

Norcatatur News

By the Norcatatur News Committee

Seventeen Senior Citizens met Aug. 29, for a potluck dinner and cards. Winners were Veda Wood, Kathy VanMeter, and Eleanor Jensen.

Bee Nelson enjoyed the Ward family reunion on Aug. 31 at the home of Ken and Julie Carter near Jennings. Julie's parents, Max and Norma Ward, joined in the celebration with their July and September birthdays and anniversary.

Happy birthday to Joyce Price, Alice Shirley, Sept. 7; Retta Hare, Sept. 8; Lula Hix, Louis Anderson, Dennis Leichter, Wayne McCallister, Sept. 9.

J. Bishop, Houston, Texas, was a visitor at the Oran and LaVerne Milner home on Aug. 30.

Marge Prince returned to her home in Liberty, Mo., last week after spending 10 days visiting her mother, Arlene Hix, and her brother Gail Bailey and family. Arlene and Marge also visited her Uncle Veryl and Vi Van Der Wege, Aunts Lula Hix and Betty Reid in Norton.

Guests of Dewaine Stapp and Dave and Patty, Kaitlyn and Sam from Aug. 11-17 were Randy Stapp, Mount Vernon, Ind.; and Matt and Kimberly Tetrick, Omaha. Dewaine, Randy, Matt and Kaitlyn golfed in the hospital benefit golf tourney in Oberlin. Kortney and Jerrod Poire were planning on golfing in the tourney also, until Jerrod had an emergency appendectomy on Aug. 13.

Dave and Patty Stapp, Sam and Kaitlyn went to Emporia and visited Jerrod and Kortney Poire over La-

bor Day weekend. Dan and Debbie Poire were also guests. The group went fishing on Saturday.

Larry and Terri James have been enjoying grandparenthood the last two weeks. Lindsey, 14 months, and Raelynn James, 2, have occupied their household. Lindsey started walking on her tippy-toes while there. Larry and Terri have noticed that the house is quiet now and their dog, Scooby, is sleeping for a change.

Doug and Chris Dempewolf attended the wedding of Damon and Marcie (Bushey) Kelley, Jim and Bonnie Bushey's daughter, in Arvada, Colo., on Friday evening.

Sharee Dempewolf had orthoscopic knee surgery last Wednesday. She is at home recuperating.

Saturday afternoon visitors at the Dempewolf home were Dickie Beachel and Dylan Budig. Dylan was spending the day with Grandpa Dickie.

Labor Day weekend guests at the Rea Magers home in Norcatatur included grandson, Zach Pomeroy and wife Brenda, and great-granddaughter, Ryan, 1 1/2. Bob and Cheri Pomeroy arrived later. On Sunday, Jeff Magers and Joy came from Cedar Bluffs, and Margaret "Toots" Magers came from Lyle. Jeff and Joy brought tons of garden stuff. On Sunday night, Zach and his family returned to Lakewood, Colo. On Monday, the guys went dove hunting in the wind, and did pretty good. Cheri and Dee picked plums, transplanted a tree, pulled weeds and played scrabble.

The City of Norcatatur sends thanks to Jeff Roe, Carl Lyon, Jerry Hill and Doug Dempewolf for the work that they did on the ditches that needed trees removed. Also, thanks to Stan Miller for the use of his Payloader.

ECKHART REUNION

Four campers, four tents, one air mattress and one hotel room were needed, in addition to Denny Leichter's house, for the 28th annual Eckhart reunion. A total of 36 enjoyed the visiting and food from Aug. 29 to Sept. 1.

Fun included boating and bowling, plus a children's big water toy. Many birthdays and anniversaries, including Vene and Phyllis Leichter's 59th, were celebrated with homemade ice cream on Sunday evening. Joining them Sunday evening were Lora Arnold, Susan Volek, John Ray Arnold, and Bill LaSalle. Stan and Carol Miller helped take pictures.

