

Norcatour News

By the Norcatour News Committee

Senior Citizens met Friday, March 6. There were 16 players present. Winners were Virgil Price, June Jolly and Bee Nelson. They will meet at oon Frida, in the Educational Building. The Norcatour Royal Neighbors Lodge will be hosting a Soup and Pie dinner for the Senior Citizens.

Larry James will be a write-in candidate for the Norcatour City Council in the April elections and would appreciate your vote.

Results of the Cardinal Bar and Grill Dart Tournament on March 4 were: Game 1: Renee Harman, first; Tonya Porter, second; Patty Stapp, third. Game 2: Renee Harman, first; Tonya Porter, second; Patty Stapp, third.

Results of the pool tournament on March 4 at the Cardinal Bar and Grill were Jeff Roe, first; Carl Lyon, second; Rusty Montgomery, third.

Happy Birthday to Jerry Wescott, March 11; Sharee Dempewolf, March 14; Jason Breiner, Jim Plotts, March 15; Marilou Long, March 16; Vanessa Bacon, Bob Sawdon, March 17.

Mr. and Mrs. Stan Miller met Mr. and Mrs. Dean Thornton and Marion Dempewolf for supper in Oberlin on March 5.

Pam and Gary McClelland of Shawnee, Okla., were in Oberlin over the weekend of Feb. 27, to visit her mother Alice Shirley and to attend the funeral of her uncle, Donald Stapp. They also spent time in Norton with Gary's sister, Rosemary Mathes and took John and Lee Mapes out for dinner. Time was also spent with her brother, Herb Shirley and family and John Shirley and family before returning to Oklahoma.

Lynn Jeffries shared the sad news of the death of Ron Prichard, former Cornerstone cast member of the Winter's Tale, who was from North Dakota and recently died in a house fire in Sioux City, Iowa. The Cornerstone Theatre Company later took this play on the road across the na-

tion. Their first performance of the play was presented in Norcatour on the school ground west of the Norcatour Rural High School building. The two-day performances were given outside on June 28 and 29, 1991. Talented actors were brought to Norcatour and many stayed in our homes as they worked putting the play together getting ready for the tour. Our own Ron Temple and his young granddaughter, Corey Rhodes, were our actors. Their final performances of the tour were given in Washington, DC.

Word was received of the death of Jeff Stuck, 43, of Denver. He was preceded in death by his father, Dr. Alfred Stuck. Survivors include his wife, Laurie; his mother, Leora (Wycoff) Stuck, denver; tw sisters, Julie Berberich, Seattle; and Heaster Olson, Denver; and two nieces.

Visitors of Arlene Hix during her 90th birthday week were Norma McCallister, Joyce Price and Linda Young of Conifer, Colo.

Lloyd and Sharon Stanton, Salina, spent the weekend of March 1 with his mother, Arlene Hix. Sunday supper guests of Arlene were Gail and Denise Bailey, Marjorie Prince, Liberty, Mo., and the Stantons. Lloyd and Sharon also visited Veryl and Vi Van Der Wege in Norton.

Bob Montgomery and Renee Harman spent the weekend of Feb. 20 in Manhattan for Scott Harman's participation in the College Rodeo. Not a good weekend for Scott.

Bob and Anita Montgomery spent the weekend of Feb. 27 in Garden City for Scott Harman's College Rodeo. Renee Harman went down for the Sunday performance. Scott did well on Saturday, but Sunday was not good. Scott has been doing very good in Pro Rodeo around Missouri and Oklahoma.

Bob and Anita Montgomery went to Belleville on March 6, for the registering at the Bachelor-Faulkner-Dart-Suuber Funeral Home, Belleville, for Robert Fisher,

who died on Feb. 27. He was a former principal and teacher in the Norcatour Grade school.

You can welcome Tonya Porter and her daughter who have moved to Norcatour. They are living in Troy Wentz rental house (Merle Shirley) home. Tonya is the daughter of Jerry Wescott.

Last week was a busy week for Rea and Dee Magers. Wava Reames visited on Sunday. On Tuesday, their son Jeff, took them to Hays for Rea's checkup following his surgery. On Friday, Joy Luoto, Cedar Bluffs, brought her Mom and Dad, her sister and husband and a niece, of Rapid City, S.D., to visit the Magers. Later that day, Rea and Dee attended the open house retirement party for Chris McDiffet, an employee of KDOT, at the Eagles Lodge in Norton. On Saturday, the Magers went to a potluck surprise birthday party for Jane Englehardt, Norton, a niece of Rea's. Saturday evening, Rea and Dee went over to Jeff and Joy's for a barbecue with Joy's family before they returned to Rapid City. The couple ended the week by enjoying the delicious pancake supper at the Methodist Church on Sunday evening.

