

# Storing produce for later use

As we approach fall, many gardens have been harvested and now must be stored for later use. Harvesting at the right time is important but storing produce properly is vital to keep that garden freshness.

To ensure high quality produce, select only the best fruits and vegetables for storage; discard the rest or use them quickly. Handle produce carefully since bruising can reduce storage life and break the "skin" of products, allowing diseases to start. Check produce in storage regularly and discard any items that have begun to deteriorate.

A refrigerator set at 35 to 50 degrees Fahrenheit provides cold storage for small quantities of fruits and vegetables. Vegetable or "crisper" drawers provide slightly warmer storage than the main part of the refrigerator. If moist storage is indicated, use plastic bags to hold in moisture. Some gardeners buy



## Home Time

By Tranda Watts  
Multi-county Extension Agent

old refrigerators for this purpose; automatic defrost models remove moisture, so manual defrost types are better.

When cool storage is indicated, a basement or cellar storage area is convenient. Provide a thermostatically controlled heat source where a danger of freezing temperatures exists. Many Kansas farmsteads have an outdoor cellar-shelter that is ideal for storing produce. Pits or buried containers can also be used.

If you have questions about the proper storage of your fall fruits

and vegetables, please feel free to contact your local K-State Research and Extension Office or you may e-mail Tranda Watts at [twatts@oznet.ksu.edu](mailto:twatts@oznet.ksu.edu).

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail [twatts@oznet.ksu.edu](mailto:twatts@oznet.ksu.edu). For more information, contact the county extension office, 475-8121.

## Lyle News

By Veda Wood

Thirty days hath September – and we are there. The summer just sped by.

June Jolly attended the Heritage Days in McCook. She went to the Senior Center; played pinocle, bingo and watched the square dancers.

June and Margaret "Toots" Magers quilted on the quilt they have in the frames on Tuesday. Joyce Sumner and Eleanor Jensen sewed on the other smaller ones. Joyce brought some baby quilts made by Jackie Porter.

Keith Anthony has been seeing doctors to determine the course of treatment he will have.

Visitors at the Wood home have

been Carol Moye, Tielia and Aubrey High, and Grant Slater. On Tuesday, Veda accompanied Aunt Alta May Van Gundy to a doctor's appointment, then had a little car work done. On Wednesday she, Bee Nelson and Carolyn Plotts represented Lyle, Norcatur and Norton at a 'tea' at the Coffee house in Norton. We had no tea, but some scrumptious chocolate, peanut butter, coffee, and received a nice gift.

Saturday was the day for our Lyle Community building potluck fundraiser. We always have a good time. We had a good crowd, lots of good food, wonderful entertainment, with the exception of a silly old woman that we will not mention, who tried

to jig to the good music.

Sandy McNames persuaded several of her fellow Sweet Adelines to come and give special music; Brooke Sumner played her clarinet; Jim Plotts sang; Dee Magers gave a reading; Eleanor Jensen gave us a good laugh with her horse; and the Prairie Dogs entertained. We will try to do it again next year, the Good Lord willing.

A big thank you to everyone who came and contributed.

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## Mount Pleasant News

By Dianne Bremer

Martin and Evelyn May and Jack Fortin visited Greg and Janice Cundiff in Denver on Friday. Greg is a patient at St. Joseph Hospital in Denver where he underwent successful quintuple heart bypass surgery on Wednesday. Quintin and Lindsay Cundiff, St. Louis, Mo., were there with Janice while Greg had surgery, arriving Tuesday evening and returning home Thursday afternoon.

Jay and Becky Tate, Dakota and Grace, helped Mollie Tate celebrate her sixth birthday Friday evening with dinner and cake at the home of her grandparents, John and Edith

Tate. Dee and Elna (Shaw) Fortin, Brighton, Colo., were Friday to Sunday guests of Ralph and Violet Shaw.

Lois Larson was honored with a birthday party Sunday noon at the home of Craig and Karen Larson. Also attending were Wayne Larson, Carl Larson, and Janene Holtz, Wilsonville, Neb.

