

# Norcatur News

By the Norcatur News Committee

The next Norcatur News will be published on July 6th because of July 4th holiday.

Results of the pool tournament at the Cardinal Bar and Grill for Wednesday, June 15, were: fist, Rusty Montgomery; second, Von Johnsonl third, Larry Lively. On Wednesday, June 22, were: first, Stan Miller, second, Von Johnson.

Patty and Dave Stapp honored Dewaine Stapp on Sunday evening, Father's Day with a homemade pizza supper at their home. Other guests were Sam Stapp and Charlotte Meints. Dewaine and Charlotte had attended the senior potluck dinner at noon at the Oberlin Senior Center.

Bee Nelson took Oran Milner to get his ID card at the Norton Driver License office in the court house on Thursday and that was their first ride on the Norton elevator.

Sunday, June 26th, found Mary Lesle, Dorothy Ward and Bee Nelson eating at the Hidden Dragon in Norton for Sunday dinner.

Bee called on the Milners and Mildred Schwab at the Andbe Home. The ladies then attended the Norton County Hospital-Norton Medical Clinic dedication ceremony and open house tour, and of course their refreshments. Norton has a top of the line new Medical Clinic and Norton County should be mighty proud of this building and their medical personnel.

No Live Big Youth Group till further notice.

Bible Study will be held at 7 p.m. on July 11 at the Educational Building. They will be studying the book of James.

Word was received of the death of LeAnn Chambers Olsen, 36, Wichita, Ks., daughter of Geraldine Chambers Heil, Hays and Rick Chambers, Hays, and granddaughter of Harwood (Hop) Lockhart, Norton. She died on June 24.

Library hours: Monday to Friday, 8 to 12 in the City Building. Check out the new to our library books and numerous video's. If we don't have a book you are interested in, then we can try to get it for you via Inter-Library Loans. We have added a lot of large print books recently. We request that items checked out be returned within 30 days.

The library has received some wonderful donations, including books from Kim Chambers that had belonged to Verla Chambers. We also received many books from Scott Buxton that came from his dad's collection. Carol New brought in a book and a lot more VHS tapes.

The Eldon Auker Park could use some donations for work on the sprinkler system.

The City Council has decided to have meetings on the first and third Mondays of each month at 7:30 p.m. You still need to contact the City Clerk a week in advance of the meeting to get scheduled to be on the agenda.

With the Breiner gang at the Cardinal Bar and Grill on Saturday, June 25, Bee Nelson joined them for lunch and a short visit. They had even brought their Aunt Betty Reid along to enjoy the festivities of the afternoon. Carla, Carol and Nelda were here, and it was great to see them and visit. Betty and I had a good visit and she plans to go to Colorado in July for a visit with her daughter.

On Saturday, June 25, Nelda and Larry McCumbers and Carla Ogorzolk picked up Betty Reid and went to Norcatur where they had a lovely visit with Rea and Dee Magers. They then went to the cafe, where they met Carol Ann Kennedy and the rest of the Breiners who were in town for the reunion.

The descendants of Pete and Deana Breiner held a family reunion in Norton the weekend of June 25.

The weekend began on Friday with part of the clan enjoying the Norton lake. On Friday evening about 50 enjoyed a chicken fried steak dinner and getting to know one another at the Attitudes. Saturday morning, the men played golf, then conveyed to Norcatur where they had lunch at the Cardinal Bar and Grill. After lunch they drove by the old homestead and Mike told the younger generation of the way things used to be, like pumping water from a cistern. Then back to Norton for a dedication at the Historical Society Museum. Saturday evening was spent at the Legion Club, where Mike presented a power point with pictures and talked about their family history. After dinner was spent listening to some of the talented members sing and play and then, karaoke. Everyone is looking forward to next year when it is hoped it will just get bigger.

Virgil and Joyce Price have enjoyed having their entire family home during the past week to help them celebrate their 65th anniversary. Bob and Lea Price, Mission, Texas; Kate Price, Austin, Texas; Keith and Linda Jurey, Albuquerque, N.M.; Richard Jurey, Edmond, Okla.; and Jason, Kathy, Connor and MacKinzey, Kennard, Neb. They planned a beautiful reception for them on Saturday, June 18. Ninety-six guests signed the guest book from Texas, Nebraska, Colorado, Kansas, Iowa, Utah and New Mexico and there were 70 cards. Lots of pictures were taken and we had a great day of visiting with friends and relatives. It was a very special day for us to remember forever. Thank you, everyone for coming.