Wava Reames returned Sunday from Kingfisher, Okla. She left last Tuesday, headed south to Jetmore where she enjoyed visiting with R.L. Crabill and son, Bob. Bob (the elder) is improving after breaking his hip earlier. From there, Wava went on to Kingfisher where she visited her daughter, Shawna and John Crum, Shawnda and James. She also had a great time visiting with friends she hadn't seen in years.

Ways to save when buying beef

How to Determine Freshness of Beef

- Look for raw beef with a bright red color. Exception: If the beef is in a vacuum- package, expect it to be a dark purplish color.
- Look for raw beef that is firm to the touch, not mushy.
- Select only packages of raw beef that feel cold, have no rips or holes, and without excessive liquid.
- Buy beef before the "sell-by" date shown on the package. Use or freeze raw beef within two to three days of purchase.

Choose Preparation Methods According to the Cut

Chuck, round, flank, plate, shank and brisket are less costly and less tender cuts. But after marinating or being cooked with liquids, such as in a slow cooker or boiled gently in stews, they become very tender.

Rib and loin cuts are more tender and can be cooked without added liquids such as by stir-frying, broiling or grilling.

Tip for Getting More Value for Your Dollars Spent on Meat

- Lean cuts provide more meat for your dollar.
- A pound of raw meat without bones or fat will provide about 12 ounces after cooking. Plan on serving two to three ounces cooked meat per person per meal.
- Slice your own steaks or kabob chunks, make your own meat patties, and cook meats yourself to reduce costs.
- Serve meats in main dishes that include grains, rice or pastas, and plenty of vegetables. Flavor with low-fat sauces, herbs and spices.
- If you would like further infor-



Home Time

By Tranda Watts
Multi-county Extension Agent

mation, contact your local K-State Research and Extension Office or e-mail twatts@ksu.edu .

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for

Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@ksu.edu. For more information, contact the county extension office, 475-8121.

Lyle News

By Veda Wood

June Jolly went to her KT club on Thursday at the home of Velma McBride. I asked what 'KT' stood for and she laughed and said, "It is for 'can't talk,'" which, I guess, is to keep the chatter down. Pretty ingenious, and maybe it works. Ha.

Margaret "Toots" Magers helped her daughter, Jane Engelhardt celebrate her birthday on Saturday. Other guests in Jane's home were Rea and Dee Magers, Judy and Charlie Easton, Mike and Pam Hornung, and Britney and Tyler Hawk.

Joyce Sumner, her son, Ward, his daughter, Melanie, and Ryan Sumner visited in Olathe, the weekend of March 1, for a birthday party.

On Sunday, March 8, after church Joyce Sumner took Margaret Magers, June Jolly and Veda Wood to

Cambridge, Neb., for a party in honor of Mary Helm, who had been visiting for several days. They played a game called crazy bridge, which is not bridge, but we must admit; it is crazy. They visited and snacked all afternoon, then had to hurry back to Norcatour to get in on the pancake supper. I felt sufficiently stuffed, but happy and we got to hear wonderful music from Ron Temple's group.

Concerns: Bob Kelley was to have surgery on his leg on March 16; Kathy Van Meter's sister, Grace, is to have surgery to repair a hole in her heart; Dwight Wood has had headaches and a sore back since a fall in his home, but says he is better. We are thankful that Gary Anthony and Rea Magers are back home and doing better.

Jennings News

By Louise Cressler

Eleven Sunflower Senior Citizens braved the cold windy day on Tuesday, March 10, to have dinner at the Senior Center. Following the delicious dinner, they played bingo. April senior supper will be at 6 p.m. on the April 14.

Helen Rhodes opened the February meeting of the Jennings Tuesday Study Club after lunch at Attitudes in Norton. Carolyn Plotts gave an overview of the history and work done at Haven House, then answered questions about the plans and needs they have for the future. For roll call, Rachel Carter, Ruth Chance, Violet Foster, Terri Hanke, Carla Latimer, Sue Long, Joan McKenna, Helen Muirhead, Helen Rhodes, Joan Metz, Jean Skubal, Lynn Tacha, Vendla Tacha and guest, Merle Snyder, donated items to be used at Haven House.

After touring the house, the members went to Vendla's new apartment for cookies, coffee and lots of gabbing. The March meeting will include a tour of Hydro-Tek in Bogue and the St. Joseph Church in Damar.

Amy Osborn was a weekend guest of her parents, Mike and Joan McKenna. Amy visited her grandparents, Keith and Maxine Sauvage, Oberlin, on Saturday. Sunday dinner guests included Brett McKenna and his fiancée, Tracey Weber, and her mother, Susan Weber, all of Claflin. The women attended a bridal shower for Tracey Weber at the Immaculate Conception Church in Leoville. It was hosted by the Altar Society, with Jill Reichert and Stephanie Ritter as hostesses.

