

A memorial service was held on Sunday afternoon, Sept. 21, at the Elden Auker Park in Norcatour for Mildred Auker, 98, who died in July. Pastor Terry Worthington officiated. Those attending were James and Candice Auker, Birmingham, Mich.; Doris Brunk, John and Linda Brunk, Lyons; Crystal Moore, Lisa Davies and Cerys, Oberlin; Doris Auker, Terry and Sandy Gaede, Glen and Carolyn Strevey, Von and Joy Johnson, Norcatour; Todd Johnson, Norton; and Greg Strevey, Boulder, Colo. They had lunch at the Cardinal Café then gathered after the service at the home of Von and Joy Johnson.

Saturday will be the annual Norcatour Methodist Church Bazaar from 5 to 7 p.m. at the Educational Building for soup and pies. Everyone come and enjoy the eating and auctioning of the many items donated from the community. Everyone is asked to bring two pies and the leftovers will be auctioned off. Bring items that will sell and proceeds go toward the Norcatour United Methodist Church. Come and meet our new minister, Pastor Larry Danforth.

Three tables of card players gathered at the Educational Building on Oct. 3, to enjoy the games. Winners were Jackie Porter, Claudia Bridges and Unknown! The next meeting of Senior Citizen's will be on Friday, Oct. 17, at 1:30 p.m. Please come and knock "unknown" off her perch!

Donna Buckman, a former employee of Wentz Enterprises, Inc., expressed appreciation to the people of Norcatour for being so kind and helpful to her. She is now on her way home to Florida, where she cares for her parents. Donna would like to return to live here, sometime. The South Africans, who also work for the Wentzes, want to be included in the thank you. They remain in Norcatour at present.

Friday afternoon visitors of Dorothy Ward, after cards, were her niece and nephew, Sharron and Spiros Coven of Harrisburg, Ore. They were making their yearly trek to Kansas to visit relatives. They had been to North Platte, Neb., to visit Sharron's Aunt Ruth Chamberlain

and cousins, and were heading to Cunningham from here, on Oct. 4, where they were to see Aunt Edyth Mavity and cousins. Sharron is the daughter of Kenneth Ward's youngest brother, the late Jarrold Ward.

On Oct. 2, Dwight and Mabel Doggett of Apopka, Fla., were overnight guests of Lora Arnold. On Oct. 4, a supper was held in their honor at the Cardinal Bar and Grill. Relatives attending were Mary Arnold, Dorothy Ward, John and Brenda Arnold, and Bill LaSalle. The event was hosted by Lora Arnold.

Sympathy is extended to the Elsie M. Hancock Bondi family. She died Aug. 19, and graveside services were held on Oct. 4 at the Norcatour Cemetery.

Kortney Poire and Marie Walker, Emporia, and Kaitlyn Stapp, Hays, met Dave and Patty Stapp and Dewaine Stapp in WaKeeney to watch Sam play football. Kortney and Marie stayed with Kaitlyn in Hays and returned home to Emporia on Oct. 4.

Marian Thornton, Oberlin, and Dave and Linda Schliep, Spencer and Addison, McCook, were Saturday afternoon visitors of Dave and Patty Stapp and Sam. The kids had fun playing on the trampoline with new puppies and riding the mule.

Jeff Magers and Joy Luoto of Cedar Bluffs, visited at his folks, Rea and Dee Magers, on Sunday. They helped with some repair work, played some scrabble and ate a chili and fried chicken supper. They had planned on some dove hunting, but there was too much Kansas wind.

Happy Birthday to Rebecca Wentz, Oct. 8; Robert Dickey, Oct. 11 and Larry Sumner, Oct. 13.

Happy Anniversary to Jim and Carolyn Plotts, Oct. 8.

