

## Norcatatur News

By the Norcatatur News Committee

The Breinerss enjoyed a family reunion in Norton at the Legion on Saturday evening. At least one branch (the offsprings of Eldon & Loretta (Breiner) Carter, planned to be in Norcatatur for lunch on Saturday.

Senior Citizens met on June 17 with 13 present. Winners were Eleanor Jensen, Arlene Hix, and Veda Wood. The next will be Friday. Ronald Temple received a kidney transplant on June 15 in Omaha and he and his wife, Gerry, have returned home.

The U.S. Department of Agriculture's Food Safety and Inspection Service (USDA-FSIS) has lowered its recommended temperature for cooking whole cuts of pork from 160 degrees F to 145 degrees F.

The change applies to chops, cutlets, roasts, steaks and tenderloins, and it includes the recommendation that cooked pork be allowed to rest for three minutes after being removed from the heat source (grill, skillet or oven, for example).



## Home Time

By Tranda Watts  
Regional Extension Agent

Color alone should not be considered an indicator of doneness. More information on choosing and using a meat thermometer is available at K-State Research and Extension offices. You may also e-mail Tranda Watts at twatts@ksu.edu.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail twatts@ksu.edu. For information, contact the county extension office, 475-8121.

## Mount Pleasant News

By Dianne Bremer

Hannah May and Cassidy Shields played in the Abilene Spiketacular High School Volleyball tournament Friday and Saturday. Their team played six games on Friday and five games on Saturday, coming in third in the round robin tournament.

Bremer, Newton; and Herschel and Jody Betts were Saturday evening guests of John and Dianne Bremer and Jessica for a potluck supper.

Herndon Pride is sponsoring its annual community potluck, games and fireworks at the Herndon City Park on Monday evening, July 4. All are invited to attend this celebration of Independence Day with the fun beginning at 7 p.m.

## Herndon News

By Julie Hafner

Daltry and Myra Kurth, Great Bend; Dan, April and Lauren Sattler, Norton; Amy and Jackson Schlimmer, Volga, S. D.; Keith, Roma, Teryn and Saeger Grafel, Council Grove, Ks; Rusty Grafel, Colby, Ks and Egan Grafel of Calif. Bennett, son of Dan and Karen Sattler, and Kaci, daughter of Rex and Caren Watson, were married Saturday, June 25 at St. Joseph's Catholic Church in Scott City, Ks.

Herndon City Council will meet at 7 p.m. on Tuesday, July 12, at the Herndon Senior Center. The meeting is open to the public. "Prayer and Action" group is coming to Rawlins County! This is a mission summer program for high school students helping anyone in need. This program will be in Raw-

## Selden News

Jacque Boulinghouse

Joe Keating will be doing the Fireworks Display again this year. They will be at the Ballpark around dark. For safety reasons, we ask that everyone leave their fireworks at home. The Selden Community Foundation will be serving hot dogs and drinks around 8 p.m.

Birthdays and anniversaries, July 1, Phyllis Trembley. July 2, Terra Rath, Terry Goscha. Danny Eatherly. July 3, Michelle Juennemann, Lee Albers. July 4, Curt Spresser, Scott Boulinghouse, Troy and Nicole Moore. July 5, Cathy Broeckelman, Jesse Miller, Dale and Gail Smith. July 6, Carol Hill, Sam Astalosh, Jason Rogers. July 7, AJ Stoll, Joey Lobato.

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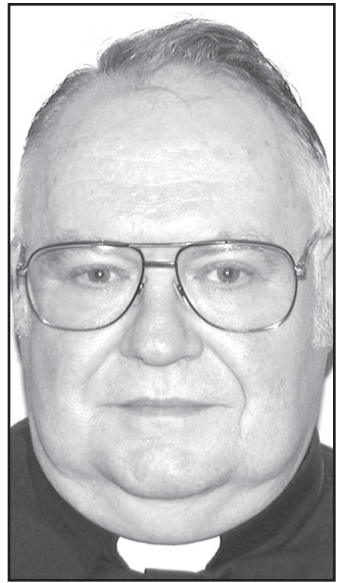
## DIVINE FOOD

By Father Mark Berland,

Oberlin, Leoville, and Selden Catholic churches

Since my youth, I have heard "you are what you eat". In today's USA, we are challenged and encouraged to pay more attention to what we eat. There is a movement about called "slow food only". I suppose if all we eat is pizza, we will become very round. It is good that food and drink are attractive to us, for without eating we would die. But food is not enough. If each meal had to be eaten alone, if we never share our table, our desire for food and our zest for life would disappear.

need the food of love to feed our soul which gives us the ability to love. He comes to us with love in Jesus Christ, who told us, "I am the Bread of Life", and "I am the true vine" (John 3:16 and 15:1) Jesus is that divine heavenly food come down to us to nourish us with His own body and blood. He has given Himself for us, pouring out His blood for us. Christ's love burst through physical death and He is risen to touch and transform each of us with His spiritual food. Jesus's death reveals to us the unconquered strength of His love.



## Jennings News

By Louise Cressler

The Rev. Glenn Patterson, who has been pastor of the Hoxie, McGraw and Selden churches, will go to his new assignment at the Cawker City and Glen Elder churches. His wife, the Rev. Barbara Patterson, pastor of the Jennings and Dresden churches, was reassigned to our church. They will be moving to Cawker City this week.

