

**Take a taco or two**



**AT THE HIGH SCHOOL** on Saturday night, football mom Jane Gilliam helped serve tacos for a fund raiser for the Red Devils football team. Several dozen people attended and made a donation for the team.  
— Herald staff photo by Kimberly Davis

**Aging expo coming**

Strategies for Living Longer and Better is what we all want in life. Living the lifestyle necessary to prevent disease and taking action necessary to detect problems early is the key.

Do you have questions about aging? About helping your parents, or for yourself? Plan to attend Full Circle ... an Aging Expo from 9:45 to 3:30 on Friday, April 29, at the Huck Boyd Center in Phillipsburg.

The keynote speaker is Dr. Joseph Galichia, a noted medical spokesman.

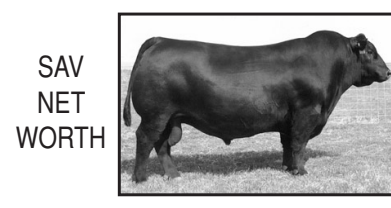
There will be three breakout sessions during the day. You can choose from:

- Put Pain in Your Rearview Mirror, a program on coping with pain in chronic disease presented by Courtney McCarty, registered dietitian, and Jeanene Brown, a registered nurse. Both are certified trainers in Chronic Disease Self-Management.
- "This Used to be My Favorite Meal..." by Taunya Williams, a consulting dietitian.
- Caring for the Caregiver, by Vern Norwood, Kansas Department of Aging.
- Antiques and Collectibles: Trash or Treasure, by Marvin Mann, AA Antique Appraisal and Consulting.
- Home Modifications for Aging in Place, by Carol Ann Crouch, Scott County Extension agent.
- Discussing Options When Faced with a Life-Threatening Illness, by Sue Noll, hospice supervisor, Hays Medical Center.
- Sharing Your Story, by Kathy Lupfer-Nielsen, Lincoln County Extension agent.
- Defensive Driving for the Aging Driver, by Trooper Tod Hileman, Kansas Highway Patrol.
- Learn to Laugh with Yoga Laughter, by Jan Moore, activities director, Sheridan County Long Term Care.
- Estate and Farm Succession Planning, by Stacey Seibel, Seibel Law Office.

For registration, go to [www.northwest.ksu.edu](http://www.northwest.ksu.edu) and click on "Full Circle Brochure" or contact the Northwest Area Research and Extension Office at (785) 462-6281.

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2.0 55 23 98 average EPD's on Nemeth bulls. **Free Delivery and Boarding**



**NOTICE OF 2011 ANNUAL MEETING**

This is your official notice of the Annual Meeting of the Decatur Cooperative Association, to be held at the Gateway Convention Center in Oberlin on Thursday evening April 21, 2011.

- The agenda is as follows:
- |           |  |
|-----------|--|
| 6:30 p.m. | Serving meal<br>Entertainment  |
| 7:00 p.m. | Business Meeting<br>Audit Report<br>Election of Directors<br>Chairman's Report<br>Manager's Report |

Directors terms expiring are those now held by Kenneth Kelley and Gary Orr Jr. Director term of Millard Kyte will also be filled. The floor will be open for nominations at the meeting. Financial Statements will be provided at the meeting for year ending January 31, 2010.

Please mark Thursday, April 21, 2011, on your calendar and attend your Cooperative Annual Business Meeting.

Sincerely,  
Decatur Cooperative Association  
Kurt Anderson, President

**Lions schedule big egg hunt**

The Oberlin Lions Club plans to hold its annual Easter Egg hunt for kids at City Park on Saturday, April 23, the day before Easter. The hunt will start at 1 p.m. near the shelter house. There will be a roped-off area in front of the shelter and kids will be divided into age groups for 1 to 2 year olds, 3 to 4, 5 to 6 and 7 to 9. Each group will get a chance to pick up eggs and candy. The Easter Bunny is scheduled to make an appearance.

Please clip out this ad and save for handy reference.

**PUBLIC NOTICE**

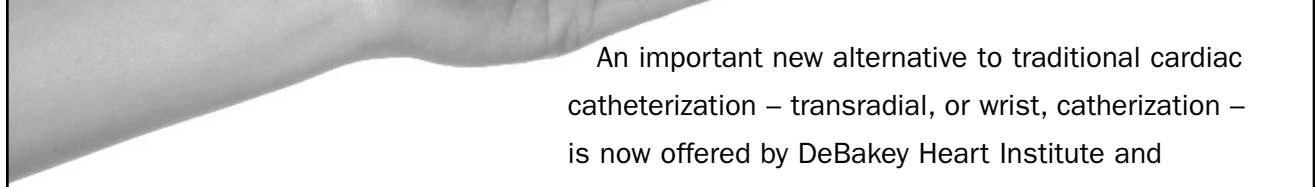
The burning of vegetation, limbs and other organic material will be permitted **(no rubber tires):**  
**Friday, March 25**  
**through**  
**Monday, May 9**  
provided adequate safety measures are taken, and being mindful of wind conditions.

By Order of  
City Mayor  
Joe Stanley



Please Help Keep  
Oberlin  
**LOOKING CLEAN!**

**The Wrist Cath**  
**A New Path to the Heart**



An important new alternative to traditional cardiac catheterization – transradial, or wrist, catheterization – is now offered by DeBaKey Heart Institute and Dr. Richard Markiewicz, interventional cardiologist.

For patients who meet the criteria, Dr. Markiewicz uses the radial artery, located in the wrist, as the access point for catheterization procedures rather than the femoral artery in the groin.

- Wrist catheterization can:
- Improve patient comfort
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  - Reduce chance of bleeding complications
  - Provide less stress for most patients

Each patient must be evaluated individually to determine whether wrist catheterization is appropriate for them. For more information call 888-625-4699 or ask your primary care physician.



**Dr. Richard Markiewicz**  
Interventional Cardiologist



**Dr. Christine Fisher**  
Interventional Cardiologist



**Dr. Jeffery Curtis**  
Interventional Cardiologist



**Dr. Babar Ali**  
Interventional Cardiologist



**Dr. Elizabeth Ashworth**  
Cardiothoracic & Vascular Surgeon

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