Norcatur News By the Norcatur News Committee

The Breinerss enjoyed a family reunion in Norton at the Legion on Saturday evening. At least one branch (the offsprings of Eldon & Loretta (Breiner) Carter, planned to be in Norcatur for lunch on Saturday.

Senior Citizens met on June 17 with 13 present. Winners were Eleanor Jensen, Arlene Hix, and Veda Wood. The next will be Friday.

Ronald Temple received a kidney transplant on June 15 in Omaha and he and his wife, Gerry, have returned home.

The Norcatur Methodist Educational Building is newly painted on all side, thanks to Mr. Smith and his

crew from the Norton Corrections Facility. Thanks, too, to Bee Nelson for loaning all of her equipment for the painting project. Now it needs new windows. We can start this project from the Norcatur Meththere is not enough in the fund to complete this improvement project. If you would like to help, send a check and the name you would like Church Memorial fund, c/o Dewaine V. Stapp, 201 E. Commercial,

Oberlin, Kan., 67749. Former Pastor Ray Gilstrap for brain surgery for removal of a tu- in mind.

mor in Wichita last week and is in Mitchell County Hospital Health Systems in Beloit.. His address is: Room 105, 400 W. 8th, Beloit, Kan., 67420; phone (785) 738-2266.

Dorothy Ward and Bee Nelson odist Church Memorial Fund, but had Sunday dinner at the Hidden Dragon in Norton and were joined by Jerry Hill.

When making donations or memorials, continue to keep the Roof remembered to Norcatur Methodist Fund, the Eldon Auker Park, the Museum and the Library in mind. All are for very worthy causes and none of them have an income. They are all based on donations. Also be Almena, Norcatur, Clayton, had sure to keep the Citizens Alliance

Mount Pleasant News By Dianne Bremer

Hannah May and Cassidy Shields played in the Abilene Spiketacular High School Volleyball tournament Friday and Saturday. Their team played six games on Friday and five games on Saturday, coming in third in the round robin tournament. Pam May and Kelly Shields watched their daughters play.

Elizabeth Nedland and Hannah May left for 4-H camp on Saturday at Rock Springs where they will be 4-H Junior counselors. Hannah left for camp following the volleyball tournament.

Dianne Bremer was visited

and daughter, Mary, Beeville, Texas. They were en route to visit her sister and brother-in-law, Jan and Charles Cappel of Holdrege, Neb., and niece, April Kendall and family of McCook. They also attended a baby shower in Arapahoe, Neb., for her nephew and his wife, Tyler and Ciera Cappel of St. Louis, Mo.

David Bremer, Newton, attended Saturday afternoon funeral services for Chay Porter at the Oberlin Cemetery and was a Saturday overnight guest of John and Dianne Bremer and Jessica.

Karl Compton and John Abrams, Wednesday afternoon by an old Denver; Richard and Marcia (Pefriend, Cindy (Orthmann) Hilliard tracek) Wiltfong, Norton; David

Selden News

Bremer, Newton; and Herschel and Jody Betts were Saturday evening guests of John and Dianne Bremer and Jessica for a potluck supper.

Karl Compton's mother, Patty (Bremer) Compton, was a first cousin of Jody, Marcia, David, and John Bremer. Saturday afternoon, Karl and John accompanied Herschel and Jody on a tour of cemeteries and family homesteads including where Karl's great-grandparents, Fredrick and Marion (Muirhead) Bremer lived and had farming interests, and where his grandfather, Fred Bremer, was born. Karl's grandparents were Fred and Gladys (Sage) Bremer.

Jacque Boulinghouse

Joe Keating will be doing the Fireworks Display again this year. They will be at the Ballpark around dark. For safety reasons, we ask that everyone leave their fireworks at home. The Selden Community Foundation will be serving hot dogs and drinks around 8 p.m.

There are bleachers to sit on or bring your lawn chair and bug repellent.

