## **Herndon News**

Dave and Judy Ketterl, Herndon, and Adam and Angela Ketterl, Atwood, went out for pizza Friday evening to celebrate Angela's birthday. Brief Saturday visitors of Dave and Judy were Aaron, Sarah, Gideon and Isaiah White of Norton.

Danny Joe and Ron Leitner were recent dinner guests at the home of Kent and Chris Wood.

Janice and Javme Sattler, Atwood, and Julie Hafner were visitors of Edie Pettera and Joan Noble on Sunday in Oberlin at Cedar Living Center. Julie was a brief guest of Jackie Votapka Sunday afternoon spending time researching Wurm and Hutfles family connections on 'Burgenland Roots'.

There will be a Mardi Gras Benefit for Sandy Green at Roger's Bar & Grill in Herndon from 4 to 8 p.m. on Tuesday, March 8. Support through donations will help defray recent medical expense. For further information, call Roger at 322-5552

A large number of friends gath- Dave and Krystal.

ered at the Herndon Pool Hall Wednesday evening to bid a fond farewell and best wishes to Dave and Krystal Hutfles.

Those attending were: Greg, Rita and Joe Marintzer, Ron and Peach Beims, Justin and Jennifer Davis, Don, Diane and Rachelle Solko, Jim and Destiny Schroeder, Randy and Jackie Leitner, J.R. and Phyllis Grafel, Ron and Cindy Sattler, Danny Joe Leitner, Bob and Linda Huss, Stu and Pam Stuczynski, Randy and Donna Most, Eunice Braxmeyer, Brad and Tammy Loker, Lexi Basgall, Deb Fanders, Charles and Wilda Walker, Ernie and Betty Wicke, Cheri Kastens, Rick and Shelly Nemeth, Dean and Deb Portschy, Jayne Niermeier, Jerry and Jared Holste, Gene and Meredith Hrnchir, Doug Bobinmyer, Voni Sattler, Joe and Nadine Green, Keith and Candy Ketterl, John Kleidosty, Del Solko, Isaac Marintzer, Michelle Hartner, Rachel Simminger. Kent Grafel, Kyle and Cindi Grafel, Lavern Frick, Kent and Chris Wood and

Thanks to Square Deal reader, Paul Versch, for the nice phone call. Paul, of Omaha, Neb., checked in to see how things are in Herndon. He had visited for the 2010 Ox-Roast and continues to follow the happenings of our community. Paul is a 1942 Herndon graduate and keeps in touch with family in the area.

**By Julie Hafner** 

Sharon Ecker had an "everything" weekend. She enjoyed her visit with Troy and Brandi Ecker and Bart Ecker in Hay's. They visited, ate out, shopped and just did 'everything.'

Louise Leitner died Jan. 3, 2011, in Overland Park. She was born Sept. 24, 1918, on a farm at Herndon to John and Anna Leitner and was a 1937 Herndon High School graduate. A memorial service will be held this spring in Herndon.

Justin and Jennifer Davis are busy packing and unpacking, preparing for the move to their new residence in Herndon. They officially made the move Tuesday and are so very excited. All the neighbors are too! Welcome to the "west' side!"

# What is green nutrition?

have a lot of plastic shopping bags,

recycle them. Many grocery stores

Plan ahead for groceries and make

Reduce, reuse, and recycle. With

food leftovers, reduce portion sizes;

reuse leftovers in the next 1 - 2 days

or freeze for a quick lunch later; and

recycle leftovers into other meals

Practice first in, first out to use up

If you have questions about

oldest food first and reduce waste.

a list. This saves gas and time with

have recycle bins.

multiple shopping trips.

such as casseroles or soup.

March is almost here, spring is coming, and St. Patrick's Day brings out the green in all of us. With nutrition as a focus in March, why not think about "green" nutrition?

The USDA Food and Nutrition Information Center has many ideas to go green and be nutritious at the same time. It involves buying locally grown foods, buying less processed foods, and making sustainable food choices.

The benefits include: Better diet quality, Potential weight loss, Supporting local farms, Reduced pesticide use, Lowering the nutritional carbon footprint.

