin Gun Club Trap League will hold its May shoot at 7

p.m. Monday at the Gun Club east of town on U.S. 36. The gates will open at 6:30 p.m. for practice rounds.

Two-person teams will be selected by drawing. Entry fees are \$11 for each shoot.

Participants will shoot at 25 targets from 16 yards and 25 handicap

Handicap shooting is determined man at 475-3042.

by the 16-yard score and will be no closer than 20 yards. The shoot will be run by Amateur

Trap Association rules, and the league plans to hold them the second Monday of each month throughout the summer with the final shoot and free barbecue on September 8.

There also will be Sunday shoots at 12:30 p.m. each third Sunday of the month starting on May 18 and continuing throughout the year.

Membership is open to the public. For information call Gary Brugge-

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Ride & Drive......All Day Dart Throw.....All Day

Straw Jump......All Day

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