

Families enjoy gardening

Mr. and Mrs. Stan Miller left April 21, for Topeka to visit Mr. and Mrs. Curt DeDonder and Sophia.

Guests Saturday evening, April 23, for a pre-Easter supper at the home of Darrel and Alice Barnett were Marylyn and Tyler Perry.

The results of the pool tournament held at the Cardinal Bar & Grill Wednesday, April 27, were: Von Johnson, first; Carl Lyon, second.

Senior Citizens met Friday, April 29 with a noon covered dish dinner enjoyed by 19. There were 17 players present for cards after the

delicious dinner. Winners were Jodi Lyon, Eleanor Jensen and Joyce Price. The next meeting will be at 1 p.m. Friday at the Educational Building.

Susan Arnold Bolek and Sara of Valparaiso, Ind., came April 14 to visit Lora Arnold and relatives and friends for a week.

Lora Arnold attended the Norcatour United Methodist Church service Sunday, May 1, then went on to the Lyle United Methodist Church service that morning and attended their monthly covered dish dinner.

Happy Birthday to David Stapp, May 6; Ron Montgomery, May 10; and Evelyn Lyon, May 11.

Rea and Dee Magers met their son Jeff and Joy, Cedar Bluffs, at the Lyle Easter sunrise service. A great casserole breakfast followed the service and was enjoyed by several people from the area.

On Easter Sunday evening, company at the Rea and Dee Magers home were Imogene, Dan, and Mark Hahn; Stacy Metter and Becky Gal-

vin, all of Denver. Imogene is Dee's sister-in-law. They came to attend the funeral of Imogene's brother, Bill Goscha of Norton.

Sympathy is extended to the families of Elden Long and Ethel Railsback.

A Norcatour of Tomorrow meeting will be held at 6 p.m. on Monday, May 16, at the Cardinal Bar and Grill.

Evelyn Lyon will celebrate her birthday May 11, 2011. Her address is: Andbe Home 201 West Crane, Norton, Kan., 67654

Mr. and Mrs. Stan Miller went to Colby on May 1 to visit Mr. and Mrs. Chad Applebury, Elijah and Kayssa and to attend Eli's First Communion ceremony at the Sacred Heart Catholic Church. Bev DeLano, Wichita, was also there. They were joined by Mr. and Mrs. Gary Miller, Oberlin as well as several friends and family at the Applebury residence after the ceremony for a reception lunch.

Dorothy Ward attended the funeral services for Ethel Railsback on Monday afternoon, May 2, and attended the family dinner at noon.

Being physically active and eating one or more meals together each day offers members of families a chance to benefit in some areas where they may be experiencing difficulties. One physical activity that many families enjoy is gardening together.

Eating and gardening with children and teens provide frequent chances for relaxed communication and strengthening emotional connections with each other. We may feel a sense of peace as we help seeds and young plants grow, and feelings of accomplishment when we harvest the bounty.

Overall, gardening and eating together result in more positive family and other social relationships. To help ensure a healthier future for the children that you care for, consider enjoying nature together. Start small, with a container garden near a window or on your porch, or by planting a garden in a small patch of ground in your yard.

Research has found that when children are involved in growing their own food or helping prepare their own food, they are more likely to eat some of those foods.

Children have keen senses of taste and smell. Those younger than six years of age usually like mild-flavored foods. Mildness is especially important when considering



Home Time

By Tranda Watts Regional Extension Agent

vegetables, fruits and meats. Kids ages two to six years often prefer raw vegetables and fruits. Children like crisp foods in a meal. They enjoy hearing the crunch of crisp carrot or celery sticks or toast.

Do not force a child to eat any food. Patience works better than pressure. Sometimes new foods take time, so give them just a taste of new foods at first. Changing the food is always easier than changing the child.

Above all, enjoy eating with your

family. They learn from watching you.

If you have questions, please feel free to contact your local Kansas State Research and Extension Office or e-mail twatts@ksu.edu. Tranda Watts is a Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail twatts@ksu.edu. For more information, contact the county extension office, 475-8121.

Mount Pleasant News

By Dianne Bremer

These first eight items from my previous week's column were omitted due to a publishing error:

Our sympathies to Marilou (Berndt) Long and her family upon the death of her husband, Elden, whose funeral was held Monday morning, May 2, at Faith Lutheran Church in Oberlin.

Cassidy Shields, Elizabeth Nedland, Hannah May, Ryan May, and Zach May were among those from Decatur Community High School competing at State Music Contest Saturday, April 30, on the Kansas Wesleyan University campus in Salina.

Cassidy received a I on her vocal solo and the vocal trio of Cassidy, Samantha Anderson, and Mikki Dorshorst received I rating as well. Elizabeth received a II on her French horn solo, and Hannah received a II on her flute solo.