Learn to save some green with green grocery shopping. This can lead to a more environmentally friendly household.

Here are some tips:

If you buy multiple boxes of the same food, look for larger sizes to reduce packaging waste.

Use reusable shopping bags for



At the February meeting of the Rexford City Council, Mayor Dave Williams and the council approved an application from the American

Legion for a beer license. Matt Vogler moved to approve, seconded by Dwight Williams.

At7p.m.Tuesday, the Book Club was to have its monthly meeting at the Red Barn for everyone who enjoys reading.

A soup luncheon held by the Rexford Lions Club on Saturday had a good turnout. The crowd enjoyed ham and beans, potato soup and yummy desserts. Daisies, Brownies and Girl Scouts helped with serving and clean up to earn a badge.

Until next week, make your week a memorable one.

groceries and in other stores. If you "green" nutrition or green food preparation", please feel free to contact your local K-State Research and Extension Office or you may e-mail twwatts@ksu.edu.

**By Tranda Watts** 

Multi-county Extension Agent

Tranda Watts is a Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan and Trego counties. Call her a (785)443-3663 or e-mail twwatts@ ksu.edu. For more information contact the county extension office 475-8121.

After our many years of service to this community. **Oberlin Medical Arts, PA is closing effective** March 11, 2011.

**Home Time** 

It has been a privilege to provide care to this community. Dr. Stelian Andreca, Dr. Elizabeth Sliter and their staff thank you for your support.

The medical records for our patients will be held in custodianship by Decatur Health Systems. Records will be available for transfer at the usual and customary fees by written request addressed to **Oberlin Medical Arts, PA prior to March 11, 2011** and addressed to Decatur Health Systems after March 11, 2011



## "The Easter Vigil" **Rev. Charlotte Strecker-Baseler, Faith Lutheran**

#### "The Easter Vigil"

The Easter Vigil is an ancient worship practice from the Christian tradition. As far back as the first century, Christians gathered together the evening before Easter, the Resurrection of Our Lord, in order to retell the stories of salvation history from Scripture, which at this point in time was the Old Testament, also known as the Hebrew Bible. The New Testament had not yet been written. The first writing of the New Testament was the apostle Paul's first letter which was written in the year 50 A.D., 17 years after the death and resurrection of Jesus the Christ.

The word vigil, comes from the word vigilant. To be vigilant is to be watchful and waiting with anticipation. In attending the Easter Vigil, the early Christians were watching and waiting with hopeful anticipation of celebrating the most important festival

and resurrection, and the church and people of God being renewed by the Holy Spirit, the spirit of God.

Since the first century, the primary day for Christians to assemble around word and sacrament has been Sunday, because every Sunday is understood as the day of resurrection; the day on which Jesus overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

n the early Christian church, the Easter Vigil was a watch through the night for signs of the rising dawn. Many churches celebrate an Easter sunrise service which is an adaptation of the Vigil beginning before dawn on Easter Day.

As Passover is central to Judaism, so the Christian Passover, Easter, is central to the church. This is the night, the Vigil of Easter! This is our Passover with Christ from darkness to light, from bondage to free-



# **Norcatur News**

By the Norcatur News Committee

Congratulations to Capt. and Feb. 18 for Topeka to visit Mr. and Mrs. Jake Leichliter, who are the parents of a baby girl, Abigail Ruth, who was born Feb 2, 2011. She was welcomed home by her twin brothers, Nathan and James. Their grandfathr, Denny Leichliter went to take care of the boys while their parents were at the hospital. She is also the great-granddaughter of Vene and Phyllis Leichliter.

Visitors last week at the Stan Miller farm were Justine Tuttle and baby Jade, El Dorado. They came on Wednesday, Feb. 9 to visit the grandparents and great- grandparents, and Justine hosted a bridal shower for Kelsey Gallentine on Saturday, Feb. 12. Justine and Jade left on Sunday, Feb. 13, and went to Quinter to spend a night with Mr. and Mrs. Rodney Tuttle before returning back to El Dorado on Monday.