On June 23 during Senior Citizens at the Community Center, Lillian Sulzman won high, Bernita Aumiller took second, Lola Cook got low and Jeanie Spresser had the most tens. Other members present included: Ann Hazlitt, Edna Schiltz, Royce Cook, Matt Finnesy, Pat Wessel, Betty James, Paulie Neff, Ralph Weis, Cecelia Ottley, Bob Wessel, Gail Mumm, Carl Mumm, Janice Kruse, Shirley Baker and Helen Karls.

July 1, Phyllis Trembley. July 2, Terra Rath, Terry Goscha, Danny Eatherly. July 3, Michelle Juenemann, Lee Albers. July 4, Curt Spresser, Scott Boultinghouse, Troy and Nicole Moore. July 5, Cathy Broeckelman, Jesse Miller, Dale and Gail Smith. July 6, Carol Hill, Sam Astalosh, Jason Rogers. July 7, AJ Stoll, Joey Lobato.

New books that have been shelved at the Library include - Large Print Books - Folly Beach, by Dorothea Benton Frank and One Summer, by David Baldacci. DVD's include - Bronco Billy-DVD, Clifford's Puppy Days-DVD, Christy-Return to Cutter Gap-DVD

Thomas & His Friends Help Out-DVD,17 Again-DVD, The Green Mile-DVD, Catch That Kid-DVD, Beethoven's Big Break-DVD.

Library hours are Monday and

Wednesday evenings from 6:30 to 8:30 as volunteers are available.

Check out new pork rules

The U.S. Department of Agriculture's Food Safety and Inspection Service (USDA-FSIS) has lowered its recommended temperature for cooking whole cuts of pork from 160 degrees F to 145 degrees F.

The change applies to chops, cutlets, roasts, steaks and tenderloins, and it includes the recommendation that cooked pork be allowed to rest for three minutes after being removed from the heat source (grill, skillet or oven, for example).

Allowing rest time provides the opportunity for the cooked pork to continue cooking and further reduce potentially harmful pathogens that may be present. It also allows time for the juices to redistribute and the meat to firm up, making cutting or carving easier.

The change does not apply to ground pork. Like other ground meats, it should be cooked to 160 degrees F, because the grinding process increases the exposed surface areas that can attract bacterial



growth.

The new recommendation should make cooking meat safely easier for consumers, as:

* Whole cuts of beef, lamb, pork, and veal should be cooked to 145 degrees F.

*Ground meats, including ground beef, pork or lamb should be cooked to 160 degrees F, and

* All poultry should be cooked to 165 degrees F.

Cooking brats and hot dogs to 160 degrees F.

Using a meat thermometer to measure cooked temperatures of meat and poultry is recommended. 475-8121.

Color alone should not be considered an indicator of doneness.

By Tranda Watts

More information on choosing and using a meat thermometer is available at K-State Research and Extension offices. You may also e-mail Tranda Watts at twwatts@ ksu.edu.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail twwatts@ksu.edu. For information, contact the county extension office,

Herndon News

Herndon Pride is sponsoring its annual community potluck, games and fireworks at the Herndon City Park on Monday evening, July 4. All are invited to attend this celebration of Independence Day with the fun beginning at 7 p.m.

Family attending the wedding of Kaci Watson and Bennett Sattler were: Janice and Jayme Sattler, Brian, Mary and Collin Clark, Eric Sattler and daughter, Jayda, Ron and Colleen Fikan, Adam and Angela Ketterl, all of Atwood: Rodney Rippe, Katelyn Clark, Chase, Dana, Payton and Paycie Juenemann, all of Hays; Ron and Cindy Sattler, Bob and Julie Hafner, Leon and Marita Portschy, Vernon and Keri Ketterl. Rob Sattler, Oakley; Randy and Adam Sattler, Hutchinson; Mark

Dan, April and Lauren Sattler, Norton; Amy and Jackson Schlimmer, Volga, S. D.; Keith, Roma, Teryn and Saeger Grafel, Council Grove, Ks; Rusty Grafel, Colby, Ks and Egan Grafel of Calif. Bennett, son of Dan and Karen Sattler, and Kaci, daughter of Rex and Caren Watson, St. Joseph's Catholic Church in Scott City, Ks. The newlyweds will make their home in Hutchinson where both are employed.