Attending from Nebraska were Donna Eckhart and Craig Eckhart, Kevin and Judi Eckhart, Holly, Hannah, Nathan and Bryan, Fremont; Cheri and Ron Porter, Katy and Jessy Schriber. From Colorado were Vene and Phyllis Leichter, Denver; Steve and Debbie Obrecht, Pueblo; Kyle and Kathleen Obrecht, Maverick and Mercy, Lakewood; Terry and Darcy Robbins, Parker; Brooke Tamez and Jonis, Aurora; and Jake and Kathryn Leichter, James and Nathan, Colorado Springs. Those attending from Kansas were Sharon Anderson, Trish, Lela and Gary Brooks, Norton; Robert and Karen Resser, Manhattan, and the hosts, Denny and Ruth Leichter, Clayton.

Weekend guests of Dorothy Ward were Mark and Debby Ward of Hugo, Colo.

On Aug. 30, Pansy Price visited the Hansen Museum at Logan, to see the display of beads and purses. It proved to be interesting and will be on exhibition through September.

Drum circles are good for you

Drum circles have been around since ancient times and still exist all over the world today. But did you know they're good for you? Recent research on rhythm therapy shows that it enhances short-term memory, mind-body coordination and can even help remedy impaired speech patterns, a common result of problems associated with aging, accidents and disease.

At "Full Circle...an Aging Expo," which is set for Friday, Sept. 26, at the Educational Service Center in Oakley, a board certified music therapist will present "Drumming for Health and Wellness." JoAnn Jordan, who works with the Sterling House of Hays, an assisted living center, will bring her traveling drums and offer conference participants hands-on experience with this unique, enjoyable and beneficial activity. She says that her drumming sessions always produce "lots of laughter," which she says is also beneficial as well as fun.

"Full Circle... an Aging Expo" runs from 9:30 a.m. to 4 p.m., and will explore some of the latest news and ideas on aging, lifestyle, health, and making important life decisions.

The cost for advance registration is \$25 per person or \$40 for two family members, and the fee includes lunch, snacks and drinks, and all session handouts. Registration at the door will be \$35, and organizers cannot guarantee a meal for those registering the day of the conference.

Among the other conference sessions is one on animal-assisted therapy featuring Deb Sellers and her trained dog "Jeb." She will help participants understand the nature of the human-animal bond, and know more about the need for trained service dogs for the disabled. "Jeb," an 11-year-old Golden Labrador mix, will be on hand to interact with Expo participants. Sellers is an assistant professor and extension specialist in adult devel-



Home Time

By Tranda Watts
Multi-county Extension Agent

opment and aging, School of Family Studies and Human Services, K-State Research and Extension. She is also associated with Canine Companions for Independence.

Connie Hoch, an extension associate for the Kansas PRIDE Program, which assists communities in identifying what they would like to preserve, create or improve in the future, will be presenting a session on "Attitude and Aging." According to Connie, "You may not be as young as you feel, but research has found that a positive attitude and laughter may help and actually delay the aging process."

Conference sessions will cover a variety of other topics, including physical fitness, estate planning, funerals, bequeathing keepsakes, living wills and other advance directives, and other "surprise" topics to be announced. Dr. Jeffrey Burnett, a faculty member in the Department of Health and Human Performance at Fort Hays State University, is the keynote speaker. He will also

present a session titled "Sit and Be Fit," which looks at how to remain physically fit even if walking is not or cannot be your main focus for fitness and exercise.

Watch for more information on speakers and conference session details in this newspaper as the dates approach.

To register in advance, please contact Elizabeth Curry at the Northwest Area K-State Research and Extension Office in Colby, (785) 462-6281.

For more information contact your local K-State Research and Extension Office or e-mail twatts@oznet.ksu.edu. Brochures and registration forms are available.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

Jennings News

By Louise Cressler

Allan Carter, Overland Park, spent Labor Day weekend at the home of William and Rachel Carters. He did several projects for his parents and ran the tractor for his brother, Ken Carter.