Zach received a II on his vocal solo, and he also sang in the Men in Black ensemble which received a I rating. Ryan, Zach, and Cassidy were also in Singers which received a I rating.

Following State Music, Elizabeth Nedland, Hannah May, and Cassidy Shields went with members of Oberlin's high school music class, accompanied by Susan Nelson, to Omaha, to watch the Sunday afternoon matinee of Les Miserables.

Rhonda May and Dan Nedland, Paul and Kelly Shields, and Roland and Pam May, accompanied by Cheryl Metcalf, attended the State Music Competition in Salina over the weekend.

Gaylord and Shirley Shields, accompanied by Loyd and Fern Moore, returned home Sunday evening, April 30, after visiting Mike and Nancy Shields in Omaha, and attending the Berkshire Hathaway annual meeting.

Jessica Bremer, treasurer of the Washburn University College Republicans, attended the Kansas Federation of College Republicans meeting Saturday afternoon, April

30, at the Kansas Republican Party Headquarters in Topeka. Governor Sam Brownback and National Committeeman, Todd Tiaht, were among the special guests and speakers at the meeting.

Jessica Bremer, membership chair of the Washburn University Mortar Board Chapter, helped with the initiation of the new Mortar Board class Sunday afternoon, April 30.

Two of the new members were Jennifer and Heather Ploussard, and their mother, Sandy Rush of Oberlin, attended the initiation. Mortar Board is a National College Senior Honor Society.

John and Dianne Bremer spent the weekend of April 30 and May 1 in Topeka visiting Jessica, returning Sunday evening.

Quintin Cundiff was recently named as pastor-elect, pending graduation this spring from Concordia Seminary, St. Louis, to Beautiful Savior Lutheran Church, Reed-sport, Ore., and Christ Lutheran Church and School. Quintin is the son of Greg and Janice Cundiff, and the grandson of Martin and Evelyn May.

Ralph Unger and Gene Gallentine attended a Kansas Association of Counties spring conference Tuesday to Thursday in Wichita. Accompanying them on the trip were their w, Norma and Kristi.

Marvin May, Martin and Evelyn May, Greg and Janice Cundiff, Andy and Kelley May and Lauren, Kalen Townsend, Chris and Kasey May, Kaylee and Hunter; and Gerald and Patti Benda celebrated Marvin's 60th birthday at an area restaurant Saturday evening.

Kelsey May was at a Girl Scout camp so was unable to attend. Wilma May enjoyed Mother's Day dinner with Jerry and Connie Olson at an area restaurant Sunday noon.

Erin May, Elizabeth Nedland, Hannah May, and Caitlin Shields were among the students performing in Cheryl Metcalf's spring

piano recital at the Oberlin Gateway Mother's Day afternoon.

John and Dianne Bremer attended the garden wedding of Tamar Sporn and Stan McEvoy at the newlyweds' home in Oberlin Saturday afternoon.

Walking with Jesus Judi Stricker, United Church of Oberlin

Luke 24: 13

Luke was a storyteller. Just as John had an eye for details, Luke had a talent for keeping listeners involved in his stories. In fact, it is said that this one in particular was asked for again and again. I recognize that as it is one of my favorites too.

The story took place on Easter evening on that first Easter, on the day of resurrection. Somehow, the two disciples in question has missed all of the wonderful action on Easter Day. They were still wrapped up in the death of Jesus and had only heard gossip about the actual event.

Two disciples were on their way home, about seven miles from Jerusalem, to a small village called Emmaus. As they were walking along, totally "bummed out" and wondering how their lives could possibly get worse, they meet a man along the way who joins their walk. Unknown to the two, the stranger is actually Jesus. How would we react to such a wonderful surprise!

This story had a very small cast, just Jesus and two disciples, really followers of Jesus, not among the twelve. As Luke records the story for us, he really names only one, Cleopas. The other man is not named and in fact, Luke really refers to them as "they". It really does not matter who they were, it is the essence of those two men being so much like us.

Jesus is showed once again to be a supreme listener. He lets the two go on, and on, and on, about how the nightmare that the prophets had foretold, had happened. Jesus had died. However, they somehow missed the second half of the prophesy. Jesus simply,

in words that would fit into a conversation today, said, "Ah, come on you two, get with the program. Do you ONLY believe what the prophets of old said?" It gets their attention.

As we tell our stories, either personal or congregational, do we take the time to really hear what we are saying? We need to know what we are REALLY communicating to others. Do we know what is actually true in our life stories, or what has been told so many times that it just has been accepted as true. There is a big difference between those two things. Those two disciples didn't take into account about HOW the prophesy would play out.