Norman Beachel wrote to let everyone know he made it back to California all right. He said he enjoyed his visit in Iowa with his son's and families, along with my stay of a few days in Norcatur seeing family and friends.

# The right cooking methods

Most of the time when planning a meal we start with the protein food. This may be a carryover from growing up on a farm and having a freezer full of homegrown beef, pork and chicken to choose from. The type of meat and how it will be prepared (grilled, broiled, oven roasted, pot roasted, stewed, etc.) affects the rest of the meal. My mom taught us the importance of matching the cooking method to the cut of meat. Don't make the mistake of turning a great rump roast into a pot roast more than a couple times.

Where on the animal the cut of meat comes from, how long it is cooked and whether you use moist or direct heat affect juiciness and tenderness. When a cut of meat is from a more used muscle (the fore and hind quarters of the animal), the stronger and, therefore, tougher the cut of meat will be. The longer meat is cooked, the more liquid it loses, and the tougher it becomes. Other factors that also influence tenderness and juiciness are the animal's age at slaughter and the amount of fat.

Many kids today don't have the benefit of a freezer filled with different cuts of meat when they started cooking, so they are less prepared to match up the cooking methods with



## Home Time

By Tranda Watts  
Regional Extension Agent

cuts. They also have questions about how many servings per pound you can get from different cuts of meat (this varies by the amount of bone and fat there is).

The Beef-It's What's For Dinner web site has a pull down tab on the home page called Shopping for Beef. You can find several great resources you might want to bookmark here..

The Interactive Beef Case lets you choose a beef cut then tells you the recommended cooking method plus recipes using that cut. The Iowa Beef Industry Council provides a handy chart with this same information. Under How Much To Buy, you can see why experts say you need to buy meat by servings per pound. You can download a chart that provides the number of cooked, trimmed 3 ounce portions you can get from one pound of each cut. For example, short ribs may cost less

than round steak; however, you would need to buy about twice as many pounds of ribs to get the same number of servings.

Beef for any budget gives more tips for matching the cut to the cooking method, planning ahead to cook once and dine twice, and tips on buying in bulk. Check this site out if you have access to the internet.

If you have food preparation questions, feel free to contact your local K-State Research and Extension Office or e-mail Tranda Watts at <mailto:twatts@ksu.edu>.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail twatts@ksu.edu. For information, contact the county extension office, 475-8121.

## Traer News

By Maralyn Courange

David Wilson of Springfield, Ore., and Theodore Wilson and daughters, Natalie and Samantha, of Martinsburg, W. Va., left for their home Wednesday after spending a week with their father, and grandfather, Owen Wilson. Friday and Saturday evening supper guests were Mabel Zimmerman, and her daughter, Carol Ogburn.

On Thursday, June, 30, Mara-

lyn Courange had supper at the Frontier Cafe with Jack and Emma Magers and daughter, Melissa, and her friend of Canoga Park, Calif. Additional guests were Kirk Ware and Rocky Courange of Oberlin.

The Magerses left Friday morning for Sapula, Okla., where they will visit Sandy and Rob McLernen and Scott and James Magers. before returning home.

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## MidwayNews

By Mary Lou Olson

Guests of Joe and Vicky Schmidt for the Fourth of July weekend and harvest were Tobina and Chuck Norris and Josey and his nephew Colton, Brookville; Mandi McKinley, Gabriel and Zoey, Manhattan; Barry and Megan Schmidt, Lincoln, Neb.; and Tanner Schmidt, Denham Springs, La.

Mike and Sarah (Bell) Thompson, Kelly and Rory of Binghamton, N. Y., are visiting Roger and Melinda Carlson, and Greg and Gwen Jones and family and other relatives.

Dale and Maryanne Bishop of Lincoln, Mont., are visiting her mother, Dolores Benda, Don and Sara Benda, and other relatives.

Gerald and Patti Benda attended Big Sunday services on June 26 at Covenant Heights Bible Camp near Estes Park, Colo. They also visited

Sarah Grafel, daughter of Kyle and Cindi Grafel, who is working as a counselor there this summer.

Weekend guests of Chris and Sherri Schmidt were Curtis and Dawnelle Heim, Karli, Kelsi and Christopher, Tucson, Ariz.; T.C. and Danace McDonald, Clae, Jordan and Kainin, Colby; and Clint Schmidt, Denver.