Mr. and Mrs. Stan Miller, along with several friends, left on Feb. 13 to spend a few days in Las Vegas. They saw The Lion King in live theatre, and an amazing show by Terry Fator, along with other entertainment.

Results of the pool tournament at the Cardinal Bar and Grill on Feb. 16 were: first, Don Relaford and second, Dave Stapp.

Mrs. Curt DeDonder and Sophia, then went to El Dorado on Feb. 20 to visit Mr. and Mrs. Casey Tuttle and Jade. Carol stayed a few days to babysit Jade as Justine went back to work and daycare was not available for a few days.

Happy Birthday to Denise Bailey, Feb 22; Juanita Eckhart, Feb. 24; Mike Helm, Feb. 25; David Hare, Feb. 26; and Robert Schoenradt, Feb. 26.

Happy Anniversary Gail and Denise Bailey, Feb. 23.

Bob and Kay Strevey left Feb. 11 for Andover for a birthday celebration the home of Justin and Hollie Ricke. They stopped and picked up Grace Ricke at the babysitter' and then met Justin and the boys. Saturday morning was spent at the Tiens. The birthday party was for Ivalea Tien, who turned 6 years old on Valentine's Day. Those attending the party were several of Ivalea's friends, Trudi and John, Elissa and Nora McCollum of Liberty, Mo.; Hollie, Justin, Jared, Ben and Grace Ricke, Andover; Grandpa Bob and Grandma Kay, Norcatur; and Grandpa Marion and Grandma Joyce Tien, Prairie View.

On Sunday evening, Charlie and Judy Easton of Quinter, visited Mr. and Mrs. Stan Miller left on Rea and Dee Magers. Jeff Magers,

Cedar Bluffs, had lunch with them on Presidents Day. Senior Citizens had a good group

of players for cards on Feb. 18. Winners were Eleanor Jensen, Joyce Price and Dee Magers. Come join us on Friday, March 4. There's always room for more!

Mark and Debby Ward spent a recent weekend with his mother and helped with the new T.V. that they brought with them.

### **Selden News** By Jacque Boultinghouse

On Feb. 10 during Senior Citizens at the Community Center, Shirley Emigh won high, Bob Wessel took second, Edna Schiltz got low and Carl Mumm had the most Aces. Other members present included: Ann Hazlitt, Betty James, Jeanie Spresser, Lola Cook, Royce Cook, Matt Finnesy, Pat Wessel, Gail Mumm and Paulie Neff.

During Senior Citizens at the Community Center on Feb. 17, Lola Cook won high, Gail Mumm took second, Shirley Baker got low and Bob Wessel had the most nines. Other members present were Shirley Emigh, Pat Wessel, Ralph Weis, Jeanie Spresser, Royce Cook, Matt Finnesy, Carl Mumm, Lillian Sulzman, Betty James, Marge Hartzog and Helen Karls.

On Feb, 24, Pat Wessel won high, Carl Mumm took second, Betty James got low and Shirley Emigh had the most tens. Other members present were Edna Schiltz, Jeanie Spresser, Ralph Weis, Matt Finnesy, Bob Wessel, Lola Cook, Royce Cook, Lillian Sulzman, Paulie Neff and Bernita Aumiller.

Birthdays and anniversaries include: Feb. 12 - Bailey Ochs. Feb. 13-Olga Vargas, Robert Ritter, Car-Spresser. Feb. 14 - Marge Miller, through 12 - State Basketball.

Nick Stacey, Tret Rogers, Alan Spresser, Dan and Miriam Shaw, Shirley Niermeier, Steve and Leah Sewell. Feb. 15 - MiKayla Lobato. Feb. 17 - Samantha Juenemann, Don and Helen Juenemann. Feb. 18 - Scott Foote. Feb. 20 - Isabella Sauvage, Heather Hunziker, Lindsey Shaw. Feb. 21- Lyn Cheney, Chris Lawson, Karri Schaben.