Prairie Land Food orders can be picked up at 8 a.m. Saturday, Oct. 26, at the Educational Building. Prairie Land will have a Food Contest in the months of October, November and December for participants purchasing food paks. After each month's deadline day, a name will be drawn from that month's participants. The winner in October will still be eligible for November and December drawings

if they have purchased a Prairie pak in that month. The same goes for the November winner. These names will be sent each month to the main office of Prairie Pak. On Thursday, Dec. 18, after the final deadline, all names will be put in a hopper and a grand prize will be drawn. It will be a free Prairie Pak for the months of January, February and March, plus a free t-shirt!!

Sympathy is extended to the family of Jo Benson of Colby, who died Oct. 3. Services were held Oct. 7 at the Mickey-Leopold Funeral Home in Hoxie. Burial was in the Rexford Cemetery. She and her family had lived in Norcatour.

Sympathy is extended to the family of Harold Curran, who died Oct. 3 at Abilene. Funeral services were held on Oct. 9, at Enfield Funeral Home at Norton. Burial was in the Norton Cemetery.

There will be a sale for the estate of Lora Linn Lechlitter at 304 Omega in Norcatour on Saturday.

A last chance to sign up for spraying will be offered, as the Decatur County Noxious Weed Dept. has said they will be here after the first frost to spray bindweed. Call the city office today.

MUSEUM TIDBITS

We have received the following items from the Lechlitter Estate: Norcatour High School Yearbooks—1951, 1954, 1956, 1967, 1968; Quilt made by Norcatour Ladies Aid; KG Ward Agency Award Plaque; Citizens State Bank barrel bank; 1956 Norcatour High School graduation announcement - Doug Ward; NHS Letter Award - Lyman Lechlitter; 1947 and 1948 basketball; Lora Linn Ward Lechlitter's graduation dress; memorial obituary card of Clifford Lechlitter; and 1961 Diamond Jubilee book. Thanks for remembering the museum.

The museum is open from 8 a.m. to noon, Monday through Friday. Call Chris at 693-4461, for an evening or weekend appointment.

Watch out for spoiled food

Does moldy bread go in the trash, or just get a trim around the green spot? Can Sunday's leftovers be Friday's meal? To toss or not to toss? These are the questions.

Bread - Moldy or stale bread is related to food quality, not food safety. Bread that is past its prime can still be safe to eat. Search bread products for any visual signs of mold. To ensure good taste, cut off and discard all moldy areas and a little beyond the areas. Soften stale bread by warming it in an oven set at 250 degrees Fahrenheit for 10 minutes.

Hot dogs, Luncheon and Deli Meats - Eat hot dogs and luncheon meats within 10 days of the package sell-by date, or within five days after opening the package. Deli meats that are not vacuum packed should be eaten within five days of purchase.

The main concern with these meats is a bacteria called listeria. Listeria can grow even at refrigerator temperatures. It is especially dangerous to pregnant women, unborn babies, infants, adults over age 50 years, and anyone with a weakened immune system. Listeria is destroyed by heat. So before serving these meats, be sure to boil, grill or heat them in other ways so they can be enjoyed safely, even by high risk individuals.

Dairy Products - Keep dairy products cold, and use them within 10 days of the package sell-by date. Discard soft and all sliced or shredded cheeses that become moldy. If a hard cheese molds, cut off and discard the moldy area and an inch beyond the area, and cover in fresh wrap.



Home Time

By Tranda Watts
Multi-county Extension Agent

Leftovers - Before eating leftovers, be sure that the food has not been left in the "temperature danger zone" of 40 to 140 degrees F. Eat properly cooled leftovers within five days. (To cool perishable foods, refrigerate them in shallow containers within two hours. If room temperature is hot, above 90 degrees F, refrigerate within one hour). Reheat leftovers to an internal temperature of 160 degrees F.

The food safety adage - When it comes to safeguarding your family's health, it is better to be safe than

sorry. When in doubt, throw it out. If you have food safety related questions, please feel free to contact your local K-State Research and Extension Office or you may e-mail me at twatts@oznet.ksu.edu.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

It's flu season again.

This year, don't let the Flu Bug U. Follow these tips and you will get through this flu season with a high degree of success:

- Get a Flu Shot—Vaccine is available this year
- Cover Your Coughs and Sneezes
- Wash Your Hands Often
- Stay Home if You Are Sick



For more information, contact your local health department.

