

**TAKING THE BATON** in the 4x400-meter relay race, the Norton Invitational on Friday. Keithen Fortin took off as Zach May finished his leg during

- Herald photo by Dick Boyd

• Kyle Breth, 200 meters, 31.87;

Ben Glading, shot put, 17-9,

• The 4x800 meters relay team of

• The 4x400 meters relay team of

• The 4x100 meters relay team of

The team was to be back in At-

Maternity Services

wood on Tuesday for a meet and will

be in Oakley at 3 p.m. Friday.

Z. May, Keithen Fortin, Jones, and

Peters, Jones, Keithen Fortin and Z.

Z. May, Dalton Jones, Nolan Peters

long jump, 12-8.5, 35th.

40th; discus, 54-10, 41st.

and Shields, 8:45.1, first.

Peters, 3:36.44, first.

May, 46.1, third.

## **Boys team places third at Norton**

The Decatur Community High boys track team took third at the Norton Community High School Invitational track meet on Friday.

Junior Tyler Shields took a pair of firsts and senior Keithen Fortin took one. The relay teams finished with two firsts and a third.

Goodland took first in the meet with 103 points, followed by Colby 88, Oberlin 77, Northern Valley 68.5, Phillipsburg 52, Norton 51.5, Victoria 49, Logan 40 and Smith Center 36.

This was the Red Devils' first major meet of the season, although the team took part in a triangular in Atwood last week with Rawlins County and Quinter.

Placing for Oberlin were:

• Shields, 1,600 meters, 4:51.32, and 3,200 meters, 10:28.95, first. • Keithen Fortin, 200 meters,

86-10, 27th; 23.56, first, and 100 meters, 11.27,

second.

41-11.5, fourth; javelin, 139, sixth; discus, 104-11, 13th; and 200 meters, 26.72, 19th,

• Kolton Paul, 3,200 meters, 11:31.5, sixth; javelin, 99-6, 28th,

• Kennedy Fortin, 800 meters, 2:23.55, seventh; 400 meters, 58.5, 12th; long jump, 14-5.25, 30th; and 100 meters, 12:51, 31st.

• Zach May, javelin, 138-11, seventh.

• Jeff Shaw, 300-meter hurdles, 55.56, 10th; shot put, 34-11, 14th; 200 meters, 27.08, 23rd; and 100 meters, 12.63, 33rd,

• Ryan May, pole vault, 10-6, 10th; long jump, 16-5.5, 17th.

• Connor McHugh, 200 meters, shot put, 34-.05, 17th; and discus,

• Chris Anderson, pole vault, 10,

12th; javelin, 107-2, 21st; and 200 • Dakota Soderlund, shot put, meters, 27.64, 29th,

23rd

• Dayton Dreher, pole vault, 9-6, 13th; javelin, 105-1, 23rd; and 200 meters, 27.71, 31st, • Grant Gilliam, triple jump, 35-

3.5, and long jump, 16-9.25, 15th; 200 meters, 26, 16th.

• Matt Helm, 1,600 meters, 5:56, 17th

• Channing Fortin, javelin, 117-2, 18th; discus, 96-1, 19th; shot put, 32-2.5, 22nd; and 100 meters, 15.79.44th.

• Shay McChesney, 400 meters, 1:02.96, 19th; long jump, 15-6.5, 21st; 200 meters, 27.57, 28th; 100 meters, 12.81, 36th; and javelin, 81-11, 38th.

• Konner Fortin, 200 meters, 25.18, 11th; javelin, 119-6, 16th; 26.77, 20th; long jump, 15-3, 24th; javelin, 91, 33rd; and 100 meters, 13.37th

• Matt Glading, long jump, 15-4,

# Seventh graders take fourth place

The Oberlin seventh-grade boys came out fourth Thursday at Smith Center in their first track meet of the season.

Beloit Junior High came in first with 145.5 points, followed by Republic County Middle School 130, Concordia Junior High 81, Decatur Community Junior High 48, Pike Valley Junior High 34, Smith Center 28 and Ruppenthal Middle School 25.5.

Keagen Blau brought home the only gold for the young Red Devils with a 4-foot, 6-inch leap in the high jump.

The Oberlin seventh-grade girls came in sixth.

Beloit came in first with 133 points, followed by Concordia 115, Republic County 60, Pike Valley 54, Ruppenthal 51, Oberlin 38 and Smith Center 37.

Participating for the boys were:

• Blau, high jump, 4-6, first; shot put, 33-5, third; 400 meters, 1:06.7, fourth.

• Justice Harris, pole vault, 6, third; 1,600 meters, 6:20.46, fourth; 800 meters, 2:59.94, seventh.

• Myles Sheaffer, 800 meters, 2:46.5, third; 200 meters, 31.92, 12th.

•Noah Nelson, long jump, 12-10, and discus, 64-1, fifth; 200 meters, 30.8, eighth,

• Andrew Wade, pole vault, 6, fifth; 100 meters, 15.36, ninth; 200 meters, 31.15, 10th.

•KonnorWitt, 100 meters, 16.38, 14th; shot put, 19-11.5; discus, 50-10,15th

•Kade Grafel, 100 meters, 16.47; 200 meters, 34.26, 15th.

• The 4x100-meter relay team, Witt, Sheaffer, Grafel and Wade, 1:01.4, fourth.

• The 4x400-meter relay team, Sheaffer, Harris, Blau and Nelson, 4:12.52, fifth.