Esther Ready, New York City, was a Friday supper guest of John and Dianne Bremer and Jessica. She returned home Monday after spending the weekend in Oberlin visiting her parents, John and Mu-

riel Ready.

During their collegiate fall break, Cameron Nedland visited his family, Rhonda May and Dan Nedland, Hunter and Elizabeth, from Friday to Monday, and Jessica Bremer visited her parents, John and Dianne Bremer, from Wednesday to Sunday. Additional Saturday supper guests at the Nedland home were Rebecca Helm and her roommate, Chelsey, and Jessica Bremer. Jessica returned to Washburn University Sunday afternoon, and Cameron returned to K-State on Monday.

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## Jennings News

By Louise Cressler

Alice Mizer visited several days with her daughter, Barbara Herl and family in Riley and her son, Don Foster and family in Pratt.

Stan and Ramona Shaw spent the weekend in Lockbuie, Colo., at the home of their granddaughter Lisa and Kyle Bollers and Tyce. While there, they celebrated Tyce's first birthday.

Stan and Ramona Shaw attended the wedding reception, supper and dance honoring Casey and Shannon Shaw in Hays last Saturday evening. Casey and Shannon were married in Las Vegas, Nev., on Aug. 8. Casey is a nephew of Stan.

Several United Methodist Women met Wednesday afternoon at the garage sale location in the Legion building. Several kitchen items were found to put in with the items being collected to send to Youthville.

From there, they went to the church to make plans for the Pheasant Hunter's supper, which is Saturday, Nov. 1. After a short business

meeting, a Bible study was led by Vickie Bailey. Others attending the Bible study were: Kay Brown, Helen Rhodes, Lila Jennings, Violet Foster, Larry Mizer, Patty Foster, Julie Carter and Louise Cressler.

Some of the ladies of the community gathered Friday morning at Bus and Coach Inc. (former school building) to bake Kolaches.

On Saturday morning, the Kolaches were taken to a booth at the Mini Sapa celebration to be sold. Many orders were filled on Friday. Approximately 75 dozen were baked and sold. Proceeds go to renovation of Masonic Hall.

Senior Potluck Supper will be held at 6 p.m. Tuesday, Oct. 14, at the Center.

Those playing cards Saturday evening at the Center were: Eleanor Morel, Agnes Wahlmeier, Alice Mizer, Carla Latimer and Louise Cressler.

William Carter and Doyle Brown have returned home from the hospital. Elwood Bailey is still in the

hospital.

### Non-surgical treatment of hemorrhoids.

John D. Ferris, MD will be at:  
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Burlington, CO

**Wednesday, Nov. 19 & Saturday, Nov. 22**

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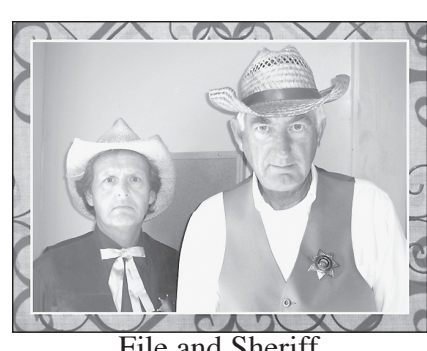


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## "The Rainmaker" production by SW NE Community Theater



File and Sheriff



Jimmy's Drum



Starbuck and Lizzie

At a time of paralyzing drought in the midwest, you will discover a girl whose father and two brothers are worried as much about her becoming an old maid as they are about their dying cattle. As they are trying to marry her off, there is no relief from the dry heat. Suddenly, out of nowhere appears a unique character with grandiose ideas about making rain, which he promises to do for \$100. He convinces them to do crazy things and turns his magic on Lizzie. Rain comes as well as hope of love for Lizzie. Join us for a wonderful presentation.

**Saturday • October 11, 2008 • 7:30 p.m.**  
**Oberlin Gateway**

Sponsored by Oberlin Arts & Humanities Commission  
**Season Ticket Event or \$10/adults, \$5/students (grades 1-12).**  
For information, call Ella Betts 785-475-3557 or Mary Henzel 785-470-0218.