This ad brought to you by the Kansas Department of Health & Environment.



Selden News

By Jacque Boultinghouse

New books at the Selden Library include: All Large Print - "The Letter," by Luanne Rice and Joseph Monninger; "Collateral Damage," by Fern Michaels; "The Rustler," by Linda Lael Miller; "The Lucky One," by Nicholas Sparks; "The Keepsake," by Tess Gerritson; "Ice Trap," by Kitty Sewell (older donated book).

On Oct. 2 at Senior Citizens Paulie Neff won high, Bernita Aumiller took second, Betty James got low and Jeanie Spresser had the most jacks.

Other members present included: Helen Karls, Gail Mumm, Lois Neff, Edna Schiltz and Carol Shaw.

On Thursday at Senior Citizens, Betty James won high, Julie Pope took second, Shirley Emigh got low and Lola Cook had the most nines.

Other members present included: Jeanie Spresser, Carol Shaw, Anna Albers, Alfred Albers, Paulie Neff, Ann Hazlitt, Gail Mumm and guest, Bonnie Lager.

Birthdays and anniversaries: Oct. 9 - Mary Ann Juenemann, Cheryl Schlenk, Jesse Juenemann.

Oct. 10 - Jerrie Robinson. Oct. 12 - Everett and Dorene Shuler. Oct. 13 - Karen Vaughn. Oct. 14 - Marye Schlenk. Oct. 17 - Jeremy Shaw. Oct. 18 - Katelyn Spresser, Todd and Jerrie Jacobs. Oct. 19 - Chris Murphy, Joe and Cathy Broeckelman, Casey Shaw, Michael Shaw. Oct. 20 - Loran Sulzman, Orba Smith, Renee Spresser. Oct. 21 - Fred Mumm. Oct. 23 - Kory Koerperich. Oct. 24 - Vicki Sulzman, Scott Anderson, Tristian Porsch.

School Calendar - Thursday, 3:30 p.m. Junior High Volleyball and Football at Sharon Springs (football starts at 4:30 p.m.). Friday: End of the First Quarter. 7 p.m. High School Football in Rexford with Northern Valley. Saturday: 10 a.m., High School Volleyball Western Kansas Liberty League Tournament at Sharon Springs. Monday: 4:30 p.m. Scholars Bowl at Bird City. Tuesday: High School Volleyball Regionals in Quinter. Thursday, Oct. 23: 4 p.m., Junior High Volleyball and Football in Rexford with Weskan. Picture retakes.

Rexford News

By Vicki Allison

A Chocolate Feast, sponsored by the Golden Plains Community Outreach, will be held at the Red Barn, Main Street, on Sunday from 2 to 4 p.m.

The cost of a ticket will be \$5 with children under 2 free. Proceeds will be used for community projects. For details, call Nancy at 687-8012. Please come have dessert and donate towards the betterment of our community.

The Colson families met Sunday, Sept. 28, at the Hoxie City Park for a potluck dinner and visitation hosted by Arthur and Nancy Colson and family of Hoxie. Those present included: Edna Colson, and Ernest and Janine Colson, Selden; Jesse Colson, Emporia College; Kath-

ryn and Floyd Richard and Chris, Norton; Cheryl Colson and friend, Roger, Colby; and Cheryl's boys, Brady and Marcus Colson; Roberta Colson and foster girl, Ausha, Goodland; Grace Kauk, Colby; Jason, Dianne, Erin and Abigail Davis, Norton; Martha Elling and friend, Stephan, Hays; and Jerry and Barbara Wilson, Aurora, Colo., and a cousin of the Colson children.

Vesta Roth spent the weekend of Sept. 19 to 21 getting to know her great-grandson from Topeka. She had to travel to Abilene to do so, but exclaims it was certainly worth it and was also able to visit the rest of the family too.

Until next time, make your week memorable.