Participating for the girls:

• Kaitlynn Fisher, discus, 65-6, second; shot put, 23-7.5, 14th. • Sabryn O'Gara, high jump, 5-6,

third;100 meters, 15.96, ninth,

•Ara Marine, 400 meters, 1:17.9 fifth; 100-meter hurdles, 21:89, seventh; high jump, 4-8, 10th.

• Shylo Shields, 200 meters, 32.56, fifth,

• Alex Waterman, 200 meters, 34.57, ninth; 100-meter hurdles, 22.8.11th.

• Caitlin Gault, shot put, 24-9.5; 10th, 200 meters, 37.03, 11th; discus, 53-7, 14th.

• Megan Davies, javelin, 32-6, 18th; shot put, 19-10; 19th, discus, 38-11,23rd.

• The 4x100-meter relay team, Gault, Shields, Waterman and O'Gara, 1:02.83, fifth.

• The 4x200-meter relay team, Waterman, Shields, O'Gara and Marine, 2:4.7, second.

The team will attend its next meet at 10 a.m. Thursday in Oakley.

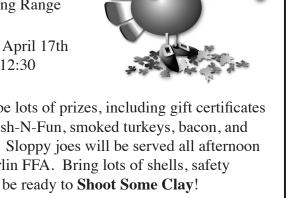
#### The Oberlin FFA is having a **Turkey Shoot!**

Where:

The Oberlin Gun Club Shooting Range When:

Sunday April 17th at 12:30

There will be lots of prizes, including gift certificates to Dale's Fish-N-Fun, smoked turkeys, bacon, and hamburger. Sloppy joes will be served all afternoon by the Oberlin FFA. Bring lots of shells, safety glasses and be ready to Shoot Some Clay!



## Girls take fifth

The Lady Red Devils track team took fifth at the Norton Community High School Invitational track meet on Friday.

Oberlin senior Jordan Dreher brough home the only gold for the girls, while Kiah Blau, Kayla Jones and Cassidy Shields took second.

Placing for Oberlin were: •Dreher, javelin, 121-7, first; shot

put, 34-3, fourth; 100 meters, 13.17, fifth; and pole vault, 6-6, 11th.

•Blau, shot put, 34-7, second; 100 meters, 13.09, fourth; long jump, 14-6.25, sixth.

• Kayla Jones, high jump, 4-10, second.

• Cassidy Shields, 300-meter hurdles, 51.1, second,

•Alexis Hissong, 300-meter hurdles, 53.51, fifth; 200 meters, 30.35, 13th; 100 meters, 14.27, 19th,

• Miki Dorshorst, long jump, 14-11, fifth,

• Darbi Rouse, 3,200 meters, 13:33.29, fifth.

• Brittany Urban, 800 meters, 2:58.13, sixth; triple jump, 28-5.5, seventh; and javelin, 85-5.5, 13th,

• Tiffany Anderson, 400 meters, 1:06.1. sixth.

• Emma Borton, 1,600 meters, 7:09, seventh; javelin, 74.8, 18th; and discus, 66-10, 19th.

• Lara Zodrow, high jump, 4-4, seventh,

• Hannah May, triple jump, 26-6.5, eighth; javelin, 77-4, 17th; and discus, 56-2, 26th.

• The 4x800-meter relay team of Rouse, Anderson, Dorshorst and Jones, 10:51.43, second.

• The 4x100 relay team, Blau, Dorshorst, Shields and Dreher, 52.32, second.

• The 4x400 relay team, Shields, Jones, Dorshorst and Anderson, 4:22.79, third.

The girls were to be back in Atwood on Tuesday for a meet and will be in Oakley at 3 p.m. Friday.

### **Sunflower Rec Center**

**April's Open Bowling Schedule** 

**Sunday** 1-5 p.m. Tuesday 4-5 p.m.

Thursday 4-8 p.m. **Friday** 4-8 p.m. Saturday Open Bowling 2-8 p.m.

Cosmic Bowling 8-10 p.m. Phone 785-470-2200



# We Are Everywhere

**Hometown Family Radio** 

# There for You With Each Step

Expecting a child, especially if it's the parents' first, is an exceptionally exciting time that can also be a bit intimidating. Having some reassurance can make a great deal of difference for Mom and Dad as they embark on an unforgettable and life changing journey. For the providers at Tri Valley Health System, creating that reassurance means having the best equipment and technology, highly qualified staff, offering accompanying services, and providing expecting parents with attentive service and helpful information. This includes the guidance from not only our highly trained medical staff, but the assistance from our OB Coordinator, Jamie Shifflet, RN as well.



Dr. Rachelle

Kaspar-Cope, MD

Family Practice/OB

Plus, with the construction of a new facility, Tri Valley Health System expanded the Labor/Delivery/Recovery suites. TVHS obstetric patients now enjoy the tranquility of a jetted tub as well as a pull out couch for overnight guests, flat panel plasma television with internet capabilities, facility wide wi-fi, and other items that provide the comforts of home in a secure, spacious, and quiet location.

Tri Valley is also pleased to provide all Obstetric Patients with

- -Diaper bag with information including their own copy of "What to Expect when You're Expecting"
- -Assistance and guidance from OB Coordinator throughout Pregnancy -General Nutrition Consultation with Tri Valley's Registered Dietician -Car Seat Installation
- -Free Dismissal Massage

-Baby Basics Basket

-Postpartum Home Visit from OB Coordinator, Jamie Shifflet, RN -Advanced equipment including our 3D/4D Ultrasound

Dr. Lennie Deaver, MD Family Practice/OB



Paul Shellabarger, PA-C Family Practice/OB

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