



Home Time

By Tranda Watts  
Multi-county Extension Agent

- 3) Follow recipe directions exactly;
- 4) Label and date all home-preserved foods;
- 5) Store home canned foods in a cool, dry and dark place. Avoid attics, garages, or shelving near a water heater or other appliances that generate heat;
- 6) Use home preserved foods within one year; and
- 7) Check food storage area regularly to inspect for potential problems, such as a water leak or insect damage.

Tranda Watts is a Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 ore-mail twatts@ksu.edu. For more information, contact the county extension office, 475-8121.

Cancer meeting set at Hays

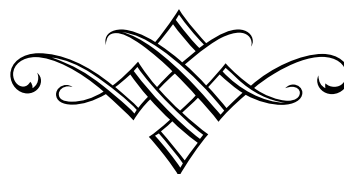
The Dreiling/Schmidt Cancer Institute will sponsor two free public programs in July.

A free support group for anyone who has been diagnosed with cancer will meet from 7 p.m. to 8:30 p.m. on Thursday, July 1, at the Center for Health Improvement Education Room, 2500 Canterbury in Hays.

People are encouraged to be a support person or caregiver. They will have the opportunity to ask questions and talk with others dealing with similar issues. The group is facilitated by Charlene Weigel. Use the south entrance.

"Look Good, Feel Better" will be offered from 7 p.m. to 9 p.m. on Tuesday, July 27, in Hadley, Room 1, at the hospital. This free monthly special session is designed to help women undergoing cancer treatment cope with appearance side effects and regain a sense of control over their lives.

For details, call (785) 623-5757.



Mr. and Mrs. Stan Miller went to Topeka on June 19 to return granddaughter Sophia DeDonder to her home. She spent a week with her grandparents while her folks, Mr. and Mrs. Curt DeDonder, were vacationing in Chicago. They were guests of her great-grandparents, Mr. and Mrs. Gary Miller for supper in Oberlin one evening, as well as them coming to Norcatour to visit her one day. She also went to visit her great-grandmother, Lila Rule at Norton.

Lyle News

By Veda Wood

Kathy Van Meter attended the annual Hilburn reunion at Rocky Ford, Colo., at the home of her niece Janet and Robert Penrod and family the first weekend in June. There were over 60 in attendance from California, Arizona, Kansas, Nebraska and Colorado. All the family was there except a granddaughter and family in California. Her daughter, Elaine Chavez, came from California. She and her daughter spent the week in Wichita with Jack and Sylvia Lovin and Brian. Kathy also visited Allan and granddaughter Carrie Briney at Pratt.

On Thursday, I took Gary Anthony to McCook for his dialysis, and saw Julie Breiner at the clinic. I then visited Sheryl and Richard Patterson, visited son Dwight and went shopping at Walmart. Before we came home, Gary treated me to dinner at Fullers Restaurant. I know why they named it Fuller's, if I had eaten everything they brought I would be fuller than I've ever been.

Very good food, too. The rest of my week has been spent pitting cherries brought in from the farm by Denny. David planned to come on Saturday, but had to change his plans, and now thinks probably Tuesday. He is putting built-ins in Sandra and Larry's house in Palco. Now that they are both retired, they plan to go back there to live.

The Andbe Home called with an invitation to family breakfast on Sunday, so I spent the forenoon with Aunt Alta. Mr. Milner mobilized by in his wheelchair, so we had a pleasant, short visit. I also saw Claudia Bridges, Bob Shick and several other friends.

The daughters of our sister, Bonnie Klein, are planning a memorial for Bonnie in Atwood June 26 at 10:30 a.m. Lee and Twila Vernon are planning to come for the day, at least. Twila says her doctors call her their "miracle patient." We are so thankful she is doing so well.

Neb., came on June 17 to spend a few days. They were on their way to Moab, Utah, to go 4-wheeling with other family members so they left Saturday, June 19. Connor and MacKinzey enjoyed playing in the park and riding their bicycles.