United Methodist Women met Wednesday at the United Methodist Church. Roll Call was "What You Hate to Clean." Lila Jennings motioned to send \$150 to the Chapman United Methodist Church and Kathy Nauer motioned to buy new church sign, mounting hardware and post to put down on the side of the highway and both carried. We are invited to a brunch at 9:30 a.m. on Saturday, Sept. 13, at the Norton United Methodist Church.

United Methodist Women will be collecting items for Youthville. A box will be in the church foyer. A list will be put in the paper next week. All donations are appreciated. The Oct. 1 meeting will be a Bible study at 4 p.m., led by Vickie Bailey.

Stan and Ramona Shaw attended the wedding of their grandson, Elliott Gillespie and Tamara Bratt in Lawrence on Saturday. Additional family members attending were Chris Gillespie and Tom Neff, Downs; Aaron and Tara Gillespie, Hays; Kevin and Colleen Wagoner, Sharon Springs; Brandon Wagoner, Rosa Ward and Noah, Neosha, Mo.; Kyle and Lisa Bollers and Tyce, Lochbule, Colo.; Mark and Shelley Shaw, Ethan and Erin, rural Logan; Danny and Cindy Black, Logan and Bowen, Carlsbad, N.M.; Zach and Katie Golemboski, Colby; Jeff and Mary Wahlmeier, rural Clayton; Nick Wahlmeier, Hays; Kerri Ol-

son, Ellis; and Adam Wahlmeier, Norton. Gary and Jeannie Gawith, Oberlin also attended the wedding. En route home, Stan and Ramona visited Mary Anna Dinkel at Hays.

A community meeting will be held at 7:30 p.m. today (Wednesday) in the United Methodist Church. The pros and cons of 2008 Firemen's Fun Day will be discussed. Plans for the 2009 Fun Day with new ideas are welcome. Everyone is welcome to come help with this.

The Czech Museum held its meeting Thursday with Neoma Tacha presiding. Directors present were Mary Wahlmeier, Larry Mizer, Lawrence and Lila Jennings, Bob Tacha, and Dean Gawith. We had 130 visitors sign our register on Firemen's Fun Day. The grill raffle was won by Terri Hanke who turned it back at the auction for a benefit for the museum. We thank Tim Adrian, Galen Carper, and Larry Mizer for their display of Indian artifacts that day. Also thanks to Dalene Gawith, and Ramona and Stan Shaw for helping us that day.

The windmill was put up by Scott and Hickert. The guttering on the buildings will soon be up. We plan to enclose the church ramp and porch with lattice work. We will be conducting a tour of the museum for residents of the Good Samaritan Home on Tuesday, Sept. 30. Our next meeting will be at 2 p.m. on Thursday, Oct. 2.

Brian and Westley Jennings were Labor Day weekend guests of Lawrence and Lila Jennings. They attended the Jennings family reunion on Aug. 31 here.

Midway News

By Mary Lou Olson

Covenant Women Ministries will meet at 7 p.m. tonight at the Herndon Covenant Church. Care boxes will be packed for college students.

Jack and Mary Gutchewsky returned home Thursday from Gravette, Ark., where they attended funeral services on Wednesday for

his cousin, Ron Pollreis, who died Aug. 29.

Elma Lee Erickson was among relatives who were present at the Don Threlkel home on Sunday, Aug. 31, to help him celebrate his birthday. Alan and Pat Erickson of Colby visited on Labor Day at the home of Elma Lee Erickson.

Time Again to be Joyful

By Pastor Doug Mason, Lund Covenant Church

In last week's article I talked about how joy is actually a part of being a Christian. This week I want to look at that topic of joy some more. It does appear that many Christians lack joy. Christians can be, at times, some of the most somber, pessimistic people around. Why is that?

Well I can tell you that it's not part of God's plan. His word tells us time and time again to be joyful. Psalm 16:11 says, "You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand." But even Christians are only human. We are not free from life's struggles. After the battering that life can bring and after seeing evil prevail it's easy to get down and feel defeated. But you know what? I know the ending.

I read the end of the book and I'll share it with you. God wins. Isn't that great?