Celebrate Recovery

By Pastor John Paulson, The Working Man's Church, Oberlin

We are beginning a new ministry called Celebrate Recovery®. In this series, we're going to talk about how Jesus Christ heals the hurts in your life, the habits that are messing up your life and the hang-ups that have caused pain in your life.

If you have been hurt, God will heal you. If you're confused about your life's direction, God will lead you. If you've ever felt you were helpless to change, God will change you.

If you've ever felt no one understands your problems, God understands and will comfort you. If you feel anxious or worried or afraid, God offers peace to you.

The first step on the road to recovery is to admit our powerlessness.

I admit that I am powerless to change my past. It hurt, I still remember it, but all the resentment (sorrow,

grief, anger, regret, remorse, etc.) in the world isn't going to change it.

I admit that I am powerless to control other people.

I admit that I am powerless to cope with my own harmful habits, behaviors and actions. Good intentions and willpower are not enough.

God loves humbleness. If you are facing a hurt, habit or hang-up and can be honest in facing it; Jesus Christ can heal you and free you.

Whether behavioral, emotional, financial, relational, spiritual, sexual, or chemical, regardless of what you need healing from, Celebrate Recovery® points you to Jesus Christ the only "Higher Power" and God's source for healing and salvation.

For more information about Celebrate Recovery®, call (785) 475-3711 or cellular at (785) 386-8635.

Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Henry Saw Lone,
MASS: 10:30 a.m., Saturday

IMMACULATE CONCEPTION CATHOLIC, LEVILLE
Fr. Henry Saw Lone
MASS: 8 a.m., Sunday

SACRED HEART CATHOLIC, SELDEN
Fr. Henry Saw Lone
MASS: 5:30 p.m., Saturday

OBERLIN SEVENTH-DAY ADVENTIST CHURCH
Mike Larson
120 South East, Oberlin
SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.

JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS
Carrie Buhler, pastor
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Doug Hasty
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Fred Dycus
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.

OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Doug Hasty
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.

CLAYTON UNITED METHODIST
Pastor: Larry Danforth
Almena
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON
The Rev. Galen Long
Phone 785-322-5560
MASS: SUNDAY, 8 a.m.

HERNDON COVENANT CHURCH
Keith Reuther, Pastor
Phone 785-322-5316
SUNDAY: Sunday School, 9:45 a.m.; Morning Worship, 11 a.m.; Youth Group, 4 p.m.

NORCATOUR UNITED METHODIST
Pastor: Larry Danforth
Almena
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST
Guest Speakers every Sunday
SUNDAY: Morning Worship 8 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastor Tom Smith
Interim Pastor
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH
Pastor: Doug Mason
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

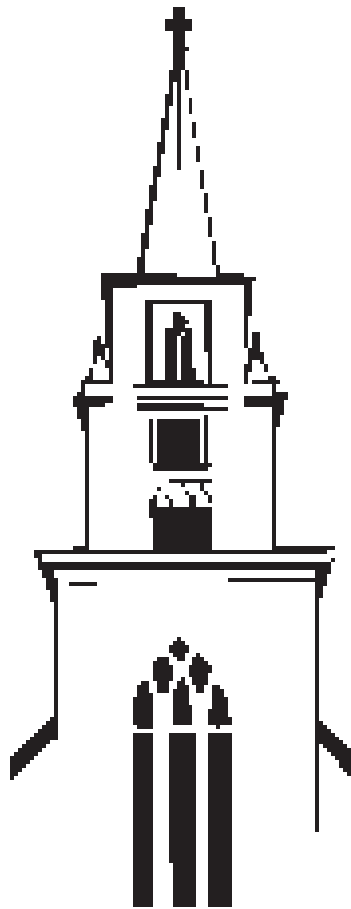
ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Interim Pastor:
Kevin Schnakenberg
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 11 a.m.; Holy Communion: 1st and 3rd Sundays..

FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas

Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

THE WORKING MAN'S CHURCH
C&H Power Line Building on Hwy 83 (North of the Airport) Oberlin, Kan.
Pastor John Paulson
SUNDAY: Worship, 9:30 a.m.; Come as you are.

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