

Norcatatur News

By the Norcatatur News Committee

Senior Citizens met Feb. 20, with 16 players present. Winners of the card game were Paul Welch, Joyce Sumner and Mary Sedlmayer. The next meeting will be 1:30 p.m. on Friday at the Educational Building.

Linda Hunt will not be running again for the Norcatatur City Council in the upcoming election.

Larry James will be a write-in candidate for the Norcatatur City Council in the April elections.

The city elections will be held in April. If you are interested in serving on the council or as mayor, it's not too late. You can still run as a write-in candidate. We have two council positions up and the mayor's position. Now is your chance to serve your community.

Decatur County commissioner Gene Gallentine and Norton County Commissioner Carolyn Applegate attended government classes in Topeka early in February. The two-day session covered topics for new county commissioners and an overview of state government.

Kenneth and Pansy Price were Thursday afternoon, Feb. 19, visitors of Virgil and Joyce Price.

Refuse pickup reminder: the trash will be picked up on holidays except for the following: New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving, and Christmas. The weeks of those holidays the trash will be picked up Friday, the following day.

Thanks to Beth Sebaugh for the newspaper articles that she donated to the museum.

Deadline for Prairie Land food pack orders is Monday, March 16. Food pick-up day will be 8 a.m. Saturday, March 28, at the Methodist Church Educational Building. For details, contact Terri James,

693-4261; Bee Nelson, 693-4569, or Patty Stapp at The Bank.

Happy Birthday to Christy Baker, Mike Helm, Feb. 25; David Hare, Robert Schoenrad, Feb. 26; Lucas Bailey, March 2.

Results of the pool tournament on Feb. 18 at the Cardinal Bar and Grill were Rusty Montgomery, first; Von Johnson, second; Dean Forbes, third.

Winners of the Feb. 18 dart tournament at the Cardinal Bar and Grill were Game 1: Kristi Gallentine, first; Renee Harman, second; Tonya Porter, third. Game 2: Renee Harman, first; Alice Barnett, second; Patty Stapp, third.

Mark and Shayla Bailey are the proud parents of a baby boy. Rustin Drake Bailey was born on Feb. 19, 2009, weighing 7 pounds and was 19 1/2 inches long. He has a two-year old sister, Raelyn. Grandparents are Gail and Denise Bailey, Norcatatur, and Roger and Judy Cochran, Oberlin. Arlene Hix, Norcatatur, is one of the great-grandmothers.

The family of Arlene Hix gathered at her home on Friday evening to celebrate her 90th birthday. Those present were Gail and Denise Bailey, Mark and Luke Bailey and Marjorie Prince. Arlene received a beautiful birthday cake.

Guests of Arlene Hix on Sunday evening were Gail and Denise Bailey, Lucas Bailey, Mark, Shayla, Rustin and Raelyn Bailey, Marjorie Prince and Sonia Domsch. The occasion was to celebrate Denise's birthday. Pizza and cake were enjoyed by all.

The Board of Directors of the Norcatatur Citizens Alliance held their annual meeting Thursday, Feb. 19, at the Cardinal Bar and Grill. Members present were Bob Strevey, president; Dennis Leichliter, sec-

retary/treasurer; Kristi Gallentine; Darren Wentz and Troy Wentz. The Alliance received donations totaling \$5,180 in 2008. Distributions for the year were Norcatatur City/School Building Fund, \$3,160; Norcatatur Cemetery Memorial Fund, \$800; Norcatatur News Sheet, \$455; Norcatatur Road Fund, \$230; American Red Cross, \$50; Norcatatur United Methodist Church, \$25. Since start-up, the Norcatatur Citizens Alliance has received \$107,876.

The annual Norcatatur United Methodist Church Pancake and Sausage supper will be Sunday, March 9. Serving will be from 5-7 p.m. This is a fund raiser for the church and the men will be doing the cooking.

Mr. and Mrs. Stan Miller left on Feb. 19, for Topeka to visit Mr. and Mrs. Curt DeDonder and Sophia. They returned home on Monday.