David Olson of Florida and Scott Olson of Celina, Texas, are helping their grandfather, Bob Olson, with harvest.

Mildred Holmdahl has returned to her home in Oberlin after being hospitalized following a fall.

Gerald and Patti Benda visited Sunday and Monday with Losson and Leanne Pike at Ashland and Bev Messerly, Paul and Anna in Sublette

## Herndon News

By Julie Hafner

The Herndon community extends sympathy to the family of Eugene Wurm, who died Saturday, July 2, in Kearney, Neb. He was born Jan. 2, 1929, and was a 1946 graduate of Herndon High. Services will be held at 10 a.m. Thursday at St. John's Lutheran Church in Oberlin.

Julie Hafner was a luncheon guest of Jackie Votapka on Thursday.

Georgia Wolfram Moore and daughter, Renee Garrett, Hays, attended the Bennett Sattler and Kaci Watson wedding last weekend in Scott City. Bennett works as an intensive care unit nurse at Promise Regional Medical Center in Hutchinson. Kaci is the Art and

Spanish teacher at Fairfield High School and head volleyball coach and assistant middle school track coach. The couple plan a honeymoon this month in the Bahamas.

Dave and Judy Ketterl attended the wedding of Jeremy Wahrman and Crystal Jones in Atwood on Saturday afternoon, July 2. The ceremony took place at the Atwood Lake with the reception at the Atwood Fairgrounds.

Herndon seniors will be hosting their monthly dinner on Wednesday, July 20, with the potluck dinner beginning at noon. Senior residents are welcome to attend for sharing and visiting.

## TAKING A STAND By Pastor Chris Nelson, Oberlin Covenant Church

Recently our Wednesday night Bible study group at Oberlin Covenant has been reading the book of Esther together. It's definitely one of the most entertaining stories in the Bible, full of irony and exaggeration, comedy and satire. But it also raises serious questions about being an outsider in a hostile environment and having the courage to be who God calls us to be "for such a time as this."

The story is set in ancient Persia 500 years before Christ, and it begins with two characters who both *take a stand* for what they believe in. The first is Vashti, Queen of Persia, and the second is a common Jew named Mordecai. *Read Esther 1:1-22 and 3:1-6.*

Vashti takes a stand when her drunken husband, King Xerxes, decides he wants to parade her before the people of Susa, whom he has been filling with wine for the last seven days. She refuses to come. We are not told why, though we can imagine. Xerxes had just spent a full six months showing off his wealth and possessions, and now he wants to display another

piece of property — his wife — to the ogling eyes of the public. And she says, "No."

Mordecai takes a stand when we learn that there's a new sheriff in town, and it turns out he's rotten to the core. A man named Haman has been elevated to the empire's second-in-command, and he demands reverence from everyone he meets. But Mordecai publicly refuses to bow down to him. Again we are not told why. Perhaps it was for religious reasons, or it may have been a deep mistrust of king's newest official. But Mordecai would not bow.

Both Vashti and Mordecai suffer severe consequences for their refusals. Vashti is stripped of her royal title and disappears from the story altogether, and Mordecai learns that Haman is plotting revenge against the entire Jewish people. But both seem to have understood that the consequences of giving in and surrendering their dignity and beliefs were a price they were not willing to pay. May they be examples to us when it's time for us to *take a stand*.



## Schedule of Oberlin and area church services:

**OBERLIN SACRED HEART CATHOLIC CHURCH**  
785-475-3103  
Fr. Mark Berland,  
MASS: 5:30 p.m., Saturday

**IMMACULATE CONCEPTION CATHOLIC, LEVILLIE**  
Fr. Mark Berland,  
MASS: 8 a.m., Sunday.

**SACRED HEART CATHOLIC, SELDEN**  
Fr. Mark Berland,  
MASS: 10:30 a.m. Sunday

**JENNINGS-DRESDEN UNITED METHODIST CHURCH**  
Pastor: Barbara Patterson  
SUNDAY: Church School, 10 a.m.  
Morning Worship, 11 a.m.  
**DRESDEN**  
SUNDAY: Morning Worship, 9:30 a.m.

**PRAIRIE CHAPEL UNITED METHODIST**  
The Rev. Linda Willey  
SUNDAY: Church Services, 9 a.m.;  
Sunday School, 8:30 a.m.