On Saturday, March 28, there will be a fundraiser for Melissa Hadley at the Masonic Hall, beginning at 5:30 p.m. Meat and drinks will be

provided, while the community is being asked to bring a salad or dessert.

On Saturday, April 18, the United Methodist Church, Jennings, will be hosting a Kansas West Hays District Disaster Response training from 1:30 to 4:30 p.m. Everyone is invited to attend this meeting.

On Sunday, April 19, at the Senior Center there will be a fundraiser for the Red Cross. A free will offering for the meal will be taken. A disaster education project will be given. Dinner will be at 12:30 p.m. and the program will begin at 1:30 p.m.

City water meters will be read March 20, weather permitting. The Heritage Associates of Jennings and the Czech Museum held its meeting March 5 at 2 p.m. President Neoma Tacha presided with directors Mary Wahlmeier, Lawrence and Lila Jennings, Bob Tacha, Dean Gawith, and Larry Mizer present. Officers elected for 2009 are president, Neoma Tacha; vice-president, Mary Wahlmeier; secretary, Lila Jennings, and treasurer, Dean Gawith. Mike Tacha was appointed to the vacancy on the board.

The windmill was shut off by Hickert and Scott as it was turning when the wind blew. Recent donations of items to the museum are a memory book about the Jennings class of 1939; school related items; a school registration book of Fairland School dating 1896-1923; antique skunk traps; a picture of the City Hall during construction; old calendars, pictures, and a show case from the Nelson Gun Shop. We thank the donors for these new exhibits.

The next meeting will be at 2 p.m. on April 2 in the Royal Neighbors hall.

Midway News

By Mary Lou Olson

Congratulations to Josiah and Mandi Jones, who were married on Saturday at the Herndon Covenant Church. Pastor Keith Reuther officiated. The bride is the former Mandi Roppa. Parents of the couple are Greg and Gwen Jones of Atwood and Rich and Sue Roppa, Windsor, Colo. They will make their home in rural Atwood.

Quentin Bergling was honored by his family with a party on Sunday afternoon at the Good Samaritan Center in Atwood in observance of his 90th birthday. Among those attending were Jack and Mary Faber, Brewster; Verol and Rosemary Bergling, Lorene Franklin, Norval Phelps, Elizabeth Migchelbrink, Doris Peterson, Lillian Green,

Mary Ellen Horton, Arlene Glad, Elma Lee Erickson, Everett and Dee Holthuis, Diane Vap, Atwood; Gail and Mark Bergling and Jill; Betsy Holste, Ludell; Mac and Jeri McPheeters, Colby; Dave and Sherry Bergling, Alicia Bergling, Kelly and Trinity, Oberlin; Richard and Susan Bergling, Herington; Megan Bergling and Cassidy, Hays; and several other friends and residents at the Good Samaritan Center.

Covenant Women Ministries will meet at 10 a.m. on Saturday, March 28, at the Herndon Covenant Church. Hostesses will be Lacy Walker, Kristi Dirks and Beth Holle. Crosses will be made for two nursing homes and members are encouraged to attend.

Have You Made a Plan?

By Rev. Doug Hasty, United Methodist Churches, Oberlin, Prairie Chapel

Philippians 3:13-14 NIV "But one thing I do: Forgetting what is behind and straining toward what is ahead. I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

As I read these words from the Apostle Paul, I can picture an athlete running in a marathon. You have already gone over 20 miles, you are going up a steep hill, straining, you can almost hear your heart beating, and sweat is pouring off your chin, running down your arms and your top is soaking wet. Yet you push on toward the goal, there is no looking back; your focus and aim is to win the prize.

So, some time ago you became a Christian, maybe, someone introduced you to Jesus and told you about God's love and grace. Or maybe you grew up in the church and going through confirmation was just a natural thing to do. Either way, that's great, you know about God's love and saving grace and you are a brother or sister in the Lord.

I want to ask you if you have ever made a plan that will help you run the race and win the prize. After all, if it was important to Paul, it should be important to you and me. Without a plan it's kind of like playing baseball and settling for first base. Yes, I know you

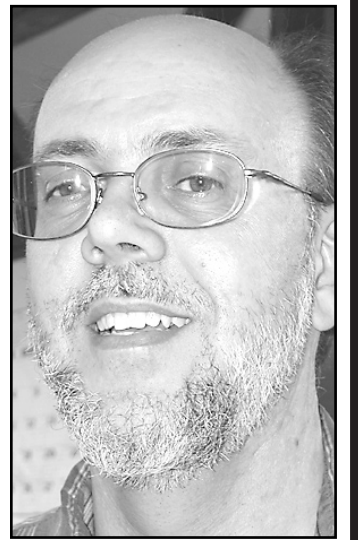
have to get to first base before you can score, but why play baseball if you never plan to go beyond first base. Can you imagine how exciting it would be to get to second base or even third, or why not home? I want to suggest to you that if you have never been intentional about your faith development, then you could be stuck on first base.