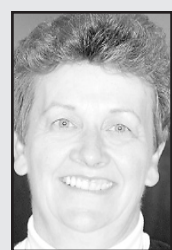
There is a new address for Ruth Chamberlain, who is improving slightly, and was able to eat a small amount. Cards will reach her at Linden Court, 4000 Philips Ave., Rm. 606, North Platte, Neb., 69101. The stomach flu is very prevalent, and the home is shut down to any visitors.

After qualifying for the senior citizens discount on Saturday, Feb. 21, Deb Combs attended a family dinner on Sunday to celebrate. The dinner was held in Hill City at the home of her father, Elmond Scott.

After church on Sunday, Dorothy Ward accompanied Bee Nelson to eat chinese food at Norton. Wava Reames planned to go, but was sick.

They picked up Frank Ward, who enjoys chinese food and upon returning him to Whispering Pines, they visited with Lula Hix and daughter, Linda Young of Conifer, Colo., Oran and LaVerne Milner and Helen McVay.

First steps to improving health



Home Time

By Tranda Watts
Multi-county Extension Agent

A child's delight in his or her first steps is cause for celebration. But, many in Kansas who choose to enroll in the Walk Kansas program also have reason to celebrate, because they're taking their first steps in improving health and fitness.

Walk Kansas 2009 will begin Sunday, March 8, and continue until Saturday, May 2.

The inexpensive, eight-week fitness program encourages teams of six to log heart-healthy exercise during that time. Together, as a team, their goal is to walk or exercise enough to equal covering the distance of 423 miles across Kansas. The program's equivalents for walking a mile are 15 minutes of such moderate activities as walking, biking and gardening. This year efforts will be reported in minutes rather than miles.

Moderate physical activity is known to help in managing weight, lowering blood pressure, reducing stress, improving sleep, and reducing the risks of diabetes and some cancers.

The team concept is helpful be-

cause knowing that others are counting on you may be all that's needed to encourage activity.

Teams often include co-workers, neighbors, or church or other friends who share a desire to improve health.

The program only requires comfortable pairs of walking shoes and socks. Prior experience with Extension's programs or services isn't necessary. Many who enroll are, in fact, just getting acquainted with Extension's programs and helpful information.

Registration cost is \$7 per person and includes the registration materials and weekly newsletters with health and fitness tips and recipes. Participants can purchase

an optional T-shirt.

Keep in mind that registrations are due Friday, March 6, so you will be enrolled in time to begin walking on Sunday, March 8.

More information is available at your local County Extension Office as well as on the Walk Kansas Web site at www.walkkans.org or by e-mailing twatts@oznet.ksu.edu.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

Lyle News

By Veda Wood

Gary Anthony was taken to the hospital early Sunday, and from there was flown to Hays. Of course, everyone is praying for him and hoping he will be back home soon.

James Plotts, Jim's father, is in Kearney where his leg is healing. He had been progressing so well; learning to walk again before his setback. Carolyn says her brother, Bob's surgery has been postponed while the doctors evaluate the results of his radiation.

Sympathy is extended to Von

Sumner and their family. Her sister's husband passed away this last week.

Larry Van Otterloo has been enjoying his son and family.

Veda Wood accompanied Dwight and Teresa Wood to Grand Island, Neb., on Friday, for his monthly checkup. Dwight says he feels he is doing well, thanks to the Lord, the doctors and Teresa's care. We had an enjoyable trip, in spite of the hard wind.

I saw something on the trip I had

never seen before. It was the number of geese flying north. Instead of flying in a V formation, as usual, it seemed there were just "swarms" flying very high, and at different levels, of course, in order to avoid head-on collisions. Seeing that was worth the trip, and Dwight and I thought they were a little premature and would likely change their minds in a few days. Do you suppose they know something we don't? We also saw some cranes. Spring must be around the corner!

Jennings News

By Louise Cressler

There is a change of date and time for the United Methodist Women meeting. Ladies will meet at 3 p.m. on Thursday, March 5, instead of Wednesday, March 4.

