

Not feeling well after eating an egg, chicken, tuna or ham salad sandwich at the picnic? Many people may think first of mayonnaise as the offending food, but the creamy sandwich/salad dressing is typically made with vinegar or lemon juice, which are both acidic ingredients that deter bacterial growth.

- Wash hands before and after handling raw or cooked foods. If no water is available, use towelettes or a hand sanitizer.
Plan quantities of perishable food for expected guests to minimize leftovers that could spoil.
Use separate coolers for raw foods; cooked foods; and beverages.

The more likely culprit, particularly in hot weather, is the meat, poultry, eggs or fish in a salad that has been left unrefrigerated. A two-hour rule before discarding, rather than eating, perishable foods allowed to stand at room temperature is suggested.

- Use plenty of ice or freezer packs. A full cooler will typically hold its temperature better than one that is not full.
Pack coolers with perishable foods shortly before leaving for the picnic.
Transport coolers in the air-conditioned passenger area, rather than the trunk or truck bed.
Keep coolers out of direct sunlight, covered with a blanket.
Use separate utensils, plates and platters for raw foods and cooked foods.
Pack a food thermometer, and

Summer heat and humidity can encourage bacterial growth on food. Here are 12 tips to keep food safe at picnics and parties:



Home Time

By Tranda Watts
Multi-county Extension Agent

test meats and poultry for doneness: hamburgers should be cooked to 160 degrees F; steaks or roasts to 145 degrees F for medium rare or 160 degrees F for medium; 165 degrees is recommended for poultry, and fish should flake with a fork.

touching the ground.
Keep children and pets away from a hot grill. Place the grill away from flammable materials, including buildings or a tent.
Tranda Watts is a Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785)443-3663 or e-mail twatts@ksu.edu.

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School enhances learning

The Northwest Kansas Technical College in Goodland launched an "iPad Initiative" on Thursday as students arrived on campus. All incoming students received an iPad as part of the new iTunes University program, which allows new teaching methods. The faculty, which has had training in advanced technologies, will integrate the new tools into their classrooms.

Northwest Tech is one of the first campuses in Kansas to offer this technology for its students. The iPod provided a great tool for receiving information, Dr. Mills said, but the iPad will give students the opportunity to hook into classroom learning. The iPad also gives students an opportunity to know what's going on around campus. Every student at Northwest Tech will always be connected through campus e-mail and calendar subscriptions, the president said.



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NOTICE OF BUDGET HEARINGS

LYON TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Gerry McKenna, Treasurer - Home of Lawrence Carter, Clerk - Greg Miller

OBERLIN TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, Spec Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Mike Coleman, Treasurer - Home of Gene Morford, Clerk - Ron Bryan. **Special Road Levy authorized to increase the 2010 Budget.

OLIVE TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Tyler Witt, Treasurer - Home of Denise Abbey, Clerk - Brian Simonsson

PLEASANT VALLEY TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, Spec Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Kenneth Carter, Treasurer - Home of Jerry Foster, Clerk - Lawrence Jennings

PRAIRIE DOG TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, Spec Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - , Treasurer - Home of Betty Hickert, Clerk - Kent Ashley. **Special road Levy authorized to increase the 2010 Budget.

ROOSEVELT TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, Special Mach, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Randy Leska, Treasurer - Home of Terry Rush, Clerk - Paul Uehlin

SAPPA TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Paul Shields, Treasurer - Home of Rod Bryan, Clerk - Richard Anderson

SHERMAN TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Phil Wurm, Treasurer - Home of Larry Roe, Clerk - Brad Uehlin

SUMMIT TOWNSHIP BUDGET SUMMARY

Proposed Budget 2011 Expenditures and Amount of 2010 Ad Valorem Tax to establish the maximum limits of the 2011 budget. Estimated Tax Rate* is subject to slight change depending on the final assessed valuations.

Table with 8 columns: Fund, Prior Year Actual Expenditures, Actual Tax Rate, Current Year Est. of Expenditures, Actual Tax Rate, Expenditures, Amount of 2010 Ad Valorem Tax, Est. Tax Rate*. Rows include General, Road, and TOTALS.

NOTE: Tax Rates are expressed in mills. There is NO Debt Service for this Township. Trustee - Monte Moore, Treasurer - Home of Paul Tally, Clerk - Brad Marcuson

NOTE: Tax Rates are expressed in mills and that means per thousand dollars worth of valuation.

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