Even the great King David got down on occasion, but on just such one of those occasions he turned to God for help. In Psalm 51, starting with verse 10 David wrote, "Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me."

Restore the joy. If you are one of those defeated Christians, maybe it's time for a restoration project. Remember Romans 14:17, "For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit."

Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH

785-475-3103

Fr. Henry Saw Lone,

MASS: 5:30 p.m., Saturday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE

Fr. Henry Saw Lone

MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN

Fr. Henry Saw Lone

MASS: 10 a.m., Sunday

OBERLIN SEVENTH-DAY ADVENTIST CHURCH

Mike Larson

120 South East, Oberlin

SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.

JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS

Carrie Buhler, pastor

SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.

DRESDEN

SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL

UNITED METHODIST

The Rev. Doug Hasty

SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL

UNITED CHURCH OF CHRIST

Pastor: Dennis Brown

SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN

Pastor: Judi Stricker

109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA

SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Wor-

ship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women,

2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP

(Southern Baptist)

Pastor: Fred Dycus

SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.

OBERLIN UNITED METHODIST

102 North Cass — 785-475-3067

The Rev. Doug Hasty

SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.

CLAYTON UNITED METHODIST

Pastor: Larry Danforth

Almena

SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN ASSEMBLY OF GOD

The Rev. Royce Leitner

SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

OBERLIN CHURCH OF CHRIST

South Beaver Street - Oberlin

Bill Duncan — Phone 785-475-3259

SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON

The Rev. Galen Long

Phone 785-322-5560

MASS: SUNDAY, 8 a.m.

HERNDON COVENANT CHURCH

Keith Reuther, Pastor

Phone 785-322-5316

SUNDAY: Sunday School 9:45 a.m.; Morning Worship, 11 a.m.; Youth

Group, 4 p.m.

NORCATATUR UNITED METHODIST

Pastor: Larry Danforth

Almena

SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST

Guest Speakers

every Sunday

SUNDAY: Morning Worship 8 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN

Pastor Tom Smith

Interim Pastor

810 West Cedar, Oberlin

Office Phone 785-475-2769

SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday

School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH

Pastor: Doug Mason

10 miles south, 4 miles west of Oberlin

SUNDAY: Sunday School, 10 a.m.; Wor-

ship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH

510 North Wilson

Interim Pastor:

Kevin Schnakenberg

SUNDAY: Sunday School and Bible

class, 9:45 a.m.; Divine Worship Service, 11 a.m.; Holy Communion: 1st and 3rd

Sundays..



FAITH LUTHERAN CHURCH

404 North York Avenue

Oberlin, Kansas

Rev. Charlotte Strecker-Baseler

Church Office Phone: 785-475-2053

SUNDAY: Worship, 9:30 a.m.; Fellow-

ship and Educational Hour, 10:45 a.m.

Holy Communion first and third Sundays.

THURSDAY: Women's Bible Study second

Thursday at 9:30 a.m.

THE WORKING MAN'S CHURCH

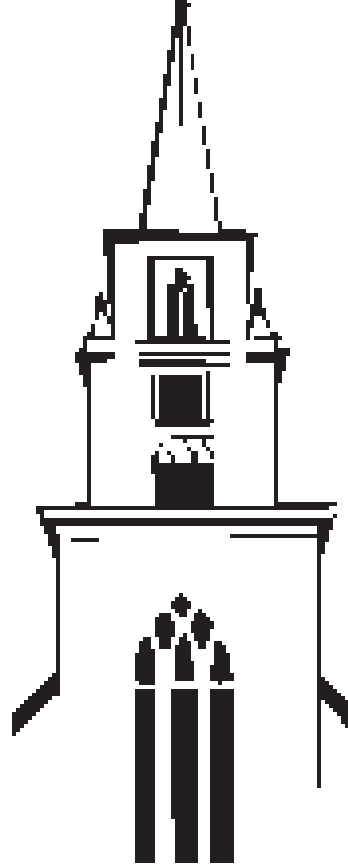
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