Jennings, as well as surrounding towns of Dresden, Norcatatur and Oberlin, will be participating in the Statewide Tornado Safety Drill at 1:30 p.m. next Tuesday. Know your plan of action as well as your neighbor's if weather is bad. The storm shelter (Sunflower Senior Center) will be open that day.

A Weather Spotter training will be held at 6:30 p.m. at The Gateway in Oberlin on Wednesday, March 25. Everyone is welcome to attend.

Sunflower Senior dinner will be held at noon on Tuesday March 10. Bingo will be played following the meal. Bring a bingo prize or \$3 to play. Everyone is welcome.

Mignon Barry, Wellfleet, Maine.; Tamala Schulze, Kansas City, Mo.; Michelle Zodrow, Grapevine, Texas; and Tefani Zadeh, Chicago, Ill., the daughters of Keith and Helen Muirhead of Dresden, were home for a few days to attend the funeral services of their Aunt Joyce (Muirhead) Christensen, who passed away Feb. 13, at her home in Sierra Vista, Ariz.

Jennings City Council will meet at 7:30 p.m. Thursday in the Sunflower Senior Center.

The annual meeting of the Heritage Associates of Jennings, Inc., and the Czech Museum was held Feb. 12 at the Royal Neighbor Hall. President Neoma Tacha conducted

the meeting with directors Mary Wahlmeier, Larry Mizer, Lawrence and Lila Jennings, Bob Tacha and Dean Gawith present. We were saddened at the passing of Roger Shimek. He had been a director and vice president for many years.

The minutes of the last annual meeting were read and approved and the yearly report was given. President Tacha presented the progress report for 2008. Directors elected for a three-year term were Bob Tacha, Lila Jennings, Steve Hirsch, and Mary Wahlmeier.

Projects discussed for next year include continuing with the upkeep and repair of the buildings and grounds, continue with the newspaper project, work on cataloging and organizing all items and continue with the "Wreaths Across America" for the veterans' graves at Jennings and Big Timber Cemeteries.

The monthly meeting of the Czech Museum was held following the annual meeting. It was called to order by President Neoma Tacha. The minutes of the last meeting were given and approved and the treasurer's report was given. The windows have been replaced in the Shimmick Building and the guttering has been installed at the museum buildings.

It was decided to hold election of officers at the next meeting. The meetings are to be held on the first Thursday of each month at 2 p.m. in the Royal Neighbor Hall. Our next meeting will be Thursday, March 5. The public is invited to attend.

Mount Pleasant News

By Dianne Bremer

Paul May has accepted the positions of Assistant Pastor and Youth Minister at a Presbyterian Church in Marco Island, Fla., and will be very active with music in his youth ministry. Paul is the son of Ernest May, Tonganoxie, and the grandson of Martin and Evelyn May of Oberlin.

Dakota Tate placed fourth in the

"12 and under, 76-pound, weight class" at the McCook Wrestling Club tournament held at McCook High School Sunday afternoon.

Stean Olson, Hays, was a week-end guest of his parents, Jerry and Connie Olson, and also visited his grandmother, Wilma May, before returning home.

The Jaguar and a Brick

By Rev. Doug Hasty, United Methodist Churches, Oberlin, Prairie Chapel

A young successful executive was traveling down a neighborhood street, going a bit too fast in his new Jaguar. He was watching for kids darting out from between parked cars and slowed down when he thought he saw something. But no children appeared. Instead, a brick smashed into the Jag's side door!

The angry driver jumped out of the car and grabbed the nearest kid and pushed him up against a car shouting, "Who are you? Just what do think you're doing? That's a new car and the brick you threw is going to cost a lot of money. Why did you do it?"

The young boy was apologetic. "Please mister, I'm sorry, but I didn't know what else to do," he pleaded. "I threw the brick because no one else would stop." With tears dripping down his face and off his chin, the youth pointed to a spot just around a parked car. "It's my brother," he said. "He rolled off the curb and fell out of his wheelchair, and I can't lift him up."

Now sobbing the boy asked the stunned executive, "Would you please help me get him back into his wheelchair? He's hurt and he's too heavy for me."