The United Methodist Church will be having a benefit garage sale for the church during the Highway 36 Garage Sale at the Norcatour school house. Anyone having items they wish to donate to the church can call Larry James at (785) 693-4261, after 6:30 p.m., or Bee Nelson, anytime, at 693-4569, if you wish the items picked up now or closer to the date of the sale which is Sept. 17 and 18.

Wava Reames' grandchildren, Shawnda and James, have arrived from Dover, Okla., to spend the summer. On Sunday, they went to Lynn and Leslie Ward's for a combo dinner: Father's Day and Keith Ward's birthday. Lynn Ward, Ruby Pfeiger and Steve McMurry whipped up a superb supper of barbecue ribs, baked beans, cheesy potatoes and a wonderful cake for dessert! Others attending were Frank Ward, Robert Daniels, Kaley Ward, Shawnda Hall and James Reames.

Sunday after church Bee Nelson, Dorothy Ward, Beth Sebaugh and Alice Shirley journeyed to McCook for lunch and a bit of shopping. Before we came home we made a stop at Joltin' Joes to introduce Beth and Alice to the fruity drinks, but they were closed!

Commercial foods are typically prepared in an approved food processing facility and required to display a "best by" or expiration date. When foods are preserved in the home, however, food safety and security depend on the cook.

The failure to follow a tested recipe or to store food in a safe place can jeopardize food safety, yet recognizing when home preserved foods are past their prime or no longer safe to eat is sometimes a challenge.

Tell-tale signs that suggest food is suspect and should be discarded include:

- Vacuum seal on the lid has been compromised; lid may pop, bulge, or show signs of rust;
- Jar is chipped, cracked or otherwise damaged;
- Evidence of loss of food quality, such as the presence of mold, loss or change of color, texture, or off odor.
- Evidence of insect or rodent infestation; and
- Date made is unknown.

Do not taste or use food from any jar that has become unsealed or shows any signs of spoilage.

To keep home canned foods safe, it is recommended that individuals:

- 1) Choose a tested recipe from a reliable source;
- 2) Use canning equipment that is in tiptop shape. Check the pressure canner gauge annually or more frequently, if a malfunction is suspected. Replace damaged jars and containers. Use new lids;

Midway News

By Mary Lou Olson

Larry and Meghan Anderson and family, and his mother, Martha Anderson, attended funeral services on Wednesday for Rodney S. Anderson, 82, in Pueblo, Colo. He died June 11. He was a brother of the late Roland and Melvin Anderson and graduated from Atwood High School in 1946. Their parents were the late Herman and Signe (Olson) Anderson. Other survivors include his wife, Maureen, Pueblo; and three daughters, Jody and family, Chicago; Janice and family, and Jennifer, Pueblo.

Pastor Keith and Sandy Reuther were honored on their 25th wedding anniversary with a cookout on

Sunday evening at the new garage, which was recently completed at the parsonage. Homemade ice cream and anniversary cake were served following the potluck supper.

Mary Lou Olson attended a baby shower on Saturday afternoon in Oberlin which honored Tiffany Witt. Hostesses were Kimberly, Ashley and Whitney Witt, Oberlin, and Keely Wilson, Kearney, Neb.

The congregation of the Herndon Covenant Church will hold services at 10 a.m. Sunday at the church.

Rennie Olson of Celina, Texas, came on Saturday to visit his parents, Bob and Sally Olson and help with harvest.

Jennings News

By Louise Cressler

Norton Correctional men were working in Jennings June 17 and 18. They mowed the inside banks and tops of the sewer ponds. We appreciate all the work they do for the City.

The Book Club met the evening of June 23 at the home of Sue Long. After a garden tour, the group reviewed the book "New Mercies." Those enjoying the evening were Violet Foster, Pat Hall, Patty Foster, Julie Carter, Kay Brown, Shelley McKenna, Lynn Tacha, Helen Rhodes, Lila Jennings, Joan McKenna,

Kathy Nauer and the hostess, Sue Long.

Summer Reading Program for children will be held four consecutive Saturdays in July. It will be held in the Community Hall July 10, 17, 24 and 31 from 11 a.m. to noon.