Unfortunately, those two did not take into consideration that because they had focused on only a part of the story, that they had denied the transforming power of the REAL Easter story.

It took Jesus' blessing of the bread to open their eyes.

The disciples did not want the stranger to go on alone. They felt his love and his power, and they would have it no other way than they come to dine with them. The familiar of breaking bread, became new again. Jesus broke bread with them in the same way he did in the upper room with the disciples.

What is compelling about the words we speak? It is in the invitation of others to share in our story that we allow Jesus to invite them into his as well.

May the living Christ stay with you this whole Easter Season. May you enjoy having your eyes opened to his presence.



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH 785-475-3103 Fr. Mark Berland, MASS: 10:30 a.m., Sunday

IMMACULATE CONCEPTION CATHOLIC, LEVILLE Fr. Mark Berland, MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN Fr. Mark Berland, MASS: 5:30 p.m., Saturday

JENNINGS-DRESDEN UNITED METHODIST CHURCH Pastor: Barbara Patterson SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST The Rev. Linda Willey SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN Pastor: Judi Stricker

109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist) Pastor: Gene Gee SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

OBERLIN UNITED METHODIST 102 North Cass — 785-475-3067 The Rev. Linda Willey SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

CLAYTON UNITED METHODIST Pastor: Ed Woods SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN ASSEMBLY OF GOD The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

OBERLIN CHURCH OF CHRIST South Beaver Street - Oberlin Bill Duncan — Phone 785-475-3259 SUNDAY: Fellowship and coffee time; 10:00 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God, 10 a.m. open Bible Study; TUESDAY: Ladies Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON Fr. Nick Parker Phone 785-322-5560 MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH Pastor: Keith Reuther Phone 785-322-5316 SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATOUR UNITED METHODIST Pastor: Ed Woods SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

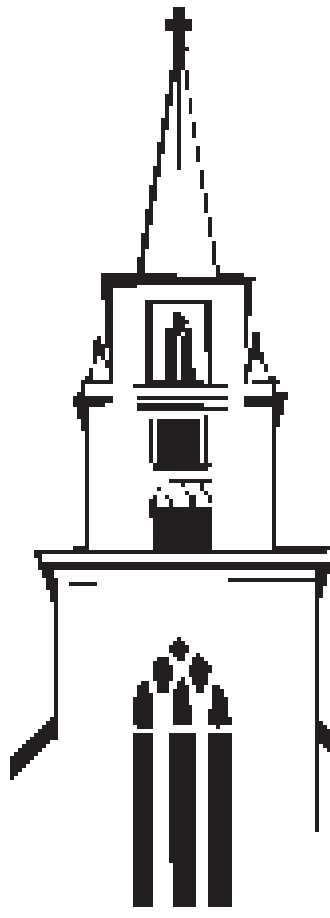
LYLE UNITED METHODIST Guest Speakers every Sunday SUNDAY: Morning Worship 9 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN Pastors: Chris and Sharon Nelson 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH Chairman Brad Marcuson 10 miles south, 4 miles west of Oberlin SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m. ; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Interim Pastor: Kevin Schnakenberg SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundays..

FAITH LUTHERAN CHURCH 404 North York Avenue Oberlin, Kansas The Rev. Charlotte Strecker-Baseler Church Office Phone: 785-475-2053 SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.



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Chamber News

By Carolyn Hackney

I hope all had a wonderful Mother's Day! We made our usual trip to the plant shops, and that was an experience again. I think the cafés and plant shops attracted everyone in town. A bit warm, but it looked as if everyone was enjoying it.

Table Tent information is due again. We are doing them every two months, so this one will be for June and July. I will need to send the copy to the printer on Monday, May 16 (no later!) If anyone reading this knows information about the Golf Course, (charges, cart rental, etc.) would you call the Chamber office. We put Visitor Information on the third side of the Table Tents, and would like to include golf course information.

information.

Flower arrangements have been purchased again by the businesses from Mona's Market in Dresden for the planters in downtown Oberlin. Planting by the Garden Club will have been finished by today. We are hoping to have the town looking beautiful for the Memorial/Alumni weekend.

We had announced earlier that the Chamber would have a Spaghetti Supper in Norcatour on May 24, but due to several health difficulties and so many things going, we have decided to postpone the supper.

A date will be decided later. Have a great week!

Osteoporosis Drug Femur Fractures

Fosamax®, Boniva® & Acotnel® are drugs taken for osteoporosis. They have been linked to an increased risk of fractures of the femur (thighbone). If you took these drugs and had a femur fracture, call us. You may be entitled to compensation.

Lee J. Hollis, Attorney 5100 W. 95th St., Prairie Village, KS

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