Feb. 22 - Shane Ryburn, Ian Koerperich, Theresia Weber, Jan Heck. Feb. 24 - Clayton Hill, Michelle Foote. Feb. 26-Betty Schieferecke, Klint Wessel. Feb. 27 - Judy Rogers, Theda McKee, Brittany Ritter. Feb. 28 - Pat Stevenson, Dan and Jacki Schreiner. March 2 - Caleb Koerperich, Melvin Spresser. March 3 - Sherrie Jacobs, March 4 - Rodney Johnson. March 5 - Bernadine Spresser, Charlie Ochs. March 6 - Sheila Ritter, Jennifer Eatherly. March 7 - Lindsey Barrett, Bud and Tret Rogers. March 8 - Vala Mosier. March 9 - Evelyn Brainard. March 10-Cole and Tara Ingram, Joe Zodrow, Raymond Zodrow, Lindsey Oakley, Mark Miller, Paul Kaus, Debbie Koerperich, Cheryl Ochs.

School Calendar - March 3 through 4 - Sub-State Basketball. March 8: Grades 3 through 5 - Music ol Lobato, Ethan Stanton, Thayne recital at Selden School. March 9

### Weatherization Workshop

### for Homeowners

2- Hour Energy Workshop for Home-Owners will provide quick and easy energy saving fixes and repairs.

Held at Colby Community College March 7, 6:30 - 8:30 pm Cost: \$22 includes hand-out material

To register contact Amy Smith at 1-800-729-6222, ext 205.



better known as Christmas Eve.

Christmas and the season of Epiphany are preparations for Easter; the Day of Pentecost is its culmination. The season of Lent prepares for Easter and the seven weeks of Easter (the Great 50 Days of Easter) celebrate the rich mystery of life out of death, the cross

of the Christian year: Easter. In our society today, the dom, from death to life. It is a night in which some Easter Vigil is not as popular as the Christmas Vigil, of the greatest stories of our faith heritage are told. In hearing these stories, we connect with the heart of our own faith story.

During my articles for the month of March, I will explain in more detail what the Easter Vigil service consists of and share which traditions of the Christian faith still practice this ancient tradition. Stay tuned.

## Schedule of Oberlin and area church services:

**OBERLIN SACRED HEART** CATHOLIC CHURCH 785-475-3103 Fr. Mark Berland, MASS: 10:30 a.m., Sunday

**IMMACULATE CONCEPTION** CATHOLIC, LEOVILLE Fr. Mark Berland, MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN Fr. Mark Berland, MASS: 5:30 p.m., Saturday

JENNINGS-DRESDEN UNITED METHODIST CHURCH Pastor: Barbara Patterson SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST The Rev. Linda Willey SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN Pastor: Judi Stricker 109 North Griffith-American Baptist, **Disciples of Christ, Presbyterian USA** SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

#### **OBERLIN COMMUNITY FELLOWSHIP** (Southern Baptist) Pastor: Gene Gee

SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

**OBERLIN UNITED METHODIST** 102 North Cass - 785-475-3067 The Rev. Linda Willey SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

**CLAYTON UNITED METHODIST** Pastor: Ed Woods SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

**OBERLIN ASSEMBLY OF GOD** The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

**OBERLIN CHURCH OF CHRIST** South Beaver Street - Oberlin Bill Duncan - Phone 785-475-3259 SUNDAY: Fellowship and coffee time; 10:30 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God, 10 a.m. open Bible Study; TUESDAY: Ladies Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON Fr. Nick Parker Phone 785-322-5560 MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH Pastor: Keith Reuther Phone 785-322-5316 SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATUR UNITED METHODIST Pastor: Ed Woods SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST **Guest Speakers** every Sunday SUNDAY: Morning Worship 9 a.m.

**EVANGELICAL COVENANT CHURCH OF OBERLIN** Pastors: Chris and Sharon Nelson 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH 10 miles south, 4 miles west of Oberlin SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Interim Pastor: Kevin Schnakenberg SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundavs.

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Phone:

785-475-3127 — Oberlin

785-386-4311 — Selden

**Derek Riner** 

**Rick and Dori Pauls** 

HOMES

404 North York Avenue Oberlin, Kansas The Rev. Charlotte Strecker-Baseler Church Office Phone: 785-475-2053 SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