The farmers are anxiously watching the ripening of the wheat. Some of the grain is ready but stalks are green yet. A few fields have been cut around here.

We are hearing some big booms in the evening and know that Fourth of July is coming soon. Stay safe!!

Adult mentors needed for children's program

Big Brothers Big Sisters of Phillips, Norton, Graham and Decatur Counties have six youths in Oberlin waiting to be matched with a mentor in its one-on-one mentoring programs.

"There's a common misconception that it takes a lot of time and energy to volunteer as a Big Brother or Big Sister," said Director Lisa Mussman of Phillipsburg "but in reality, it only takes a few hours each month to help make a difference in a child's life."

Volunteer "Bigs" meet with their "Littles" three or four times a month for an hour or so each time. They use this time to build a relationship while enjoying activities of their own choosing. Examples include walking a dog, eating ice cream, watching movies, reading at the library, going to the park, she said; the possibilities are endless!

Ms. Mussman noted that many of the children in the program come from single-parent homes where quality one-on-one time may be limited. However, the agency will serve any child who demonstrates a need.

Anyone volunteering needs to complete an application, available online at www.kansasbigs.org. The screening process includes criminal background and reference checks and an interview.

Big Brothers Big Sisters is one of the oldest and largest youth mentoring organizations in the country. The group says children matched with a mentor are more confident, less likely to begin using drugs and alcohol and less likely to skip school.

For more information, call (785) 874-4200 or toll-free, (888) KS4-BIGS.

Community worship service set

By Pastor Judith Stricker, United Church of Oberlin

There is some very exciting news. On July the 4th, there will be a community worship service in the city park. This will be a time of worship, music, and celebration at the same time. It will be a time that we can worship together, come dressed casually for the out-of-doors, and just generally celebrate our Christianity together. The celebration in worship will begin at 11 a.m., and we, the pastors of the association, are looking forward to seeing YOU and your family there. There will be a covered-dish lunch after.

How has church changed in 125 years? I would imagine that all of us would be surprised at how actually the church has withstood yesterday, is withstanding the great temptations of the current culture, and I believe, it will be present in our lives in the future, but perhaps in a very different form.

The emerging church in this post modern age, will be less formal, more mission driven, less concerned with building and trappings, but as deep in lessons of faith, and as secure in the Word as it ever was. It would be wonderful to have a real growth surge as was last seen in the 1950s, but that may never happen again. I believe the Holy Spirit may have something else in mind that includes depth in study and solid commitment to the welfare of our neighbors. I like that. I think it will include those who want to worship because it gives us the opportunity to truly follow in the pathway that Jesus set forth for us.

In many times in the past, attending a church was not always for the glorification of God, and the benefit of Christian growth for all of us, but there were many

selfish reasons for belonging. Then, attendance would not always be a part of the commitment. Some people belonged to a church, but did not attend but perhaps two or three times a year. However, I can assure you, when you are not in a close relationship with a church family, you really miss out on a lot of love, forgiveness and acceptance, not to mention fun, laughter and real sense of belonging. I have always found it sad when members fall away or stop attending because of perceived slights or wounded ego. When we accept Jesus into our lives, it will mean CHANGE! Life as usual will not be what will take place. If there isn't real change, then perhaps a reexamination of our commitment to Jesus is in order. It means learning to truly live with and love and forgive others. Yes, we all fall short of the mark, we all are human, but it is in the trying and the practicing that God comes to us. I think, and this is my opinion totally, that the church has allowed itself to become so watered down, so much meshed with the culture, that it has lost its meaning, mission and relevance. But, the good news is that there is a great swell of change that is growing. It is a change that takes us back to what we were created for, to further the good news of the possibility of salvation and eternal life, through Jesus Christ.