Additional guests were Elliott and Tamara Gillespie, Alex and Emma, Belton, Mo.; and Aaron and Tara Gillespie and Jackson, Hays. They celebrated Chris and Tom's birthdays while there.

Eating and drinking are basic human needs, but so is the need for love. Even the field of psychiatry tell us this. If you take an infant and only feed him regularly and take care of all hygiene needs, but don't hold, cuddle, talk to, smile at and show the warmth of love, that child would die within the first years of his life.

This transformation is a process. God so loved the world that He sent His son to save us. Jesus, the Son of God, by His death and resurrection, in turn is present and acting in our lives. Changed by God's self-giving love, we become His bearers of that love in our world. Thus God has given us the spiritual food our soul so desperately needs to grow. Let us come to Christ, so we can truly become what we eat.

## Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH  
785-475-3103  
Fr. Mark Berland,  
MASS: 5:30 p.m., Saturday

OBERLIN UNITED METHODIST  
102 North Cass — 785-475-3067  
The Rev. Linda Willey  
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN  
Pastors: Chris and Sharon Nelson  
810 West Cedar, Oberlin  
Office Phone 785-475-2769  
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE  
Fr. Mark Berland,  
MASS: 8 a.m., Sunday.

CLAYTON UNITED METHODIST  
Pastor: Ed Woods  
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

LUND COVENANT CHURCH  
Chairman Brad Marcuson  
10 miles south, 4 miles west of Oberlin  
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

JENNINGS-DRESDEN UNITED METHODIST CHURCH  
Pastor: Barbara Patterson  
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.  
DRESDEN  
SUNDAY: Morning Worship, 9:30 a.m.

OBERLIN ASSEMBLY OF GOD  
The Rev. Royce Leitner  
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

ST. JOHN'S LUTHERAN CHURCH  
510 North Wilson  
Interim Pastor:  
Kevin Schnakenberg  
SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundays.

PRAIRIE CHAPEL UNITED METHODIST  
The Rev. Linda Willey  
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

OBERLIN CHURCH OF CHRIST  
South Beaver Street - Oberlin  
Bill Duncan — Phone 785-475-3259  
SUNDAY: Fellowship and coffee time; 10:00 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God, 10 a.m. open Bible Study; TUESDAY: Ladies Bible Study, 9 a.m.

FAITH LUTHERAN CHURCH  
404 North York Avenue  
Oberlin, Kansas  
The Rev. Charlotte Strecker-Baseler  
Church Office Phone: 785-475-2053  
SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST  
Pastor: Dennis Brown  
SUNDAY: Morning Worship, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON  
Fr. Nick Parker  
Phone 785-322-5560  
MASS: SUNDAY and THURSDAY 8:30 a.m.

UNITED CHURCH OF OBERLIN  
Pastor: Judi Stricker  
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA  
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

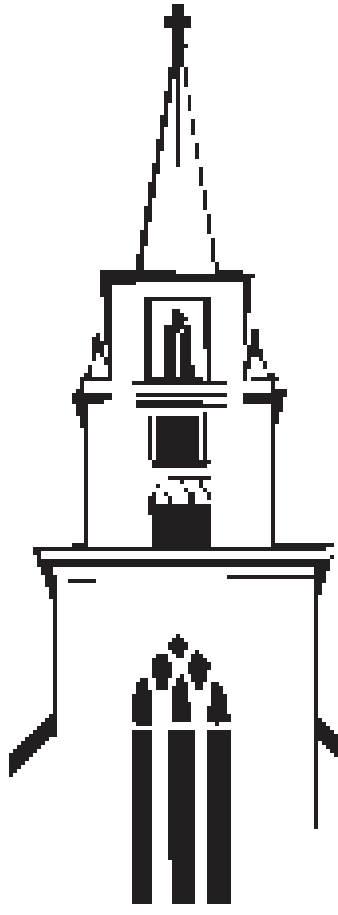
HERNDON COVENANT CHURCH  
Pastor: Keith Reuther  
Phone 785-322-5316  
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATATUR UNITED METHODIST  
Pastor: Ed Woods  
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)  
Pastor: Gene Gee  
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m.; WEDNESDAY: Service, 7 p.m.,

LYLE UNITED METHODIST  
Guest Speakers every Sunday  
SUNDAY: Morning Worship 9 a.m.

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785-386-4311 — Selden  
Derek Riner  
Rick and Dori Pauls



## Lyle News

By Veda Wood

Carol Moye took Veda Wood and Aubrey High to Indianola, Nebraska, Saturday evening. Aubrey went to the home of Don and Caron High, her grandparents, in order to be there for swim lessons. Carol and Veda went to hear Dwight Wood and Andre Lefebvre play a benefit at the Rocket Inn for abused women and orphans.

home. Their son, Darren was visiting also.

Funeral services were held Monday for Jacob Gallentine, who died in an auto accident, on June 22. He is a great-great nephew of Margaret Magers, and grandson of Ruth Cozad Vise, formerly of the Lyle neighborhood.

Bill Schwab, who died as the result of a tragic accident on his farm, was also buried on Monday. The families of these two men are receiving many heartfelt, sympathetic prayers.

The Norcatatur community is sorry to hear that Jean Daniels, who has made Norcatatur her home for several years, lost her fight for life and passed away on Saturday.

Mariah and Garrett Bader and Grant Slater visited with me on Monday. Garrett picked and stemmed gooseberries and Grant picked mulberries. The tornado warnings didn't seem to worry them.