What kind of things could help in your faith development? I'm glad you asked. You could start with having a regular time to read and study the Scriptures and a time of prayer. You might begin with seven minutes of reading and then answer some questions that the Scriptures raised for you, then close with five to seven minutes of prayer.

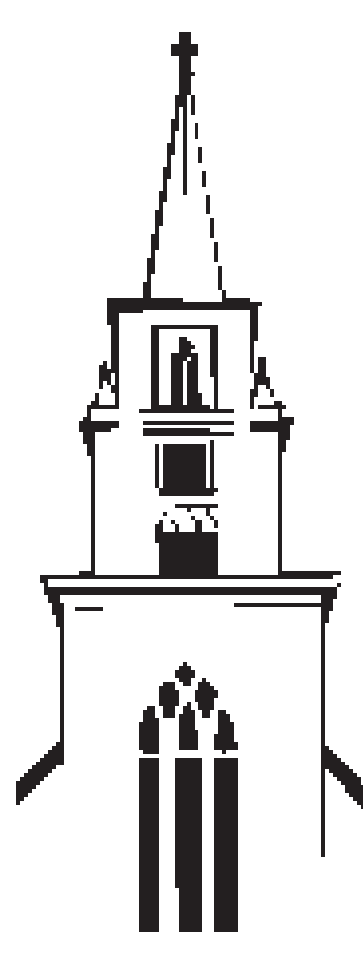
You could join a Bible study, or a weekly prayer meeting. You could seek out a relationship with a Christian that seems to be growing and maturing in their faith and ask them to help disciple you. You could make it your aim to attend the church of choice regularly and join a Sunday School class.

I want to challenge you to try something new in your Christian experience. Go ahead, work up a sweat. Who knows you might hit a double!

Grace and Peace.



Schedule of Oberlin and area church services:

<p>OBERLIN SACRED HEART CATHOLIC CHURCH 785-475-3103 Fr. Henry Saw Lone, MASS: 10:30 a.m., Sunday</p>	<p>OBERLIN UNITED METHODIST 102 North Cass — 785-475-3067 The Rev. Doug Hasty SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:30 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.</p>	<p>NORCATUR UNITED METHODIST Pastor: Larry Danforth Almena SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.</p>	<p>FAITH LUTHERAN CHURCH 404 North York Avenue Oberlin, Kansas Rev. Charlotte Strecker-Baseler Church Office Phone: 785-475-2053 SUNDAY: Worship, 9:30 a.m.; Fellowship and Educational Hour, 10:45 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.</p>
<p>IMMACULATE CONCEPTION CATHOLIC, LEOVILLE Fr. Henry Saw Lone MASS: 8 a.m., Sunday.</p>	<p>OBERLIN SEVENTH-DAY ADVENTIST CHURCH Jerry Nowack 120 South East, Oberlin SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.</p>	<p>LYLE UNITED METHODIST Guest Speakers every Sunday SUNDAY: Morning Worship 8 a.m.</p>	<p>THE WORKING MAN'S CHURCH C&H Power Line Building on Hwy 83 (North of the Airport) Oberlin, Kan. Pastor John Paulson SUNDAY: Worship, 9:30 a.m.; Come as you are.</p>
<p>SACRED HEART CATHOLIC, SELDEN Fr. Henry Saw Lone MASS: 5:30 p.m., Saturday</p>	<p>JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS Carrie Buhler, pastor SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.</p>	<p>EVANGELICAL COVENANT CHURCH OF OBERLIN Pastor Tom Smith Interim Pastor 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.</p>	<p>LUND COVENANT CHURCH Pastor: Doug Mason 10 miles south, 4 miles west of Oberlin SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.</p>
<p>CLAYTON UNITED METHODIST Pastor: Larry Danforth Almena SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.</p>	<p>OBERLIN ASSEMBLY OF GOD The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.</p>	<p>ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Interim Pastor: Kevin Schnakenberg SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundays..</p>	
<p>PRAIRIE CHAPEL UNITED METHODIST The Rev. Doug Hasty SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.</p>	<p>HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.</p>	<p>ST. MARY'S CATHOLIC, HERNDON The Rev. Galen Long Phone 785-322-5560 MASS: SUNDAY, 8 a.m</p>	
<p>UNITED CHURCH OF OBERLIN Pastor: Judi Stricker 109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship</p>	<p>HERNDON COVENANT CHURCH Keith Reuther, Pastor Phone 785-322-5316 SUNDAY: Sunday School, 9:45 a.m.; Morning Worship, 11 a.m.; Youth Group, 4 p.m.</p>		

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