**HERNDON IMMANUEL UNITED CHURCH OF CHRIST**  
Pastor: Dennis Brown  
SUNDAY: Morning Worship, 9 a.m.

**UNITED CHURCH OF OBERLIN**  
Pastor: Judi Stricker  
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA  
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

**OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)**  
Pastor: Gene Gee  
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m.,  
WEDNESDAY: Service, 7 p.m.,

**OBERLIN UNITED METHODIST**  
102 North Cass — 785-475-3067  
The Rev. Linda Willey  
SUNDAY: Church School, 9:30 a.m.;  
Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

**CLAYTON UNITED METHODIST**  
Pastor: Ed Woods  
SUNDAY: Sunday School, 10 a.m.;  
Worship Service, 11 a.m.

**OBERLIN ASSEMBLY OF GOD**  
The Rev. Royce Leitner  
SUNDAY: Sunday School, 10 a.m.;  
Morning Worship, 11 a.m.; Evening  
Worship, 7 p.m. WEDNESDAY: Adult  
Bible study, 7 p.m.

**OBERLIN CHURCH OF CHRIST**  
South Beaver Street - Oberlin  
Bill Duncan — Phone 785-475-3259  
SUNDAY: Fellowship and coffee time;  
10:00 a.m. The "no sermon" worship hour  
with the Lord's Supper and Adventures  
With God, 10 a.m. open Bible Study;  
TUESDAY: Ladies Bible Study, 9 a.m.

**ST. MARY'S CATHOLIC, HERNDON**  
Fr. Nick Parker  
Phone 785-322-5560  
MASS: SUNDAY and THURSDAY  
8:30 a.m.

**HERNDON COVENANT CHURCH**  
Pastor: Keith Reuther  
Phone 785-322-5316  
SUNDAY: 9:45 a.m.  
Morning worship, 11 a.m.  
Youth group, 4 p.m.

**NORCATUR UNITED METHODIST**  
Pastor: Ed Woods  
SUNDAY: Worship Service, 10 a.m.;  
Church School, 10:30 a.m.

**LYLE UNITED METHODIST**  
Guest Speakers  
every Sunday  
SUNDAY: Morning Worship 9 a.m.

**EVANGELICAL COVENANT CHURCH OF OBERLIN**  
Pastors: Chris and Sharon Nelson  
810 West Cedar, Oberlin  
Office Phone 785-475-2769  
SUNDAY: Worship Service, 9:30 a.m.;  
Fellowship Time, 10:30 a.m.; Sunday  
School, 11 a.m. WEDNESDAY: Bible  
Study, 7 p.m.

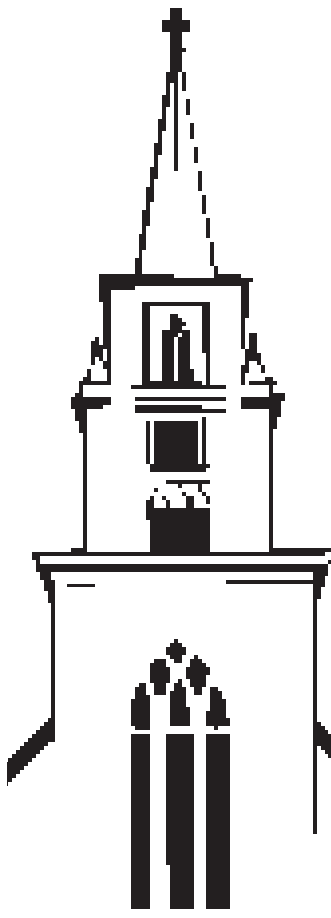
**LUND COVENANT CHURCH**  
Chairman Brad Marcuson  
10 miles south, 4 miles west of Oberlin  
SUNDAY: Sunday School, 10 a.m.;  
Worship, 11 a.m.; WEDNESDAY: Bible  
Study and prayer, 7:30 p.m.

**ST. JOHN'S LUTHERAN CHURCH**  
510 North Wilson  
Interim Pastor:  
Kevin Schnakenberg  
SUNDAY: Sunday School and Bible  
class, 9:15 a.m.; Divine Worship Service,  
8 a.m.; Holy Communion: 1st and 3rd  
Sundays..

**FAITH LUTHERAN CHURCH**  
404 North York Avenue  
Oberlin, Kansas  
The Rev. Charlotte Strecker-Baseler  
Church Office Phone: 785-475-2053  
SUNDAY: Worship, 10:00 a.m.; Fellowship  
and Educational Hour, 11:15 a.m. Holy  
Communion first and third Sundays.  
THURSDAY: Women's Bible Study second  
Thursday at 9:30 a.m.

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