Herndon City Council will meet at 7 p.m. on Tuesday, July 12, at the Herndon Senior Center. The meeting is open to the public.

"Prayer and Action" group is Dave and Judy Ketterl, Herndon; coming to Rawlins County! This is a mission summer program for high school students helping anyone in tending the funeral of their mother, and Becky Ketterl, Lewis; Melinda, need. This program will be in Raw-

Daltry and Myra Kurth, Great Bend; lins county from July 10 to July 29. If you or anyone knows of someone in need of any housework, scraping/ painting houses, yard or outside chores and would like the youth to work for you (for free) please contact the parish offices. The office number is (785) 626-3335.

By Julie Hafner

Lance Basgall, son of Tom and were married Saturday, June 25 at Lexie Basgall of Herndon, recently was commissioned as a 2nd Lieutenant after completing Officer's Training School at Maxwell Air Force Base in Montgomery, Ala. His mother and grandmother, Virginia Beamer, of Oakley attended the commissioning.

Don Pettera, Mesa, Ariz., and Les and Myrna Pettera, Loveland, Colo., returned home this past week after spending time in Herndon at-Edie Pettera.

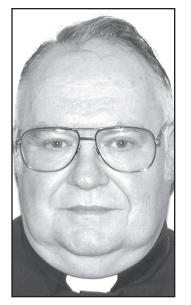
DIVINE FOOD By Father Mark Berland, **Oberlin, Leoville, and Selden Catholic churches**

Since my youth, I have heard "you are what you need the food of love to feed our soul which gives us eat". In today's USA, we are challenged and encouraged to pay more attention to what we eat. There is a movement about called "slow food only". I suppose if all we eat is pizza, we will become very round. It is good that food and drink are attractive to us, for without eating we would die. But food is not enough. If each meal had to be eaten alone, if we never share our table, our desire for food and our zest for life would disappear. We need to eat and drink, but we need to Jesus's death reveals to us the unconquered strength experience love and friendship as well.

Eating and drinking are basic human needs, but so is the need for love. Even the field of psychiatry tell us this. If you take an infant and only feed him regularly and take care of all hygiene needs, but don't hold, cuddle, talk to, smile at and show the warmth of love, that child would die within the first years of its life. God, our Creator, has made us with a body and a soul. He knows our need is not for food alone. We all

the ability to love. He comes to us with love in Jesus Christ, who told us, "I am the Bread of Life", and "I am the true vine" (John 3:16 and 15:1) Jesus is that divine heavenly food come down to us to nourish us with His own body and blood. He has given Himself for us, pouring out His blood for us. Christ's love burst through physical death and He is risen to touch and transform each of us with His spiritual food. of His love.

This transformation is a process. God so loved the world that He sent His son to save us. Jesus, the Son of God, by His death and resurrection, in turn is present and acting in our lives. Changed by God's self-giving love, we become His bearers of that love in our world. Thus God has given us the spiritual food our soul so desperately needs to grow. Let us come to Christ, so we can truly become what we eat.



Birthdays and anniversaries, Saturdays from 9 to 11 and on

Jennings News By Louise Cressler

The Rev. Glenn Patterson, who has been pastor of the Hoxie. McGraw and Selden churches, will go to his new assignment at the Cawker City and Glen Elder celebrated Chris and Tom's birthchurches. His wife, the Rev. Barbara Patterson, pastor of the Jennings and Dresden churches, was reassigned to our church. They will be moving to Cawker City this week. Barbara will be coming to the Jennings parsonage part-time. We wish them well.

Over the weekend, a north window was broken in the United Methodist Church in Jennings. A sharp object had hit it, tearing the screen and breaking a double pane

Stan and Ramona Shaw spent the weekend at the home Chris Gillespie and Tom Neff at Marion.