Moved beyond the words, the driver tried to

swallow the lump in his throat. He hurriedly lifted the handicapped boy back into the wheelchair, then he took out a handkerchief and dabbed at the fresh scrapes and cuts. A quick look told him everything was going to be okay.

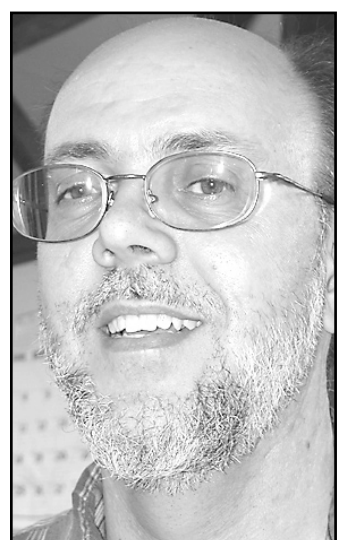
"Thank you and God bless you," the grateful child told the stranger. Too shook up for words, the man simply watched the boy push his wheelchair bound brother down the sidewalk toward their home.

It was a long slow walk back to the Jaguar. The damage was very noticeable, but the driver never bothered to repair it. He kept the dent there to remind him of this message. Don't go through life so fast that someone has to throw a brick at you to get your attention!

God whispers in our souls and speaks to our hearts. Sometimes when we don't have time to listen, He throws a brick at us.

It's our choice to listen or not. During this Lenten season let me encourage you to spend some time listening to God and making that relationship the most important one in your life.

Grace and Peace



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH 785-475-3103 Fr. Henry Saw Lone, MASS: 10:30 a.m., Sunday	OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist) Pastor: Fred Dycus SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.	NORCATATUR UNITED METHODIST Pastor: Larry Danforth Almena SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.	FAITH LUTHERAN CHURCH 404 North York Avenue Oberlin, Kansas Rev. Charlotte Strecker-Baseler Church Office Phone: 785-475-2053 SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.
IMMACULATE CONCEPTION CATHOLIC, LEOVILLE Fr. Henry Saw Lone MASS: 8 a.m., Sunday.	OBERLIN UNITED METHODIST 102 North Cass — 785-475-3067 The Rev. Doug Hasty SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.	LYLE UNITED METHODIST Guest Speakers every Sunday SUNDAY: Morning Worship 8 a.m.	THE WORKING MAN'S CHURCH C&H Power Line Building on Hwy 83 (North of the Airport) Oberlin, Kan. Pastor John Paulson SUNDAY: Worship, 9:30 a.m.; Come as your are.
SACRED HEART CATHOLIC, SELDEN Fr. Henry Saw Lone MASS: 5:30 p.m., Saturday	CLAYTON UNITED METHODIST Pastor: Larry Danforth Almena SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.	EVANGELICAL COVENANT CHURCH OF OBERLIN Pastor Tom Smith Interim Pastor 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.	
OBERLIN SEVENTH-DAY ADVENTIST CHURCH Jerry Nowack 120 South East, Oberlin SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.	OBERLIN ASSEMBLY OF GOD The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.	LUND COVENANT CHURCH Pastor: Doug Mason 10 miles south, 4 miles west of Oberlin SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.	
JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS Carrie Buhler, pastor SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.	OBERLIN CHURCH OF CHRIST South Beaver Street - Oberlin Bill Duncan — Phone 785-475-3259 SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.	ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Interim Pastor: Kevin Schnakenberg SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundays.	
PRAIRIE CHAPEL UNITED METHODIST The Rev. Doug Hasty SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.	ST. MARY'S CATHOLIC, HERNDON The Rev. Galen Long Phone 785-322-5560 MASS: SUNDAY, 8 a.m.		
HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.	HERNDON COVENANT CHURCH Keith Reuther, Pastor Phone 785-322-5316 SUNDAY: Sunday School, 9:45 a.m.; Morning Worship, 11 a.m.; Youth Group, 4 p.m.		
UNITED CHURCH OF OBERLIN Pastor: Judi Stricker 109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship			

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March 27, 2009
8 a.m. to 5:30 p.m.
at Fox Pavilion, Hays, KS

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