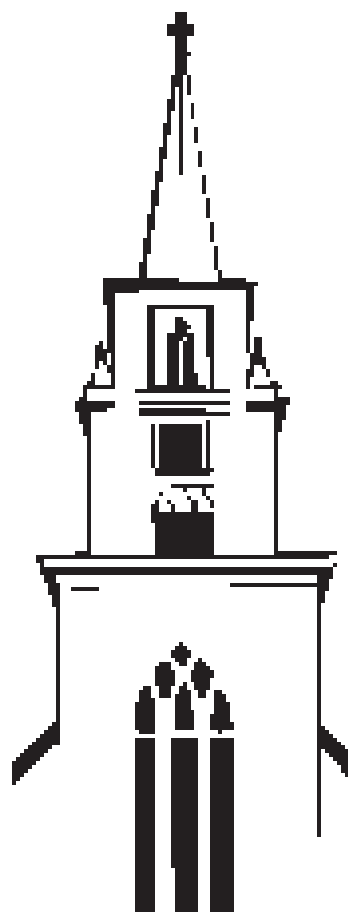
So I think that we are returning to what the commitment to church was 125 years ago. A commitment to love our neighbor, to study and follow the Word, and truly make something valuable to pass to our children and grandchildren.



Schedule of Oberlin and area church services:

- OBERLIN SACRED HEART CATHOLIC CHURCH**  
785-475-3103  
Fr. Mark Berland,  
MASS: 5:30 p.m., Saturday
- IMMACULATE CONCEPTION CATHOLIC, LEOVILLE**  
Fr. Mark Berland,  
MASS: 8 a.m., Sunday
- SACRED HEART CATHOLIC, SELDEN**  
Fr. Mark Berland,  
MASS: 10 a.m., Sunday
- JENNINGS-DRESDEN UNITED METHODIST CHURCH**  
Pastor: Barbara Patterson  
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN  
SUNDAY: Morning Worship, 9:30 a.m.
- PRAIRIE CHAPEL UNITED METHODIST**  
The Rev. Doug Hasty  
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.
- HERNDON IMMANUEL UNITED CHURCH OF CHRIST**  
Pastor: Dennis Brown  
SUNDAY: Morning Worship, 9 a.m.
- UNITED CHURCH OF OBERLIN**  
Pastor: Judi Stricker  
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA  
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship
- OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)**  
Pastor: Gene Gee  
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,
- OBERLIN UNITED METHODIST**  
102 North Cass — 785-475-3067  
The Rev. Doug Hasty  
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.
- CLAYTON UNITED METHODIST**  
Pastor: Larry Danforth  
Almena  
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.
- OBERLIN ASSEMBLY OF GOD**  
The Rev. Royce Leitner  
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.
- OBERLIN CHURCH OF CHRIST**  
South Beaver Street - Oberlin  
Bill Duncan — Phone 785-475-3259  
SUNDAY: Fellowship and coffee time; 10:00 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God open Bible Study; TUESDAY: Ladies Bible Study, 9 a.m.
- ST. MARY'S CATHOLIC, HERNDON**  
Fr. Stephen Folorunso  
Phone 785-322-5560  
MASS: SUNDAY and THURSDAY 8:30 a.m.
- HERNDON COVENANT CHURCH**  
Pastor: Keith Reuther  
Phone 785-322-5316  
SUNDAY: Morning Worship, 10 a.m.
- NORCATOUR UNITED METHODIST**  
Pastor: Larry Danforth  
Almena  
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.
- LYLE UNITED METHODIST**  
Guest Speakers every Sunday  
SUNDAY: Morning Worship 9 a.m.
- EVANGELICAL COVENANT CHURCH OF OBERLIN**  
Pastors: Chris and Sharon Nelson  
810 West Cedar, Oberlin  
Office Phone 785-475-2769  
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.
- LUND COVENANT CHURCH**  
Pastor: Doug Mason  
10 miles south, 4 miles west of Oberlin  
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.
- ST. JOHN'S LUTHERAN CHURCH**  
510 North Wilson  
Interim Pastor: Kevin Schnakenberg  
SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundays..
- FAITH LUTHERAN CHURCH**  
404 North York Avenue  
Oberlin, Kansas  
The Rev. Charlotte Strecker-Baseler  
Church Office Phone: 785-475-2053  
SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

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