Additional guests were Elliott and Tamara Gillespie, Alex and Emma, Belton, Mo.; and Aaron and Tara Gillespie and Jackson, Hays. They days while there.

The Jennings Alumni papers have been printed and are for sale at \$3 each. There are some at The Bank in Jennings or you may call Kay Brown at 678-2343 to get information to have papers mailed to you. The new officers of the Alumni organization for the year 2012 are the graduating class of 1958 with Louis Wahlmeier as chairman.

Harvesting will soon begin in the area. We are in need of rain in this area but I'm sure the farmers would like it to hold off until wheat is harvested.

and Aubrey High to Indianola, ing also. Nebraska, Saturday evening Aubrey went to the home of Don and Caron High, her grandparents, in order to be there for swim lessons. Carol and Veda went to hear Dwight Wood and Andre Lefebre play a benefit at the Rocket Inn for abused women and orphans.

Teresa Wood spent the weekend in Flint, Mich., where she grew up. She is visiting with classmates, friends and family. Her class and family are both having reunions, and her family is having a memorial for her father and a nephew. She will be home Tuesday.

Keith Anthony returned home after an extended stay with his daughter, Sissy, in Texas.

June Jolly's daughter, Linda McFarland, had surgery on her right knee. She is at home and is doing fine. June took homemade ice mulberries. The tornado warnings cream to son, Dean and Rhonda's didn't seem to worry them.

Carol Moye took Veda Wood home. Their son, Darren was visit-

By Veda Wood

Lyle News

Funeral services were held Monday for Jacob Gallentine, who died in an auto accident, on June 22. He is a great-great nephew of Margaret Magers, and grandson of Ruth Cozad Vise, formerly of the Lyle neighborhood.

Bill Schwab, who died as the result of a tragic accident on his farm, was also buried on Monday. The families of these two men are receiving many heartfelt, sympathetic prayers.

The Norcatur community is sorry to hear that Jean Daniels, who has made Norcatur her home for several years, lost her fight for life and passed away on Saturday,

Mariah and Garrett Bader and Grant Slater visited with me on Monday. Garrett picked and stemmed gooseberries and Grant picked

Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH 785-475-3103 Fr. Mark Berland, MASS: 5:30 p.m., Saturday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE Fr. Mark Berland, MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN Fr. Mark Berland, MASS:10:30 a. m. Sunday

JENNINGS-DRESDEN UNITED METHODIST CHURCH Pastor: Barbara Patterson SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST The Rev. Linda Willey SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN Pastor: Judi Stricker 109 North Griffith-American Baptist, **Disciples of Christ, Presbyterian USA** SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)

Pastor: Gene Gee SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

OBERLIN UNITED METHODIST 102 North Cass - 785-475-3067 The Rev. Linda Willey SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

CLAYTON UNITED METHODIST Pastor: Ed Woods SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN ASSEMBLY OF GOD The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

OBERLIN CHURCH OF CHRIST South Beaver Street - Oberlin Bill Duncan - Phone 785-475-3259 SUNDAY: Fellowship and coffee time; 10:00 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God, 10 a.m. open Bible Study; TUESDAY: Ladies Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON Fr. Nick Parker Phone 785-322-5560 MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH Pastor: Keith Reuther Phone 785-322-5316 SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATUR UNITED METHODIST Pastor: Ed Woods SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST **Guest Speakers** every Sunday SUNDAY: Morning Worship 9 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN Pastors: Chris and Sharon Nelson 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH Chairman Brad Marcuson 10 miles south, 4 miles west of Oberlin SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Interim Pastor: Kevin Schnakenberg

SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundavs.

FAITH LUTHERAN CHURCH 404 North York Avenue Oberlin, Kansas The Rev. Charlotte Strecker-Baseler Church Office Phone: 785-475-2053 SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.



Rick and Dori Pauls